

2013.01

津品生活

TIANJIN PLUS

Your guide to the City



16

Holiday Spirit

at Holiday Inn Tianjin Aqua City

水游城假日酒店之假日精神

20

Best of Tianjin in 2013

28

Nightlife at Muse Bar

ISSN 2076-3743



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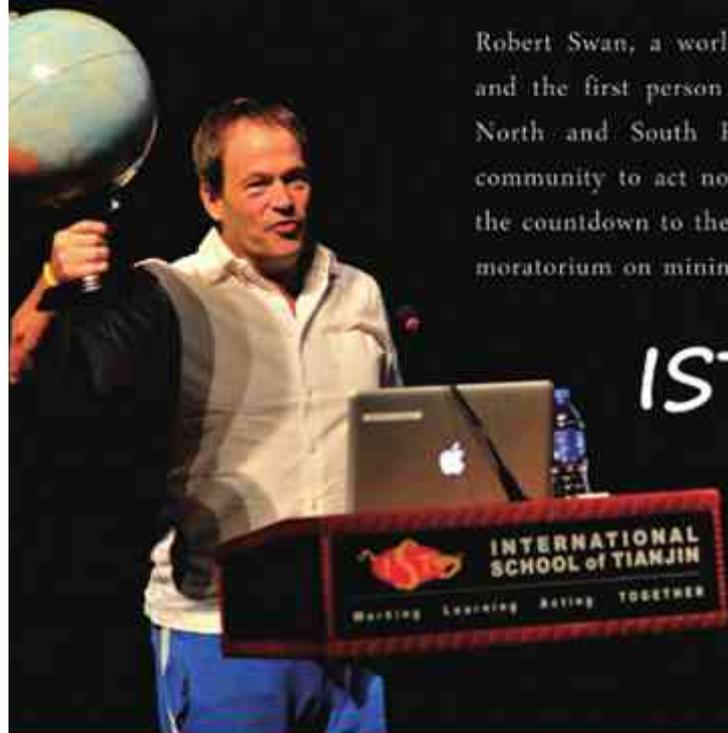


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Publishing Date

January 2013

Tianjin Plus is a Lifestyle Magazine.

ONLY for Members

www.tianjinplus.com

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16



28



70



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HOURS:
Monday - Sunday: 9AM - 11PM

Ethan Kang

2013 January Calendar

2013.01
01
TUE

"Super Model" 1st Album
by Feng Huo Lin Shan Band
风华火山乐团首张专辑
(Super Model) 天津专场音乐会
13 Club
21:00 - 22:30 ¥50-60
订:nivano-13@live.cn



Edward Albee's *Everything in the Garden*
中国国家话剧院话剧《欲望花园》
Opera House, Tianjin Grand Theatre
天津大剧院歌剧院
19:30 ¥60-800 +86 22 8388 2000
1-2 Jan

Tianjin Anime New Year Festival
-Cosplay New Year Carnival
天津动漫新年祭-COSPLAY跨年狂欢节
China (Tianjin) Development Promotion Center
中国(天津)发展促进中心
09:30 - 18:30 ¥25-50
+86 139 2042 5039

2013.01
03
THU



Musical Comedy
- Day Dreaming by Happy Mahua
开心麻花原创音乐喜剧《白日梦》天津站
Tianjin Bihou Theatre 天津滨海剧院
19:30 ¥80-1080 400-818-3333
3-13 Jan

2013.01
04
FRI



Vocal Music Classic Concert
歌声飞扬·之三 - 声乐经典专场音乐会
Western Shore Art Gallery 西岸艺术馆
20:00 ¥100
+86 22 2326 3505

2013.01
05
SAT



Prague Philharmonic Orchestra
New Year Concert 布拉格爱乐乐团新年音乐会
Concert Hall, Tianjin Grand Theatre
天津大剧院音乐厅
19:30 ¥80-580 +86 22 2326 3505

2013.01
06
SUN



Barender Keven
Teaches Mixology
Keven 教你学调酒 - 鸡尾酒文化季调酒知识讲座
Le Lou Restaurant 威楼酒吧
15:00 - 17:30 +86 22 2337 2444
1/13/20/27 Jan

2013.01
10
TUE



EDITOR'S PICK

TICC Monthly Lunch TICC月例午餐
Texas BBQ Saloon 德克萨斯风味烧烤西餐餐厅酒吧
11:30 ¥120-150
+86 22 8792 4661

2013.01
11
FRI



Classic String Quartet Chamber Music Concert
弦音悦采 - 古典弦乐重奏室内乐专场音乐会
Western Shore Art Gallery 西岸艺术馆
20:00 ¥100
+86 22 2326 3505

2013.01
12
SAT



2013 Chinese
and Foreigner Boxing Championship
武林风2013中外拳王争霸赛天津站
Tianjin Olympic Stadium 天津体育中心(大馆)
19:30 ¥80-1880
400-818-3333

2013.01
15
TUE



EDITOR'S PICK

TICC Japanese Tea Ceremony
TICC日本茶道
Nankai University 南开大学
¥30
订:ticc_09@hotmail.com

2013.01
18
FRI

Drama - To the North of Haidian
话剧《海淀之北》
Opera House, Tianjin Grand Theatre
天津大剧院歌剧院
19:30 ¥80-580
+86 22 8388 2000



EDITOR'S PICK

Integration of Traditional and Modern Music
畅想春天 - 传统与现代交融下的音乐之旅
Western Shore Art Gallery 西岸艺术馆
20:00 ¥100
+86 22 2326 3505

Wanlong Ski Weekend Trip 万隆滑雪周末行
Wanlong Ski Resort 万隆滑雪场
订:info@chinabustravel.com
18-20 Jan

2013.01
20
SUN



EDITOR'S PICK

Emperor's Ferry 2013
Spring Auction of Chinese Painting
and Calligraphy 2013 迎新春中国书画拍卖会
Western Shore Art Gallery 西岸艺术馆
14:00 +86 22 2330 3255

2013.01
25
FRI



EDITOR'S PICK

Swing Jazz Classic Concert
爵士本色 - 摇摆爵士经典音乐会
Western Shore Art Gallery 西岸艺术馆
20:00 ¥100
+86 22 2326 3505

2013.01
26
SAT



EDITOR'S PICK

Snow Polo World Cup 2013
雪地马球世界杯赛2013
Tianjin Golden Metropolitan Polo Club
天津环亚国际马球会
12:15-14:30 +86 22 8372 8888
24 Jan - 3 Feb

Special Days

- 1 Jan New Year's Day
- 5 Jan Slight Cold (xiǎo hán)
- 19 Jan Laba Festival
- 20 Jan Great Cold (dà hán)

Include your events in our calendar,
e-mail to editor@tianjinplus.com
www.tianjinplus.com



Healthy and Delicious Cantonese Rice Clay Pot @ Sheraton Tianjin Hotel

As the New Year begins, Celestial Court restaurant is sharing their elaborately prepared Cantonese rice clay pot series to keep you warm and healthy throughout this cold season as well as satisfy your taste buds.

Time: Lunch 11:30 – 14:00, Dinner 17:30 – 21:30, 1-31 Jan, 2013

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时间：午餐11:30-14:00, 晚餐17:30-21:30 2013年01月01日-31日

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One complimentary bottle of Wine and New Year dumpling dish for any booking of private dining.

Time: Lunch 11:30 - 14:00 Dinner 17:30 - 22:00, 19 Jan - 24 Feb, 2013

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时间：午餐 11:30 - 14:00 晚餐 17:30 - 22:00 2013年1月19日至2月24日

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年会套餐净价人民币2,488元每桌（十人）起



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Chicago Symphony Orchestra
Concert

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Program:

Verdi: Overture to *I vespri siciliani*

Mendelssohn: Symphony No. 4 "Italian" in A major, Op. 90

Beethoven: Symphony No. 3 "Eroica" in E flat major, Op. 55

曲目:

威尔第:《西西里晚祷》序曲

门德尔松:《A大调第四交响乐“意大利”》,作品90号

贝多芬:《降E大调第三交响曲“英雄”》,作品55号

TAKE IT, JUSTIN!

The 40th American Music Awards

By Cathy Perez

第40届全美音乐奖颁奖礼在洛杉矶的诺基亚中心举行，加拿大红人贾斯汀·比伯(Justin Bieber)获得了包括“年度最佳艺人”在内的三项大奖，是本届全美音乐奖的大赢家。除了“年度最佳艺人奖”之外，比伯还拿到了“最佳流行/摇滚男歌手”和“最佳流行/摇滚专辑”两个奖项。比伯一共演唱了两首歌曲，一首独唱，另一首跟说唱女歌手妮基·米娜姬(Nicki Minaj)合作。



Justin Bieber took 2012 by storm when he won three major awards at the American Music Awards 2012.

He won the favourite artist of the year (beating out Rihanna, Katy Perry, Drake, and Maroon 5), favourite pop/rock male artist award and favourite pop/rock album. Upon accepting his first award of the night, the 18 year old singer accepted with a comment, "I want to say this is for all the haters who thought that I was just here for one or two years. I feel like I'm going to be here for a very long time."

Other major award winners included Maroon 5, Taylor Swift, Carrie Underwood and Luke Bryan. The AMA 2012 also marked the creation of a new category – electronic dance music award in which David Guetta won the prize.

It was the American Music Awards' 40th anniversary and as expected, the ceremony opened with a bang as Usher, dressed in a black shirt, black leather pants and red high tops, appeared on stage from a swirl of smoke and launched into a

medley of his most famous hits – Numb, Climax, and Can't Stop, Won't Stop.

Other notable performances were from Nicki Minaj (winner of favourite rap/hip hop album and favourite rap/hip hop artist award) who performed her new single "Freedom" in an all-white get-up, including fur coat and pink hair. It was a snowy and ghostly scene as a choir, also

in white, joined her on stage. Taylor Swift, performing the pop song "I Knew You Were Trouble", sang in a light dress while dancers wore mostly black but then she changed into a red corset and black skirt, matching their dark mood. Kelly Clarkson, making a nod to her American Idol roots, performed with a number on her dress and three people in judge chairs looking on as she sang "Miss Independent," "Since U Been Gone," "Stronger" and "Catch My Breath."

And of course, the artist of the night, Justin Bieber, performed in a moving acoustic rendition of his single, "As Long As You Love Me," and was later joined by Nicki Minaj for an upbeat collaboration of "Beauty and the Beat."

Will 2013 be another Bieber Fever year? We can't wait to find out!



Jianzi

By Najla Rasdeen

早在2000多年前，踢毽子就是中国一项很受欢迎的娱乐项目，分为圆圈踢和一对一决斗比赛两种。之后衍生出一种杂技表演，这项文娱活动风靡世界。

Many would be unfamiliar at the mention of the term 'Jianzi', but it is a strikingly popular game in China. Perhaps the names 'Chinese hacky sack' or 'shuttlecock' would be more familiar. Ring any bells? Or perhaps you have even come across a group of people kicking around this colourful feathery toy while walking around the parks in Tianjin?

Jianzi is an ancient sport in China which originated some 2000 years ago. At a time where toys were less available, this is the game that dominated popular culture. This sport involves the use of a very simple device – simply put; it is a few colourful feathers attached to a rather small sack. Players kick the sack, very much like in football, and the feathers help to keep it in the air for longer, thus giving them more time to perform stunts with them.



Generally, there are two forms of the game; the circle kick game and the duel kick game. The circle kick game involves six to eight people passing the shuttlecock whilst standing in a circle. They may even make it more competitive by circling in the opposite direction while passing the shuttlecock. The duel kick game is a two person game which involves more aggressive high kicks, where the one who misses the shuttle loses the point. The intensity of the game can be increased or decreased to one's liking and is appropriate for all ages.

The game reached such popularity and it spread around the world-acquiring many names in the process. The game has attained an international prominence, creating the formal game, which involves the use of a rectangular court. The International Shuttlecock Federations (ISF) was established in 1999 and hosts annual shuttlecock competitions, showcasing the best acrobatics and skillful kicks of Jianzi Masters from around the world. It bears great resemblance to the better known sport, badminton, but without the use of rackets!

There are many variations of the game, but simply, the aim of the game is to keep the shuttlecock in the air by using your feet or body without using your hands. There are four basic kicking techniques: kicking with the inner ankle, the outer ankle, the instep and the sole. These techniques can be self improved and you can come out being your own version of a 'Master of Jianzi'!

It is not a surprising sight to see a group of middle-aged people kicking around like they are in their early twenties! But do not be fooled by the ease of their techniques. This sport does look like a lot of fun but it is not as easy as it looks!

The Jianzi shuttlecock is a very simple 'toy' but its simplicity is what makes it so interesting. The toy is easily carried everywhere and is enjoyed whether it is played by one's self or with a group of people. This game brings with it a good aerobic workout for your entire body and couples it with a great deal of fun! If you haven't tried it yet, Jianzi is one piece of the Chinese culture you don't want to miss!



Angela Maria Parada de Carvalho

23 years old from Portugal

Faculty member at Tianjin University of Finance and Economics, Pearl River College

Favourite restaurant.

Every time I go to *Binjiang Dao* I always stop for lunch or dinner in an Italian restaurant called Saizeriya, located in the 8th floor of Lifu Plaza.

Perfect place for a lively night out.

I would have to go for Tianjin's most famous nightclub, Sitong, and my favourite movie theatre is Jinyi International Cinema.

Perfect hang out with friends.

As long as it is the right company, any plan is good but starting with a nice late dinner and then going somewhere to dance.

Perfect place to bring a date.

Go for a night walk along the Haihe River and stop by the Tianjin Railway Station to see the city lights.

Advice for Tianjin newcomers:

Whether you are just passing by or staying for study or work, the best way to get to know Tianjin is just to go out onto the streets and get lost. Don't rely on buses or the subway, walking is the best way to find new places that differ from the ones mentioned in guide books.

I love Tianjin because...

Even though I'm six thousand miles away from my family, I still feel at home here.

Favourite restaurant.

Haidilao Hotpot Restaurant.

Perfect place for a lively night out.

Sitong Bar, Helen's Café, and Richmond Restaurant. At Sitong Bar, they have a great band from the Philippines that plays new English songs and there are so many foreigners in the club so one can meet new friends and practice my English language skills.

Perfect hang out with friends.

Starbucks and Costa Coffee. I also like Cold Stone for its scoops of delicious ice creams and the Italian Style Town for its European buildings.

Perfect place to bring a date.

Tianjin Cultural Centre – for walking or shopping at the Galaxy Plaza, Italian Style Town for the good photos you can take there, Tianjin Eye to view the whole city, Tianjin Wudadao Area for riding bicycles or horses while looking at old European houses and streets.

Advice for Tianjin newcomers:

You will find many surprises here if you choose to stay for a long time.

I love Tianjin because...

It is an ancient city but with a modern breath. It's a northern city with quiet elegance and there are many kinds of food you can try here. Are you ready to sample the abundant foods in Tianjin? For a good guide of Tianjin, you can check out this link - <http://t.dianping.com>



Wang Hong Yang

王鸿扬

21 years old from Tianjin

Student of Civil Aviation University of China



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2010 THREE PILLARS The Gourmet Shiraz Dry Red Wine	South Australia	¥ 79	¥ 67
2010 APALTAGUA Gran Verano Cabernet Sauvignon Dry Red Wine	Central Valley	¥ 82	¥ 70
2009 CHATEAU BABY Dry Red Wine	Bordeaux	¥ 98	¥ 81
2010 AVELINO VEGAS Condado Real Tempranillo Dry Red Wine	Castilla y Leon	¥ 108	¥ 92
2011 DE MORGENTHAU Garden Vineyards Rose	Stellenbosch	¥ 115	¥ 98
2011 JEAN BOUSQUET Varietals Merlot Dry Red Wine	Tapungato, Mentoba	¥ 132	¥ 112
2010 SONSIFERA Vuara Dry White Wine	Kisja	¥ 136	¥ 116
2009 TOLA Syrah Dry Red Wine	Sicily	¥ 138	¥ 117
2010 SAN LORENZO Sirio Montepulciano Dry Red Wine	Abruzzo	¥ 141	¥ 120
2009 ATAMBUQUE Cataja Malbec Dry Red Wine	UCO Valley Tapungato	¥ 180	¥ 153
2010 FAMILIA SCHROEDER SAURUS Chardonnay Dry White Wine	Neussien	¥ 185	¥ 157
2009 MISSION Floor Gris Dry White Wine	Hawke's Bay	¥ 186	¥ 158
2009 MISSION Cabernet Sauvignon Dry Red Wine	Hawke's Bay	¥ 186	¥ 158
2010 JEAN BOUSQUET Cabernet Sauvignon Reserve Dry Red Wine	Tapungato, Mentoba	¥ 196	¥ 167



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Interview with Kelvin Mah, GM of Holiday Inn Tianjin Aqua City Holiday Spirit at the Holiday Inn

By Justin Toy



天津水游城假日酒店日前任命马全维为酒店总经理，全面负责酒店整体的日常运营工作。马全维来自马来西亚，酒店从业时间超过20年，拥有丰富的酒店管理经验，曾先后在吉隆坡万丽酒店、澳门凯旋门新世界酒店等酒店担任市场销售总监10余年，积累了丰富的酒店销售、推广、经营经验。下面就由马总来阐述在水游城假日酒店的假日精神吧！

Holiday Inn is part of the InterContinental Hotels Group (IHG). It is one of the world's most recognized hotel brands with a global reputation for service, comfort and value. Currently in China, Holiday Inn operates 63 hotels and is continuing to expand rapidly within the Chinese market.

Recently Tianjin Plus had a chance to sit down with the newly appointed General Manager of the Holiday Inn Tianjin Aqua City, Kelvin Mah. Mr. Mah, a Malaysian born Chinese, has had a long and successful career within the hotel industry. He shared with us a candid look into his past and also a vivid picture of what life is like as a GM in this demanding industry.



Please tell our readers a little bit about your background including how you got started in the hospitality industry.

In my younger days, I would travel during the summer holiday with my family. On these family outings we would travel and of course stay at a hotel. I remember seeing the employees at the hotel wearing fancy suits and then thinking to myself, this line of work seems quite prestigious and interesting. This gave me a long lasting first impression of what it was like to work at a hotel. Fast forward to university, many of my classmates and friends wanted to concentrate their studies in accounting. My father, who was a successful accountant for many years, knew my personality, my strengths, and my abilities quite well. He warned me, "Find another industry that interests you, if you choose to become an accountant, you will make me bankrupt!" I took his words seriously and considered other opportunities which suit me the most. Finally I took up hotel and catering industry and found them quite interesting. The next thing I knew, I had been working for 20 years in this industry.

Can you run us through what a typical day as general manager is like at Holiday Inn Tianjin Aqua City?

I typically wake up at 7 am and come down from my room around 7:45. The first thing I will do is go to my back office and start checking new e-mails and looking at the results from the previous evening, occupancy rates and other important figures. After looking over the figures I will do my rounds around the hotel, making sure that everyone and everything is ready to seize the day. I will usually try and go to the staff entrance and greet employees as they arrive for work. After that, I will continue my rounds up to the coffee house in order to inspect the quality and presentation. At this time I will have my first coffee of the day. A cup of coffee is a must for me in the morning, otherwise my mind doesn't work! At 9 o'clock we will hold our daily operation meeting for about an hour where we go over things that happened last night, special events, or anything that might need some extra attention. After the meeting I will go back to my office to review documents. Around lunchtime I might meet up with some clients for lunch appointment or lunch with my colleague in the staff cafe. Most of my afternoon time will usually be engaged in various meetings with different departments within the hotel. In the late afternoon I will again walk around the hotel. During this time I will make sure that the restaurant is clean and restocked, the displays are in proper order, the rooms are ready, and the staffs are alert and prepared to welcome guests. Then, I will go back to my office again and start planning and preparing what I will do tomorrow; creating checklists, responding to e-mails, and completing other paperwork. I will normally finish this at about 8-8:30 at which point I will finally have my dinner. Before I go to bed, I must watch the news and catch up with what is happening around China and the world.



How long have you been working in China? Of the places in China you have worked in, which place was your favorite and why?

My first encounter with China was back in 1999 when I was sent to work in Harbin. After that, I went back to Malaysia for about seven years. I came back to China to work in Macau from 2008 to 2010. And then I spent another 2 years in Shenyang. Finally I came to Tianjin just a couple of months ago. Among all, my favorite place is Macau. It is a vibrant city that never sleeps! Also, although I was born in Malaysia, my ancestors are from southern China. So the lifestyle in south somehow suits me more in term of weather, food and etc. However, in terms of the people that I met, I prefer people from the north. People here are much more straight forward and direct. They will express how they feel on their face and with their words, making communication easier.



What do you feel has been the biggest challenge about living and working in China? How have you been able to overcome this challenge?

I think the biggest challenge of working in China is to fully understand China and the culture. If you are a newcomer to this country, you will need to spend a lot of time and effort in order to learn about Chinese culture and the way of doing business here. As a manager, it is crucial to fully understand these cultural differences not only to be successful, but also to avoid potentially offending your staff.

Another main challenge has to do with staffing. Because the industry is growing so fast we are continually short on staff. Even though we are able to recruit new employees, we need to spend a lot of time educating and training them. And because the industry is expanding rapidly, the moment you have adequately trained the people, they will take another job.

Can you comment on the growing market for hotels in the Chinese market?

The hotel industry has been growing in China at an incredible rate. The latest reports show that China will account for more than 50% of the growth within the Asia hotel industry over the next three years. IHG is looking to open over 200 hotels in China within the next few years to come. However, despite all these numbers, the world economy and China's economy are starting to slow down and we are seeing some cities where the hotel market is over-saturated. Tianjin is one of those markets, especially within the luxury five star hotel segment. This means that this market is going to get even tougher!

How do you feel about living in Tianjin? Do you have a favorite place in the city?

I think Tianjin is a nice city that is clean, energetic, and has its own unique character, especially compared with the last city I was in, Shenyang.

My favorite place in the city is the Holiday Inn Tianjin Aqua City (Laughs)! Actually I have not been to many places in Tianjin but the place I have found the most enjoyable is the Italian Style District. The area really gives you a sense of being in Europe, while at the same time having some Chinese elements such as the people and music. This gives you an interesting east meets west feeling. Also, the food and the German beer that they serve are quite excellent!

What do you do in your spare time to relax?

On the weekends I get out of the hotel and explore Tianjin in order to relax my mind. On most of the weekends I will try to play a round of golf. I also like to drive around the city and explore new places and understand where the major landmarks are in relation to the hotel.

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TEL: 87839683

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Add: 4F, A Hotel, Olympics Gym, Nankai District, Tianjin
地址: 天津市南开区奥林匹克体育中心A酒店四楼

TEL: 23821666-2233

HE XI SHOP

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你是否不知道应该去哪享受正宗的美食？你是否也不知道带着朋友去哪里体验嗨皮的夜生活？津品生活编辑团队通过一起协作，关于天津最好的吃喝玩乐，对广大读者做了全面的问卷调查，让我们一起来看看大家心目中的“最佳选择”吧！

For 2013, the hardworking editorial team at Tianjin Plus have hit the streets and asked our readers "Where are the best places in Tianjin?". After compiling the data and painstakingly analysing the results, we are proud to present, the first annual Best of Tianjin Awards!

Bars

Ali Baba's: Also known as the original western bar in Tianjin, is a long-time haunt for students, expats, and local Tianjin people. They offer an extensive menu of cheap Middle Eastern and western food and drinks, set in a cosy environment. Tucked away in the back of an alley with no signs and windows, this bar truly is a 'hidden gem'! **A:** Wei Hua Li, Tong'an Dao, Heping District 和平区同安道卫华里小区

Helen's: Possibly the most popular western style bar in Tianjin, and famous throughout China, offers affordable food and drink in a friendly and relaxed atmosphere. Whether you come here to have some dinner and drinks with friends or to induce tomorrow's hangover, Helen's is the best pre-game spot. **A:** No. 116, the junction of Wu Jia Yao Er Hao Lu and Heyan Dao, Heping District 和平区河沿道与吴家窑二马路116号

AJOs: Targeting a more mature crowd, AJOs offers a wide variety of high quality imported beers and spirits to please the taste buds of thirsty expats. It's a great place to watch a big sporting event or celebrate a festive/seasonal holiday. **A:** 1F, Xidi, No. 177-179, Xiao Chengdu Dao, Heping District 和平区小成都道177-179号犀地1层

Nightclubs

Sitong: Ask any foreigner where to go to dance the night away and they will all tell you the same thing, Sitong! Offering the perfect blend of live music and entertainment (including a Filipino band and a Russian pole dancer), you are sure to have a night to remember, or even forget depending on how many bottles you drink! **A:** -1F, Olympic Tower, Chengdu Dao, Heping District 和平区成都道奥林匹克大厦负1层

Scarlet: Located across from Nankai/Tianjin University, this loud nightclub is a firm favourite among international students and Chinese alike. Dance the night away while the DJ spins and the cheap beer and alcohol flows. **A:** 3F, Bolian Building, No. 155, Weijin Lu, Heping District 和平区卫津路155号博联大厦3层

Le Nest: Le Nest and Le Nest II are popular spots to go for a wild night of clubbing and dancing. Both clubs feature a stage where male and female pole dancers take turns impressing the crowd and Chinese singers perform live pop songs. With the music being mainly Chinese, the club is mostly frequented by the young Chinese crowd. However, it is becoming more and more popular with expats. **A:** No. 103, Qiongzhou Dao, Hexi District 河西区琼州道103号

Places for Cocktails

China Bleu: Located atop the Tangla Hotel, China Bleu offers elegant cocktails in an upscale environment. You'll be sure to enjoy your cocktails while taking in a 360 degree view of Tianjin's ever growing skyline as the jazz band complements the atmosphere with their own interpretation of well-known songs. **A:** 49F, Tangla Hotel Tianjin, No. 219, Nanjing Lu, Heping District 和平区南京路219号天津唐拉雅秀酒店49层

Le Procope Lounge: Situated in an elegant and sleek ex-morgue (yes you read this right), this upscale lounge is a perfect place for dressing up and impressing a first date while drinking inspired classic cocktails. **A:** The junction of Chengde Dao and Shandong Lu, Heping District 和平区承德道与山东路交口

GIA Lounge: If you are looking for a more relaxed, intimate atmosphere, then look no further than the GIA lounge. The music adds to the surroundings to create a laidback ambiance. DJs from Italy and Brazil play electro, house and dance which give the GIA lounge a contemporary feel. One mistake the GIA lounge DJs don't make is playing music too loud, so you never have to shout to make yourself heard. **A:** South of the intersection of Nan Menwai Street and Qinghe Street, Heping District 和平区南门外大街与清河大街交口（大悦城对面）

Coffee

Spot Cafe: Opened in Tianjin over four years now, the Spot Cafe has been a popular hangout and meet-up spot (no pun intended) for like-minded hipsters. The Spot Cafe's new location allows them to host events such as wine tastings, art galleries, language corners, open microphone nights and more. **A:** 2F, Vanke City Garden, the junction of Xinxing Da Jie and Xikang Lu, Heping District 和平区新兴大街与西康路交口万科都市花园2层

Coffice: Located in a historical building in the Wudadao area, this British inspired coffee house allows guests to escape from the hustle and bustle of Tianjin. You can enjoy your coffee in a private movie theatre; choosing from a back catalog of among thousands of movie titles. **A:** No. 169, Chongqing Dao, Heping District 和平区重庆道169号

Time Coordinate Cafe: Offering great coffee and an extensive menu of western food, this hidden gem is a comfortable place to relax or get some work done. **A:** No. 6, the junction of Hanghai Dao and Baidi Lu, Nankai District 南开区白堤路与航海道交口6号

Bakery

Gang Gang Delicatessen: A Japanese owned bakery and delicatessen, their Beijing branch was recognised in GQ Asia magazine as one of the best bakeries in China. You can visit them at one of two locations in Tianjin; one location offering baked goods and the other offering imported goods and a restaurant on the second floor. **A:** 103-104, Olympic Tower, No. 126, Chengdu Dao, Heping District 和平区成都道126号奥林匹克大厦1层103-104

Tous Le Jours: This South Korean bakery franchise, located in the Isetan Mall, offers high quality baked goods using high quality ingredients. They serve great tasting sandwiches, cakes, bagels, coffee, pastries and much more. **A:** -1F, Isetan, Block C, Modern City, No. 108, Nanjing Lu, Heping District 和平区南京路108号现代城C区伊势丹百货B1楼

Paris Baguette: As the largest bakery chain in South Korea, Paris Baguette is extremely popular with expats and Chinese alike. This popular bakery can be found all around Tianjin and specialises in serving up a wide variety of incredibly delicious fruity pastries and cakes. **A:** Building A1, Aocheng, Binshui Xi Dao, Nankai District 南开区宾水西道时代奥城商业广场A1座

Western Casual

Trueman's: Offering a menu specialising in sandwiches and burgers, this foreign owned back alley bar is a great meet-up spot for friends. With a variety of fun activities throughout the week, including Sunday night trivia, Trueman's is sure to please customers with its warm atmosphere.

A: No. 37, Commercial Site, Building No. 2, Longde Li, Wan De Zhuang Da Jie, Nankai District 南开区万德庄大街龙德里2号楼37号底商

Aulare: Come to Aulare to experience a fusion of Spanish, Portuguese, Italian and South and Central American food right here in Tianjin. Your taste buds will be dancing the salsa in this urban Latin restaurant. **A:** 2F, Building A4, Aocheng, Binshui Xi Dao, Nankai District (beside Costa Coffe) 南开区宾水西道时代奥城商业广场A4座2层(咖世家咖啡旁)

Cozy Cafe: Located next to Balitai bridge, this musical themed restaurant offers a wide variety of affordable food with massive portions. Come in the summer time and enjoy sitting outside and eating freshly grilled BBQ food. **A:** 1F, New Culture Plaza, Balitai Bridge, Weijin Nan Lu, Nankai District 南开区卫津南路八里台桥新文化广场1层

Western Fine Dining

Brasserie FLO: Located in the Italian Style District, FLO serves up authentic world-class French Cuisine in an elegant and intimate setting. Starting around Spring Festival, FLO will be offering a great new mouth watering brunch on weekends and holidays. **A:** No. 37, Guangfu Dao, Italian Style Town, Hebei District 河北区新意街光复道37号

Chateau 35: In the heart of the Wudaodao area, Chateau 35 offers an impressive selection of high quality western style food. The menu ranges from wood fired pizzas, to New Zealand lamb rack, to imported rib-eye steak. Enjoy your meal in their beautiful garden area alongside an extensive selection of imported beers and wine. **A:** Opposite No. 79, Changde Dao, Heping District 和平区常德道79号对面

Venezia Club: Located in the heart of the Italian Style District, this Italian run and owned restaurant offers authentic dishes including lasagna, pastas and pizzas. Come during the summertime and sit outside while taking in scenes from one of the most beautiful spots in the city. **A:** No. 48, Ziyou Dao, Italian Style Town, Hebei District 河北区新意街自由道48号

Pizza

Pizza Bianca: Often referred to as the best pizza place in Tianjin, customers can also choose from a wide range of high quality pastas and salads with fine wine and beer to compliment these dishes. If you have enough space, their desserts are also fantastic. **A:** Room 107-108, Olympic Tower, No. 126, Chengdu Dao, Heping District 和平区成都道126号盛捷奥林匹克大厦107-108室

Pizza Box: Feeling too hung over to leave your apartment? Pizza Box is your saving grace! Offering citywide delivery of not only pizza but also burritos, snacks, and even groceries, Pizza Box delivers massive rectangular pizzas loaded with great quality toppings. **A:** Fukang Garden, Nakai District 南开区富康花园

Pizza Hut: With locations all across Tianjin and the world, Pizza Hut is the biggest name in pizza. While they may be a giant soulless corporation, they offer up a mean cheesy stuffed-crust pizza. **A:** -1F, Robbinz Department Store, No. 128, Nanjing Lu, Heping District 和平区南京路128号乐宾百货负1层

Chinese Restaurant

Youth: Situated on the HaiHe river in Jin Wan Plaza (津湾广场), this Chinese establishment offers stunning views of the city in an elegant dining setting. The menu includes a wide range of Chinese classics from all around China including mouth watering Beijing Roast Duck. **A:** 1F, Bldg. 1, Jin Wan Plaza, Jiefang Bei Lu, Heping District 和平区解放北路津湾广场1区1层

The 'Bavarian Beer House' 来成顺饭庄: Located next to Tushudasha (图书大厦), this four story Muslim style restaurant offers a big twist- freshly home-brewed German style beers! If beer doesn't interest you, they also offer amazing dishes and traditional hot pot. **A:** No. 366, Dagu Nan Lu, Hexi District 河西区大沽南路366号

Hai Di Lao (海底捞): Known for their first class service, Hai Di Lao is the most popular place to enjoy hotpot in Tianjin. With several locations around the city and open 24 hours a day, Hai Di Lao is so popular that you might want to call ahead and make a reservation at all times of day. **A:** 6F, Mileo Department Store, No. 209, Nanjing Lu, Heping District 和平区南京路209号吉利大厦米来欧百货6楼

Asian (not Chinese)

YYs: Perhaps the most popular and well-known restaurant amongst foreigners, YY's serves up authentic Thai food alongside a huge selection of wine and beer from around the world. Once a month they have a wine testing event which is frequented with like-minded people who have networking in mind. Also, their annual Thai Water Festival is not to be missed. **A:** No. 3, Aomen Lu, Heping District 和平区澳门路3号

Barwachi: Located in Shanggu by the TV tower, this truly authentic Indian restaurant serves up mouth watering dishes with a variety of spiciness. Their large dining room is sure to be able to cater for intimate diners or large parties. **A:** No. 69, 3F, Bldg. B, Shanggu, Tianta Dao, Nankai District 南开区天塔路上谷商业街西区B座3楼69号铺

Haru Haru Teppanyaki: Specialising in all you can eat Japanese teppanyaki and all you can drink sake, plum wine and beer, make sure you come on an empty stomach. Order from a wide range of veggies, meats and seafoods; including sashimi, high quality grilled beef and oysters. Finally, people are encouraged to use will power in order to remember the night! **A:** No. 126, Building No. 18, Aocheng, Binshui Xi Dao, Nankai District 南开区宾水西道时代奥城商业广场18号楼126号



Dim Sum Delights at Tang Palace Restaurant

By Matthew Baum

点心是中国食品的典型代表，是中国人民日常离不开的食品，并在海外也赢得了不少喜爱。唐拉雅秀大酒店为客户提供了精美可口的点心，让人在慵懒的下午能够倘佯在甜蜜幸福中。

Dim sum or 点心 dīnxin in Mandarin, is one of the most famous and widespread examples of Southern Chinese cuisine. It is found in Guangzhou, its homeland, and in any China Town throughout the world.

Dim Sum comes in small sizes, served in steamer baskets or on small plates. The beauty of Dim Sum is that there is a little of everything. Each dish only has a few items, maybe three or four dumplings or a small bowl of congee. This means that you can try a lot of different types of food without getting full and explore a broad range of flavours.

Another pleasure of eating Dim Sum is the rapid rate at which the food is served. You are munching away through a basket of dumplings and then with one tantalising dumpling left, the next dish arrives. It is always exciting to see what culinary delights will appear before your eyes and the conversation never strays far from guessing what the next culinary delight will be.

Another plus is that the food isn't expensive. It is divided into six price categories: Small CNY 12, medium CNY 16, large CNY 18, special CNY 22, excellent CNY 24, and exclusive CNY 38. The Deep Fried Shrimp Dumplings and the Baked BBQ Pork Bun are particularly tasty. Both are delicious and reasonably priced. There is a 15 percent service charge and a private room is CNY 8 per person, while the main hall costs CNY 5 per person.

The Tang Palace Hotel's chef in charge of service is Mr Raymond Xie. He is a native of Guangzhou, and from the taste of his food he has been cooking it all his life. He pointed out that each dish can take anywhere between 15 and 45 minutes to prepare, and with 30 dishes on the menu; he must have his work cut out for him.

The Tang Palace itself is a great restaurant, and reflects the high standards of the Tangla Hotel. The main dining area has a modern, cutting edge feel. It definitely isn't rustic and is a world away from the south of China. Subdued colours and dark lighting, combined with the overall modern ambience, create an intimate space to enjoy your food. If it wasn't for the traditional Chinese music playing, it wouldn't be out of place in London or New York. The Tang Palace is a perfect place for business meetings or even a date, and the great food makes it a must visit for anyone looking for delicious Cantonese cuisine.



Tangla Hotel Tianjin
天津唐拉雅秀酒店
Address: No. 219,
Nanjing Lu, Heping
District 和平区南京路
219号
Call: +86 22 2321 5888

A Real Taste of Italy in Tianjin

By Josh Cooper

沙华多利意大利餐厅坐落在河北区新意街。如果你想品尝到地道的意大利菜系，尤其是披萨和意面，编者会告诉您在这里哪些推荐菜系最为值得品尝。

As Italian restaurants go in Tianjin, there are many elements which set the **Pasta Fresca Da Salvatore** apart from its competitors. Situated in the more secluded part of the city's Italian Style Town, this venue offers authentic and affordable Italian cuisine in a bright, spacious and relaxed dining environment. With several big dining rooms on two floors, it is an excellent venue for both romantic dinners and VIP corporate events. The Pasta Fresca brand was first established in Singapore in 1988 and has since become a household name around China. The chain has become particularly well known in Shanghai- where its numerous restaurants are regular hubs for the local expat community. The firm even has its own factory in Shanghai which is dedicated to producing the huge array of pastas and ingredients that the restaurant chains offer.

Lovers of Italian cuisine are certainly not stuck for places to eat in Tianjin. But even the most seasoned of Italian eaters will certainly be blown away by the Pasta Fresca's delicious offerings. The food menu is sure to have customers dithering over which dishes to order. The starter selection is particularly impressive - with the *Mozzarella Pomodoro alla Caprese* standing out as a sensational snack to kick things off. As you would expect with a world class Italian restaurant, the pizza selection is wide ranging and incredibly enticing. The *Pizza Capricciosa*, topped with traditional cheeses, homemade tomato sauce, spicy pork, salami, artichokes, anchovies and mushrooms, is a superb selection. If you don't order a pizza, go wild with the amazing range of splendid pasta dishes. The venue's chef recommends the *Mare E Monti* and it does not disappoint. And as for the desserts, the international cooking team at Pasta Fresca excel in making their very own sweet dishes on site. The *Tiramisu Al Mascarpone E Café* and the *Pama Cotta* will more than satisfy sweet toothed customers.

In addition to the venue's excellent food, the Pasta Fresca Da Salvatore also boasts a superb selection of international wines and other alcoholic beverages. The wine menu in particular is very good value and offers customers a great range of tipples imported from Italy. Through its fantastic food and authentic European atmosphere, the restaurant not only brings Italian cuisine to Tianjin, but also the nation's much loved culture.



Pasta Fresca Da Salvatore 沙华多利
Address: No. 22, Guangfu Dao, Italian Style
Town, Hebei District 河北区意大利风情街
光复道22号
Call: +86 22 2446 3101

Kung Pao Chicken / Gong Bao Chicken

By Justin Toy

宫保鸡丁是外国食客最喜爱的中国菜了，其食材简单易买，其烹制过程易学，其成果美味难忘。这期的菜谱就来介绍这道美味，赶快来学学吧！

Gongbao Chicken (宫保鸡丁), also known in the western world as Kung Pao Chicken, is perhaps the most popular dish amongst foreign lovers of Chinese cuisine. This classic Sichuan dish is a delicious southern stir-fry delicacy that contains chicken, peanuts, veggies and chili peppers in a symphony of spicy and sour flavors. The origin of the name dates back to a court official named Ding Baozhen in the late Qing Dynasty. Legend has it that he was a chef who especially liked stir-fried diced chicken. While serving as governor of Sichuan, he added chili peppers to his dish which helped give it a new unique taste. His title was Gong Bao (宫保), literally 'palatial guardian'. In memory of Din Baozhen, the people named his favourite dish 宫保鸡丁.



Main Ingredients

- 300 g boneless, skinless chicken breast
- 50 g peanuts
- 20g spring onion
- 30g ginger
- 20g garlic
- 5g sichuan peppercorn
- 10g dried red chillies

Chicken Marinade

- 1/2 teaspoon salt
- 1 teaspoon soy sauce
- 1 tablespoon sesame oil
- 1 teaspoon cornstarch

Cornstarch Sauce

- 1 tablespoon cornstarch
- 2 tablespoons soy sauce
- 1 tablespoon sugar
- 1 tablespoon vinegar
- 1/2 teaspoon salt



1. Chop the chicken breast into cubes. Then use water to rinse the chicken clean.
2. Combine cornstarch, salt, sesame oil, marinate the chicken for 20 minutes in.
3. Cut the spring onions, dried red chillies (get rid of the seeds). Cut the carrots and cucumbers into cubes.
4. Add cornstarch, sugar, white vinegar, rice liquor, salt, soy sauce in a bowl and mix together. Set aside for later.
5. Heat oil in the pan. Once heated, toss the chicken cubes in. Don't fully cook the chicken. Take it out out when the chicken turns white.
6. Reuse the oil and using low heat, cook the ginger and garlic. Once the flavor is released put the chillies and Sichuan peppercorns into the pan.
7. Add the carrots and then the cucumbers.
8. Add the cornstarch mixture from step 4. Stir it occasionally until it becomes sticky.
9. Turn off the fire and add the peanuts.
10. Enjoy your delicious meal!

Your City Card, Your Life!

The first topic: How to buy a City Card or 城市卡 chéngshì kǎ .

By Matthew Baum

城市卡自2006年开始正式发行，是一张具有电子钱包功能的IC卡，可反复充值使用。目前，持卡人可在天津地区公交、地铁、轻轨、出租车、自来水、燃气等市政公用领域应用，还可以在方便便利、华润万家便利店、好收成超市、好利来等商户持卡消费。

How to buy:

Walk into any 大方便利 dàfāngbiànlì, subway station, bus station (large terminal, not an ordinary bus stop), or City Card service centre. At dàfāngbiànlì convenience stores go to the payment counter, the same with subways bus stations and service centres.

Asking to buy a City Card. Say:

我要买一张城市卡。
Wǒ yào mǎi yī zhāng chéngshì kǎ .
I want to buy a City Card.



You will be given three options: CNY 20, 30 or 50. The only real difference is cosmetic. The CNY 30 card has a few famous cartoon characters while the CNY 20 cards look like they are made for children, both are credit card sized. The CNY 50 card is one designed to fit on your key ring and is quite small.

You can also put your own photos on your card. This service is only available at Heping District service centre and costs CNY 30. You must bring an electronic version of your photo.

Website with map:

<http://www.tjykt.com/html/network/201209052402.html>

Choose a design and add some credit. Now you are ready to explore Tianjin via public transport!

How to Use:

To top-up the card you can go to any 大方便利, subway station, or big bus station and say:

我要充值。
Wǒ yào chōngzhí.
I want to top up some money.

The website for the city card provides information on the uses of the City Card. However there is no English translation and a lot of the information isn't accurate. You can check your credit by entering the 11 digit number on your card.

You receive a 10 percent discount on subway fares and a five percent discount on bus fares. The website says you can use it in taxis, to pay your heating bills, water bills, and parking fees. When I bought it the staff at told me I couldn't use it in taxis, or to pay bills.

According to the City Card Service Centre it can be used in taxis and at specific places to pay bills.

Useful Information:

To access the city card website go to: <http://www.tjykt.com/plus/list.php?tid=1>

Here is a list of all the Service Centres: <http://www.tjykt.com/html/contact.html>

I hope this helps. For any comments or suggestions for future topics please contact me at: matthew@tianjinplus.com

Tianjin's Latest Muse!

By Cathy Perez

天津缪斯酒吧位于繁华的滨江道，自开业起引起不小的轰动，开业日邀请了吴建豪等明星热舞，成为了潮人们必去的酒吧之一。如果你也是潮人一族，快快去试试吧！

There's no denying that Muse, Tianjin's latest nightspot, created quite a stir when it opened on 27 October, 2012. Firstly, it has the perfect location as it is just a stone's throw away from the busy shopping street *Binjiang Dao*. Secondly, the spacey club (which gets crowded as early as 10pm) has a luxurious European style bar that draws Chinese yuppies for a night of entertainment. And thirdly, Muse opened with no less than the electrifying dance sensation, actor, and singer Vanessa Wu. She created screams from ladies, a lot of dancing, and not to mention, a loaded club opening. That very same night, Muse was cemented as one of the go-to places for a night out in the city.

However, more than these elements, Muse never rested on its laurels and continued its goal of creating over-the-top entertainment for the Tianjin crowd. "Teamwork is what's behind Muse and I'm glad that our club has been well-received by the public since it opened", says Muse media relations officer Yoyo You. "Our target crowd has always been the younger generation, in their 20s and 30s, who are fashionable and appreciate going to bars and having a good night out with friends," she added.

As its resident DJ ends a set, a T-shape platform rises in the middle of the club. Dancers flaunting their sparkly costumes begin their dance routine with moves that would definitely raise the energy level of the club. Singers abound in Muse as well, as it is popular for bringing in famous talents from the hit TV Show *The Voice of China*. And just when you thought you've had enough, models, locals and foreigners alike grace the platform as their catwalk and brings in a sexier vibe.

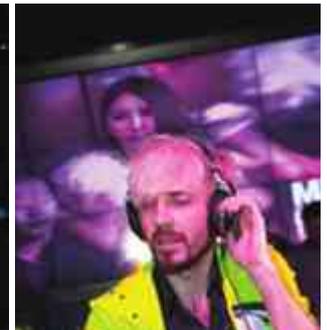
Different types of music pump up the club the whole night. Since it opened, Muse has hired 5 resident DJs who all have more than 8 years of working experience. Each of these DJs has their own speciality in music to give club goers a variety in their Muse clubbing experience. The club's Ukrainian DJ, DJ Johnnie, has already worked as a DJ for 15 years. As it is his first time in China, **Tianjin Plus** took the opportunity to interview the newcomer:



Muse Bar 缪斯酒吧

Address: Junction of Liuzhou Lu and Xi'an Dao, Heping District 和平区柳州路与西安道交口

Call: +86 22 5836 5608



It's your first time in China, tell us about the whole experience so far.

Yes, it's my first time in Tianjin and actually my first time in China. I arrived here 2 months ago and I like it here, although it really is a very different culture. Like in Muse where I'm working now, the crowd is totally different from those in my home country, the Ukraine, or even in Russia and in many other countries I've gone to. However, it's good and I like it here.

Which country did you work in for before coming to China? Tell us about the crowd difference.

I worked in my country, in Ukraine, in a club there and had some gigs in Russia and some other countries as well. Well, it's a totally different atmosphere and crowd, I must say. During my past three years in Ukraine, I was working on Trance music, but in China I can't play those tunes because I'm asked to play more popular and commercial music.

The crowd in China and those in the Ukraine are totally different. In a Ukrainian Club the party atmosphere is amazing, filled with energy, but in China, people like to watch and listen, and don't dance as much; so in my first two weeks here, I didn't understand what was happening. It was a culture shock! I was playing and people where not dancing so I asked, "why?!"

So coming from a place where party people are filled with energy and love to dance and have fun in a club, was it difficult for you to adjust to this new environment?

My priority is always playing music. It comes first in my life so it was not difficult for me because I can play in different styles and kinds of music. I don't have trouble playing Trance music in Ukraine or playing commercial music in China. It doesn't matter as long as I'm playing music.

So don't you feel any limitations in playing your music here?

Not at all. In my set, I try to play one or two Trance tunes to make sure that I still have my kind of music—even in a set generally filled with pop songs. Trance music is beautiful music and it is something so deep so I try to incorporate it in my sets.

Lastly, what would you like to tell Tianjin Plus readers?

Come to Muse and enjoy our music here! I play at 12:15am every night and my set lasts for an hour. Come and hear me play!



A Nuclear Powered Play

By Matthew Baum

月22日音乐剧《僵尸舞会》于IST 激情上演，给观众带来了丰盛的视听盛宴。《僵尸舞会》写于1993年，以美国一所高中为背景。之后，该音乐剧还被改编成电影。

The International School Tianjin (IST) hosted the musical *Zombie Prom* on 22 November. Originally written in 1993 by John Dempsey, with music by Dana P. Rowe, it is about a young rebel named Jonny and his high-school romance with the straight laced Toffee.

The play takes place at Enrico Fermi (one of the fathers of the Atomic Bomb) High School which is run by the aptly named Ms. Strict, who runs the school based on an iron code, 'Rules, Regulations, and Respect'. The plot is not too complex: A tale of love lost and found. But there are a couple of surprises towards the end which give the play more of an emotional impact than at first glance.

The main focus of *Zombie Prom* was the 20 songs spread over two acts. Many of them were sung back to back or with a minimum of talking in between. This means the musical is fast paced and high energy. A lot of the plot was revealed through song, so audience members had to pay attention if they wanted to keep up with the events on stage.

The cast sang and danced really well. Particularly Da Hee Kang as Toffee, who's voice really carries a lot of the songs. Her partner Jonny, actor Da Hoon Kim, does a great job as well, but it is Denis (Sang Bum) Cho, who plays Eddie Flagrante that really shines. Both his acting and singing are surprisingly good for someone who is so young. Another notable performance was by Won Ho Lee. His role, whilst being a relatively small one, is fleshed out by his great physical acting which sometimes steals the scenes from the main actors.

The choreography and music were both done well and really came together at the end. The whole cast joined together to dance to Michael Jackson's *Thriller*, and as an added bonus included the *Gungnam Style* dance in the mix!



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Multiple Intelligences and Education:

An Interview with Lisa Urbonya, Ivy Bilingual Schools' Meijiang Campus Director

By Cathy Perez

艾毅幼儿园创办于2004年，致力于在中国提供最优秀的儿童教育。艾毅是目前中国唯一获得多元智能学会认证的机构。作为天津艾毅双语幼儿园梅江水岸公馆校区院长，李丽莎将带我们进一步走进艾毅。



Ivy Bilingual School opened in Tianjin on 27 October, 2012. What's unique about Ivy is that the school has a certificate of Multiple Intelligences from the MI Institute- which is the only official institute of its kind here in China. To know more about Multiple Intelligence Theory and how it can benefit a child's development, *Tianjin Plus* spoke with Ivy School Meijiang Campus' American Campus Director Lisa Urbonya.

First of all, tell us about Ivy Schools.

Ivy Bilingual Preschool has the potential to render a much needed service for both the English and Chinese speaking populations, along with other foreign community members here in Tianjin. Our Tianjin Waterfront Campus offers an immersive Chinese-English language program whereby both Chinese and Western teachers interact with children throughout the day. All of our lead teachers have ECE Certifications and they are also taking training courses pursuing the Certificate of Multiple Intelligences from the MI Institute which is the only official institute of its kind in China. You can also visit our website <http://www.ivyschools.com> for more information.

What are some of the goals for students at Ivy?

Students at Ivy should become fluent in their second language by the time they graduate from kindergarten. Chinese native speakers will be fluent in English; English native speakers will be fluent in Chinese.

Ivy's underlying theory of education is teaching through the multiple intelligence theory. By developing a child's multiple intelligences, and using the stronger areas of the intelligences to develop the weaker ones, we are naturally assisting an individual to develop self-esteem.

How are Ivy schools different from the other bilingual kindergartens in Tianjin?

We are different from other bilingual immersion schools because there is one Chinese and one English speaking lead teacher in the classroom all day. These two teachers are responsible for setting up the classroom environment and implementing the curriculum together.



You were teaching in China at some point in your career. What made you decide to come back?

My family and I lived in China from the late 1980s and through the 1990s before returning to the U.S. in 2001. We lived in Shenyang from 1988-1989, Dalian from 1990-1995 and in Beijing from 1995-2001. We returned to U.S. and lived in Madison, Wisconsin. I obtained my principal and curriculum director certifications in the U.S., at the University of Wisconsin-Madison, and served as a director of an immersion school during my time there.

The opportunity to serve as Campus Director for Ivy Bilingual Schools was my reason for returning. Ivy Schools have a unique way of combining the best of the East and West. Both of my daughters have grown up bilingually and 'biculturally', and I want the same for other children.

What do you think is a good way to overcome the 'test culture' within the Chinese education system?

I believe Ivy Schools is achieving this by developing students' overall abilities through the Multiple Intelligences. Most tests only measure one or two types of intelligence. Therefore, testing does not reveal a child's overall ability and intelligence. For example, let's look at some famous people from the past. Would Van Gogh be accepted into art school if he did not pass a test? How did Paul McCartney create music when he could not read it? If we focus on all of a child's intelligences, it may not totally eliminate testing, but one would see the child in an overall perspective rather than through a narrow lens.

Lastly, what words of advice would you like to give parents who are having a hard time finding the right school for their kids?

Think about what works best for your child. Perhaps your child is more inclined to the arts or cannot rise up to the challenge of a high-pressured learning environment. Maybe your child needs a place where they can be creative. Look at what fits your child when choosing a school; be it specific kind of tutoring or any educational situation. Think outside of the box. What works for others may not be suitable for your child.

I would also choose a school that looks at all aspects of your child's development. Ivy Schools does just this by developing all of your child's intelligences. Most schools only develop the logical-mathematical and linguistic intelligences, while Ivy strives for much more.



My Style Notes

By Silvina Pardo

Accessory Madness

在这个飘雪的季节，不可缺少的装饰品是皮带，一条小羊皮皮带能让你的冬天越发活泼。再背一个印有动物图案的包包，会让你的时尚感剧增。

1 Stone Necklaces

This time there is not such a thing as too much bling! Coloured crystals, stones and diamante are big news for this winter. Pile it on for the daytime over a white T-shirt or play with textures wearing giant intricately detailed necklaces over cocktail dresses as seen in lanvin.



4 Feminine Shoes

We have seen all types of sexy shoes on the runway this winter, from killer heels with an ankle strap to power colourful pumps. Opt for a leopard skin print, velvet and bright colours for a little ladylike chic.



2 Printed Bags

Printed Bags

If you feel daunted by head-to-toe prints, get an instant update by investing in a printed handbag. It will make your whole winter outfit pop up and come to life with a refreshing feeling.



3 Chunky Brooches

Go for a vintage look wearing chunky brooches pinned to a lapel or collar. The aim is to get unique pieces, look in second hand shops for unusual jewelled pins and brooches.



3

5

Fur Bags

For a little bit of impact, choose a colour-fur bag to update your

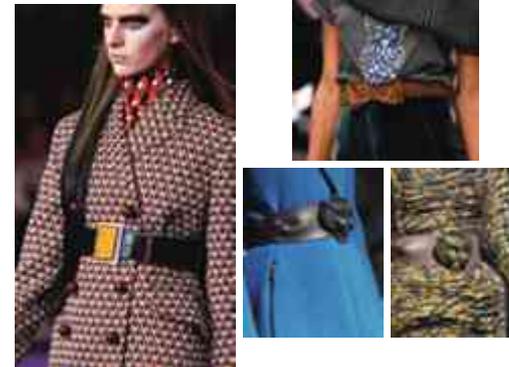
winter essential. You could go for a smooth soft fur or a fluffy faux one, but remember that sometimes trends are better in small doses, so go for a furry clutch or a leather bag with fur details.



7

Belt

Without a doubt the belt is the number one accessory of the season. Bring focus to the waist with a skinny leather belt or a suede bow one or a leather one with an original belt strap, the options are endless.



Silk Scarf

More a statement-making accent piece than actual neck warmer, this season's silky scarves are available in bright colours and charming motifs. Whether you team them with a neutral palette or over prints, they will make your ensemble look extraordinary.



8

Ankle Boot

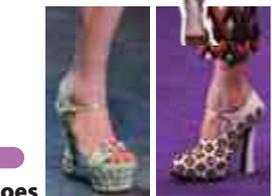
It is all about a chunky heel and mix of different colours and materials. Keep the winter-look modern by adding an urban ankle boot as seen at Stella McCartney.



9

Stoles

For a nod to the fifties, a statement stole is the perfect alternative to a chunky knit scarf when wearing a more formal ensemble. The style to go for? Choose animal prints or bright colours.



11

Embellishment shoes

From elegant pointy stilettos to chunky heel pumps, this season all the shoes got decorated with awesome embellishments. Think about geometric stones, shiny diamante, delicate floral appliqué or powerful studs.



10

Gloves

In very cold weather gloves are a necessity- as well as a glamorous detail. Forget chunky woody ones and make a statement by choosing beautiful short leather ones with studs decorations and fierce embellishments as seen in Louis Vuitton and Burberry.



12

Hats

We have seen extravagant oversized hats, country style or sporty ones on the runway. How to adapt them to normal life? Just choose the style you prefer and be confident. A hat will bring an element luxury and mysterious detail to your whole ensemble.



13

Envelope Bag

These bags are the best way to travel light and glamorous at the same time. You still can choose a big one that will be able to keep all your essentials. With plenty of different styles and design you will find they are suitable for casual daytime or smart night time events at the same time.



SUPER BOWL XLVII 2013

For the last nine years Hank's Sports Bar & Grill has put on the only true Super Bowl party in Tianjin, this year is no different.

Join us on Monday morning, February 4th for another great American sports spectacular, Super Bowl XLVII, when the leaders of the NFC and AFC go head to head at the Superdome in New Orleans.

Experience for yourself why the Super Bowl is considered to be Americas greatest sporting event of the year.

Tickets on sale now at Hank's Sports Bar & Grill for 200RMB each. Ticket includes admission, all you can eat southern breakfast buffet and snacks throughout the game.

Doors open at 05:00, limited seating, only ticket holders will be admitted so don't delay, get these highly sought after tickets soon.

For more information on this event: see Hank in person at Hank's Sports Bar & Grill
Email: theupperdeckty@yahoo.com / Call: +86 22 2341 7997 or 139 2061 4814



Cap-toe ballet flats

These flats are the ultimate choice for comfort and a pop of colour. You can wear them with skinny jeans or with black tights.



Tweed loafers

The loafer: officially the winter favourite flat, a little preppy, very cosy. Choose wintery fabrics to keep warm. They will look amazing with black jeans-making the whole outfit to stand out.

Objects of Desire

By Silvina Pardo

不同场合挑选合适的手提包和鞋子，鲜艳颜色的鞋子不仅能带来温暖，还能让你更加自信，这个冬季，你的包包的最佳选择绝对是“医生手提包”。

Shoes & Bags

Venilla suite provides a sophisticated collection of ladies footwear that suits a variety of occasions-from work to casual weekends and going-out. They have a range of high quality footwear, bags and accessories.



Red

One of the mains colours of the season is bright red. If a whole red outfit is too daring, go for red patent-leather shoes or hairy skin red ankle boots, and pair them with a black outfit for high impact.



Metallic

The perfect shoes to go out on a casual date or for dinner. Gold gives a feeling of glamour in a simple and comfortable footwear.

Venilla Suit

www.venillasuite.com

The doctor's bag

Following this season's trend we can choose the doctor's bag. It will be at the same time a classic option that will last more than a season. Choose this bag in a neutral colour crocodile skin.



Ete is the French word for summer and is a unique multi-brand accessory store with a wide range footwear, bags, watches and accessories. With a growing demand for its high quality products, Ete! is dedicated to providing the best products from international well-known brands to young and trendy labels.

Fur

We have seen plenty of furry bags options on the catwalks, but furry high tops are the best idea for casual wear. Comfortable and warm whilst at the same time a trendy shoe.



Embellishment

This is without doubt the season of the little details and decorations. You will find studs, little stars and other embellishments in almost every accessory on the market.



Ete!

www.ete.ithk.com



The envelope bag

The perfect choice to go out feeling light. They come in every colour and texture. This blue exotic skin clutch is delicate and classic.



若你的女朋友总是偷瞄别的男生，你该怎么办呢？你会狠心甩了她还是会与她促膝长谈呢？来看看天使派和恶魔派的想法吧！

"Dear Tianjin Plus, I think my girlfriend wants someone else. She always flirts and looks at other guys when we are out. What should I do?"

- from Daniel



Angela says...

Dear Daniel, firstly, I'm sorry that you have discovered this about your girlfriend. However, we should give people the benefit of the doubt, and yes, this includes, most especially, your girlfriend. Things are not always what they seem and her flirting and looking at other guys may mean she wants your attention more than anyone else. She may just be testing you. Or, at worst, this could be a sign that she's unsatisfied with your relationship. A few questions...how are you as a boyfriend? Do you make her feel special? Do you make sure you have quality time together? Do you have good communication with each other? These things matter in a relationship. So give it all you've got - make her feel special, schedule some quality time together and listen to her, truly listen to her. This is how love works. Good luck!

Daemon says...

Come on Daniel, let's be honest here. The chances are that if you have caught her flirting and looking at other men several times, the truth is that she probably wants to go with someone else for a change. Sadly, nobody in life is perfect and everyone gets hurt by people they love. The good news is that you when you accept the truth you can stop feeling sorry for yourself and start living. After all this heartache, you probably need to head out for a good few drinks and have some fun in one of the city's nightclubs. There are plenty of nice single ladies in Tianjin waiting to meet someone like you. By going out and finding a new partner (or even better- partners!) you will soon forget about your current girlfriend who, by the sound of things, isn't worth the bother anyway!



Got any relationships problems? Email us at relationships@tianjinplus.com.

Tianjin + Life!

by Cathy Perez

New Year

Welcome to 2013! Another 12 months of empty pages waiting to be filled and experienced, memories waiting to happen and celebrations that long to begin. January is the month when you look back at how the last year turned out while looking forward to what this new year will bring. What's in your bucket list for the year? Whatever your new year's resolutions are, here are five suggestions that you can try this month.

Self-love jar. Take an empty jar and every very time **something good** happens to you, it doesn't matter if it's just a little thing as long as it makes you **happy**, write it in a small piece of paper and write why it made you happy. Write down the day and date, fold the paper and take it into the jar. On the last day of 2013, empty your jar and see how many little **presents** life gave you.

Visit **Ikea** and see what you can find to style your humble abode. Maybe try a theme colour for your space? Why not?! Admit it, when you get home from work, you just want to take a load off, and a colourful space might just help.



To get the best of Chinese nightclub experience, visit **Muse** with your friends. The club easily gets crowded on Friday nights and the weekend so come early if you're planning to come on any of these days.

Try a new **exercise** regimen. To challenge yourself, wake up at 6am, turn on your television and set your channel at CCTV5 Sports Channel and learn from the lively, energetic, and oh-so-buff-and-slim instructors of **Powerhouse Gym** on how to get fit, healthy, and of course, get your moves on!



Powerhouse Fitness Instructors: Join Mia Yu and Nana Zhang (front row, 2nd and 3rd from the left) and the rest of the Powerhouse crew for a morning of fitness at CCTV5.

WORD!

"Take criticism. Smash it into dust. Add colour and use it to paint breathtaking images of unicorns frolicking through endless fields of greatness."

- Matthew Gray Gubler

Yoga with Dionne

By Najla Rasdeen



来自加拿大的瑜伽教练Dionne Walker 练了10年瑜伽，可谓是瑜伽高手了。在过去的6个月里，她在恒瑜伽担任教练。让我们一起分享她练瑜伽的经验 and 心得体会吧。

Dionne Walker is a Canadian yoga instructor in Tianjin and she has been working for Heng Yoga for the last 6 months. Having had 10 years of experience practicing yoga, Ms. Walker shares her experience and knowledge with Tianjin Plus.

What prompted your initial interest in Yoga?

It was a person that drew me to Yoga. I was living in Dubai and I met an Indian woman who was teaching yoga which, at that time, I didn't really understand what I was doing. She had something special about her that kept me wanting to go to her classes. Physically it was fun and good exercise but there was something about her in particular that interested me. I guess it was the light in her eyes. Just like the feeling when you see a religious person in Church and you can see that spark in their eyes – it was something like that. She had something more than what I could see and I was interested in what was causing that to happen for her.

So what should people know about yoga generally before taking it on?

However you get here is fine. It doesn't really matter whether you come because you want to be close to god, or you want to have better breathing or be more flexible. I don't think it really matters what your intention is when you first come. Anybody is welcome and anybody can do it as long as you can breathe! The only real requirement of yoga is that you can breathe!

What are the kinds of yoga offered in Heng Yoga?

We have many teachers here and we all have different approaches because of our different backgrounds. My teacher has taught me that you should always bring your own experience into your teaching in order to give the students something more; something beyond just showing them how to do a pose. Because my background was really physical and I had a lot of injury, I bring a lot of strengthening to the practice. So everybody has something different to bring to class and that's what makes it special here

How long will it be till you start to notice changes in your body?

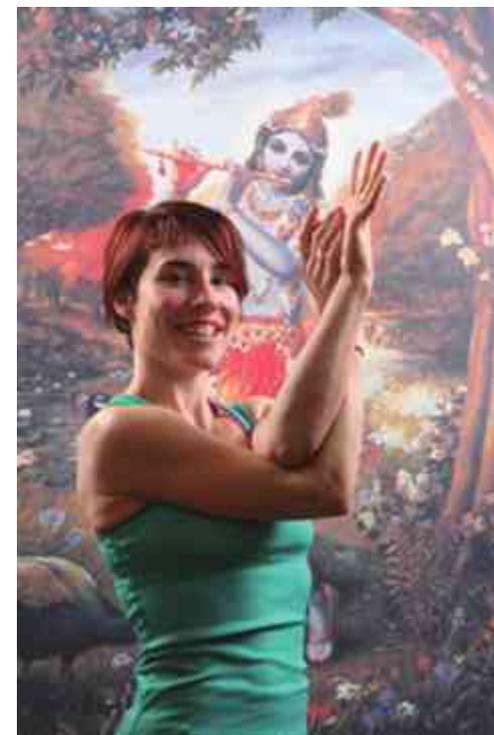
The worst part about yoga is the part where nothing is happening. It's actually David Swenson, a very famous Ashtanga teacher, who said that when you first start doing yoga, you're going to go up really fast and then you're going to plateau before going up again. And there is really nothing you can do about it. I believe a lot of things are actually changing even though we can't really see it. There may be no real way of measuring your progress other than to be really conscious about what changes are happening quietly on the sidelines, like emotionally or mentally.

Many people come into this having had serious injuries and therefore have switched from other sports to yoga because it's less strenuous. But can one hurt oneself or make their injuries worse while doing certain stretches or poses?

It definitely depends on what your history of injury is. My advice is to be open with your instructor about your past injuries- especially if you have pain during or after class. It's never wrong to say 'this hurts' or 'this doesn't feel good'. Ultimately it's just not worth it. You only have one set of knees! Teachers here have good training and they do advise as a general guideline what you should or shouldn't do. But I think if you do have chronic injury it's best to do a one-on-one so that they can properly assess your limitations.



Many people don't really have the time to attend yoga classes. So they may choose to follow certain videos at home. Can this be dangerous in any way?



There's a really fine line between 'pushing' yourself and 'challenging' yourself. I think it is important to approach this with a good understanding of what your limits are. Your body will tell you to stop, or say to itself 'this is painful' or 'this is too much stretching'. It obviously helps to have an instructor but I don't see anything wrong about doing it alone at home. Keep yourself mindful and listen to the limits of your own body.

Do you have to be stretchy to do yoga?

I'm really glad you asked that question because it is such a big misperception that yoga is only for flexible people. I am usually the stiffest person in the room! This is 10 years later and I have had a pretty consistent practice, but I'm still stiff! Your flexibility will improve over time but it may take longer for some depending on your body. It is really not about how far you can stretch, it's all about how you are breathing in the moment and what's going on in you internally. Stretching your hamstrings and taking your chest down all the way is not going to necessarily improve your yoga experience.



The Healing Hands of Thailand

The Fitness Body Comfort Club health complex is located five minutes' walk from Ao Cheng. They have a full range of gym equipment, a large swimming pool and ample massage facilities. The massage facilities in particular are worth a visit. Standard Chinese full body, foot massages and fire cupping are available, but they also have a Thai massage service on offer. The gym also provides some loose clothes you can change into, as well as a towel, for the shower before the massage.

The Thai massage is performed by a masseuse from Thailand who has had over seven years of training. She speaks Chinese as well as some English, so the language barrier isn't too large. The massage takes place in a darkened room, sparsely decorated but by no means small. Soothing Thai music plays throughout the hour long massage.

When you arrive you are invited to lie down on a futon, first on your back and then on your stomach. The massage starts off with the normal rub down, but there is a lot more pressure applied to muscles than in some Chinese massages I have had. This can be a bit painful at times but the masseuse regularly checks to see if you are comfortable. Expect to be put into a few positions that wouldn't look amiss in a yoga class. Rest assured, the masseuse knows what she is doing and you won't come to any harm.

After the massage you will feel refreshed, and a lot happier. Getting a Thai massage is really worth the visit!

Location:
International Gym, Magnetic Capital 南开区滨水西道时代街城健身会所



The Binhai International Football Club Beats The Chill

By Tad Miller

即使在寒冷的冬季，人们对于运动的热情依然不减。编者走近滨海国际足球俱乐部，了解每一位俱乐部成员。2013年起，火爆赛季即将开始！



Alex Pegorin, the team captain. (the one with armband)
Yan Zhang, the club manager. (the woman)

Passion for the game is growing in Tianjin! Of course, we are talking about football—with hot competitions even in winter. Just ask the players of Binhai International Football Club meeting at Wei Ha Bar (2nd Avenue in TEDA) after the Saturday afternoon games. Their fever for it even defies the temperature.

Alex Pegorin, the team captain from Italy, who is a founding member, tells us that "The benefits to this fun-loving sport are relieving stress, practicing English while mixing with players from other countries—and, especially, playing football". Regarding his experience, he continues, "It's all about team-work. Everybody wants playing time—the opportunity to make goals, for sure, but working together—that is the joy". His position is midfield.

Against the Tianjin International School Community team, involving teachers, parents and students, was an action packed 5-5 draw. Their last match, however, was even more satisfying—romping the Tanggu Team, 7-3, on a really frigid -8 degree Celsius day.

The newest addition to the team is Eemeli Kivinen—a hockey player at his former university in his native Finland, now working in TEDA. He enjoys it for the athleticism and opportunity to make new friends.

Club manager Yan Zhang, the always enthusiastic woman who began gathering players over two years ago, has plans for the future. "I love football" she exclaims, "I hope to organise a league for TEDA soon, inviting other teams to join". She notes the foreign companies expressing interest, including SEW (German), Otis (American), and other competitors they have yet to meet on the field. "They are friendly games which connect people" she says, adding that "The world needs this!". The 2013 season begins 2 March lasting to 7 December. Come on, have a 'ball' and 'kick back' with the foreigners!

For more information, contact Yan Zhang at yanzh20@hotmail.com.



2012: A Sporting Year in Review

By Paul Ryding

2011 was a highly successful year for Chinese sport, meaning that the performance of China's athletes in 2012 would come under greater scrutiny. So in an Olympic year, when much was expected of China's sporting heroes, how did they shape up? For Tianjin Plus, Paul Ryding examines the Middle Kingdom's sporting performance in 2012.

2011年是中国运动的成功之年。那么，在2012年中国英雄的表现究竟如何呢？李娜，丁俊晖，刘翔，老将出马的表现是否令人满意？孙杨，叶诗文等小将的比赛表现又是否给大家带来惊喜连连呢？跟随编者一起来看一看吧！

Following the heroic achievements of Li Na and Ding Junhui in particular during 2011, not to mention the impressive return to form of China's favourite son, Liu Xiang, much was expected of China's sports stars in 2012; especially given that it was an Olympic year. No sporting event quite catches the imagination of the Chinese public like the Olympics does. Perhaps this is a side effect of the country's phenomenal rise to global supremacy at the quadrennial event.

Li Na struggled to replicate her fine performance on the WTA Tour in 2012, failing to make it beyond the fourth round in any of the four Grand Slam events. She surrendered her French Open title following a shock fourth round defeat to Kazakhstani qualifier Yaroslava Shvedova and consequently fell out of the world's top ten. She was then eliminated in the first round of the London Olympics tennis event. She enjoyed a slightly improved second half of the season and was able to qualify for the end-of-season WTA Tour Championships following a run to the semi-finals of the China Open in October. However, at the year-ending championships she failed to progress from the group stage. She ended the season ranked seventh in the world.



Li Na and Ding Junhui



Liu Xiang

Liu Xiang's 2012 started so well when he beat his bitter rival Dayron Robles at the Birmingham Indoor Grand Prix setting an Asian record in the process. He later finished second at the World Indoor Championships after being narrowly beaten by American Aries Merritt. He then ran 12.97 seconds to win at his home Diamond League meet in Shanghai. It all added up to an optimistic approach to the London Games where Liu was expected to be a strong contender for gold. Alas, Liu's wretched fortune at the Olympics continued when he pulled his Achilles tendon at the start of his opening heat and crashed straight into the first hurdle. Liu ends 2012 recuperating from Achilles surgery in London.

But the summer wasn't all doom and gloom. China finished a credible second on the medal table behind the US, as well as obtaining a record-setting Paralympic haul of 231 medals. Sun Yang and Ye Shiwen were the stars of the Chinese Olympic squad taking two gold medals each, breaking world and Olympic records respectively. Other gold medallists included table tennis star Zhang Jike, gymnast Zou Kai, and the irrepressible Lin Dan, who defended his gold medal in the badminton event, while light flyweight boxer Zou Shiming also retained his Olympic title four years after becoming China's first boxing gold medallist.



Sun Yang

While China's sporting achievements in 2012 – especially at the London Olympics – shouldn't be overlooked, it's fair to say that 2012 didn't live up to expectations after the triumphs of 2011. One highlight for Chinese sport was the emergence of some supremely talented youngsters this year. Sun Yang and Ye Shiwen seem destined to be at the summit of world swimming for years to come, and double Olympic diving gold medallist Chen Ruolin also seems set for a career challenging for top honours. China can look forward to setting the record for the youngest player to compete at The Masters at Augusta in 2013 when 14-year-old Guan Tingling takes to the course alongside the world's best golfers. The youngster qualified for his first Major after sealing the Asia-Pacific Amateur Championship in Thailand at the start of November.

Young Chinese athletes' progress in 2012 is indicative of the development of Chinese sporting infrastructure in top class sport. The emergence of athletes like Guan in previously unfashionable sports like golf is another indication of the country's progress in encouraging the uptake of sport amongst its youth. And perhaps that is China's greatest sporting accomplishment in 2012.

Slopes galore at Wanlong Mountain!

Skiing hasn't quite taken off in China as it has in other parts of the world. This means that resorts like Wanlong are not as overcrowded as other sites, meaning more ski time and a much more enjoyable skiing experience.

The Wanlong Ski resort is situated in Chongli, Hebei Province, 60km north of Zhangjiakou city, which is four hours drive from Beijing and six hours from Tianjin.

The Wanlong Mountain is over 2110m, which gives it the longest ski season in China: from December to March.

As expected the temperature is very low, with the average temperature below -110C. Luckily you can hire equipment such as ski boots, ski poles, helmets, and warm jackets at the resort, so you don't need to bring everything with you.

Weekend ski trips this year will leave Tianjin from IST (International School of Tianjin) at 4:00 p.m. on Friday and return to Tianjin at 8:00 p.m. on Sunday. The trip during Chinese New Year (February 8-12) will leave Tianjin from IST (International School of Tianjin) at 4:00 p.m. on Friday and return to Tianjin at 8:00 p.m. on Tuesday. A 47-seat bus will cost CNY 350 per person (round trip) for all trips.

Don't forget to bring your passport, one nights deposit is also required. Family suite rooms are available, with two bedrooms (4 beds total) and provide some basic cooking facilities for parents who would prefer to cook their own food. The hotel prices are CNY 838 per night on weekdays and CNY 1108 on weekends. Suites are priced between CNY 1668 and CNY 2638 a night.

Dates:

- January 18-20, 2013: Weekend Trip
 - February 8-12, 2013: Chinese New Year Trip
 - February 22-24, 2013: Weekend Trip
 - March 1-3, 2013: Weekend Trip,
- Austrian Charity Ski Race- skiing at Secret Garden Resort next to Wan Long on this weekend
- March , 22-24, 2013: Weekend Trip



Wanlong Ski Tour

Come ski with us!

- | | |
|-----------------------|--|
| January 18-20, 2013: | Weekend Trip |
| February 8-12, 2013: | Chinese New Year Trip |
| February 22-24, 2013: | Weekend Trip |
| March 1-3, 2013: | Weekend Trip, Austrian Charity Ski Race- skiing at Secret Garden Resort next to Wan Long on this weekend |
| March , 22-24, 2013: | Weekend Trip |

Tianjin Hotels

Celebrate the Festive Season in Style

December's Christmas celebrations got off to a superb start as many of the city's prominent hotels held their annual Lighting Ceremonies. These splendid gatherings included wonderful performances and fabulous food and drink offerings from Tianjin's finest hospitality experts and caterers.



On 2 December the **Sheraton Tianjin Hotel** held a special a Christmas Lighting Ceremony together with a heartfelt charity dinner, providing a warm and scenic lobby with a Christmas tree decorated with colourful ornaments and a majestic Ginger Bread House to welcome the merry greetings of Christmas.

The **Sheraton Tianjin Binhai Hotel** also held its own Christmas event on 7 December. Guests were taken aback by the whopping 10 metre-high Christmas tree as they enjoyed the fantastic performance by the Tianjin TEDA International School's choir.

Newcomer to the city's incredible night skyline, **The St. Regis Tianjin**, exhibited its typical luxury service during its 30 November event. The ceremony provided a wonderful family friendly atmosphere in which guests could enjoy the marvellous decorative efforts of the hotel's staff whilst tucking into the venue's sensational food and beverage offerings.



On the 6 December, **Renaissance Tianjin Lakeview Hotel** held its annual Christmas Tree Lighting Ceremony to celebrate the holiday season of caring, sharing and loving under the theme of 'A Sparking Night full of fun and colours'. A choir and jazz band from Tianjin International School were invited to give the guests a wonderful performance.

The Astor Hotel Tianjin, A Luxury Collection Hotel held its annual Christmas Lighting Ceremony and dinner on 29 November. Guests were invited to watch students from the International School Tianjin sing Christmas carols and enjoy the Christmas Tree Lighting Ceremony in the main hall of the Astor. The event was held in conjunction with a local Chinese charity- Tianjin Volunteer Service Group.



The Westin Tianjin held a fabulous Christmas Lighting Ceremony on 30 November. The gingerbread houses in the hotel were the highlight of the ceremony. At 7pm, the ceremony began with the choir walking down the stairs whilst singing some beautiful Christmas songs. Guests were later treated to a special performance by the Q band.



Hotel Indigo Tianjin Haihe, a branch of the IHG Group, has opened in spectacular fashion with its Blue Angel, the first fancy beer house of its kind in Tianjin. Recently, the House has filled with Christmas air, where the nutcracker decorations bring you to a fantasy land. In the upcoming party which will take place in the House, we'll have famous hosts and sports stars with us and enjoy a wide variety of fine beers and cuisines together!

Guests at the **Holiday Inn Tianjin Aqua City's** event, held on 7 December, enjoyed the traditional ceremony, which included festive songs in the wonderfully decorated hall. After the main ceremony, people were invited to sample some of the venue's finest cocktails.



Hotel Nikko Tianjin is proudly present "Go Green" Christmas Tree theme on 23 November. The tree is 4.5meters height and 3.5meters width and built with more than 1000 recycled mineral water bottles, Christmas garland, cottons and some other decorative items. It is a great honor to take this opportunity to encourage more people to go green and recycle possible resources.

Tianjin TEDA International Hotel held a Christmas Lighting Ceremony from 5:45pm to 6:30pm on 7 December 2012 at Lobby Bar, unveiling the melodious prelude for the Christmas bells to be rung soon.



Crowne Plaza Tianjin Binhai Hotel got the celebrations started on 28 November with a terrific traditional ceremony which including the placing of their huge Christmas tree and a crystal ball in the hotel's main hall. After placing the ornaments, guests were then invited to try some of the hotel's incredible food.

Fortune Heights Snow Polo World Cup to be hosted at The Tianjin Goldin Metropolitan Polo Club

Tianjin Goldin Metropolitan Polo Club announced at a press conference that the Fortune Heights Snow Polo World Cup 2013 will take place from 25 January to 3 February 2013. The press conference was graced by distinguished guests, including Mr. Huang Weimian, Deputy Director of Tianjin Sports Bureau, Dr. Richard Caleel, President of Federation of International Polo (FIP), team representatives from the twelve participating nations and region and media from around the world.



Hosted by the Federation of International Polo and the Equestrian Association of China and co-organised by the Tianjin Goldin Metropolitan Polo Club, the event is set to impress. High-calibre players, including those from nine of the world's top ten polo-playing nations, will vie for the top honour of taking home the championship. Teams from Argentina, Australia, Brazil, Canada, Chile, England, France, Hong Kong China, India, New Zealand, South Africa and USA will compete for a trophy adorned with four pairs of crossed polo mallets, a unique creation by renowned British silversmith Thomas Lyte.

Team managers from the twelve participating nations and region were present at the press conference for the tournament draw, conducted by Mr Peter Abisheganaden, Tournament Director of Fortune Heights Snow Polo World Cup 2013.

IST and Beijing Star Kids Children's Bookstore Hosts Book Fair

On 11 and 12 December, the Beijing Star Kids Children's Bookstore set up a very successful book fair at the International School of Tianjin (IST) for the second year in a row. IST students, parents and faculty members all came to browse and purchase books in time for holiday gifting and travel entertainment. The book fair featured the 2012 Panda Book Award titles and popular fiction. The bestselling titles at IST included the *Diary of the Wimpy Kid 7*, the *Guinness World Book of Records 2013* and the 2012 *World Almanac for Kids*. Also popular were the *Time Rider* series by Alex Scarrow, the *One and Only Ivan* by Katherine Applegate and *The Perks of Being a Wallflower*, by Stephen Chbosky.



Green and Red Day



The International School of Tianjin Elementary Students Council put on a splash of colour to celebrate the festive season. Teachers and students dressed in red and green to have some fun before heading off for the winter break. Students received prizes for the worst dressed, craziest dressed and yes, even the best dressed green and red outfit. Teachers and students all received a small gift to say thank you for supporting the ESC in Semester 1. Happy Holiday everyone!

Celebrating Christmas and Thanksgiving in Chateau 35



Thanksgiving and Christmas have recently passed and nothing commemorates the festival like a huge feast for you and your family. We have a great range of foods for you - including the most specially imported pre-stuffed turkey, which is a universal symbol of Thanksgiving. Chateau 35 provides authentic Thanksgiving and Christmas dinners for you. You can eat our holiday buffet, only CNY 188 per person, which includes the special turkey with tenderloin and comes with roasted baby potatoes, baked baby tomatoes with herbs cranberry sauces, turkey bread. And you can also enjoy six kinds of salad buffet, such as shrimp cocktail, mixed lettuce salad, Thai seafood salad, baby tomato and cucumber salad. Our wonderful deserts are well worth a taste. Our apple and pumpkin pies, fruit place and cream of pumpkin soup are spectacular. Besides these delicacies, Home-made Kentucky apple crumble, Quesadilla, Mediterranean style tenderloin steak, Tenderloin Steak Dinner are highly recommended. Enjoy the festive season right here in Chateau 35.

We also invite you to attend the wine tasting at CHATEAU 35 wine bar on the first Saturday of every month where you may taste the finest wines from France, Chile and New Zealand. The event is CNY 100 per person, we have 5 important wines and a live violin show. We also have a lucky draw on at the event whereby you buy 1 get 1 free on tickets. You need to book your place in advance! And don't forget that every Monday night customers get all the pizzas at 20% discount. Live bands play on every Friday night between 8:30—10:30.

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Flying to New Heights

By Chris Graham

Piao 票 is the word/character for ticket- whether it be train, plane, subway, bus etc. If you are looking for any tickets, even if wanting to enter a theme park, just keep your eyes on the lookout for a sign with '票' somewhere in the title.

From the first cartoon you can see that *fei ji chang* 飞机场, stands for airport, so the five character sign on the airport entrance, 天津飞机场, is just indicating that it is the airport of Tianjin 天津. From this, the word

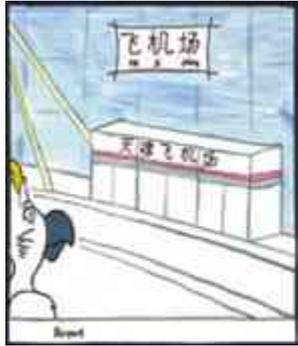
for aeroplane can be derived from airport as it is simply, *fei ji* 飞机, so a *fei ji piao* 飞机票, is your flight ticket.

Now, most airports in China are designed similarly. However you need to learn how to ask a member of airport staff where to check in, just in case there was a different layout, or if you are in a rush. When asking 'where' anything is in Chinese, the phrase *zai na er* 在哪儿, is usually used. In this case, followed by *deng ji* 登记, which

represents the check in desk. The response, 'over there' is *na bian* 那边, which can commonly occur in many situations from asking where a nearby market stall could be, or even if you're buying some clothes and asking where you can buy a particular type of clothing from.

When asking to go from one place, to somewhere else, *cong* 从 and *dao* 到 can come in very useful, especially when ordering train tickets as that is a common mode of transport throughout China. In this case you can say *Tianjin dao Shanghai* 从天津到上海, 'from Tianjin to Shanghai'. Notice the same grammatical structure.

Finally, a very useful phrase to remember is *qing zuo* 请坐. This just means, 'please sit', which in the case of this particular cartoon is the flight steward politely, asking you to take a seat. This can be used in many different situations of course. I personally used this phrase more so when on the bus, so if someone was standing and a seat became available I'd politely offer it to him or her. This incidentally, and quite ironically, usually surprises a Chinese person when you speak to them in their language and nearly always, the person will insist that you should take a seat. Trust me, during a hot summers' day in Tianjin, I would advise taking the opportunity!



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Bakeries & Desserts

HP **Gang Gang Delicatessen 冈冈面包房** Great bread and pastries, plus other stuff like cookies and sandwiches. Very reasonable prices. **A:** 103-104, Olympic Tower, Chengdu Dao, Heping District 和平区成都道126号奥林匹克大厦1层103-104
T: +86 22 23345716

NK **Mighty Deli 美琪食品** Imported goods supermarket with pastas, sauces, cheeses, salamis, cereals, and wines. Also good to enjoy a quick sandwich or pasta cooked at their dining section. **A:** 09:00-21:00. No.85-87, Water Park West Road, Nankai District 南开区水上公园西路85-87号
T: +86 22 2355 6789
A: 09:00-21:00. 5F, Somerset Youyi Tianjin, No.35, Youyi Lu, Hexi District 河西区友谊路35号天津盛捷友谊服务公寓5层
T: +86 22 2810 7992

Chinese



HP **Qing Wang Fu 庆王府** Qing Wang Fu was found to provide a sophisticated venue where business people can meet, dine and relax in privacy and comfort. **A:** QWF, No. 55, Chongqing Road, Heping District 和平区重庆道55号庆王府
T: +86 22 8713 5555

Qing Palace 青天轩 Offers distinctive Sichuan & modern Cantonese cuisine in a refined ambience. From home-style dishes to royal cuisine. 11:30-14:30; 18:00-22:30. **A:** 6F, Tangla Hotel Tianjin, No. 219, Nanjing Lu, Heping District 和平区南京路219号天津唐拉雅秀酒店6楼
T: +86 22 2321 5888 ext. 5106

Shui An 水岸中餐厅 Shui An takes its inspiration from the land and sea specialties of the city and re-imagines them for the sophisticated, global traveller. 11:30-14:00; 17:30-22:00. **A:** 1F, The Astor Hotel Tianjin, No. 33, Tai'er Zhuang Lu, Heping District 和平区台儿庄路33号天津利顺德大饭店豪华精选酒店1层
T: +86 22 2331 1688 ext. 8920

Tao Li Chinese Restaurant 桃李中餐厅 Renowned amongst Tianjin's discreet jetset as one of the territory's finest Chinese restaurants, seating a total of 132 people with 9 private rooms. 11:30-14:00; 17:30-22:00. **A:** 6F, Hotel Nikko Tianjin, No. 189, Nanjing Lu, Heping District 和平区南京路189号天

津日航酒店6层
T: +86 22 8319 8888 ext. 3561

Yan Ting 宴庭中餐厅 Yan Ting offers an ideal setting for intimate dinners or grand celebrations, all accompanied by traditional Cantonese flavors and an exquisitely curated wine collection. Dim Sum every weekend. 11:30-14:30; 17:30-22:00. **A:** No. 158, Zhang Zi Zhong Lu, Heping District 和平区张自忠路158号(津塔旁, 哈密道正对面)
T: +86 22 5930 9965
W: stregis.com/tianjin

Youth Restaurant 青年餐厅 Home style dishes and a good place for gathering with your friends. 11:30-14:30; 17:30-21:30. **A:** 1F, bldg. 1, Jin Wan Plaza, Jiefang Bei Lu, Heping District 和平区解放北路津湾广场1区1层
T: +86 22 5836 8081

HX **New Dynasty 天宾楼** A modern upscale Chinese restaurant with touches of Chinese elements. New Dynasty takes classic Cantonese cuisine and puts a modern twist on it while maintaining its authentic flavours. 11:30-14:30; 17:00-22:00. **A:** 2F, Renaissance Tianjin Lakeview Hotel No.16 Binshui Road, Hexi District, Tianjin 河西区滨水道16号万丽天津宾馆2层
T: +86 22 5822 3388

Celestial Court Chinese Restaurant 天宝阁中餐厅 Sheraton's premier restaurant with traditional decor gives special care to each dish's detail and presentation. 11:30-14:00; 17:30-21:30. **A:** 2F, Main Building, Sheraton Hotel Tianjin, Zi Jin Shan Lu, Hexi District 河西区紫金山路天津喜来登大酒店主楼2层
T: +86 22 2731 3388 ext. 1825/1826

Din Tai Fung 鼎泰丰 World-renowned dumpling restaurant, offering delectable fillings and great variety. 11:30-14:40; 17:30-21:50. **A:** No. 18, the junction of Zi Jin Shan Lu and Binshui Dao, Hexi District 河西区滨水道与紫金山路交口18号
T: +86 22 2813 8138
W: dintaifung.com.cn

Southern Beauty 俏江南 One of the top restaurants in town with an opulent setting and lavish dishes. 09:00-22:00. **A:** No. 1, the junction of Youyi Bei Lu and Machang Dao, Hexi District 河西区马场道与友谊北路交口1号
T: +86 22 2325 9327
W: southbeautygroup.com

NK **Xiangjiang Yupin Seafood Hot Pot 香江御品** Offering healthy Hong Kong style Seafood Hotpot. **A:** Water Park Branch: 11:00-04:00. A-36, Shang Gu Business Centre, Shuishang Dong Lu,

Nankai District 南开区水上东路上谷商业中心A区36号
T: +86 22 2341 0688

French



HP **Riviera Restaurant 蔚蓝海法餐厅** Refined brasserie with great furniture, china and glassware. 18:30-22:00. **A:** 1F, The St. Regis Tianjin, No. 158, Zhang Zizhong Dao, Heping District 和平区张自忠路158号天津瑞吉金融街酒店一层
T: +86 22 5830 9962



H B **La Seine 赛纳法国餐厅** A very good French restaurant. Gourmet dishes and a great wine cellar. 11:30-14:30; 17:30-21:30. **A:** No.50, Ziyou Dao, Hebei District (Italian Style Town) 河北区自由道50号(意大利风情街)
T: +86 22 2446 0388
A: Binhai Sky Fashion Boulevard, No.2-02, TEDA Fashion Square, Binhai New District. (The Decathlon movement supermarket Near) 滨海新区泰达时尚广场滨海时尚街2-02(迪卡侬运动超市旁)
T: +86 22 5988 6665



Brasserie Flo Tianjin 福楼 Brasserie Flo is a real Parisian Brasserie, serving authentic French cuisine. From seasonal recommendations to French oysters, Brasserie Flo provides an authentic Parisian dining experience. Wine cellar, imported seafood and private VIP room available. **A:** No.37, Guangfu Dao, Italian Style Town, Hebei District 河北区意大利风情区光复道37号
T: +86 22 2662 6688
F: +86 22 2445 2625

Indian

NK **Bawarchi Indian Restaurant 芭瓦琪印度餐厅** Authentic aromas of Indian spices. Great naan, curries, samosas and lamb. 11:00-14:00; 17:30-21:30. **A:** No. 69, bldg. B, Shang Gu Business Centre, Tianta Lu, Nankai District 南开区天塔路上谷商业街B座69号
T: +86 22 2341 2786

Italian

HP **Prego 意大利餐厅** Italian music, Italian olive oil, Italian wine and tasteful Italian ambience and along with dishes bursting with taste. 11:30-14:00; 18:00-22:00. **A:** 3F, The Westin

Tianjin, No. 101, Nanjing Lu, Heping District 和平区南京路101号天津君隆威斯汀酒店3层
T: +86 22 2389 0088



H B **PASTA FRESCA DA SALVATORE 沙华多利意大利餐厅** The best fresh spaghetti and sauce, the best service provides you the most authentic Italian cuisine!
A: No.22, Guangfu Road, Italian Style Town, Hebei District 河北区意大利风情街光复道22号
T: +86 22 2446 3101/3201
M: +86 186 2218 3134
E: yuanpeter@163.com

Venezia Club 威尼斯酒吧 Simply must try the pastas, the garlic bread and the cheeses. 11:00-02:00. **A:** No. 48, Tianjin Italian Style Town, Ziyou Dao, Hebei District 河北区自由道意大利风情街48号
T: +86 22 8761 3413

Trattoria Italiana 意大利人餐厅 A gorgeous three-story building in the Italian District with a chef hailing from the food's paradise of Italy. 19:00-22:00. **A:** No. 443, Tianjin Italian Style Town, Shengli Lu, Hebei District 河北区胜利路意大利风情街443号
T: +86 22 2446 0505

Japanese

HP **Benkay Japanese Dining 弁慶日本料理餐厅** Offers the best and freshest delicacies as well as seasonal items direct from Japan. 11:30-14:00; 17:30-22:00. **A:** 5F, Hotel Nikko Tianjin, No. 189, Nanjing Lu, Heping District 和平区南京路189号天津日航酒店5层
T: +86 22 8319 8888 ext. 3558

SôU 思创 Features contemporary Japanese and European cuisine and offers a spectacular view of the city skyline, creating an exquisite ambience for romantic dinners. 18:30-23:00. **A:** 49F, Tangla Hotel Tianjin, No.219 Nanjing Road, Heping District 和平区南京路219号天津唐拉雅秀酒店49楼
T: +86 22 2321 5888 ext.5109

NK **Haru Haru Fashionable Restaurant 通天阁新派料理** Great buffet with sushi, sashimi, noodles, and more. A la carte also available. 11:00-14:30; 17:00-22:00. **A:** No. 50, bldg. E, Shang Gu, Tianta Dao, Nankai District 南开区天塔道上谷商业中心E座50号
T: +86 22 2341 0988

TAIRYO Teppanyaki 大渔铁板烧 Specialises in all-you-can eat teppanyaki served up by knife-

welding chefs and buffet is served at CNY 168/person. 11:30-14:30; 17:30-22:30. **A:** Bldg. C, 12A, Shang Gu, Tianta Dao, Nankai District 南开区天塔道上谷商业街C座12A
T: +86 22 2341 1718

H X **Seitaro 清大日本料理** One of Tianjin's best Japanese Restaurants which features a wide selection of regional specialties for lunch and dinner including a teppan and sushi counter. 11:30-14:30; 17:00-22:30. **A:** 2nd Floor, Sheraton Hotel Tianjin, Zi Jin Shan Lu, Hexi District 河西区紫金山路喜来登大酒店2楼
T: +86 22 2335 0909

H D **Kushi Grill 串烧** The restaurant specialises in all the finest delicacies from Japan. Must tries are the beef sirlin and the Kobe beef, and the delicious skewer platter. 17:30-22:30. **A:** 2F, Radisson Plaza Hotel Tianjin, No. 66, Xinkai Lu, Hedong District 河东区新开路66号天津天诚丽笙世嘉酒店2层
T: +86 22 2457 8888

Korean

H X **Han Luo Yuan 韩罗苑** Offering Korean BBQ and other traditional Korean food. 10:30-23:00. **A:** 1F, Golden Crown Building, No. 20, Nanjing Lu, Hexi District 河西区南京路20号金皇大厦1层
T: +86 22 2302 9888

Pizza

HP **Papa John's Pizza 棒约翰比萨** Better Ingredients. Better Pizza. 10:00-22:00. **A:** -1F, The Exchange Mall, No. 189, Nanjing Lu, Heping District 和平区南京路189号津汇广场负1层
T: +86 22 8319 1616
W: papajohnschina.com

Pizza Hut 必胜客 An old Tianjin favourite pizza shop providing delicious pizzas, open salad stands and Western food. 11:00-22:00. **A:** -1F, Robbinz Department Store, No. 128, Nanjing Lu, Heping District 和平区南京路128号乐宾百货负1层
T: +86 22 2716 8268
W: pizzahut.com.cn

NK **Pizza Hill 天津嘉喜来比萨** The Korean chain is known in Tianjin for its clean environment, great variety of products and polite staff. 11:00-21:30. **A:** Bldg. B, Magnetic Capital, Lingbin Lu, Nankai District 南开区凌宾路时代奥城商业广场B区
T: +86 22 2385 5025

Thai

HP **Kudos Thai Restaurant & Lounge Bar 泰廷泰国餐厅** National cuisine of Thailand, which places emphasis on



lightly prepared dishes with strong aromatic components. **A:** No.88 Chengdu Dao, Heping District 和平区成都道88号
T: +86 22 2332 9988
W: livekudos.org

YY Beer House 粤园泰餐厅 Cozy, genuine and simply delightful are the words to describe this exotic Thai cuisine. 11:30-02:00 (Behind International Building). **A:** No. 3, Aomen Lu, Heping District 和平区澳门路3号(国际大厦后侧)
T: +86 22 2339 9634

Vegetarian

H D **Seven Leaves Vegetarian Restaurant 七贝叶素食餐厅** For those who don't always feel comfortable reading a whole menu in Chinese and are vegetarian. 11:00-14:00; 17:00-21:00. **A:** 2F, Yuanyang Building, the junction of Huayue Dao and Xinkai Lu, Hedong District 河东区新开路与华跃道交口远洋地产2层
T: +86 22 2337 1479

Western

HP **1863 the Dining Room 1863 至尊西餐** Choose one of the traditional menus and enjoy what Puyi or Hoover had when they were guests at the hotel. 18:00-22:00. **A:** 1F, The Astor Hotel Tianjin, No. 33, Tai'er Zhuang Lu, Heping District 和平区台儿庄路33号天津利顺德大饭店豪华精选酒店1层
T: +86 22 2331 1688 ext. 8918

Helen's Expats enjoy it for the appealing promotions they offer daily and for wooden and cosy atmosphere. 10:00-03:00. **A:** No. 116, the junction of Wu Jia Yao Er Hao Lu and Heyan Dao, Heping District 和平区河沿道与吴家窑二马路116号
T: +86 22 2334 0071



Drei Kronen 1308 Brauhaus
路德维格 · 1308 德餐啤酒坊
The world's oldest heritage brewery joins Tianjin's growing segment of good international restaurants. You're greeted by the stainless-steel brew tanks, featuring dark beer, wheat beer and lager. **A:** 1F-2F, bldg. 5, Jinwan Plaza, Jiefang Bei Lu, Heping District 和平区解放北路津湾广场5号楼1-2层
T: +86 22 2321 9199

Aaron's Kitchen 亚龙屋 Feeding Tianjin since 2001, many foreigners go here because of their delectable Western foods, deli meats and baked goods. Tue-Sun 11:30-15:00; 17:00-21:00. **A:** No. 265 Hongqi Nan Lu, Nankai District 南开区红旗南路256号
T: +86 22 8372 8222

Chateau 35 古堡35西餐厅
Wonderfully renovated villa centrally located in the heart of Wu Da Dao. The food is scrumptious and reasonably priced. 11:00-23:30. **A:** opposite to No.79, Changde Dao, Heping District (near the crossroad of changed road and Kunming road) 和平区常德道79号对面(久合里1号)
T: +86 22 2331 5678
W: chateau35.com

Seasonal Tastes "知味"全日餐厅
Offers guests an innovative combination of Asian and international cuisine. 00:06-10:00; 11:30-14:30; 17:30-21:30. **A:** 1F, The Westin Tianjin, No. 101, Nanjing Lu, Heping District 和平区南京



CHATEAU 35
The only authentic wood fired pizzas in Tianjin. The finest imported Australian Wines, cooked to perfection. Extensive international Wine, Beer and Beverage list. Open all day concept, visible from our quiet courtyard. Cozy garden area all-weather dining.
TEL: 02233351967
187-1351-2280 TRIVORA
E-MAIL: CHATEAU35@VIP.163.COM
ADD: OPPONTE NO. 79 CHANGDE DAO, HEPING DISTRICT
和平区常德道79号(近久合里)全日餐厅



Hank's
Steaks, Pizza, Hamburgers, Gold Beer & Great Drinks
Join the only true Super Bowl party in Tianjin on Monday morning, February 4th for another great American sports spectacular, Super Bowl XLVII!
Tel: 139 2061 4814 / 138 2161 1040
Add: B-56, 1st Floor, Shenggu Business Center, Tian Ta Road, 天津路上谷商业广场B1层56号

路101号天津君隆威斯汀酒店1层
T: +86 22 2389 0088

promenade 河岸

Promenade Restaurant 河岸国际餐厅 Cultivated Mediterranean menu, an atmosphere reminiscent of a summer residence. 06:30-22:30. **A:** 1F, The St. Regis Tianjin, No. 158, Zhang Zizhong Lu, Heping District 和平区张自忠路158号天津瑞吉金融街酒店一层
T: +86 22 5830 9959

Hank's Sports Bar & Grill 汉克斯运动酒吧 Offers traditional American favourites like burgers, steaks and pizzas in a cozy, laid back environment. 11:00-23:00. **A:** No. 56, 1F, bldg. B, Shang Gu Business Center, Tianta Dao, Nankai District 南开区天塔道上谷商业街B座1层56号
T: +86 22 2341 7997



Aulare
urban latin restaurant
Aulare 艾伊莎贝西餐厅 Where the flavours of Spain, Italy and Latin America are completely at home in China. Available for parties and events, business meetings and galas; takeout and catering, etc. Also, the foreign bartenders will bring you exotic and tantalizing drinks from the Caribbean and South-Central America. Mon-Sun 09:00-23:00. **A:** Magnetic Plaza, Building A4, 2nd Floor, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城A4座2楼
T: +86 187 2229 0691
W: tianjin@aulare.com

Truemans Café Bar & Dining Tianjin
Truemans is located along the first lane on the right after the main crossroads on Wande Zhuang Dajie. **A:** No. 2-37, Longde li, Wan De Zhuang Street, Nankai District 南开区万德庄大街龙德里2号楼37号底商
T: +86 22 8754 4182



Texas BBQ Saloon 德克萨斯风味烧烤西餐酒吧 A culinary revolution of epic proportions will change the city's restaurant and social scene forever. There will also be a superb range of delicious appetisers to choose from. **A:** Units 115 and 128, Central Avenue, Building C7, Magnetic Plaza, Nankai District 南开区奥城商业广场C7座115-128
T: +86 182 0258 9904 (English)
+86 182 0258 9924 (Chinese)
W: texasbbqsaloon.com

Brownie Bistro Bar 布朗尼西餐酒吧 Affordable authentic western food and coffees, long islands healthy juices and beautiful background music, come and enjoy! 11:00-02:00. **A:** No.55, Music Street, Bawei Lu, Hedong District 河东区八纬路音乐街55号
T: +86 22 6089 3448 or 137 5202 0168 at Maggie

Café BLD 餐廊 BLD also offers buffets for each meal period with open kitchens that give the guest a feeling they are dining in the kitchen itself. 06:00-24:00. **A:** 1F, Renaissance Tianjin Lakeview Hotel No.16 Binshui Dao, Hexi District, Tianjin 河西区滨水大道16号万丽天津宾馆1层
T: +86 22 5822 3388

Terrace Café 燕园咖啡厅 A great location to have a very relaxed meal, in front of a wonderful garden. 06:00-23:00. **A:** 1F, Sheraton Hotel Tianjin, Zi Jin Shan Lu, Hexi District 河西区紫金山路天津喜来登大酒店1层
T: +86 22 2731 3388



Fire House 浓舍 An international Steakhouse featuring a wood burning grill as the centerpiece of the restaurant. 11:30-14:00; 17:00-22:00. **A:** 1F, Renaissance Tianjin Lakeview Hotel 16 Binshui Road, Hexi District, Tianjin 河西区滨水大道16号万丽天津宾馆1层
T: +86 22 5822 3388

PAULANER Tianjin 普拉那啤酒坊
The only Paulaner's flagship store in Tianjin authorized by the headquarters in Munich, Germany. 10:30-24:00 Sun-Thu: 10:30-02:00; Fri, Sat & Holidays **A:** Venice Square, Italian Territory, No. 429-431, Shengli Lu, Hebei District 河北区胜利路429-431号意大利风情区威尼斯广场
T: +86 22 2635 8111 or 2446 8192
W: paulaner-tj.com

Café@66 咖啡66 European brasserie with a twist, an all-day dining restaurant featuring both buffet and la carte menus served from the open-plan kitchen. 00:00-23:00. **A:** 1F, Radisson Plaza Hotel Tianjin, No. 66, Xinkai Lu, Hedong District 河东区新开路66号天津天诚丽笙世嘉酒店1层
T: +86 22 2457 8888

Brownie Bistro Bar 布朗尼西餐酒吧 Affordable authentic western food and coffees, long islands healthy juices and beautiful background music, come and enjoy! 11:00-02:00. **A:** No.55, Music Street, Bawei Lu, Hedong District 河东区八纬路音乐街55号
T: +86 22 6089 3448 or 137 5202 0168 at Maggie

Mexican

TJ-Mex 墨西哥餐厅
A: No. 4-1-7, Bldg. A3, Magnetic Plaza, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城商业广场A3区4-1-7号(水上东路口)
T: +86 22 5811 3300

Vietnamese

Saigon Court 贡苑法式越南餐厅
Coming from the early times of the first European presences in Asia. 11:30-14:30; 17:30-21:30. **A:** No. 173, the junction of Xikang Lu and Chengdu Dao, Heping District 和平区成都道与西康路交口173号
T: +86 22 2335 9173

Coffee Shops

The Spot Café 聚点咖啡馆 A location favoured by many expats to hang

out with friends and have a cup of American coffee. They also organise regular cultural activities. 07:30-00:00. **A:** 2F, Vanke City Garden, crossing of Xinxing Da Jie and Xikang Lu, Heping District 和平区新兴大街与西康路交口万科都市花园二楼
T: +86 22 2783 7104

Starbucks Coffee 星巴克咖啡
A haven to listen to the best American songs and enjoy coffee and tasty bites with friends.
1) Sun-Thu 08:00-22:00, Fri-Sat 08:00-23:00. **A:** 1F, Berth C1-2, Building No.1, No. 18 by 1, Tai'an Dao 泰安道18号增1号三号院一号楼C1-2辅位首层
T: +86 22 5832 5702
2) 09:00-24:00. **A:** No. 60-62, Ziyou Dao, New Italian Style Town 新意大利风情街自由道60-62号
T: +86 22 2445 3185



Bistro Thonet 庭悦咖啡
庭悦咖啡 As the viewing café in Qing Wang Fu, Bistro Thonet gives you beautiful scenery with flourishing vegetation. It provides various Chinese and Western cuisine, business lunch and afternoon tea in both indoor and outdoor venue. **A:** No.55, Chongqing Dao, Heping District 和平区重庆道55号庆王府院内
T: +86 22 8713 5555 or 5835 2555
W: qingwangfu.com

Harvest Book & Coffee 哈维斯特咖啡 They have a great collection of muffins, scones and toasted bagels to go perfectly with their healthy smoothies. 09:00-19:00. **A:** 4F, Cafeteria, Tianjin University of Technology, extended line of Hongqi Nan Lu (Huanwai), Nankai District 南开区红旗南路延长线天津理工大学餐饮楼4楼(环外大学城)
T: +86 22 6021 5789

Modern Memory Coffee 摩豆记忆
Browse the walls and see traditional Chinese lifestyle like you've stepped into a picturesque cafe. 09:30-23:00. **A:** A2-07, Magnetic Plaza, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城商业广场A2-07
T: +86 22 5838 7678

Tea Houses

Ming Hua Xin Tea House 茗花馨茶艺馆 Elegant place decorated with antique Ming and Qing furniture, combined with tea culture. 10:00-02:00. **A:** No. 187, Chongqing Dao, Heping District 和平区重庆道187号
T: +86 22 2331 1298

Yang Lou Tea House 洋楼茶园
Tea house in a villa where you can

watch TV, search the internet and play mahjong. 09:30-02:00. **A:** The junction of Kunming Lu and Chongqing Dao, Heping District 和平区重庆道与昆明路交口
T: +86 22 2339 7244

Wine



MILAN WINES 米兰酒业
We now have 10 stores in Tianjin including these popular locations:
Galaxy Shopping Center
Tianjin Galaxy International Shopping Mall 81-037
天津银河购物中心 81-37
Tel: 022-83867139 Hours: 10:00-02:00
Bailou Wine Bar & Cellar
Kaifeng Dao, Heping District, Tianjin (Near Hiseuse Plaza)
天津市和平区小白楼街开封道吧街
Tel: 022-23393500 Hours: 10:00-02:00
YEDA Wine Shop
No.8 Eastern Apartment, 2nd Avenue, TEDA
天津市开发区第二大街二号东方公寓底商
Tel: 022-65399899 Hours: 9:00-20:00
Bin Xi Wine Shop
No.187 Binshui West Rd., Nankai District, Tianjin
天津市南开区滨水西道187号
Tel: 022-23372118 Hours: 10:00-22:00
Rong Ye Wine Shop
No.175 Rongye Avenue, Heping District, Tianjin
天津市和平区荣业大街175乙
Tel: 022-27231269 Hours: 9:00-20:00
All shops open 7 days
4006-199-159
www.milwin.com.cn

Bars & Discos

AJO 爱吉欧 **A:** 1F, XiDi, No. 177-179, Xiao Chengdu Dao, Heping District (close to No. 90 Middle School) 和平区小成都在道177-179号犀地1楼(近九十中学)
T: +86 22 2351 1908

China Blue 中国蓝酒吧 The highest bar in Tianjin, on the 50th floor of the Tangla Hotel Tianjin. Great live music with a saxophone player. 18:30-03:00. **A:** 49F, Tangla Hotel Tianjin, No. 219, Nanjing Lu, Heping District 和平区南京路219号天津唐拉雅秀酒店49层
T: +86 22 2321 5888 ext. 5293

Le Procope Lounge 普蔻酒廊 Legant, sleek, relaxed. You will want to dress-up before going to Le Procope. Luxury and comfort is the core idea. Crème de la crème of Tianjin's nightlife. 10:00-03:00. **A:** The Junction of Chengde Dao and Shandong Lu, Heping District 和平区承德道和山东路交口
T: +86 22 2711 9858

O'Hara's 海维林 Offers the intimacy of an English gentleman's lounge with regal Winchester styled sofas and an oversized bar counter. 17:00-01:00.

A: 1F, The Astor Hotel Tianjin, No. 33, Tai'er Zhuang Lu, Heping District 和平区台儿庄路33号天津利顺德大饭店豪华精选酒店1层
T: +86 22 2331 1688 ext. 8919

Qba Bar Q吧 Savour authentic Latino food, drinks and music. Try the signature mojito and dance the night away to the sound of Latin-American music. 17:30-01:00. **A:** 2F, The Westin Tianjin, No. 101, Nanjing Lu, Heping District 和平区南京路101号天津君隆威斯汀酒店2层
T: +86 22 2389 0088

River Lounge 畔吧 Leave your footprint on the Haihe River. The latest address for an afternoon rendez vous. Cocktails two for one bottles at 25% off. Daily 19:00-23:00. **A:** No.158, Zhang Zi Zhong Lu, Heping District 和平区张自忠路158号(津塔旁, 哈密道正对面)
T: +86 22 5830 9999
W: stregis.com/tianjin

SITONG Bar 普唐音乐酒吧 Favoured for the last couple years by most expats as the place to end their nights dancing and meeting friends. 20:30-03:00. **A:** -1F, Olympic Tower Tianjin, Chengdu Lu, Heping District 和平区成都道奥林匹克大厦负1层
T: +86 22 2337 7177

Muse Bar 缪斯酒吧
A: Junction of Xi'an Dao and Liuzhou Lu, Heping District 和平区西安道与柳州路交口
T: +86 22 5836 5608

The Bar KEI 桂酒吧 20:00-01:00 (Sun-Thur), 20:00-03:00 (Fri-Sat).
A: -1F, International Building Tianjin, No. 75, Nanjing Road, Heping District 和平区南京路国际大厦负一层
T: +86 186 2221 6635

THE ST REGIS BAR
瑞吉酒吧

The St. Regis Bar 瑞吉酒吧 Social mecca of Tianjin, features unique collection of Bloody Mary cocktails. 18:00-02:00. **A:** 1F, The St. Regis Tianjin, No. 158, Zhang Zizhong Lu, Heping District 和平区张自忠路158号天津瑞吉金融街酒店一层
T: +86 22 5830 9958

Pepper 辣椒吧 A good place in town to start your night with delicious cocktails and a lot of fun. 11:00-02:00. **A:** 3F, bldg. B, Shang Gu Business Centre, Tianta Dao, Nankai District 南开区天塔道上谷商业街B座3层
T: +86 22 2341 5238

Violet Lounge 紫
A: Building C6-107-108, Magnetic Plaza, Nankai District 南开区时代奥城商业广场C6-107-108;
T: +86 22 2347 7699

The Lounge 澜庭聚
This is the heart and soul of the hotel with a buzz of activity and professional offering of classic cocktails, wines and foods throughout the day and night. 06:00-01:00. **A:** 1F, Renaissance Tianjin Lakeview Hotel, No.16 Binshui Dao, Hexi District, Tianjin 河西区宾水道16号万丽天津宾馆1层
T: +86 22 5822 3388

Mama Mia 妈妈咪呀音乐酒吧
Release yourself with our music. Lead yourself with our culture. Embrace yourself with our style. **A:** No. 437, Shengli Lu, Italian Style Town, Hebei District 河北区意大利风情区胜利路437号
T: +86 22 2445 9905

KTVs

Eastern Pearl 东方之珠KTV This KTV offers a wide assortment of entertainment and relaxation. You can enjoy, visit the buffet, play a game or go to the spa! 24 hours. **A:** No. 2, Guizhou Lu, Heping District 和平区贵州路2号
T: +86 22 2781 6666

Holiday KTV 好乐迪 One of the most popular KTVs in Tianjin entertainment that offers the most elegant decoration and conditions. 24 hours. **A:** 3F, Shuiying Lanting Building, Pingshan Dao, Hexi District 河西区平山道水映兰庭商业3层
T: +86 22 2355 2888

Milo Star KTV 米乐星KTV
A: 5F, New World Store, No. 138, Dongma Lu, Nankai District 南开区东马路138号新世界百货5楼(水阁大街口)
T: +86 22 2728 788

Beauty Salons

AY Hair Salon The owner Andy, who speaks fluent English is the best hairdresser in town for foreigners. 09:00-20:00. **A:** 08-01, Wutong apartment, the junction of Zhujiang Dao and Jiulian Shan, Hexi District 河西区珠江道与九连山交口梧桐底商8号楼1门
T: +86 22 2374 1333

TITI 佑村造型 A chic salon is in one of the busiest shopping malls, Milenio.

Fashion is the word that best describes the decorated hairdressers. 10:00-22:00. **A:** 1F, Milenio, Jili Building, No. 209, Nanjing Lu, Heping District 和平区南京路209号吉利大厦米莱欧百货1层
T: +86 22 2731 1512

Spa & Massage

Green Bamboo Well Being Resort 青竹堂足疗养生馆 Relaxing Environment to Enjoy Essential Oil Body Massage and Traditional Massage. Home service is available. 10:00-02:00.
M: +86 136 0205 9458 (English)
+86 151 2217 1630 (English)

Town Spa Aromatherapy and massage which meet your physical, emotional, and spiritual needs. 10:00-00:00. **A:** 08-01, Wutong apartment, the junction of Zhujiang Dao and Jiulian Shan, Hexi District 河西区珠江道与九连山交口梧桐底商8号楼1门
T: +86 22 2374 1333

Dikara Spa 迪卡拉水疗中心
A wonderful place to boost energy with just the right treatment for your needs. 09:30-01:00. **A:** 4F, Radisson Plaza Hotel Tianjin, No. 66, Xinkai Lu, Hedong District 河东区新开路66号天津天诚丽笙世嘉酒店4层
T: +86 22 2457 8888 ext. 3910

Tattoo Studios

Ink Tattoo 墨颜刺青 Owned by artist Zhang, the store is tiny but inviting and the workshop is fully equipped. 11:00-21:00. **A:** No. 111, the junction of Shanxi Lu and Jinzhou Dao, Heping District 和平区山西路与锦州道交口111号
T: +86 22 2730 6615

Xiao Jian Tattoo 小健刺青 It has a tea corner, an extensive library of tattoo designs and some of the best artists in town. 10:00-19:00. **A:** No. 50 Xinde Building, Hebei Lu, Heping District 和平区河北路50号信德大厦
T: +86 22 2721 6203
W: xjattoo.com

Hospitals

Tianjin Congramare Gynecology & Obstetrics Hospital 天津坤如玛丽妇产医院 Tianjin's first international 3H (Holistic-care, Hotel-style, Home-warm) gynecological hospital. **A:** No.408 Jiefang Nan Lu, Hexi District (opposite to Huan Bohai Automobile

City) 河西区解放南路488号(环渤海汽车城对面)
T: +86 22 5878 5555
W: fck16.com

Tianjin United Family Hospital 天津和睦家医院 The first international-standard foreign funded hospital in Tianjin, offering authentic western-style medical services. **A:** No.22 Tianxiao Yuan, Tianjiang Dao, Hexi District 河西区潭江道天潇园22号
T: (Reception) +86 22 5856 8500
24 Hour Emergency: +86 22 5856 8555
W: ufh.com.cn

Tianjin International SOS Clinic 天津国际(SOS)紧急救援诊所 This is Tianjin's premier foreign service medical clinic, offering emergency medicine, vaccinations, radiology, onsite pharmacy and foreign, English-speaking doctors with Korean and Japanese translators available. Doctors are on call 24 hours. Western prices. Mon-Sat 09:00-18:00. **A:** 1F, Sheraton Hotel, Zi Jin Shan Lu, Hexi District 河西区紫金山路天津喜来登大酒店公寓楼1层
T: +86 22 2352 0143

Golf Clubs

G&G Golf Clinic/ Pro shop/ Club Fitting 吉恩吉高尔夫球诊所中心 They take your golf game to the next level. You can enjoy the latest technology to improve your Golf Skill. 08:30-22:00. **A:** -2 Floor, Huaqiao Building, No.92-1, Nanjing Road, Heping District 和平区南京路93号增1号华侨大厦负2层
T: +86 22 2392 1937

Fortune Lake Golf Club 天津松江团泊湖高尔夫球会 The Club occupies an area of 3500 mu, including a 36 hole golf course, 4600 square metres of clubhouse, driving range, villas, business and recreation facilities. 09:00-16:00. **A:** Jinwang Lu, Jinghai Zhen 静海县津王路
T: +86 22 6850 5299
W: songjianggolf.com

Yang Liu Qing Golf Club 杨柳青高尔夫俱乐部 Situated 20-km from downtown Tianjin, this 36 hole golf course, covers an area of 3000 acres, offering an international level golf experience. 09:30-17:00. **A:** Yijing Lu, Yang Liu Qing Zhen, Xiqing District 西青区杨柳青镇一经路立交桥北
T: +86 22 2792 2792
W: ylgolf.com

FITNESS BODY COMFORT CLUB
Fitness Body Comfort Club is designed in an elegant and fashionable style with all fitness equipment up to a high global standard. A variety of aerobics curriculums will be tailored for different people's personal needs. Customers who get a membership card can enjoy a one-to-one special health advice service. Come to Fitness Body Comfort Club, and demonstrate a true commitment to your health!

Address: International Gym, Magnetic Capital, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城中央会所
VIP-LINE: 400-108-7890

Gyms

Fitness Body Comfort Club 倍体适健身 Fitness Body Comfort Club is designed in an elegant and fashionable style with all fitness equipment up to a high global standard. **A:** Central Clubhouse, Magnetic Capital, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城中央会所
T: 400-108-7890

Powerhouse GYM 宝力豪健身俱乐部 From the American chain, this mega-gym has three swimming pools, an indoor driving range, indoor basketball court, squash court, yoga, spa and of course, training area. 07:00-22:00. **A:** Binshui Xi Dao, Nankai District 南开区滨水西道
T: +86 22 2338 2008
W: powerhousegym.com.cn

Catering Solutions

FLO Prestige 福楼外宴策划 FLO Prestige provides tailor made catering solutions, creating food for your event, matching your theme, atmosphere and expectations. **A:** No.37, Guangfu Road, Italian Style Town, Hebei District 河北区意大利风情区光复道37号
T: +86 22 2662 6688
F: +86 22 2445 2625

Decorations

IKEA 宜家家居 Well-designed, functional and affordable home furnishing products are available to everyone. 10:00-21:00. **A:** No.433, Jintang Road, Dongli District

东丽区津塘公路433号
T: 400-800-2345

Electrical Appliances

Yamada Denki 亚马达电器 Sells electric home appliances audio equipment, health-related equipment, OA equipment and network products from Japan. 09:30-21:00. **A:** Tianjin Center Mall, No.219 Nanjing Lu 和平区南京路219号天津中心商城
T: +86 22 5835 8688

Buynow Mall 百脑汇 A shopping complex for computers and computer accessories, cameras and all sorts of electric gadgets. 09:00-19:00. **A:** No. 366, Anshan Xi Dao, Nankai District 南开区鞍山西道366号
T: +86 22 5869 7666
W: buynow.com.cn

Laundries

Fornet 福奈特 Largest high-quality professional laundry service chain in China. 07:30-21:00. **A:** No. 58, Xikang Lu, Heping District 和平区西康路58号
T: +86 22 2333 2888
W: fornnet.com.cn

Movers

AGS Four Winds International Movers 爱集斯国际运输服务有限公司 Offering the most complete door-to-door service to move our clients anywhere across the world, within China or Tianjin. We guarantee the same top quality service from departure to arrival. **A:** A1701 Vanke World Trade Plaza, 129 Nanjing Road, Heping District 和平区南京路129号万科世贸广场A座1701室
T: +86 22 2712 7759
E: manager.tianjin@agsfourwinds.com
W: agsfourwinds.com

Relocation

China Relocation 瑞楼凯旋房地产信息服务有限公司 Our job is to find you the right property at the best price. All rental agreement are in Chinese and English.

T: +86 133 5201 7606
W: chinarellocation.com

Hotels

H P Hotel Nikko Tianjin 天津日航酒店

The hotel's modern amenities and luxurious ambience make it an oasis of comfort and well-being in a bustling urban setting. **A:** No. 189, Nanjing Lu, Heping District 和平区南京路189号
T: +86 22 8319 8888
W: nikkotianjin.com



Tangla Hotel Tianjin 天津唐拉雅秀酒店 The city's tallest 'penthouse hotel', sits right in the heart of the business and retail districts atop the Tianjin Centre. **A:** No. 219, Nanjing Lu, Heping District 和平区南京路219号
T: +86 22 2321 5888
W: tanglahotels.com

Renaissance Tianjin Hotel 天津滨江万丽酒店 A contemporary landmark building in the CBD of Tianjin for the "young at heart" business traveler. **A:** No. 105, Jianshe Lu, Heping District 和平区建设路105号
T: +86 22 2302 6888

ST REGIS
TIANJIN

The St. Regis Tianjin 天津瑞吉金融街酒店 Most luxurious hotel in Tianjin, located by the river next to the train station. **A:** No. 158, Zhang Zizhong Road, Heping District 和平区张自忠路158号 (津塔旁, 哈密道正对面)
T: +86 22 5830 9999
W: stregis.com/tianjin

The Westin Tianjin 天津君隆威斯汀酒店 5 star hotel offering luxury, class and comfort featuring charming city views and the latest in technology. **A:** No. 101, Nanjing Lu, Heping District 和平区南京路101号
T: +86 22 2389 0088



The Astor Hotel Tianjin, A Luxury Collection Hotel 天津利顺德大饭店 豪华精选酒店 First opened in 1863 and refurbished in 2010, the hotel is a landmark in Tianjin's history. Favoured for its traditional appeal and high-standards. **A:** No. 33, Tai'er Zhuang Lu, Heping District 和平区台儿庄路33号
T: +86 22 2331 1688

Renaissance Tianjin Lakeview Hotel 万丽天津宾馆 Located within walking distance of Tianjin Municipal People's Government Offices and near shopping areas, night life venues, the Tianjin International Exhibition Centre and Meijiang Convention Centre. **A:** No. 16, Binshui Dao, Hexi District 河西區賓水道16号
T: +86 22 5822 3388



Sheraton Tianjin Hotel 天津喜來登大酒店 This globally recognised five-star hotel is 8 km from the railway station, and 5 km from the city centre. Hotel facilities include a gymnasium and an indoor swimming pool. It has five restaurants and bars that serve Western, Japanese, and Chinese cuisines. **A:** Zi Jin Shan Lu, Hexi District 河西區紫金山路
T: +86 22 2731 3388
W: sheraton.com



Hotel Indigo Tianjin Haihe 天津海河英迪格酒店 It is the only hotel in China that offers villa-style accommodation in a city centre locale. **A:** No. 314 Jiefang South Road, Hexi District 河西區解放南路314号
T: +86 22 8832 8888

Holiday Inn Tianjin Riverside 天津海河假日酒店 Enjoy a scenic waterfront location at Holiday Inn Tianjin Riverside, just 15 minutes' drive from Tianjin's financial hub Phoenix Shopping Mall. **A:** Haihe Dong Lu, Hebei District 河北區海河東路鳳凰商貿廣場
T: +86 22 2627 8888
W: Holidayinn.com



Yi Boutique Luxury Hotel Tianjin 天津易精品奢华酒店
A: No. 52-54, Min Zu Road, Hebei District 河北區民族路52-54号
T: +86 22 2445 5511

Holiday Inn Tianjin Aqua City 天津水游城假日酒店 Newly opened hotel. Come and enjoy their spacious lobby, fine restaurants. **A:** No.6, Jieyuan Dao, Hongqiao District 紅橋區芥園道6号
T: +86 22 5877 6666



Radisson Blu Plaza Hotel Tianjin 天津天誠麗笙世嘉酒店 Strategically located in the new financial hub of Hedong District and close to the newly renovated Tianjin train station, which is the ideal choice for the discerning business and leisure traveller looking for a comfortable and memorable stay in Tianjin. **A:** No. 66, Xinkai Lu, Hedong District 河東區新開路66号
T: +86 22 2457 8888

Hyatt Regency Jing Jin City Resort & Spa 京津新城凱悅酒店 The resort resembles an ancient, mythical royal palace surrounded by a labyrinth of pathways, archways and waterways; creating a unique oasis that commands and dominates the surrounding skyline. **A:** No. 8, Zhujiang Da Dao, Zhoulian Zhuang, Baodi District 寶坻區周良莊珠江大道8号
T: +86 22 5921 1234

Apartments

Astor Apartment 利順德公寓 Apartment style accommodation close to the CBD. **A:** No. 32, Tai'er Zhuang Lu, Heping District 和平區台兒莊路32号
T: +86 22 2303 2888

Ariva Tianjin No.36 Serviced Apartment 招商·艾爾華36號服務公寓 For the business travelers who spend hours on the road, our spacious and well equipped hotel rooms will help you unwind and relax. **A:** No.36 Xikang Road, Heping District 和平區西康路36号
T: +86 22 2352 3636

Qing Wang Fu Club Suites & Serviced Residences 慶王府公寓 **A:** No.55, Chongqing Dao, Heping District 和平區重慶道55号
T: +86 22 8713 5555 or 5835 2555
W: qingwangfu.com



Include your company info in our Listings Index!
Email listings@tianjinplus.com.



Somerset International Building Tianjin
A: No. 75, Nanjing Lu, Heping District
T: +86 22 2330 6666
天津盛捷國際大廈服務公寓
和平區南京路75号

Somerset Olympic Tower Tianjin
A: No. 126, Chengdu Dao, Heping District
T: +86 22 2335 5888
天津盛捷奧林匹克大廈服務公寓
和平區成都道126号

Somerset Youyi Tianjin
A: No. 35, Youyi Lu, Hexi District
T: +86 22 2810 7888
天津盛捷友誼服務公寓
河西區友誼路35号



The Lakeview, Tianjin-Mariotti Executive Apartments 天津萬豪行政公寓 Offers furnished apartments with amenities and 24-hour staff of an upscale hotel. **A:** No. 16, Binshui Dao, Hexi District 河西區賓水道16号
T: +86 22 5822 3322

Antiques & Souvenirs Streets

Ancient Culture Street 古文化街 Famous for its traditional architecture located inside the street and the temple. A tourist attraction for all souvenir shopping. 09:00-17:00.
A: Ancient Culture Street, Nankai District 南開區古文化街

Drum Tower 鼓樓 Also known as Gulou, this is the ancient centre of Tianjin and one of the city's three treasures. Perfect for a stroll through Tianjin's old history. 09:00-17:00.
A: Drum Tower, Nankai District 南開區鼓樓

Caozhuang Flower Market 曹莊花卉市場 A scented wonder for those who love flowers. The biggest flower market in northern China. 08:00-17:00.
A: North No. 7 Bridge, Outer Ring, Cao Zhuangzi, Zhongbei Zhen, Xiqing District 西青區中北鎮曹莊子外環線7號橋北

Art Galleries

Min Yuan Xi Li Culture & Invention District 民園西里文化創意街區 An entire area dedicated to modern art with several art exhibitions and a museum inside. Free. 10:00-23:00.
A: No. 29-39, Changde Dao, Heping District 和平區常德道29-39号
W: minyuanxili.com

Art Districts

Western Art Gallery 西洋美術館 A classic style building which has ten show rooms. It's the first Gallery centres of International Art in Tianjin. CNY: 10. 09:30-16:30. **A:** The junction of Jiefang Bei Lu and Chifeng Dao, Heping District 和平區解放北路與赤峰道交口
T: +86 22 2330 3255

Western Shore Art Gallery 西岸藝術館 Unique gothic-style building engaged in elegant music performances, art exhibitions, poetry reading, music dance classes, and wedding ceremonies. Free. Tue-Thu, Sun 09:00-18:00; Fri-Sat 09:00-21:30.
A: No. 3, the junction of Machang Dao and Youyi Bei Lu, Hexi District 河西區友誼北路與馬場道交口3号
T: +86 22 2326 3505

Tianjin Academy of Fine-Arts 天津美術學院 The multifunctional museum has an exhibition hall, a library, a gift shop and a conference centre. CNY: 10. 09:30-16:30. **A:** No. 4, Tianwei Lu, Hebei District 河北區天緯路4号
T: +86 22 2624 1540
W: tjarts.edu.cn

Museums

China House Museum 瓷房子博物館 It's decorated with ancient pieces of porcelain, crystal, white marble, jade figurines, rare jewels and antique furniture, from all dynasties. CNY: 35. 09:00-17:30. **A:** No. 72, Chifeng Dao, Heping District 和平區赤峰道72号
T: +86 22 2335 6666

The Astor Hotel Tianjin Museum 天津利順德大飯店博物館 Politicians, Peking Opera kings, movie stars, emperors and empresses all stayed in the most dynamic place of the British Concession since the late 1800's. CNY: 50. 10:30-21:00. **A:** (Inside The Astor Hotel Tianjin) No. 33, Tai'er Zhuang Lu, Heping District 和平區台兒莊路33号 (天津利順德大飯店內)
T: +86 22 2331 1688

Chinese Shoe Culture Museum 中國鞋文化博物館 Eight hundred square metres displaying 56 special

themes with over one thousand pairs of shoes, the Chinese Shoe Culture Museum chronicles 5,000 years of Chinese shoe-making. CNY: 20. Wed, Thu, Sat-Sun 09:30-12:00; 13:30-16:40.
A: Haihe Building, Ancient Culture Street, Nankai District, Tianjin 南開區古文化街海河樓
T: +86 22 2723 3636
W: laomeihua.net

Memorial Hall to Zhou Enlai and Deng Yingchao 周恩來鄧穎超紀念館 Dedicated to the memory of premier Zhou En-lai and his wife, Deng Yingchao, it features photos, documents and dioramas of significant events in their lives. Free. 08:00-17:00.
A: Shuishang Gongyuan Bei Lu, Nankai District 南開區水上公園北路
T: +86 22 2359 2257

Tianjin Museum 天津博物館 For the fluent Chinese speaker, it's a walk through China's most emblematic periods in ceramics. Free. Tue-Sun 09:00-16:30. **A:** No. 31, Youyi Lu, Hexi District 河西區友誼路31号
T: +86 22 5879 3000
W: tjbwg.com

Yangliuqing Wood-Block New Year Pictures Museum 天津楊柳木版年畫博物館 It is one of China's well loved folk arts, having a history of more than 400 years and is created especially for decorations during the Chinese spring festival. 09:00-16:30 (Tuesdays-Sundays)
A: No.111, Sanheli, Tongluo Area, Hexi District 河西區三合里111号
T: +86 22 2837 8718

Jade Buddha Museum 玉佛宮 Fine displays of unearthed priceless treasures of jade Buddha sculptures and artefacts. CNY: 260. Tue-Sun 09:00-17:00. **A:** Jingjin Xincheng Xiangrui Dajie, Baodi District 寶坻區京津新城祥瑞大街
T: +86 22 2249 8995

Parks

Tianjin Water Park 天津水上公園 Tianjin's best well-preserved park. A year-round attraction for nature lovers with nine islands and three lakes. 06:00-19:00. **A:** No. 33, Shuishang Gongyuan Bei Lu, Nankai District 南開區水上公園北路33号
T: +86 22 2335 0095
W: tjwaterpark.com.cn

Tianjin Botanical Garden 天津植物園 Tropical animals, plants, flowers, waterfalls and nationality villages. 08:00-17:00. **A:** North No. 7 Bridge, Outer Ring, Cao Zhuangzi, Zhongbei Zhen, Xiqing District 西青區中北鎮曹莊子外環線7號橋北
T: +86 22 2794 8011

Theatres & Cinemas

HP

Imax China Film 中影国际影城
Located in the magnificent Jin Wan Plaza. Shows English and Chinese films in 2D and 3D. 09:30-22:00. **A:** 3F, bldg. 6, Jin Wan Plaza, Jiefang Bei Lu, Heping District 和平区解放北路津湾广场6区3层
T: +86 22 2321 9060
W: imax.com.cn

Tianjin Concert Hall 天津音乐厅
Opened in 1922. It is now one of the grand stages of China and it offers daily musical events of interest to all. 08:30-20:30. **A:** No. 88, Jianshe Lu, Heping District 和平区建设路88号
T: +86 22 2332 0068
W: tjconcerthall.com

HX

Tianjin Cultural Centre Grand Theatre 天津大剧院 Present international and domestic concerts, variety shows and musical performances. **A:** Tianjin Cultural Centre, Yuexiu Lu, Hexi District 河西区越秀路天津文化中心
T: +86 22 8388 2000

Associations

ICCO (International Committee for Chinese Orphans) ICCO is a volunteer organisation dedicated to improving the lives of Tianjin's disabled orphans. **E:** iccosecretary@gmail.com
W: tjcco.org

Tianjin Toastmasters Club
The club helps men and women practice the arts of public speaking, listening, and leadership in a friendly social environment
E: victorwangwq@yahoo.com.cn

TICC (Tianjin International Community Centre) Association and meeting place for foreign passport holders and their families in Tianjin. Organises monthly coffee mornings, luncheons and social/fundraising events, supporting local charities. **E:** ticc_09@hotmail.com
W: tianjin.weebly.com

Education

HX

International Schools
Tianjin Rego International School 天津瑞金国际学校 TRIS offers a British curriculum and provides education of the highest quality in English to international students between the ages of 3 and 19. **A:** No. 38, Huandao Xi Lu, Meijiang South, Hexi District 河西区梅江南环岛西路38号
T: +86 22 8816 1180

M: +86 131 3259 7584
E: admissions@regoschool.com
W: regoschool.com



Tianjin International School 天津国际学校 With a philosophy emphasising the holistic development of students, TIS offers a Pre K - 12 education based on a North American curriculum to children ages 3 to 18. Mon-Fri 08:00-17:00.
A: No.4-1, Sishui Dao, Hexi District 河西区泗水道4号增1号
T: +86 22 8371 0900
W: tiseagles.com



Wellington College International Tianjin 天津惠灵顿国际学校 In partnership with Wellington College, Crowthorne, UK, the Tianjin college offers a British curriculum. 08:30-17:30. **A:** No. 1, Yide Dao, Hongqiao District 红桥区义德道1号
T: +86 22 8758 7199 ext. 8001
M: +86 187 2248 7836
E: admissions@wellington-tianjin.cn
W: wellington-tianjin.cn



International School of Tianjin 天津经济技术开发区国际学校天津分校 Only international school in Tianjin fully authorized by the IBO to teach all three IB programs (PYP, MYP and DP) from age 3-18. Mon-Fri 07:30-16:30. **A:** Weishan Nan Lu, Jinnan District 津南区(双港)微山路
T: +86 22 2859 2001
W: istianjin.org

Raffles Design Institute, Tianjin 天津莱佛士设计学院 Offers fashion design and marketing, business administration, graphic and media design classes, with full-time and part-time courses taught on and off campus. Mon-Fri 08:30-12:00; 14:00-17:30. **A:** Block H, No. 28, Jinjing Lu, Xiqing District 西青区津静路28号H座
T: +86 22 2378 9535 ext. 502

Language Schools

HP

Care International Language Training 凯尔语言培训中心 Offering adult English classes, Japanese language education and training, Primary English synchronisation and Business English. Mon-Fri 09:00-17:00; 18:00-20:30. **A:** Room 1402, bldg. 3, Chengji Centre, Nanjing Lu, Heping District 和平区南京路诚基中心3号楼1402室
T: +86 22 2737 3937

KN

Tianjin Translation College 天津翻译专修学院
Tianjin Golden Collar Translation Center 天津市金领翻译服务中心
A: No.5 Pinghu Road, Anshanxi Street, Nankai District 南开区鞍山西道平湖路5号
T: +86 22 27379758
E: jenny_tj@126.com

King's English for Kids 皇家少儿英语 One of the largest ESL schools in China. Tue-Sun 09:00-20:00. **A:** A4, Magnetic Plaza, Binshui Xi Dao, Nankai District 南开区滨水西道时代奥城商业广场A4
T: +86 22 5862 7779

HX

Alliance Française de Tianjin 天津法盟 Part of the global Alliance Francaise network that offers French classes in a French speaking environment. **A:** 2F, Education Centre Building, North gate of Balitai Campus, Tianjin Normal University, Wujiaoyao Street, Hexi District 河西区吴家窑大街师范大学八里台校区北门教育中心大楼二层
T: +86 22 2354 0218/0229
E: info.tianjin@afchina.org
W: aftianjin.org

Goethe German Language Centre, Tianjin Foreign Studies University 天津外国语学院歌德语言中心 Institute specialising in German language studies. Mon-Fri 09:00-12:00; 13:00-17:00. **A:** 2nd Floor, Bldg. 3, Tianjin Foreign Studies University, No. 177, Machang Dao, Hexi District 河西区马场道177号天津外国语学院3号楼2层
T: +86 22 2326 5642
W: goethe-slz.tj.cn

HD

TLI Language Institute in Tianjin 中文语研习所 Offers Chinese language classes with schools from China and around the world. Mon-Fri 08:00-18:00; Sat 08:30-12:00. **A:** Room 1808, bldg. B, Sunny Square, Shiyijing Lu, Hedong District 河东区十一经路三联大厦B座1808室
T: +86 22 2421 8989

Exhibition Centres

HX

Tianjin International Exhibition Centre 天津国际会展中心 Located near Tianjin museum, this two-storey

building is suitable for holding large-scale international and domestic exhibitions. 09:00-17:00. **A:** No. 32, Youyi Lu, Hexi District 河西区友谊路32号
T: +86 22 2801 2988

Tianjin Meijiang Exhibition Centre 天津梅江会展中心 Located in the growing area of Meijiang, this makes it an attractive choice for holding major international conferences. 09:00-17:00. **A:** No. 18, Youyi Nan Lu, Hexi District 河西区友谊南路18号
T: +86 22 8838 3300
W: mjcec.com

Libraries

KN

Tianjin Library 天津图书馆 Founded in 1908, this century-old library is the biggest reference library in Tianjin. 08:30-18:00. **A:** No. 15, Fukang Lu, Nankai District 南开区复康路15号
T: +86 22 2362 0082
W: tl.tj.cn

Real Estate

PH

CBRE
CBRE Tianjin 世邦魏理仕天津分公司 Providing high quality real estate services to developers, investors and clients throughout Greater China. **A:** 42F, Units 12 & 13, Tianjin World Financial Centre Office Tower, No. 2 Dagubei Road, Heping District. 和平区大沽北路2号天津环球金融中心津塔写字楼42层12-13单元
T: +86 22 5832 0188
W: cbre.com.cn

Religion

HP

St. Joseph's Cathedral 西开教堂 **A:** No. 9, Xining Dao, Heping District 和平区西宁道9号 Roman Catholic English Mass, Every Sunday 11:30, Facebook: Our Lady of China, Yahoo Group: OLCTJ

HB

Temple of Compassion 大悲禅院 From the Qing Dynasty, the biggest Buddhist temple in Tianjin. 09:00-16:30. **A:** No. 40, Tianwei Lu, Hebei District 河北区天纬路40号
T: +86 22 2626 1768
W: tjdabeiyeuan.com

Serviced Offices

HP

Regus Tianjin Center 雷格斯天津中心 The world's largest supplier of workplace solutions. **A:** 8F, Tianjin Centre, No.219 Nanjing Road, Heping District 和平区南京路219号天津中心8层
T: 400 120 1205
W: regus.cn



Include your company info in our Listings Index!
Email listings@tianjinplus.com.

The Executive Centre 天津德事商务中心 The Executive Centre - let us help your business succeed. **A:** 29F, bldg.2, The Exchange, No.189, Nanjing Lu, Heping District 和平区南京路189号津汇广场2座29层
T: +86 22 2318 5111
A: 41F, Tianjin World Financial Centre, No.2, Dagubei Lu, Heping District 和平区大沽北路2号天津环球金融中心41层
T: +86 22 5830 7860
A: Level 17, C1 Tower TEDA MSD, No.79, First Avenue, TEDA 天津经济技术开发区第一大街79号TEDA MSD C1座17层
T: +86 22 5985 9898
E: tianjin@executivecentre.com
W: executivecentre.com

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info@thestarstravel.com
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Bookstores

NK

Hai Guang Si Book City 海光寺书城 With two floors and a pleasant, quiet, wood-furnished atmosphere, the English section is on the upper floor, just off the top of the stairs. 09:30-18:30. **A:** Xindu Building, Hai Guang Si, Weijin Lu, Nankai District 南开区海光寺津路新都大厦
T: +86 22 2777 8505

HX

Tianjin Book Building 天津图书大厦 The biggest book store in Tianjin with everything from books and magazines to electronic reading materials and accessories, toys, music CD's etc. 09:30-20:00. **A:** No. 362, Dagubei Nan Lu, Hexi District 河西区大沽南路362号
T: +86 22 2306 2335
W: tjbb.com

Department Stores & Shopping Malls

HP

Hisense Plaza 海信广场 Featuring the most famous luxury brands in the world like Rolex and Gucci. Thu-Sun

10:00-21:30; Fri-Sat 10:00-22:00. **A:** No. 188, Jiefang Bei Lu, Heping District 和平区解放北路188号
T: +86 22 2319 8888
W: hisense-plaza.com

Isetan 伊势丹 Japanese-owned, it gives customers the best in luxury brands, household appliances and a fantastic supermarket with foreign goods. 10:00-21:00. **A:** Block C, Modern Town, No. 108, Nanjing Lu, Heping District 和平区南京路108号现代城C区
T: +86 22 2722 1111

The Exchange Mall 津汇广场 Located in the centre of Tianjin's commercial area it is one of the most popular choices among expats with Starbucks, Papa John's and plenty of high-quality clothing stores. 10:00-22:00. **A:** No. 189, Nanjing Lu, Heping District 和平区南京路189号
T: +86 22 8319 1818

HX

Galaxy International Shopping Mall 银河国际购物中心 The mega department store in Tianjin, come here to experience forefront of fashion. **A:** Tianjin Cultural Centre, No. 9, Leyuan Dao, Hexi District 河西区乐园道9号文化中心内
T: +86 22 8388 9562

NK

Tianjin Friendship Department Store 天津友谊大厦 One of the most prestigious department stores in Tianjin featuring famous luxury brands from all over the world. Mon-Thur 10:00-21:30; Fri-Sun 10:00-22:00. **A:** No. 21, Youyi Lu, Hexi District 河西区友谊路21号
T: +86 22 6086 0000
W: tffstore.com

LOTTE Department Store 天津乐天百货 Known as the best department store chain in Korea. Stocks various items from clothing to household necessities. **A:** No.137, Dong Ma Lu, Nankai District 南开区东马路137号
T: +86 22 5806 8888

Tianjin Joy City 大悦城

A: No.2, Nanmen Wai Da Jie, Nankai District 南开区南门外大街2号
T: +86 22 5861 8888
W: tjjoycity.com

XQ

Tianjin Aeon Mall 天津永旺购物中心 Zhongbei Store: 中北店(10:00-22:00) **A:** No.1, Fusheng Dao, Zhongbei Industrial Park, Xiqing District 西青区中北工业园区阜盛道1号
T: +86 22 8719 5700
W: zhongbei.aeonmall-china.com
TEDA Store: 泰达店(10:00-22:00) **A:** No.29, Shangdong Lu, Development Zone 开发区时向东路29号
T: +86 22 5985 7000
W: teda.aeonmall-china.com

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BINHAI AREA, TEDA & TANGGU RESTAURANTS / TEA HOUSES & COFFEE SHOPS



Bakeries

Maky Bakery 米旗 Scrumptious western and Chinese baked products. 08:00-21:30. **A:** No. 27, 3rd Avenue, TEDA 开发区第三大街27号 **T:** +86 22 6620 8462 **W:** maky.com.cn

Mighty Deli & Bakery 美琪食品 Imported food store. European Bakery, Cheese, Butcher, and Sandwiches are available. 09:00-21:00. **A:** Ground Floor, No. 6, Xincheng West Road (Next to the Sheraton Hotel) 开发区第二大街与新城西路交口世福嘉园底商6号 **T:** +86 22 6628 2425 **W:** mighty-deli.com

Chinese

Wan Li Chinese Restaurant 万丽轩中餐 An up-market Chinese restaurant offering the finest classical Cantonese cuisine in a refined, elegant yet relaxed atmosphere. 11:30-13:30; 17:30-22:00. **A:** 2F, Renaissance Tianjin TEDA, Hotel & Convention Centre, No. 29, 2nd Avenue, TEDA 开发区第二大街29号天津万丽泰达酒店及会议中心2层 **T:** +86 22 6621 8888 ext. 6750

Red House 红房子酒店 Spice up your taste buds with hot and spicy food from Sichuan. 11:00-21:00. **A:** No. 88, Huanghai Lu, TEDA 开发区黄海路88号 **T:** +86 22 6620 9438

Xiang Jiang Yu Pin Seafood Hotpot (Binhai Branch) 香江御品火锅(滨海店) Offering healthy Hongkong style Seafood Hotpot, 32% off all foods except seafood, cigarette, and wine. **A:** 1F-2F, TEDA MSD-C1 Building, No. 78, 1st Avenue, TEDA 滨海新区第一大街78号MSD-C1区1-2楼 **T:** +86 22 6537 7299 **W:** xjyycy.com

Yue Chinese Restaurant 采悦轩中餐 Providing tantalising Chinese cuisine in a relaxing atmosphere. 11:30-14:30, 17:30-

22:00. **A:** 2F, Sheraton Tianjin Binhai Hotel, No. 50, 2nd Avenue, TEDA 开发区第二大街50号天津滨海喜来登酒店2层 **T:** +86 22 6528 8888 ext. 6220/6222

Zen Chinese Restaurant Zen 中餐 Authentic Cantonese and Chinese flavours with plenty of soups, appetisers and yummy seafood. 11:30-14:30; 17:30-22:30. **A:** Citizen Plaza, No. 86, 1st Avenue, TEDA 开发区第一大街86号天津滨海假日酒店1层 **T:** +86 22 6628 3388

Bai Jiao Yuan 百饺园 Enjoy 100 different types of Chinese dumplings including gourmet varieties. 11:30-13:30; 17:30-22:00. **A:** No. 27, bldg A, Guoxin Building Zhangwang Lu, 2nd Avenue, TEDA 开发区第二大街展望路国信大厦A座27号 **T:** +86 22 6202 1188 **W:** baijiaoyuan.com

Indian & Thai

Patsara Thai Restaurant 芭萨泰国餐厅 Offering more than 100 different dishes, all served to perfection. Enjoy the Thai-style surroundings. 11:30-14:00; 17:00-22:00. **A:** No. 30, 1st Floor Fortune Plaza, No. 21 3rd Avenue (Behind Happy Soho) 天津市经济技术开发区第三大街21号财富星座底商30号(华夏银行后面) **T:** +86 22 6620 2982 English Available

Japanese

Kuinoi 云井日本料理店 Experience a unique dining experience in a luxurious, elegant atmosphere with top-class service. 10:30-00:00 (Next to KFC). **A:** King Buyer Shopping Mall, No. 32, 3rd Avenue, TEDA 开发区第三大街32号鸿泰仟佰汇商业广场(肯德基旁) **T:** +86 22 6529 8581

Rengaya 炼瓦家 Indulge your taste buds with authentic Japanese cuisine & sushi. Finish it up with sake. 11:00-13:30; 17:00-21:30. **A:** (Next to Friendship Store) No. 19, Huanghai Lu, TEDA 开发区黄海路19号(友谊名都旁) **T:** +86 22 2532 4574

Seitaro 清太郎日本料理 Savour a wide selection of specialties including a sushi counter in a traditional Japanese décor setting. 11:30-14:00; 17:30-21:30. **A:** Century Village, 3rd Avenue, TEDA 开发区第三大街世纪新村 **T:** +86 22 6529 9522

Tokugawa 德川日本料理 Opened in 1998, the restaurant still maintains its beauty and quality. You can try a huge variety of sushi and sashimi. 11:00-14:30, 17:00-22:00. **A:** No. 34, 1st Avenue, TEDA 开发区第一大街34号 **T:** +86 22 2528 0807

Wu Gu 五穀日本料理 Traditional Japanese food, famous for its blossom stone package, fresh sashimi and steamed items.

11:00-20:30. **A:** 1F, No.29 Shishang Dong Lu, TEDA 开发区时尚东路29号1层 **T:** +86 22 5985 7141

Baiyi Teppanyaki 百一铁板烧 One of the best choices for Teppanyaki in TEDA. 10:00-22:00. **A:** No. 2-1-6, King Buyer Shopping Mall, No. 32, 3rd Avenue, TEDA 开发区第三大街32号鸿泰仟佰汇商业广场2-1-6号 **T:** +86 22 6629 5488

Western

Salsa Churrasco 巴西烧烤餐厅 A typical Brazilian barbecue restaurant with waiters going from table to table with skewers of picanha. 11:30-14:30; 17:30-22:00. **A:** 11F, Holiday Inn Binhai Tianjin No. 86, 1st Avenue, TEDA 开发区第一大街86号天津滨海假日酒店11层 **T:** +86 22 6628 3388 ext. 2740

Brasserie Restaurant 万丽西餐 Contemporary daily breakfast, lunch & dinner buffets, featuring European & Asian selections served from a large open kitchen. 06:00-00:00. **A:** Renaissance Tianjin TEDA Hotel & Convention Centre, No. 29, 2nd Avenue, TEDA 开发区第二大街29号天津万丽泰达酒店及会议中心 **T:** +86 22 6621 8888 ext. 3711



Bene Italian Kitchen 班妮意大利餐厅 Authentic modern Italian cuisine. The menu boasts signature pizzas, as well as a fine selection of pastas, fresh seafood and grilled dishes. 17:30-23:30. **A:** 2F, Sheraton Tianjin Binhai Hotel, No. 50, 2nd Avenue, TEDA 开发区第二大街50号天津滨海喜来登酒店2层 **T:** +86 22 6528 8888 ext. 6230/6232



Feast - Our Signature Restaurant 盛宴标识餐厅 Signature all-day-dining restaurant featuring a tapestry of bright décor and culinary delights from around the world. 06:00-00:00. **A:** 1F, Sheraton Tianjin Binhai Hotel, No. 50, 2nd Avenue, TEDA 开发区第二大街50号天津滨海喜来登酒店1层 **T:** +86 22 6528 8888 ext. 6210

Tea Houses

Aiwan Ting Tea House 爱晚亭茶苑 Watch and learn the art of preparing Chinese tea in traditional Chinese ambiance. 10:00-02:00. **A:** 1F, Section F, Century Village, 3rd Avenue, TEDA 开发区第三大街世纪新村 **T:** +86 22 6529 9541

Coffee Shops**Starbucks Coffee** 星巴克咖啡

This American chain provides coffee with a selection of tasty muffins, sandwiches and fruit cups.

A: 09:30-22:00. C102, Juchuan Jin Hai'an Building, No. 453, Jiefang Lu, Tanggu District 塘沽区解放路453号巨川金海岸商C102;
T: +86 2589 3409

A: 09:30-22:00. 1F, Tianjin Friendship Mingdu Store, No.19, Huanghai Road, TEDA 开发区 黄海路19号天津友谊商厦名都店一层
T: +86 22 6620 1781

W: starbucks.com.cn

Bars & Discos**Happy Soho Live Music & Dance Bar**

欢乐苏荷酒吧 Live Filipino band with hot Russian dance girls. 20:00-02:00.

A: (Opposite of Central Hotel) No. 16, Fortune Plaza, 3rd Avenue, TEDA 开发区第三大街财富星座16号(中心酒店对面)
T: +86 22 2532 2078

Mi Cang Salon & Bar 迷藏

Be away from hurly burly, let's hide for a while, play hide and seek with the world. Come here to enjoy your own habits and collections.

A: Golden Sunshine Community, Jietai Jie, TEDA 开发区捷泰街金色阳光小区(第三大街北侧大街)
T: +86 22 6638 9838 or +86 186 2250 3367

Charlie O's Music Bar 查理音乐吧

A music and entertainment bar providing a venue for artists and events. Live music and pub food. 10:00-02:00.

A: New Binhai Fashion Street (Between Decathlon and Zhongnan sports Facility, next to TEDA Football Stadium) 滨海时尚天街(迪卡侬与中南体育馆之间(泰达足球场旁))
T: +86 136 6209 3802

KTV**Eastern Pearl** 东方之珠 KTV

An ideal venue for people to play and sing. 10:00-05:30. **A:** No. 507, Jiefang Lu, Tanggu District 塘沽区解放路507号

T: +86 22 2586 2222

Spas & Massages**Sheraton Shine Spa** 喜来登炫逸水疗

A: 3F, Sheraton Tianjin Binhai Hotel, No.50, 2nd Avenue, Binhai New Area 开发区第二大街50号天津滨海喜来登酒店3层
T: +86 22 6528 8888 ext. 6021



Touch Spa Ultimate relaxation in a soothing atmosphere. 06:00-23:00.

A: 2F, Renaissance Tianjin TEDA Hotel & Convention Centre, No. 29, 2nd Avenue, TEDA 开发区第二大街29号天津万丽泰达酒店及会议中心
T: +86 22 6570 9504

Hospitals**Tianjin TEDA International SOS Clinic**

国际SOS天津泰达诊所 The Clinic offers offer family physicians that speak English, Chinese, Japanese and French, in order to cater for the diverse makeup of the TEDA community. **A:** 102-C2 MSD, No.79, 1st Avenue, TEDA 天津经济技术开发区第一大街79号泰达MSD-C区2座102室
T: +86 22 6537 7616

TEDA Hospital 泰达医院

A sister hospital to TICH with modern healthcare facilities and a highly qualified team of experts to take care of you and your family. **A:** No. 65, 3rd Avenue, TEDA 开发区第三大街65号
T: +86 22 6520 2000

W: tedahospital.com.cn

TEDA International Cardiovascular**Hospital** 泰达国际心血管病医院

An international referral hospital for all heart ailments with modern health-care facilities, sanitary environment and a well qualified team of experts. **A:** No. 61, 3rd Avenue, TEDA 开发区第三大街61号
T: +86 22 6520 8888

W: tedaich.com

Laundries**CAS Laundry** 美国CAS 国际干洗店

An American dry-cleaning franchise. 09:00-19:00. **A:** (Behind Renaissance Tianjin TEDA Hotel) Fada Jie, TEDA 开发区发达街(万丽酒店后面)
T: +86 22 6621 6367

Fornet 福奈特 Largest high-quality professional laundry service chain in China.

08:30-22:30. **A:** Taifeng Jia Yuan, No. 112, 4th Avenue, TEDA 开发区第四大街112号泰丰家园底商

T: +86 22 532 5353

W: fornnet.com.cn

Hotels**Crowne Plaza Tianjin Binhai** 天津滨海圣

光皇冠假日酒店 An International five star hotel with a stylish lobby lounge, Luxurious Western and Chinese restaurants and elegant accommodation. Staff can speak Chinese, English and Japanese.

A: No.55 Zhongxin Avenue Airport Economic Area Tianjin 天津市空港经济区中心大道55号

T: +86 22 5867 8888

Holiday Inn Tianjin Binhai 天津滨海假日酒店

Located in the very heart of the business district makes it an ideal choice for modern business travellers. **A:** No. 86, 1st Avenue, TEDA 开发区第一大街86号

T: +86 22 6628 3388

W: HolidayInn.com

**Renaissance Tianjin TEDA Convention**

Centre Hotel 天津万丽泰达酒店及会议中心 Has earned a reputation among conference delegates and business travellers for its distinctive level of luxury and artful blend of Eastern and Western hospitality. **A:** No. 29, 2nd Avenue, TEDA 开发区第二大街29号

T: +86 22 6621 8888

A: No. 29, 2nd Avenue, TEDA 开发区第二大街29号

T: +86 22 6621 8888

**Sheraton Tianjin Binhai Hotel**

滨海喜来登酒店 Ideally located in the heart of Binhai New Area. Featuring 325 guestrooms and suites offering a range of comprehensive facilities and exemplary service, comfort and convenience for busy travelers. **A:** No. 50, 2nd Avenue, TEDA 开发区第二大街50号

T: +86 22 6528 8888

W: sheraton.com/tianjinbinhai

Tianjin Goldin Metropolitan Hotel

天津环亚国际马球会大酒店 A luxury resort destination hotel with a prestigious members-only polo club, two international

standard polo fields, a column-free Grand Ballroom and 10 restaurants and bars.

A: No.16, Hai Tai Hua Ke Jiu Lu, Bin Hai Gao Xin Qu, Tianjin 天津滨海高新区海泰华科九路16号

T: +86 22 8373 8888

Art Galleries**TEDA Contemporary Art Museum** 泰达

当代艺术博物馆 A place of great interest for art lovers, being the first contemporary display of contemporary art in TEDA. Tue-Sun 10:00-16:00. **A:** No. 39, Huanghai Lu, TEDA 开发区黄海路39号

T: +86 22 5982 9590

Cinemas**CGV** 星星国际影城

Features 8 modern movie halls, which can hold about 2000 people. **A:** 3-4F, No. 29 ShiShangDong Lu, TEDA 开发区时尚东路29号3-4层

T: +86 22 5985 7333

Libraries**TEDA Library** 泰达图书馆

A multifunctional and comprehensive five-floor structure with the latest technology, spacious leisure area, magazines and newspapers, reading area for children collections of Chinese books, e-documents, a lecture hall, multimedia AV room, music salon, and individual music AV. 09:00-22:00.

A: No. 21, Hongda Jie, TEDA 开发区宏达街21号

T: +86 22 2520 3122

W: tedala.gov.cn

Parks**Binhai Aircraft Carrier Theme Park** 滨海

航母主题公园 A military theme park featuring all sorts of adventure. 09:00-17:00. **A:** Ba Guo Tan, Yingcheng Zhen, Hangu District 汉沽区营城镇八卦滩

T: +86 22 5991 8888 / 8007

E: binhaipark@163.com

W: binhaipark.cn

Hebin Park 河滨公园

One of the biggest parks in TEDA. Take a walk, relax, meditate or even take your kids to the zoo.

A: Zhongxin Bei Lu, Tanggu District 塘沽区中心北路

The Bund Park 外滩公园

A scenic visitors area cordoned by three great abstract dragons. It has scenic sites such as Buddhist temples and parks. **A:** Shanghai Dao, Tanggu District 塘沽区上海道

Education**International Schools****Tianjin TEDA Maple Leaf International**

School 天津泰达枫叶国际学校 A Chinese firm that currently operates 20 schools in China enrolling more than 6,750 students,

which provides quality educational programs by blending the best of East and West educational practices. **A:** No. 71, 3rd Avenue, TEDA 开发区第三大街71号

T: +86 22 6200 1920

W: tianjin.mapleleaf.net.cn

**TEDA International School** 泰达国际学

校 Established in 1995 by the governing body of Tianjin Economic Development Area to provide world-class education for children residing in the Binhai/TEDA region. **A:** No. 72, 3rd Avenue, TEDA 开发区第三大街72号

T: +86 22 6622 6158

**Tianjin GEMS World Academy** 天津杰

杰国际学校 International School following a total English language instructed curriculum adhering to the rigorous holistic programme defined by the IBO.

A: Unit 3-307, TEDA MSD Block C 79 1st Avenue, TEDA 天津开发区第一大街79号泰达MSD-C区3-307

T: +86 22 6622 7888

Exhibition Centres**Tianjin Binhai International Convention**

& Exhibition Centre 天津滨海国际会展中心 Organises and undertakes international and domestic exhibition programmes. **A:** 5th Avenue, TEDA 开发区第五大街

T: +86 22 6530 2888

W: biccc.com.cn

Department Stores & Shopping Malls**AEON Mall** 永旺梦乐城购物中心

A shopping mall with various shops, restaurants, and entertainment facilities.

A: No.29 ShiShangDong Lu, TEDA 开发区时尚东路29号
T: +86 22 5985 7000

King Buyer Shopping Mall 鸿泰仟佰

汇商业广场 Shop, relax and dine in this multipurpose mall. **A:** No. 32, 3rd Avenue, TEDA 开发区第三大街32号
T: +86 22 6622 0886

TEDA Friendship Department Store

泰达友谊商厦 Houses a range of world famous luxury brands. **A:** The junction of Huanghai Lu and 2nd Avenue, TEDA 开发区第二大街与黄海路交口

Supermarkets**E-Mart Supercenter** 易买得超市

Korean supermarket selling Chinese and imported products. 08:00-22:00. **A:** Xiugu Business Center, No. 1168, Jintang Gong Lu, Tanggu District 塘沽区津塘公路1168号秀谷商业广场

T: +86 22 5982 1234

W: e-mart.com.cn

JUSCO TEDA 佳世客

Japanese supermarket where you can buy BBQ and other products at a competitive price.

10:00-22:00. **A:** 1-2F No. 29 Shishang Dong Lu, TEDA 开发区时尚东路29号1-2层

T: +86 22 5986 1088

Golf Clubs**Tianjin Warner International Golf**

Club 天津华纳高尔夫俱乐部 18-hole course with wide fairways. Reservation is recommended for visitors. 00:60-22:00.

A: No. 1, Nanhai Lu, TEDA 开发区南海路1号

T: +86 22 2532 6009

W: warnergolfclub.com

Outdoor Clubs**Tianjin Freetrek Outdoor Sports Club**

天津自由户外俱乐部 Offers customised trekking tours, trips to fantastic places in China, and weekend trips to areas surrounding Tianjin. Also offers equipment and clothing for trekking. 09:00-20:00.

A: No. 1038, Jintang Gong Lu, Tanggu District 塘沽区津塘公路1038号

T: +86 22 2582 9366

W: freetrek.net

Polo Clubs**Tianjin Goldin Metropolitan Polo**

Club 天津环亚国际马球会 Located in an 898,000 sqm urban precinct in the thriving Binhai Hi-tech Park. It is a prestigious polo club with the largest facilities in China, featuring two international-sized polo fields, one indoor arena, stabling for 150 horses, and a 167-room luxurious club hotel. **A:** No.16 Hai Tai Hua Ke Jiu Lu, Bin Hai Gao Xin Qu, Tianjin 天津滨海高新区海泰华科九路16号

T: +86 22 8373 8888



HARBIN

By Sarah Connors



哈尔滨是黑龙江省省会，是中国东北的政治、经济、文化和交通中心，是中国著名的历史文化名城和旅游城市。冬季的哈尔滨银装素裹，被誉为冰城，各式冰雕将哈尔滨装饰一新，让人流连忘返。

The frosty capital of Heilongjiang is home to one of the most unique and beautiful festivals in the world, the Ice Lantern Festival (冰灯节). Also known as the the International Ice and Snow Festival, this annual event started back in 1963. During the Cultural Revolution, the festival was cancelled for a number of years until it was fully resumed in 1985. In recent years, the festival has been gaining more and more international notoriety as a world class event. If you are planning to brave the cold and head to Harbin for the festival this year, then make sure you to stop by Dahutong 大胡同 and pick up a thick down jacket and several layers of thermals. With temperatures as low as -30 Celsius, unless you are Canadian or Russian, you've probably never experienced such arctic conditions.

The festival officially starts on the 5 January and ends (depending on the weather) sometime at the end of February. A flight from Tianjin to to Harbin will cost you anywhere between CNY 600 and CNY 1600 for a one way ticket, depending on when you go. If you take the train, the fastest one will get you there in 8 hours and costs CNY 305. In order to avoid the peak crowds and inflated prices, try to avoid going there during the Spring Festival.

Harbin Ice and Snow World

First setup in 1999, the Ice and Snow World is the largest ice and snow exhibition in the world. This is the highlight and main feature of the festival. The ice carvings here are regarded as among the best examples of ice art in the world. The scale and size of the sculptures is amazing and the amount of detail is also quite intricate. Some of the sculptures are so massive that they have multiple floors that

you can walk through. At the top of some of the sculptures, if you are worried about walking down slippery ice steps, you can instead slide down an ice luge! The best time to see the Ice and Snow World is in the evening when the sculptures are lit up from within by beautiful bright neon lights. Walking through the brightly lit wonderland is a truly unique experience. Depending on the time of day and month you go there, the price will range from CNY 100 (during the day) to CNY 330 (peak evening).

International Snow Sculpture Art Expo

Located at the Sun Island Scenic Area, the Snow Sculpture Art Expo features incredible works of art carved purely out of snow. Some of the snow sculptures are over 25 meters tall and yet still full of breathtaking detail. This expo is best experienced during the day under natural sunlight so you can easily take in all the sights. Expect to pay CNY 240.

Central Street

Located in the old central district of Harbin, Central Street is a pedestrian-only cobblestone street lined with restaurants, stores, and historic Russian architecture. Here you can find a number of great places to drink, dine, and shop in a vibrant and energetic atmosphere. This is also a great place to get Russian made goods such as furs, imported vodka, Russian dolls and chocolate.

Siberian Tiger Park

The Siberian Tiger Park was built back in 1996 to protect endangered Siberian Tigers. Today it is estimated that there are under 500 Siberian tigers still living in the wild, mostly in eastern Russia and a few in North Korea and Northeast China. Located about 15 km outside the city, the tiger sanctuary is the largest in the world of its kind. For those of you who want to see a tiger feed, you can pay for a live chicken on a stick and if you are willing to spend the big bucks, you can even buy a cow for those hungry tigers! Admission is CNY 85.

Yabuli

200km east of Harbin lies the slopes of Yabuli, China's premier destination for skiing. The mountain is China's most developed ski resort area with 17 lifts and a wide range of terrain and difficulty. There are also a number of modern slope-side resorts to stay at and also cheaper accommodation in the town of Yabuli. A full day pass will cost you CNY 480 for a weekday and CNY 680 for holidays. There are several trains leaving everyday from Harbin that will get you to Yabuli in under four hours.





Cyprus:

Taking a Trip to the Stunning Mediterranean Island

By Tracy Hall

塞浦路斯是一个美丽的岛国：

- 有阳光灿烂的海滩，凉爽的、松树覆盖的群山；
- 宁静且没有时间要命的村庄和现代化大都市；
- 豪华的海滨宾馆和自然淳朴的乡村。

The beautiful and historically rich island of Cyprus is a perfect European location for any kind of traveller. This small Mediterranean state boasts a unique contrast between lively resort towns with world class beaches and a country with a fascinating historical background.

Nowadays, Cyprus is an official member of the EU and is a country in its own right. However, due to its colonial past it is still a divided island. The larger southern region is predominantly populated by people of Greek ethnicity and is culturally very close to that of mainland Greece. On the other hand, a section of the Island's northern territory is owned by Turkey. Although the geographic divide remains, the tensions of the past are now mostly confined to discussion amongst the locals and will serve as an interesting aspect of Cypriot history for outsiders.

Because Cyprus has so much to offer for holidaymakers, it really depends what you are looking for during your trip as to where you will end up. Wherever you decide to go, one thing that you are certain to find is wonderful, clean sandy beaches. The so called Coral Bay in Peyia is a classic Mediterranean family-orientated beach which offers smooth sand and a safe swimming environment. Similarly Konnos beach on the western tip of the island is a perfect place to enjoy an afternoon picnic or a relaxing drink whilst watching the evening sun set. The Cypriot coastline is still unspoilt for the most part and is definitely one of the island's most appealing aspects for travellers.

When the sun sets and it's time to get the party started, there is arguably nowhere better in the world than Ayia Napa. 'Napa', as the town's loyal revellers affectionately call it, is world famous for

its endless rows of bars and nightclubs. The town's most popular dance clubs in recent years are the Castle Club and Bedrock- both of which hold regular sets for some of the world's biggest and best DJs. Although Ayia Napa is not the cheapest place on the planet, competition between the bars is fierce and therefore you can easily shop around for happy hours and cheap drinks to get your night going. What is also appealing about Ayia Napa is that it is noticeably safer and more relaxed than any other European nightlife destination.

If you are looking for a quieter, more culturally enriching experience, Cyprus has many places to visit. The island's capital, Nicosia, is a relaxing and pleasant historical city which is famous for its position on the border of the Greek-Turkish divide. There are many things to see and do there- as well as some great restaurants and laid back bars. If you are looking for a great place to relax, the towns of Paphos, Larnaca and Limassol all have an abundance of reasonably priced resorts. And for those in search of real Cypriot culture, be sure to head out to the quiet mountain town of Lefkara.

Cyprus has one major airport which is Larnaca International. As it is a popular transit point for holidaymakers, you will find it fairly easy to get reasonable flights from any of the major European cities and even some smaller airports in Europe and the Middle East. Alternatively you can reach Cyprus by ferry or cruise from nearby Mediterranean countries.

There are great places to stay all around the southern region of Cyprus. If you want to splash out and stay at an all-inclusive 5 star beach resort then you will be spoilt for choice. Alternatively, if you browse the internet before arriving you will be able to find cheaper places to rest your head.

- Cypriots are known for being friendly towards tourists and having a laidback attitude towards life. However, be respectful of local culture and try to avoid topics related to the Greek/Turkish divide.
- Go wild with the local food. Cypriots pride themselves on cooking up a feast for guests/customers. Be sure to try the local delicacies which include the island's famous Halloumi cheese.
- Although Cyprus is known for its safe surroundings- even in the tourist hotspots, be careful to avoid the occasional scam artists and try to avoid walking around bar areas alone during the early hours.

A Spot of Lunch in the Village

By Jiao Yang

If there's one thing Beijing is not short of, it's shopping complexes laced with restaurants and cafes. But when hunger kicks in, as you're laden with bags big and small, clambering past doors finding the perfect place feels like an assault course. So take note of these superb Mon-Fri lunch deals for when you need to refuel around Sanlitun.



Niajo

North of the Village is Nali Patio. On the 3rd floor of the multi-story courtyard you'll find *Niajo*. The brightly lit Spanish restaurant cooks up a brilliant value set menu - 3 courses for CNY 98, including a glass of house wine and coffee or tea to finish. There's something for everyone. Starters range from lentil soup, prawns timbale, to vegetable carpaccio. The pesto-dressed grilled seabass fillet with sweet roasted pumpkins is a healthily satisfying mains choice. Other options include roast chicken and homemade pasta. Round off the meal with a light custard!

Address: north of Sanlitun Village: 81 Sanlitun Bei Lu

Rumi

For something different, venture towards Tuanjiehu station to find Persian restaurant Rumi. The weekday lunch buffet gives you a taste of the orient for only CNY 88. Warm, soft naan bread, creamy hummus, tender minced lamb kebabs, grilled fish, rich beef and okra stew, chicken in a parsley coriander sauce, all piled on fluffy dill-mixed rice. These are just a few of the dishes to tuck into. Sip a minty Persian tea or a *doogh* yogurt drink to refresh. The menu changes daily, so you may want to pop back another day.

Address: between the Village and Tuanjiehu station: 1 Gongti Bei Lu



Mosto

This much-loved retreat from the bustle is just around the corner. Starters like aubergine ricotta ravioli get the appetite raring to go. Juicy beef tenderloin and curried risotto that warms you to the bones are mouth-watering mains. Two-courses cost CNY 95, but you won't regret treating yourself to the delicious desserts for just CNY 15 extra. The rich chocolate mousse with pistachio, cloves and cinnamon spiced crême brûlée surely can turn the least sweet-toothed.

Address: 3F, Nali Garden, No. 81, Sanlitun Bar Street

HIDDEN KINGDOM LA TAVERNE

By Iain Mckinnell

Tucked away in a hidden corner of Beijing's bustling commercial centre lies La Taverne, a small taste of France.

This favourite hang out venue with the French community offers deeply traditional food, a great soundtrack of classic French tunes, French waiting staff and décor that is far more Brittany than Beijing.

Two years ago, former Le Petit Gourmand manager, Axel Moreaux, took over operations and I for one am very glad that he did. He has done a lot for the restaurant so far.

The à la carte menu is good, but Moreaux is eager to promote

the blackboard menu, which features seasonal dishes that rotate on a daily basis. This is the style of a typical French family-run bistro, and adds to the overall authenticity of the restaurant.

Great value weekday lunch sets (two courses CNY 68, three courses CNY 98) and weekend brunches (CNY 88/128) are available.

On the night I visited, the blackboard menu included a simple but mouth watering and somewhat addictive rotisserie chicken and an enormous pot au feu beef stew that tasted rustic and home-cooked.



Off the regular à la carte menu, I highly recommend the salade au fromage de chevre chaud (CNY 58), a large green salad topped with goat's cheese toast, made with honey, thyme and walnuts.

The crepes here, both savoury and sweet, are fantastic, but the chocolate mousse (CNY 39) is another good dessert option.

With a generous wine rack in the corner and a reassuringly French clientele, this laid-back eatery's warm colours and wood furnishings, combined with simple yet moderately priced authentic French food, create an experience that is impossible to find elsewhere in the city.

La Taverne 遥远西餐厅

Address: No. 7, Gongti Xi Lu, Chaoyang District 朝阳区工体西路7号

Tel: +86 10 6551 8967

Website: www.lataverne.cn/en/atmosphere.htm





Happy New Year & Welcome to Tianjin 2013!

By Tracy Hall

新的一年即将到来！大家有没有做好迎接新年的准备？更多的挑战和机遇在等待着我们哦！让我们一起期待2013年的来临吧！

Here we are again, another year sets in and you are left wondering where the previous one went. Luckily there is no need to panic. While the New Year is certainly a great time for reflection, it is important to remember that the past has gone forever and there is no time like the future- especially in Tianjin!

2012 was a busy year for the city. There were so many big social events, so many new places opening up and so much urban development. Now, in 2013, the city many of us call our home away from home has never been so alive. As more foreigners come to live in Tianjin, 2013 will definitely be a year in which both the local and expatriate communities witness incredible growth in both the city's physical and social infrastructure.

Not only are there tons of new bars, restaurants, coffee shops and malls etc to occupy your time and wallets in 2013, there will also be a number of important events held in the city. One of the most notable of course will be the 2013 East Asia Games which will take place in Tianjin between 6-15 October this year. Sports fans and even those who just want to watch something interesting can get involved in the action.

Also in 2013, we are able to benefit from the opening of several new metro lines running through the city. If you haven't explored Tianjin properly yet then now is the perfect time to get yourself out and see more of this vibrant and exciting urban area. There are still many expats who live in the city centre who have never ventured out to Binhai and the wider area, and vice versa. With so many cool places to visit all over the city, make 2013 a year of adventure and new experiences!



Cute Palash
by Mahek(Hansa) Lilaram Thakwani



Sculpting a Mine Clearance Worker for National Week
by Konrad Steinmüller



Barn Bougles Golf Club 15th Hole Tee Box
by Sylvia Kim



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Horoscope

2013年1月各星座运势如何？据说金牛将迎来人生的转折点，巨蟹会发生巨变，摩羯将在事业上迈一大步。你信吗？反正我是信了。赶紧看看你的运势如何吧！



Capricorn (12.22 – 1.19)

The year is all about career for you. You will soar high in this area of your life and in fact, things will fall right on their perfect place as an explosion of new opportunities occurs. Choose carefully where to go as sudden growth is also reliable for sudden failure. A period of low energy and immunity happens this month so make sure you take care of yourself and have proper rest.



Aries (3.21 – 4.19)

This year is an active year as you will see many challenges and along with it will come opposition. Make sure you get sound counsel and avoid some rash decisions as the chance of making poor decisions are high in 2013. For January, a career achievement will help you start the year on the right track.



Taurus (4.20 – 5.20)

Taurus, 2013 is a landmark year for you! This is a year when moments and achievements are at their peak. The year will financially reward you as opportunities mature from different sources. For January, the second half is a robust period as you find yourself dipping in energy and activities.



Gemini (5.21 – 6.20)

This year is your year of thinking and planning. You might find yourself running out of ideas but a new way of understanding life commences. Issues with your siblings might arise this year so be careful in that area. January may have some very heavy commitments which could affect your health badly if you are not careful.



Cancer (6.21 – 7.22)

Changes, changes, and more changes is your theme of the year. Changes in domestic matters, as well as property-related ones, will arise. However, with these changes come good gains and high income, so 2013 is generally a good year for you. For January, good news from work would put you in a really good mood to start the year.



Leo (7.23 – 8.22)

Your grand lion sign will put you in a regal position and grand demeanour this year. This means you have great control throughout 2013 and your aggressive persona will be finally accepted by people around you. A very important activity opens your year and you'll find yourself in touch with authorities and people you never thought you'd meet.



Virgo (8.23 – 9.22)

It's a significant year for your career as well as with family matters. Expansion in financial position will put you in a very positive mood and improvement in your relationships



Libra (9.23 – 10.22)

It's a milestone year for you. 2013 is a work-oriented time of your life and excellent results professionally and financially hovers over you. However, be cautious about being too dry on your relationships as a result of being too focused on your career. January brings pressure at work but will end up successfully.



Scorpio (10.23 – 11.21)

Your sign signifies persistence, determination and secrecy, and 2013 is when all these traits are put to the test. Quite a lot of work will be done and most of them will bring you good results, in fact, some of them will put you on the spotlight. The first month of the year may present you with family issues that will drag you down emotionally.



Sagittarius (11.22 – 12.21)

Finally, the planets are favourable and you will find success in just being you. This makes 2013 your landmark year as all areas in your life seems to be at their best. For January, conflict arises within the family but this could be resolved with good communication and patience.



Aquarius (1.20 – 2.18)

Your significant turnaround happens after June 2013. Before that, you are all about planning and charting out your future. An increase in creative powers and more luck at work will send you to places you've never been before. January is a gainful period but avoid too many expenses as you have the tendency to buy what you don't really need.



Pisces (2.19 – 3.20)

Without a doubt, 2013 is a better year for you, dear Pisces. As challenges at work continue, you'd find yourself with better decisions and leadership skills. Unexpected and uncertain events are likely to present themselves on many occasions so stay strong and be prepared. January is a very good month for you as a great increase in financial matters happens.



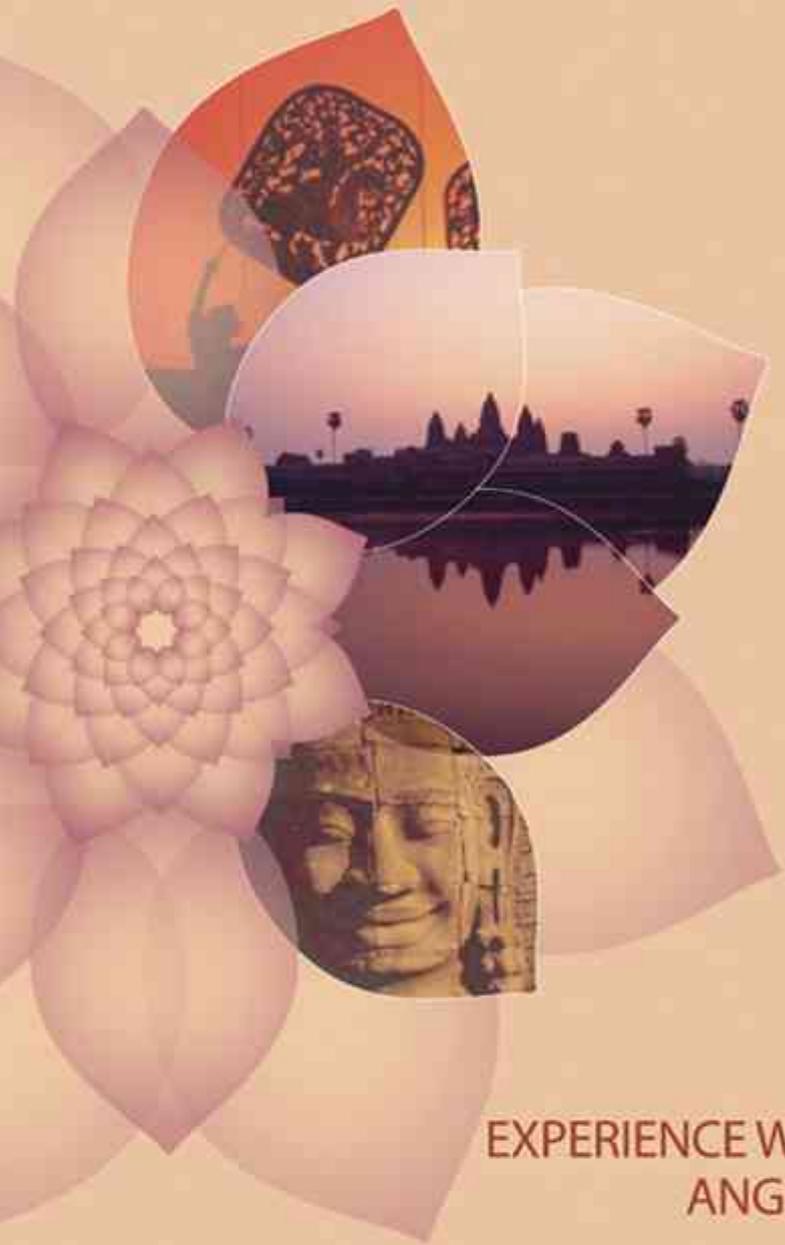
TIANJIN 2013 PHOTO CONTEST EXHIBITION

Time: 7pm, 18 January, 2013

Venue: Aulare Latin Restaurant



Thank you all for participating Tianjin Plus Photo Contest during 2012!!!
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