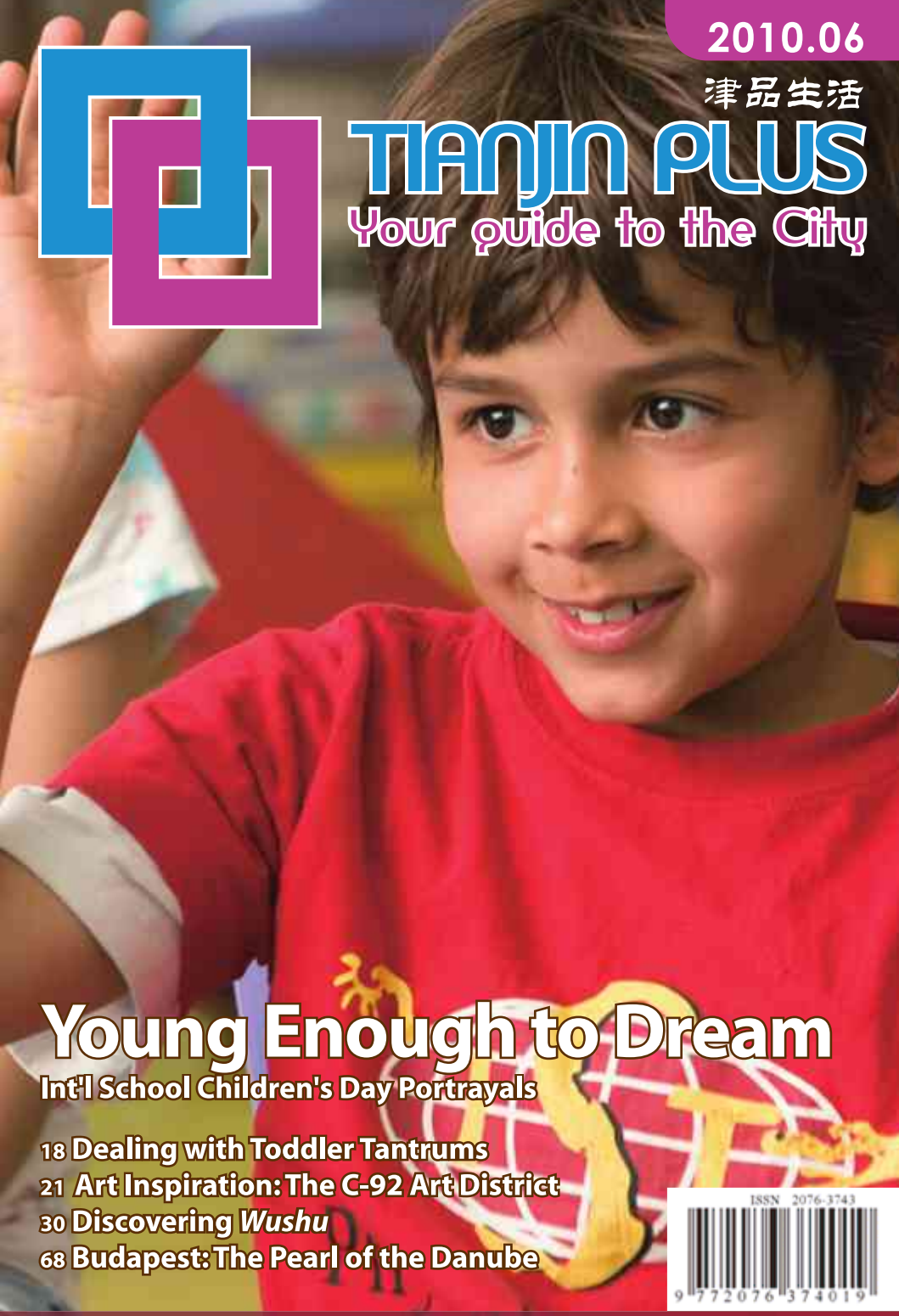
2010.06

津品生活

TIANJIN PLUS

Your guide to the City



Young Enough to Dream

Int'l School Children's Day Portrayals

18 Dealing with Toddler Tantrums
21 Art Inspiration: The C-92 Art District
30 Discovering *Wushu*
68 Budapest: The Pearl of the Danube

ISSN 2076-3743

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spg. Starwood Preferred Guest

Letter to the Editor

Dear Editor,

I've been living in Tianjin for two months. I got a copy of Tianjin Plus magazine in the Sheraton Hotel Tianjin and found it listed with useful information to help me get more familiar with Tianjin. Can you recommend any outdoor places with a good atmosphere to get together with friends and have a few drinks during the hot summer months in Tianjin? Thanks.

Yours,

Brian

Tianjin Plus is growing.
Freelance writers & Proofreader needed!

- English native speaker with experience in reporting, editing, proofreading
- Basic knowledge of Chinese language & culture are a plus

If interested, please email your resume to editor@tianjinplus.com.

TIANJIN PLUS Your guide to the City

TIANJIN PLUS Your guide to the City

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CONTENTS

Tianjin Plus
2010.06

June Calendar 06

News in Brief 08

Selections of the Month 09

Young Enough to Dream
Int'l School Children's Day Portrayals

Expat Club

Plus Family 18
Dealing with Toddler Tantrums
Trivia Quiz 20

Art & Culture

Art Inspiration: The C-92 Art District 21

Editor's Choice

Restaurants 22
Reviews: Euro Place, Drei Kronen

Nightlife
Reviews: Boiling Bar, Qba Bar 23
Latin Party at La Villa 25

Healthy & Beauty
AY Hairsalon Makeover 26
Interview: 28
Xun Xianghong, Chinese external medicine doctor at Tianjin Gong An Hospital

Sport
Tianjin's Top Gyms Review 29
Interview: Zhou Jingxuan, *Gongfu Shifu* 30

Auto Space
Review: 32
The 3rd Auto Cultural Festival &
2010 Tianjin Spring Auto Expo

Listings

Tianjin 31
TEDA & Tanggu 61

MAPS

Tianjin Municipal 43
Binhai New Area 44
Tianjin City 46
Jin Wan Plaza 48
Wu Da Dao 49

Global Travel 68

Budapest: The Pearl of the Danube

China Travel 70

Yellow Mountain: Anhui's Treasure

Recreation

Tianjin's Attractions 72
Music, Movie 80
Featured Attraction: Temple of Compassion 82

Chinese Lesson 83

Medical Care

Useful Info 84

Area Codes, Emergency Numbers, Courier
Transportation. Airports & Airlines
Visa Applications, Embassies

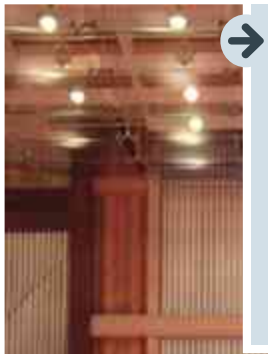
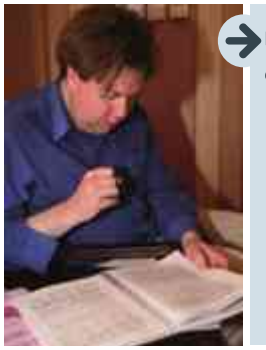
Transportation 86

Flights, Train, Light rail, Subway, Taxi, Bus

Plus Fun 90

Cartoon & Sudoku

June Calendar

MON	TUE	WED	THU	FRI	SAT	SUN
	**Concert of Children's Choir from Mulan and Tianjin School for Blind Children** Tianjin Concert Hall 19:30 ¥ 50/100/180/280/380/500 +86 22 2332 0068 1			**Listen to Nick - Traditional British Choral Songs** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/580 +86 22 2332 0068 4	**Look! SPACE Coffee & Gallery Summer Carnival** No. 64, Chong Qing Dao, Heping District +86 22 2330 1912 Jun. 5-6 **Great Aircraft Carrier Party 2010** BinHai Aircraft Carrier - Tanggu Jun. 5-6 5	
		Hallelujah - Morgan State University Chorus Concert Tianjin Concert Hall 19:30 ¥ 50/80/120/180/280/380 +86 22 2332 0068 9		**Liang & Zhu - Violinist Liang Da Nan Concert** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/580 +86 22 2332 0068 11		**Sweden Nuevo Tango Concert** Tianjin Concert Hall 19:30 ¥ 50/80/120/180/280/380 +86 22 2332 0068 13
	Liu Chien's Magic 2010 Tianjin Sports Centre 19:30 ¥ 80/180/280/480/500(280*2) 680/700(280*3)/1080 +86 22 2777 8571 +86 22 2730 7780 15			**Masterpiece of Brahms Concert** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/500 +86 22 2332 0068 18	**Na Ying World Tour Music Concert** Tianjin Sports Centre 19:30 ¥ 120/280/380/480/680/800(480*2) 1000(680*2)/980/1280 +86 22 2777 8571 +86 22 2730 7780 19	**Danish Royal Chorus Music Concert** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/580 +86 22 2332 0068 20
Special Days Jun.1 Children's Day Jun.5 World Environment Day Jun.6 máng zhòng (Corn on Ear) Jun.16 Dragon Boat Festival Jun.20 Father's Day Jun.21 xià zhì (Summer Solstice)				**Kresten Osgood Danish Jazz Drummer Kresten Osgood Tianjin Show** RIFF Live house 21:00 - 00:00 ¥ Pre-sale: 30 CNY On-site: 40 CNY +86 138 2099 9403 25	**Concert of Dvorak and Grieg Symphonic Works** Tianjin Concert Hall 19:30 ¥ 50/100/180/280/380/500 +86 22 2332 0068 26	

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开发区第二大街29号
Tel: +86 22 6570 9308

Music Time @ Yun Lobby Lounge

Enjoy Piano and Violin performances from 18:00-20:00 every Wednesday, Thursday and Friday at Yun Lobby Lounge. During the performance, the hotel offers delicate snacks, tea and coffee @ RMB 48 per person (subject to 15% service charge, not applied with tea and coffee)

Tianjin Saixiang Hotel
No.8, Meiyuan Lu, Huayuan Industrial Area
New Technology Industrial Park, Tianjin
天津新技术产业园区
华苑产业区梅苑路8号
Tel: +86 22 2376 8888

Kids Eat Free

From June to August, all the restaurants of Hyatt Regency Jing Jin City Resort and Spa offer free childrens meals. The hotel has prepared a menu in Fountain Lounge and The Garden. Children can have a free buffet in the Glass House. This offer is limited to children up to 12 years old. Must dine with parents and no sharing of meals with parents!

Hyatt Regency Jing Jin City Resort and Spa
No. 8, Zhujiang Da Dao, Zhouliang Zhuang, Baodi District 宝坻区周良庄珠江大道8号 Tel: +86 22 5921 1234

Young Enough to Dream

Int'l School Children's Day Portrayals

The month of June is a time of anticipation as the school semester comes to an end. However, one special day is often overlooked at the beginning of this month.

If you were to ask a panel of kids and adults (and this is exactly what Tianjin Plus did), "What special day happens in the beginning of June?" you would get an interesting mix of blank stares and amusing responses.

Maybe another question can allow the answer to this question to be slightly more obvious. What building has the most storeys? The resolution can be found in every international school in Tianjin. The building with the most storeys is the library. Who can you find in the library? Children.

Tianjin Plus took a visit to several places throughout the city to discover what will be happening on Children's Day. Learn about the creation of the holiday, laugh along with children plus their cute sayings as they explain the holiday and save with our list of promotional activities in the city.

Children's Day

The roots of this holiday come from the Republic of Turkey. The original date of 23 April was reserved to emphasize the importance of children and their influence in the world of tomorrow. The first President of the Republic of Turkey, Mustafa Kemal Pasha Atatürk pushed forth a modernization and cultural revitalization agenda during his term.

One of his many successful policies was having a nation wide day for children. The idea of responding to the world's youth spread quickly throughout Europe. In 1925 at the World Conference for the Wellbeing of Children in Geneva the holiday became an international celebration.

Tianjin International School

"Celebrating Family"

Located in the Huayuan Area, Tianjin International school is home of the eagles. The interview with the elementary school children brought smiles and laughter.

Children's day is, "Something that involves children. It is also to show how important family is." Even in the eyes of children family is a celebration and a challenge.

"It is kind of hard being a child. It is kind of fun and not [fun]. It is fun to play and read books. It is hard not being able to do everything you want to do."

What activities do these eagles like to do? When asked what they would like as the head eagle different students answered with, "I would like a book." "I would like the biggest soccer field." "I would like a stuffed animal." "I would like all the Care Bears."

The school will be having special in class activities to celebrate the holiday.

Teda International School

"Mom Don't Nag!"

Tanggu does not fall short of cute loveable children. The Teda International School is full of international children at their best. When asked about reasons behind the holiday, the students of Teda International School gave very insightful moral messages to inspire themselves and other youth. Their messages to the youth include:

- When your mom nags, run away.
- Enjoy your Children's Day while you have it.
- Make a friend.
- If you don't have something good to say about others don't say it at all.
- Respect the earth.
- If you can do something today, then why do it to tomorrow? – Benjamin Franklin
- If you can dream it, you can do it. –Walt Disney

Favourite subjects of this institution of gifted children include science, social studies, geography and art. Extra-curricular activities seem to be available each day, even on children's Day as each student describes their daily routine with golf terminology. Here it would not be strange to hear questions such as, "How did you do on your Par 4 today?"

The champions of this academic course on their special day would like a dog, no annoying siblings for one day, the entire series of their favourite comic, and a personal golf chipping course. The amateur golf pro (the student) added, "I don't like others to chip with me because they give me pressure."

Children's day will be celebrated with in class activities and surprises.

International School of Tianjin

"I Want 3,000 Ice Creams!"

Travelling across the city to Jinnan district we came across the International School of Tianjin (IST). IST had a full panel greet us to answer and ask us some questions.

When asked why 1 June was a special day, one scholar replied, "My sister's birthday is on 1 June." Everyone knew what the holiday was. However, this panel of children however had different thoughts about how the holiday should be celebrated.

Ellie: We should have one day off for children's day. No, we should have one day off every week. It should be Wednesday.

Matt: Not Wednesday because it is a short day.

Storm: We could have Monday off instead.

When asked if they would do extra work so they could have a day off they responded in unison, "It depends on the work. On children's day I know what the homework will be. The homework assignment is to have no homework."

If there was no homework, where would teachers go? "The teacher's would go home."

Wouldn't that be Teacher's Day then? "Children would be in charge. The kids can teach the teachers. The oldest student in the school would be the principal."

If able to control the world for the day, one student would want, "3,000 ice-creams, 3,000 cupcakes... everything in the world!" Another would want a puppy.

It was then decided that this day should also welcome the animal kingdom, especially puppies. What would they do? Puppies on children's day watch television and play with their children. "Children could swap places with the dogs and then the teachers give our homework to the dogs."

IST will have in class activities to celebrate the holiday.

Maple Leaf International School

"It's Hard Being a Child!"

Also located in Tanggu is a cooperative between Canada and China, the Tianjin Teda Maple Leaf International School. Maple Leaf offers the best in Eastern and Western education.

The kids at Maple Leaf view Children's day as a day "Where children can get some presents and children are very happy." The rulers of this kingdom would like a new video game system, the DSI and a class with the best teacher of the school.

Playing DSI and receiving gifts are great, but is being a child just all fun and games? A pupil quickly disputed this statement with, "It's difficult being a child because of so much homework."

Maple Leaf's next generation also had plenty words of wisdom. "On children's day I will be the parent and they will be the child. They will listen to me and give me so much money." These children seem to understand exactly what it means to be a parent.

A second student when asked what words he would like to share with others gave a quick smile and said, "I am a genius!" Other career desires for these students included being a scientist and a martial arts teacher.

Maple Leaf has organized several competitions to encourage the growth of children. The months of May and June offer an English Competition and Art Festival.

Korean International School

"Sports Day"

Located in Xiqing District, Korean International School Tianjin (KIST) is the learning ground for many of the city's largest expatriate group – Koreans. While walking the hallways of this school you will encounter Korean, English and Chinese. Mastering three languages is tough work for these kids.

In our interview with the children of KIST, the children were very well-mannered and creative. For anyone that has been around youth, you learn to expect the unexpected. When asking the elementary students of KIST about what was so special on 1 June, the response was classic.

Three students looked at each other, giggled and remained silent. After asking the question a second time, one student said, "I don't know." After asking the question a third time, the students shot a look of annoyance that question was so out of date. "1 June is Children's Day but we celebrate it on 5 May!" The statement was followed by giggles. How could we be so uninformed?

To celebrate the holiday, KIST put on a school wide event on 5 May. The opening ceremony had the school rehearse a parade routine followed by athletic performances on the school track. The closing ceremony made each kid a winner with the

Tianjin Yinghua International School

"I Love Homework!"

One of Wuqing district's finest places of education, Yinghua International School welcomed ***Tianjin Plus*** to talk with a handful of their elementary students.

One of the things children love to do is play. At Yinghua each day starts with a morning exercise routine. If you think about what kids like to do the least, you may think of things such as chores, eating vegetables and paying mortgages (Oops, the list item isn't for kids). These students are different in that they love to do what most kids hate - homework!

In the past the children at this school played games on their special day. Their favourite games included hopscotch and shuttlecock.

Besides games, if given the chance to be king or queen of the world for one day they would command their subjects to buy clothes, give high speed bicycles and have a sumptuous all you can eat rice buffet.

To celebrate the holiday, Yinghua will be holding an entertainment festival for all students. Each class will have a performance for everyone to enjoy.

Rego International School

"I Want a Test on Children's Day!"

Rego International School will be attending Children's Day events of the Tianjin Teenage Activity Centre for the 1 June holiday.

It seems in many countries of the world this holiday does not exist. "We don't have it in Spain or Egypt." However they agreed they needed the holiday so children could do what grown-ups can do. Adults have so much freedom. They can go for walks, have parties and take days off of work.

The rulers of this school would like a spaceship to go into space, the ability to fly, and chase what most people want - money. These are not the only requests to their subjects. They would also like to eat mounds of strawberry or chocolate cake for the June celebrations. The last special item is that every student should have to study and have a test. What dedicated children.

Department Store Promotions

Schools are not the only ones celebrating Children's Day. Department stores are also holding promotions to keep children smiling while parents joyfully discuss how to empty their wallets.

Far Eastern Department Store will have several promotions.

1. From 24 May to 3 June spend over 500CNY in one day in the children's clothing area and receive a coupon of 50CNY.
2. From 29 May – 1 June will have balloons available for children.
3. 1 June – Release Your Dream; Hug Summer Activity. 15 participants (children five years and up plus parents) will be invited to draw your dream on a DIY kite for family fun.
4. The food courts of B1 and 7th floor's Mei Shi Cafeteria will offer children's food items.
5. Basement Seafood Supermarket will offer children's healthy food items to help parents solve kid's food related problems.

WELLINGTON COLLEGE
INTERNATIONAL
TIANJIN

A Proud Tradition. Educating for the Future.

- Opening in August 2011 for students aged 3 to 13. Admissions will commence in September 2010.
- Partner of Wellington College in the UK, a highly prestigious school with 150 years of history and a modern and innovative approach to education.
- Committed to excellence in teaching, academic achievement and development of the all-round aptitudes of every student.
- Brand new state-of-the-art campus with a distinctive style and outstanding facilities, centrally located in Tianjin.

Wellington College International Tianjin will admit students at all year groups from ages 3 to 13 in August 2011. Early registration is recommended and will commence in September 2010. For more information on the College and the admissions procedure, please visit the school website at www.wellingtoncollegeintl.cn. Any further enquiries please email to info@wellingtoncollegeintl.cn.

Welcome to Wellington College International Tianjin!

Wellington College is a partnership school of Wellington College near London, the highly prestigious, 150-year-old independent school founded by Queen Victoria to commemorate the Duke of Wellington who led Britain to victory at the Battle of Waterloo in 1815. Now, nearly two hundred years after Waterloo, the first Wellington College overseas will open its doors to its first intake of students, aged 3 to 13, in August 2011.

Our goal for Wellington College is to become the leading international school in China. In achieving this goal, we recognise that, while a student's academic performance is always central, the building of responsibility, respect for others and self-esteem, so vital for success at adulthood, comes equally from participation in the many other areas of school life. Our wonderful state-of-the-art campus in the heart of Tianjin provides the very best in facilities, while our teaching staff, fully-qualified, highly motivated and drawn from all parts of the English-speaking world, Wellington College has always had an excellent name in British education, but under the inspirational leadership of Dr Anthony Seldon, it has acquired an enviable reputation for innovation and experimentation, producing a stimulating educational environment for everybody in the school.

At the heart of the Wellington College ethos is the idea of child-centred learning, or as Dr Seldon describes it, "To flourish in the knowledge economy of the 21st century, children need to have the confidence, strategies and skills to lead their own learning and not be solely reliant on teachers to impart knowledge." This will be our approach to all forms of learning at Wellington College International Tianjin.

Dr Anthony Seldon,
Master of Wellington College
in the UK

Wellington College's opening in August 2011 is a very exciting educational opportunity for the College in the UK, the city of Tianjin and all our future students and parents. Together we can and will create the best international school in China with a worldwide reputation for excellence. In August 2011, Wellington will admit students at all year groups from ages 3 to 13. Early registration is recommended and will commence in September 2010.

For more information on Wellington and the admissions procedure, please visit the school website at www.wellingtoncollegeintl.cn. Please email any further enquiries to info@wellingtoncollegeintl.cn.

Don't Do That!

Dealing with Toddler Tantrums

After a hard day of childcare (cooking, cleaning and singing all the nursery rhymes you can handle), with the little one you make your weekly trip to the grocery store. A list has already been prepared to get the family in and out as quickly as possible. As you check off the items you hear a crashing sound and notice a sea of eyes glaring in your direction.

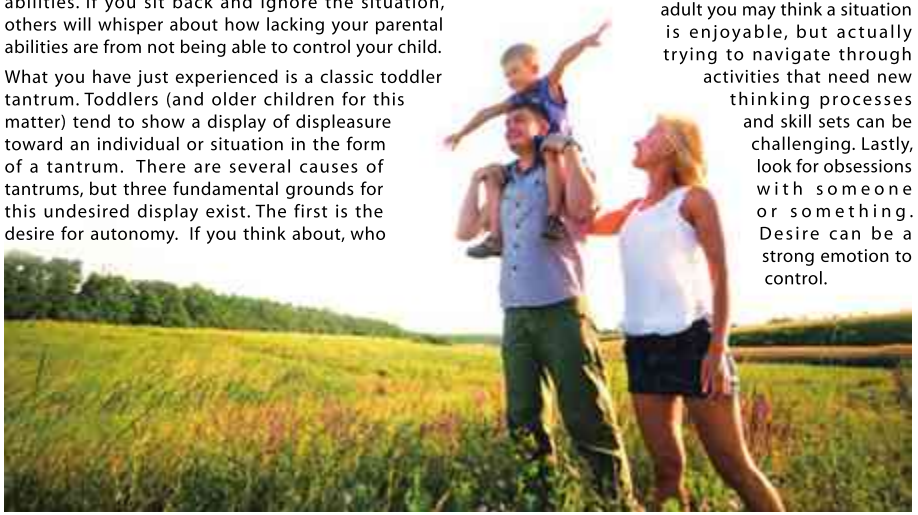
Besides the embarrassment of dealing with your child causing a display to tumble, you notice that something is in their hands that you did not agree to, nor have on your all important shopping list. You try to pry it from their hands, but then it begins to happen.

It starts with a squeal that could frighten off Dracula, followed by jumping and hitting. As you begin to use your "firm" parent voice to command respect, your toddler does the unthinkable. They drop to the floor, kick their feet in the air like a track athlete in training and start to hold their breath with a look of disgust on their face.

As a parent, how to handle a situation such as this? If you publicly physically chastise the child, then the audience that is already gawking at your family will feel even more disdainful toward your parenting abilities. If you sit back and ignore the situation, others will whisper about how lacking your parental abilities are from not being able to control your child.

What you have just experienced is a classic toddler tantrum. Toddlers (and older children for this matter) tend to show a display of displeasure toward an individual or situation in the form of a tantrum. There are several causes of tantrums, but three fundamental grounds for this undesired display exist. The first is the desire for autonomy. If you think about, who gets bossed around more than a two or three year old? All their decisions are made for them by the dictators we call parents. A second cause is because of being in the process of cognitive development, young children may not be able to express their desires or reasons for wanting to do something well. The expression may come out several ways, but not the way that would make an adult understand their logic. A third, but not final cause can be lack of previous discipline. If something is okay on one occasion but not on another, it can be confusing for this budding mind.

In trying to cure this embarrassing outburst, it may be good to recognize some common symptoms. A tantrum can be right around the corner if your child is fatigued or not well rested. If you see your child beginning to exhibit symptoms of tiredness, as a parent take note. Next you should note if there are any unresolved frustrations or problems in your toddler's life. Examples may be off sleeping schedules, poor nutrition or sibling territorial battles. Anything unresolved will find a way to express itself. New experiences also may cause a reaction. As a mature adult you may think a situation is enjoyable, but actually trying to navigate through activities that need new thinking processes and skill sets can be challenging. Lastly, look for obsessions with someone or something. Desire can be a strong emotion to control.



With all this being said, there is hope. Four simple to implement solutions can change this nightmare into a small possible reality.

1) Don't give into tantrums. In the short-term it may hurt your heart, but in the long-term it will have huge dividends. Set firm conditions and disciplinary boundaries.

2) Divert attention. Before the child gets too occupied with something, show them another object. Use curiosity to work in your favour.

3) Work with your child to understand what they wish to express. It is not easy being a three-year old. Ask them questions to try to better understand what they are trying to communicate.

4) Consistent enforcement. As a parent or guardian, make sure that the rule is the law. Do not allow the exception to become the rule unless necessary.

Trivia Quiz

Klodi Xhani
(people call him Xhani though which is pronounced like Johnny)
23, Albanian, student at Nankai University

Favourite place to grab a bite.
In Tianjin, it has to be Bawarchi.

Where do you spend your kuais at night?
Hahaha. If not for food and drinks, probably TaoBao!

Better to go out on a Friday or a Saturday in Tianjin?
Regardless, if you ask me, the party is going to be just as crazy either of those nights.

Favourite things to do when you have free time.
Depends on my mood really. It can range from spending time with my girlfriend to doing absolutely nothing.

Sports are ok on TV or you practice any?
Football wouldn't be so much fun just watching it on TV. Playing with the LaoWai United guys, now that's fun.

Where do you and your friends usually hang?
It used to be at "the Head" in the Medical University but then everybody started getting busy so now there is no usual place.

The perfect spot in Tianjin. Lost in the Italian District, it's great, kind of makes you wonder if you're still in China.

Where do you usually go on a date? Are you conventional or you have or tricks?
I don't understand the question, I don't really go on dates.

Playing in your iPod.
Lately, mostly "Lamb of God"... Great band...

Book you're currently reading or all-time favourite.
Currently reading Robert Ludlum's "The Bourne Identity" but my all-time favourite is Alexander Dumas' "Count of Monte Cristo", probably because Dante runs off with an Albanian Princess in the end.

Strangest thing you've seen in town. The amount of times I've been asked if Albania is in Africa. I don't get it...

Last movie you watched.
Hahaha, the 1982 "Porky's"... Great movie, really great...

Worst and best about Tianjin.
The worst has to be the distance from home, and everything that comes with that. The best has to be the amount of people from every corner of the world that you get to meet.

Leysi Lorenzo, 22, Cuba, Chinese Language Student at Tianjin University

Best restaurant in Tianjin.
I know it's not a restaurant but I love to go and eat at Paris Baguette, in the Magnetic Capital (Shidai Aocheng).

Favourite drink.
A very cold mojito with a lot of mint.

Summer calls for what in Tianjin?
For the mountains, the botanical garden, and to explore as much as I can new places all over this huge city.

Favourite hairdresser.
I don't even know the name but it's a small but very good one located at the corner of Weijin Lu and An Shan Xi Dao.

Favourite place to hang with your friends.
Definitely Starbucks.

On a date.
I'd like to go an elegant and quiet restaurant.

Book you're currently reading.
The "Little Prince", by Antoine de Saint-Exupéry.

Last movie you watched.
"Across the Universe", brilliant!

Worst and best about Tianjin.
The weather and the unstoppable pollution in the city. One of the things I like the most is the cheap prices (laughs).

Art Inspiration

The C-92 Art District

As summer reaches full intensity we transfer our actions from indoor games to outdoor creativity. While exploring the great outdoors one may be inspired to step into the world of creativity and new heights.

C92 Art District is a hidden art area tucked behind the busy streets of Tianjin. The park is located near the intersection of Changjiang Dao and Hongqi Lu. The gate of the district can be seen from the overpass from the mammoth letters "C92."

Inside the district you will find a unique layout of art vendors, local exhibitions, sculptures and the occasional wondering artist. The different seasons bring different attractions with summer belonging to natural themes.

Surrounding the district you will see the contrast of situations similar to an artistic painting. Without contrast or difference there is no room for imagination. Five hundred meters from the district is Changjiang Park, a family favourite for its wide collection of gardens. As bright as the summer flowers may be, directly across from C-92 are dull and simple car dealerships dampening the atmosphere. They may not inspire colourful thinking, but lead you to organize your black and white thoughts on your cranial canvas.

The junction of Hongqi Lu and Changjiang Dao, Nankai District
南开区红旗路与长江道交口
Daily, 08:00 – 19:00

If needing room or board, the district also has local family restaurants and an economical motel within walking distance.

While the C-92 art district is not quite the equivalent to its Beijing counterpart, it is a beginning to a city that is growing in not only economics but creativity.

Euro Place Restaurant & Bar 欧之家餐吧

Soft music, mural adorned walls and schnitzel

Cute and cosy are likely descriptions for this undiscovered treasure, but the most striking features of Euro Place are the warmth and friendliness. Although the dining room is simple, it's quite comfortable, and the hand painted murals of European landscapes are a nice touch. A live band graces the stage from 21:00-00:00 nightly, and although the restaurant typically closes around midnight, they're apt to stay open longer if the bar guests want to go dancing with the devil until the wee hours of the morning.

The menu at Euro Place is primarily German, featuring fare from various regions of Deutschland. Schnitzels, German style sausage and a modest selection of steaks will keep carnivores at bay; a range of salads and pasta are available as well. The rump steak is topped with herb butter and is particularly appetizing, while the *gulaschsuppe* is an absolute must. Keep an eye on your calendar as well, as Euro Place prepares a proper brunch on the first Sunday of every month. The kitchen staff is Chinese but the owners went through the trouble of bringing in a half dozen *hausfraus* from the motherland to train the crew in the way of preparing authentic German cuisine. Any restaurant that serves German food will naturally boast a wide selection of German beers as well. All of this having been said; Euro Place is a great place to have a glass of wine and dinner before hitting Tianjin for a night out with friends.

No. 2-26, Fengshui Garden, Meijiang New Bay Plaza, Youyi Nan Lu, Hexi District 河西区友谊南路梅江新海湾商业广场
Mon-Fri 17:30-00:00 Sat-Sun 16:30-00:00, brunch served at 11:30 on 1st Sunday of every month +86 22 8838 9578

Drei Kronen *The world-famous brauhaus opens in Tianjin*

Recently opened in January, the world's oldest heritage brewery joins Tianjin's growing segment of international restaurants. Drei Kronen rests conveniently opposite Tianjin Train Station and is discreetly tucked away in the Jin Wan Plaza. As you approach, you'll be greeted by the stainless-steel brew tanks on display in the front window. Brew master Hans Gerner's beer selection features Schwarzekrone (dark), felsenweisse (wheat beer) and helles (lager) which are served in enormous steins. Featuring authentic Bavarian cuisine, the hefty portions at Drei Kronen aren't for the faint of heart. Start with a fresh *gurken salat mit tomaten* and then move onto the hearty *gulaschsuppe*. The *Bayerische* brauhaus platte is suitable for two, although the manager, Sven, claims it's a single serving for a true Deutchlander. Piled high with pork knuckle, meatloaf, pork loin, thuringer sausage, frankfurter, grilled chicken, sauerkraut and mashed potato, even the most ravenous carnivore's appetite will be fulfilled. End dinner with a *crème brulee*, although you may find yourself fighting for the final bite if you decide to share it. If you don't have an appetite, Drei Kronen features a "2 for 1" Happy Hour from 18:00-21:00. Order a couple steins and relax in the "biergarten" that overlooks the river and train station.

1F-2F, bldg. 5, Jin Wan Plaza, Jiefang Bei Lu, Heping District 和平区解放北路津湾广场5号楼1-2层
+86 22 5829 9698

Boiling 100 *Cooking All Night Long*

Sometimes the biggest obstacle for a new venue is shaking off the reputation of its predecessor. The previous venue occupying the ground floor of Heng Hua Da Sha was Sugar Club; a dated relic that was a bit of a punch line for anyone that had the misfortune of visiting. Just a few moments spent at Boiling 100 and you will realize that the new ownership was serious about erasing any memories of Sugar. The result is a slick looking and uber-trendy club; Tianjin club kids fill the booths, no doubt drinking cognac and green tea, beautiful women tend the bar, and dancers keep the audience's attention if the conversation wanes.

The club opened its doors in mid-April, and although they are still trying to build a consistent clientele base on the weekdays, weekends are busy. The music is a mix of hip-hop, Chinese and Western pop, house and techno, and drink specials are specifically aimed at bringing more foreigners in to spend their hard earned Renminbi. Discounted drinks are offered before ten, but the main attraction is the "two-for-one" deal for laowai and the special price for bottle service. If you want to take the party to the "next level," roughly CNY 800 will ensure you a VIP table enough cognac to flood a small village.

The club is located next to Xia Wa Fang metro station, which you can take on the way there, but if you want to take it home, it'll likely be when the sun is rising.

Henghua Building, no. 501, Dagu Nan Lu, Hexi District 河西区大沽南路501号恒华大厦
18:30 - 03:00 +86 22 5831 8888

Qba Bar *A Caliente Spot at The Westin Tianjin*

The second floor of The Westin Tianjin is now sweeping the feet off all visitors and guests with nothing but Latino tastes and rhythms.

At Qba you'll always have the chance of savouring authentic food, drinks and music. If you thought your mother's carne asada was the best in the world, visit Qba and have a taste of the homiest flavours right here in Tianjin. Say farewell to sweet meat and embrace the real Latin picante. The cocktails are said to be divine, and guess what, they really are. The signature ginger mojito, the perfect caipirinha made with the best Brazilian cachaça are the perfect start for a night of non-stop dancing.

Surrounded by a vibrant, wooden decoration, the atmosphere brings you at all times to a Cuban fiesta. To the sounds of the Paraguayan band RIAMBA your night is about to start rumbaing!

And Qba's parties would never be the real thing if they didn't have a Cuban cigar. Cohibas, Montecristo and Romeo y Julieta are the best of the very best. At the Cigar Lounge you'll have the chance of having a very dedicated staff to answer your questions about the real puro and to let you savour this fine pleasure.

Every day there's a new offer for guests. Make sure you try the cocktails and let the Latino in you enjoy!

2F, The Westin Tianjin, no. 101, Nanjing Lu, Heping District 和平区南京路101号天津君隆威斯汀酒店2层
17:30 - 01:00 +86 22 2389 0088

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www.tianjinplus.com

Tianjin Is Happening Now!

THE LATIN PARTY AT LA VILLA

When Latinos Go Out

The Latin Party hosted by Cabaret at La Villa marked the beginning of summer fun in Tianjin.

The band was Sabor Latino from Venezuela, while the DJ was from Colombia, the bartenders from Mexico, Cuba and Colombia, and the audience from all over the world. With the sounds of Latino rhythms, no one wanted to miss one of the most blasting parties Tianjin has ever seen.

Cabaret is the newest attraction in town. In the heart of the Italian Quarter, the club, with a spectacular band, outstanding decoration and authentic drinks, was packed with hundreds of expats thirsty for a very hot night. And Cabaret delivered. Dancing contests, genuine laughter, calor bailando el reggaeton and cheerful conversations in the balconies were the successful ingredients for this general delight.

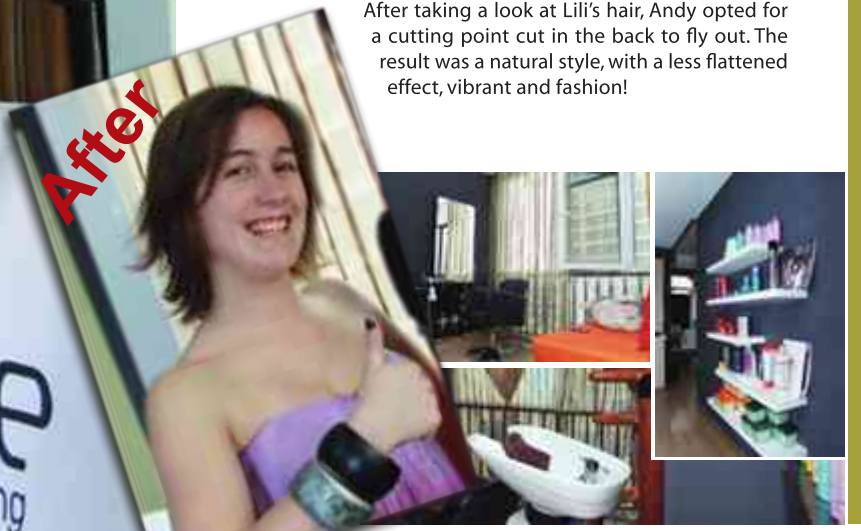
A guaranteed good time there are no more reasons to say Tianjin's nightlife doesn't happen. Cabaret at La Villa is hip and happening!

AY HAIRSALON MAKEOVER

Andy Boosts Lili's Look

Lili comes from Portugal and she's a Chinese Language Student at TFSU. A few moths ago she decided to go to the hairdresser and flatten her curly hair for a party. The result was an intensive Straight Therapy, and my-hair-isn't-curly-anymore shock.

After taking a look at Lili's hair, Andy opted for a cutting point cut in the back to fly out. The result was a natural style, with a less flattened effect, vibrant and fashion!



When it comes to everyday life affairs, when a foreigner arrives in Tianjin with the intention of staying for a few months, eventually they will ask themselves "where can I go to a hairdresser that will get what I want and understand what I'm saying"? Dear fellow expatriate, search no more. AY Hairsalon is the best choice in town.

Owned by Tianjin local Andy, AY is a chance to get your needs heard and definitely understood. After working for nine years at the Sheraton Hotel Tianjin, more than ninety percent of his faithful customers are foreigners. In practical terms, English-speaking Andy gets better than anyone else what a foreigner wants, what a foreigner needs. As he says "Chinese like cute, Westerns like sexy, and I can give them that". The products are from Germany, the US and Hong Kong such as Schwarzkopf, TIGI and These.

The parlour is cool, elegant, fashionable, quiet and clean (all his tools are sterilized), and you can even enjoy a drink while improving your looks. And the treatments are just to crave for: Mineral Teatree Restoring Mask, Spa Relaxing Essence Treatment, etc.

My point, Andy is talented and he's the best choice for newcomers that don't have an idea on where to go, and for those that have been here longer but would finally want to see style actually working on their hair as well.

AY's strengths:

- **English-speaking**
- **Appointment only**
- **Western notions of style and fashion**
- **Understanding of Tianjin's weather specificities and its influence on westerner's hair.**

NATURE VERSUS SCIENCE

Interview with Xun Xianghong, Chinese External Medicine Doctor at Tianjin GongAn Hospital

Did you always want to be a doctor? Doctors run in my family. My maternal grandfather was a doctor of internal medicine. He always had the hope that his grandsons would study medicine but they never did. So when I showed interest in medicine he passed on his skill and knowledge to me. However, I did not want to be a specialist of internal medicine, but found more interest in external medicine.

Is it more difficult being a doctor or preparing to be one? I think it is more difficult preparing to be a doctor. Becoming a doctor needs many foundations. You must understand Chinese medicine and western medicine. It is not like in the west where you only need to understand western medicine. You must show a mastery of both. You must have internal and external medicine fundamentals as well. So there are many basics that you need to prepare. You can not be just a specialist.

What makes Chinese medicine unique? Chinese medicine is unique in the methods used for healing and recovery. In western medicine they first find out what may be the problem and then try to heal it.

However what can you do if you can find no definite result? Chinese medicine uses the body' s pulse to determine where in the body the abnormal behaviour is. For example if your heart has a problem then we can feel that your blood is not circulating smoothly. Chinese medicine also works on curing the root of the problem and not its symptoms.

How do you deal with the stress of being a doctor? It is as simple as implementing my interest. I listen to music, read books and relax. I believe if I was an emergency doctor the pressure would be enormous, but as a Chinese doctor I don't feel there is a lot of pressure. It is a simply a matter of adjusting.

What difference do you see between Chinese and foreign patients? Chinese doctors when deciding the dosage of medicine depend on the physical characteristics of the patient. When treating foreign patients the amount of medicine is often increased due to commonly having more mass.

If you were a medical instrument, which would you be and why? I would say acupuncture needles because it is quick and effective. Before 1997 many individuals just trusted western medicine, but after westerners could not cure many neural diseases and saw how quick and powerful Chinese medicine was, they began to believe.

Some people think Chinese medicine isn't scientific enough. However I think science can't explain Chinese medicine.

TIANJIN'S TOP GYMS

No time to waste, summer is here.

January 1st seems like it was just moments ago, doesn't it? For those that didn't follow through on their New Year's resolutions to join and gym and get in shape, it's never too late. Let Tianjin Plus help guide you through the options.

Powerhouse Gym boasts four locations in Tianjin. The flagship location is in the Binjiang Shopping Center near Xiao Bai Lou, but clearly the best of the four is the newest facility, situated in the Tianjin Olympic Stadium. Vast, well lit and clean, Powerhouse offers ample treadmills and stair-climbers, Nautilus training machines, an Olympic sized pool and half-court basketball. Pilates, Yoga, and a wide range of aerobic classes are offered at various times seven days a week. This all comes at a premium cost of about CNY 4500; the Xiao Bai Lou location is roughly 1/3 of the cost.

There are a few quality gyms at a substantially lower price as well; Ling Chao Gym is perched on the fifth floor of the An Shan Xi Dao Digital Mall. Three stories high and providing plenty of exercise options, this gym seems to have the most popular spin and yoga classes on this list. Bustling with Chinese and foreigners, Ling Chao provides classes for virtually any discipline, ranging from Muai Thai Boxing, Judo and even Jeet Kundo.

Another noteworthy option is Qi Dian Gym on Binjiang Dao. It's centrally located and is just a short walk from the Yingkou Dao Metro stop. On the fifth floor of the You Yi Shopping Center, Qi Dian has all of the equipment necessary to start sculpting the perfect beach body. Although there is not a pool here, the facilities are modern and they have trainers available who can give you a personalized workout plan suited to your body type and work-out goals.

The pre-requisites for choosing a gym are: location, variety of activities and cleanliness. These three gyms rank high in all categories. So, turn off the Chinese soaps, put down the Haagen-Daas and go get involved before summer sneaks up on you.

Membership Rates: (CNY)

Powerhouse: 1 year- 4564

Ling Chao: 2 years-1200, 1 ½ years- 900, 1 year- 650, 6 months- 500, 3 months- 399, 1 month-199

Qi Dian: 1 year- 450, 6 months- 400, 3 months- 399, 1 month-199

Powerhouse 宝力豪健身 Area C, Olympic Center, no.90, Binshui Xi Dao, Nankai District 南开区卫津南路90号奥林匹克中心C区
Tel: +86 22 2392 2292

Ling Chao Gym 领潮健身 5F, no. 259, Core Mall Times Cyber Square, Anshan Xi Dao, Nankai District 鞍山西道时代数码广场259号五楼
Tel: +86 22 8129 3882

Starting Point Fitness 起点健身 5F, block B, Youyi Xin Tiandi Plaza, no. 208, Binjiang Dao, Heping District 和平区滨江道208号友谊新天地广场B座5层
Tel: +86 22 2331 8222

Past Present and Future Gongfu

Shifu Zhou Jing Xuan discusses traditional and modern wushu and his philosophies about the essence of gongfu

Master Zhou Jingxuan is the Head Teacher for Shang Wu Zhai Academy in Tianjin. Schooled as a child at Xi Gu Park in the Hongqiao District, he learned fighting styles ranging from Pi Gua Zhang and Jin Gang Ba Shi to Ba Ji Quan. He founded the Academy and accepted students with the aim of preserving the art of *gongfu*, one of China's most prized cultural disciplines. Recently, Tianjin Plus caught up with *shifu* to gain some insight into his thoughts on *wushu* and its place in Chinese heritage.

You started practicing *gongfu* when you were nine years old. What advice do you have for someone not starting at such a young age? The first thing you must find out is the purpose of the individual, find out if he wants to learn to fight. *Gongfu* has three main functions: the first function is for fighting and defense, second is for spiritual enlightenment and the third is to enhance performance, or basic exercise. All three functions require both external practice and internal practice.

Are there many differences between traditional and modern wushu? Modern *gongfu* is under the control of the Chinese government's policy. The purpose has been changed. The goal is to get points and high scores in competitions. The focus has changed, also to make it very beautiful and artistic. Traditionally, *gongfu* was used for one purpose, to kill your enemy in a battle. Traditional *gongfu* is more about power; it focused on building the strength and spirit of the soldiers to prepare them for war.

Foreigners think that Shoalin is the birth place of *gongfu*; what do Chinese (who practice *gongfu*) think about it? Shoalin is not the birthplace of *gongfu*, but was traditionally the gathering place for all different forms of *gongfu*. *Gongfu* has been passed down from our ancestors, the soldiers getting ready for war. The groups used *gongfu* to kill each other in battles. Various people, including soldiers and families would gather in Shoalin Si (temple) and share their knowledge. Shaolin Si helped one of the emperors in the Tang dynasty to gain his empire.

What is the link between internal and external martial arts establishing goals and ways to practice? Internal practice develops your spirit and your soul; it focuses on balancing your *qi gong*. External practice is intended to exercise your muscle and bones. Strength and hard bones are necessary elements of *gongfu*. External *gongfu* is more physically demanding. Its focus is on building toughness and the coordinated performance of your entire body. Conversely, internal *gongfu* is more mild and soft.

What is the relationship between *gongfu* and Buddhism as you see it? Buddhism is not a necessary part of *gongfu*. There is one sect of Buddhism, Chan Buddhism which has a close relationship with *gongfu*, but it's not necessary to practice Buddhism and *gongfu* together.

What is the essence of *gongfu*; how would you describe it? The essence is culture, but the way to express this culture is through fighting.

***Gongfu* is such an important part of Chinese culture and heritage; what do you think is its future?** Traditional *wushu* has two paths. The first is to meld with various other forms of martial arts, such as karate and *tae kwon do,* similar to MMA. The other path is that it will remain pure. In this path it will continue to influence Chinese people's way of thinking and their culture.

Master Zhou and his students practice regularly at Tianjin Traditional Medicine University, off An Shan Xi Dao. His passion for teaching *gongfu* is immediately evident; he is keen to share his vast knowledge of this sacred art, thus preserving the rich history of *wushu*.

Address: Tianjin University of Traditional Chinese Medicine
No. 88, Yuquan Lu, Nankai District

Best Selling Cars of the Year

The 3rd Automobile Cultural Festival and 2010 Tianjin Spring Automobile Expo

In the bicycle capital of China, we are seeing less of the local special commodity and more of the new-age one – the automobile. From 28 April until 3 May, Tianjin's Olympic Stadium played host to one of the largest auto exhibitions in northern China. For a mere 10CNY all guests were welcome to explore the wonderful world of auto.

The world's finest brands all had their best on display. The 2010 models of Toyota, Volkswagen, Mazda, Cadillac, Peugeot, BMW and Nissan were available for buying, sampling or just being a fan and taking photos. The Chinese brands of Xiali and Geely also had strong representation at the event.

For customers seeking more affordable options, the expo featured a used car section with over ten vendors to choose from. The used cars were not just a display of no longer desired models, but of recent models with nice discount packages. In the used car area, there were also vintage cars from the 70's attracting visitors from the current star standards.

Buying a car is not as easy as simply picking out the car you like. You must also think about financing and insurance. Several banks and insurance providers also walked the halls greeting customers and trying to earn some commission.

If needing a rest, a VIP Lounge was available for a small fee, with comfortable seating and mini desks. Since all guests are important, located next to the lounge was a snack area with crowd favourites of potato chips, hot dogs, iced teas and sodas.

To meet entertainment needs, several performances were available throughout the day. Car models for adults and a panda mascot for kids walked around the exhibition hall to bring smiles to all.

Listing Index TIANJIN

Restaurants 34-38

- Bakeries & Desserts
- Cantonese
- Chinese
- Dumplings
- Fast Food
- French
- German
- Hong Kong
- Hotpot
- Indian
- Italian
- Japanese
- Korean
- Muslim
- Pizza
- Roast Duck
- Seafood
- Shanghai
- Sichuan
- Spanish
- Teppanyaki
- Thai
- Turkish
- USA
- Vegetarian
- Western

Coffee Shops & Tea Houses 39

- Coffee Shops
- Tea Houses

Nightlife 40-41

- Bars & Discos
- KTV

Health & Beauty 41-42

- Beauty Salons
- Hairdressers
- Massages
- Spas
- Yoga
- Dental Clinics
- Hospitals

Sports 52

- Golf Clinic/Pro Shop
- Golf Clubs
- Gyms
- Outdoor Clubs
- Swimming Pools
- Tennis Courts

Home 53

- Decoration
- Electrical Appliances
- House Services
- Laundry

Hotels & Accommodations 54

- 5 Stars
- 4 Stars
- 3 Stars
- Apartments

Recreation 55-56

- Art Galleries
- Billiards
- Bowling
- Museums
- Parks
- Theatres and Cinemas

Services 56-57

- Education
- Exhibition Centres
- Libraries
- Real Estate
- Relocation Companies
- Travel Agencies

Shopping 58-60

- Antiques & Souvenirs
- Department Stores & Shopping Malls
- Bookstores
- Clothing Stores
- Health & Beauty Stores
- International Products Stores
- Jewellery and Watches Stores
- Music Stores
- Tianjin Art Stores
- Markets
- Supermarkets

Bakeries & Desserts

Bengons
Tong'an Xinli, no. 20, Tong'an Dao
Heping District
Tel: +86 22 2351 9666
宾果士
和平区同安道20号同安新里

Cold Stone Creamery
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1576
酷圣石冰淇淋
和平区南京路189号津汇广场负1层

Gang Gang Delicatessen
1F, Somerset Olympic Tower
No. 126, Chengdu Dao, Heping District
Tel: +86 22 2334 5716
和平区成都道126号奥林匹克大厦1层

Kissling Bakery
No. 33, Zhejiang Lu, Heping District
Tel: +86 22 2330 0330
起士林食品公司
和平区浙江路33号

Kiss'n Bake
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1616
凯丝恩贝
和平区南京路189号津汇广场负1层

Mighty Deli
No. 8, Huanhu Zhong Dao, Hexi District
Tel: +86 22 2352 6766
美琪食品
河西区环湖中道8号

Paris Baguette
-1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8258
巴黎贝甜
和平区南京路128号乐宾百货负1层

Sun Sweet
1F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9299
圣思威特
和平区解放北路津湾广场6区1层

Cantonese

Cuiheng Village
Youyi Lu Branch
1-2F, Science & Technology Building
No. 23, Youyi Lu, Hexi District
Tel: +86 22 2813 1601
翠亨邨
友谊路店：河西区友谊路23号科技咨询大厦1-2层
Weidi Dao Branch
2F, block C, Huasheng Plaza
No. 146, Weidi Dao, Hexi District
Tel: +86 22 8823 8986
围堤道店：河西区围堤道146号华盛广场C座2层

Mong Kok Café
2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9298
旺角茶餐厅
和平区解放北路津湾广场6区2层

Yue Wei Xian
No. 283-285, Hebei Lu, Heping District
Tel: +86 22 2339 8888
粤唯鲜
和平区河北路283-285号

Yue Xian Ge Restaurant
Shuiyinglan Building
Pingshan Dao, Hexi District
Tel: +86 22 2351 8999
奥鲜阁酒楼
河西区平山道水映兰底商

Zhonghua Dunpin
No. 19, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2352 9898
中华燉品
南开区水上公园北路19号

Chinese

Aishang 2046 Sijia Cai
No. 43, Hubei Lu, Heping District
Tel: +86 22 2339 7566
爱上2046私家菜
和平区湖北路43号

Celestial Court Chinese Restaurant
2F, Main Building
Sheraton Tianjin Hotel
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext.1825/1826
天宝阁中餐厅
河西区紫金山路喜来登大酒店主楼2楼

China Station
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
中国站
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Chinese Restaurant
3F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2211
中餐厅
河北区海河东路凤凰商贸广场
海河假日酒店3层

Chu Yun Tian
1F, Binhu Building
Huanhu Zhong Lu, Hexi District
Tel: +86 22 2335 5066
楚云天
河西区环湖中路滨湖大厦1层

Fortune Restaurant
2F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
富淳中餐厅
空港物流加工区中心大道55号天津滨海圣光皇冠假日酒店2层

Fountain Lounge
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
碧泉茶园
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Gui Yuan Restaurant
No. 103, Chengdu Dao, Heping District
Tel: +86 22 2339 7530
桂圆餐厅
和平区成都道103号

Jiangnan Xiao Chu
No. 151, the Junction of Guilin Lu and
Chongqing Dao, Heping District
Tel: +86 22 2331 5656
江南小厨
和平区重庆道与桂林路交口151号

Kong Yi Ji Restaurant
Area A, Bldg. 7, Culture Town
Ancient Culture Street, Nankai District
Tel: +86 22 2735 8333
孔乙己酒店
南开区古文化街文化小城7号楼A座

Regimen
No. 51, Bldg. E, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 6767
颐和
南开区天塔道上谷商业街E座51号

Su Zhe Restaurant
No. 107, the junction of Pukou Dao and
Machang Dao, Hexi District
Tel: +86 22 2328 0055
苏浙酒楼
河西区马场道与浦口道交口

Tao Li Chinese Restaurant
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3561
桃李中餐厅
和平区南京路189号
天津日航酒店6层

Youth Restaurant
1F, Bldg. 1, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 5836 8081
青年餐厅
和平区解放北路津湾广场1区1层

Zen5es
4F, The Westin Tianjin
No. 101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
中国元素中餐厅
和平区南京路101号
天津君隆威斯汀酒店4层

Dumplings

Bai Jiao Yuan
Changjiang Dao Branch
Changjiang Dao, Nankai District
Tel: +86 22 2742 1177
百饺园
长江道店：南开区长江道
Pingshan Dao Branch
No. 43, Pingshan Dao, Hexi District
Tel: +86 22 2356 6120
平山道店：河西区平山道43号

Ding Tai Fung
No. 18, the junction of Zi Jin Shan Lu
and Binshui Dao, Hexi District
Tel: +86 22 2813 8138
鼎泰丰
河西区宾水道与紫金山路交口18号

Go Believe
Shandong Lu Branch
No. 77, Shandong Lu, Heping District
Tel: +86 22 2730 2540
狗不理
山东路店：和平区山东路77号
Shipin Jie Branch
Shipin Jie, Heping District
Tel: +86 22 2727 1116
食品街店：和平区食品街
Shuishang Gongyuan Bei Lu Branch
Jinlong Apartments
No. 16, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2337 1999
水上北路店：
南开区水上公园北路16号津龙公寓

Fast Food

Lotteria
Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 2374 1909
乐天利
南开区宾水西道时代奥城商业广场

Macdonald's
Dagu Nan Lu Branch
Dagu Nan Lu, Hexi District
Tel: +86 22 2802 0570
麦当劳
大沽南路店：河西区大沽南路
Heping Lu Branch
No. 180, Heping Lu, Heping District
Tel: +86 22 2731 0573
和平路店：和平区和平路180号

French

La Seine
No. 50, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
赛纳河法国餐厅
河北区自由道意大利风情街50号

Saigon Court
No. 173, the junction of Xikang Lu and
Chengdu Dao, Heping District
Tel: +86 22 2335 9173
贡苑法式越南餐厅
和平区成都道与西康路交口173号

German

Euro Place Restaurant & Bar
No. 2-26, Fengshui Garden
Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 8838 9578
欧之家餐吧
河西区友谊南路梅江新海湾商业广场
风水园2-26号

Ludwig 1308 Beer House
1F-2F, bldg. 5, Jinwan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9199
路德维格1308啤酒坊
和平区解放北路津湾广场5号楼1-2层

Hong Kong

B.J. Top-class Hongkong BFT
52F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 9698
香港避风塘酒楼
和平区解放北路118号信达广场52层

Hotpot

Hai Di Lao Hotpot
3F, Renren Le
No. 78, Xihu Dao, Nankai District
Tel: +86 22 8568 5886
海底捞火锅
南开区西湖道78号人人乐3层

Huo Tian Da You Hotpot
No. 99, Chengdu Dao, Heping District
Tel: +86 22 2339 4107
火天大有火锅
和平区成都道99号

Mo Cuo Men Niu Du Wang
No. 191, Hongqi Lu, Nankai District
Tel: +86 22 2366 1699
摸错门牛肚王
南开区红旗路191号

Xiao Fei Yang
The junction of Xianyang Lu and
Jieyuan Xi Dao, Nankai District
Tel: +86 22 2769 6688
小肥羊
南开区芥园西道与咸阳路交口

Yue Wei Xian Hotpot Restaurant
No. 8, Ti Yuan Bei Dao, Hexi District
Tel: +86 22 2395 2000
粤唯鲜火锅城
河西区体院北道8号

Indian

Alibaba Indian Restaurant & Bar
2F, Sports Hotel
No. 90, Weijin Nan Lu, Nankai District
Tel: +86 22 2391 6368
阿里巴巴印度餐厅酒吧
南开区卫津南路90号体育宾馆2层

Bawarchi Indian Restaurant
No. 69, Bldg. B, Shang Gu
Tianta Lu, Nankai District
Tel: +86 22 2341 2786
芭瓦琪印度餐厅
南开区天塔路上谷商业街B座69号

Italian

B.J. Top Class
52-53F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 9698
云顶百家
和平区解放北路188号海信广场52-53层

Babela's Kitchen
2F, How Why Department Store
No. 199, Nanjing Lu, Heping District
Tel: +86 22 2782 6470
巴贝拉意式休闲餐厅
和平区南京路199号号外时尚官2层

Buitoni
No. 86, Minzu Lu, Hebei District
Tel: +86 22 2445 1592
堡康利
河北区民族路86号

Gino Restaurant
No. 231, Machang Dao, Hexi District
Tel: +86 22 2352 6530
季诺意式休闲餐厅
河西区马场道231号

Glass House
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhejiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
水晶厨房
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Prego
3F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
意大利餐厅
和平区南京路101号
天津君隆威斯汀酒店3层

Trattoria Italiana
No. 443, Tianjin Italian Style Town
Shengli Lu, Hebei District
Tel: +86 22 2446 0505
意大利人餐厅
河北区胜利路意大利风情街443号

Venezia Club
No. 48, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 8761 3413
威尼斯酒吧
河北区自由道意大利风情街48号

Japanese

Benkay Japanese Dining
5F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3558
弁慶日本料理餐厅
和平区南京路189号天津日航酒店5层

Chitose
5F, Ningfa Group
No. 21, Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2392 0287
千登世
南开区水上公园东路21号宁发集团5层

Haru Haru Japanese Restaurant
No. 50, bldg. D, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 0988
通天阁新派料理
南开区天塔道上谷商业街D座50号

Kasumi
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2322
霞日式料理
空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Kushi Grill
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
串烧
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Meshiya Hashiba
7F, Isetan, Modern Town
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2718 8385
桥场饭屋
和平区南京路108号现代城伊势丹7层

Michikusa
No. 6, Hunan Lu, Heping District
Tel: +86 22 2712 5057
美千草
和平区湖南路6号

Muromachi
No. 146, Jiefang Bei Lu, Heping District
Tel: +86 22 2339 1570
室町
和平区解放北路146号

Seitaro
Qi Xiang Tai Lu Branch
(Next to Kaisa Palace)
1F, no. 46, Qi Xiang Tai Lu, Heping District
Tel: +86 22 2835 5588
清太郎日本料理
气象台路店：和平区气象台路46号1层
(凯撒皇宫旁)
Zi Jin Shan Lu Branch
Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2335 0909
紫金山路店：河西区紫金山路
喜来登大酒店

Shinken
1F, Jun Yue Hotel
No. 16, Guizhou Lu, Heping District
Tel: +86 22 2783 9995
真剑日本料理
和平区贵州路16号君悦酒店1层

Wei Cai
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8251
味彩
和平区南京路128号乐宾百货7层

Yuzu
7F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 2313 5777
柚子
和平区解放北路118号信达广场7层

Zhen You Mei
5F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8686
真由美日本料理
和平区解放北路118号海信广场5层

Korean

Green Village
No. 22, Xihu Cun Dajie, Nankai District
Tel: +86 22 2742 2675
绿色村庄
南开区西湖村大街22号

Han Luo Yuan
1F, Golden Crown Building
No. 20, Nanjing Lu, Hexi District
Tel: +86 22 2302 9888
韩罗苑
河西区南京路20号金皇大厦1层

MIGA Korean Restaurant
No. 42, Anshan Xi Dao, Nankai District
Tel: +86 22 2742 7742
味佳韩国料理
南开区鞍山西道42号

Sorabol
No. 873, Dagu Nan Lu, Hexi District
Tel: +86 22 2833 5588
萨拉伯尔
河西区大沽南路873号

The Gimbob
(Next to E-Mart)
Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 8549 0888
南开区宾水西道时代奥城商业广场
(易买得旁)

YEZA Korean Restaurant
No. 47, bldg. C, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 1738
椰家韩餐厅
南开区天塔道上谷商业街C座47号

Muslim

Hong Qi Shun
No. 668, Dagu Nan Lu, Hexi District
Tel: +86 22 2832 8038
鸿起顺
河西区大沽南路668号

Hui Fang Lou
No. 74, Dali Dao, Heping District
Tel: +86 22 2311 6066
会芳楼
和平区大理道74号

Pizza

Galilee Pizza House
Huayuan Jiuhua Li Bazaar
Huayuan Jie, Nankai District
Tel: +86 22 2373 1366
加利利披萨店
南开区华苑街华苑久华里市场

Gold Pizza
1F, Caifu Building
Weijin Lu, Nankai District
Tel: +86 22 2304 5765
黄金比萨
南开区卫津路财富大厦1层

JPT Pizza
3F, Huaju Department Store
No. 72-74, Xikang Lu, Heping District
Tel: +86 22 8385 0182
家必得比萨店
和平区西康路72-74号华钜百货3层

Papa John's Pizza
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1616
棒约翰比萨
和平区南京路189号津汇广场负1层

Pizza Box
Fukang Garden, Nankai District
Tel: +86 22 2367 1318
比萨香西餐厅
南开区富康花园

Pizza Hill
Bldg. B, Magnetic Capital
Lingbin Lu, Nankai District
Tel: +86 22 2385 5025
天津嘉喜来比萨餐饮
南开区凌宾路时代奥城商业广场B区

Pizza Hut
-1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8268
必胜客
和平区南京路128号乐宾百货负1层

Pizza Seven
No. 146, Weidi Dao, Hexi District
Tel: +86 22 2351 4772
美闻比萨
河西区围堤道146号

Roast Duck

Jin Baiwan
No. 42, Youyi Lu, Hexi District
Tel: +86 22 2835 1000
金百万
河西区友谊路42号

Tianjin Roast Duck Restaurant
Guangdong Lu Branch
No. 139, Guangdong Lu, Hexi District
Tel: +86 22 2324 9603
天津烤鸭店
广东路店：河西区广东路139号
Liaoning Lu Branch
No. 146, Liaoning Lu, Heping District
Tel: +86 2730 3335
辽宁路店：和平区辽宁路146号

Zheng Yangchun
No. 418, Hongqi Nan Lu, Nankai District
Tel: +86 22 2367 6989
正阳春鸭子楼
南开区红旗南路418号

Seafood

Peng Tian Ge
No. 8, Hongqi Nan Lu, Nankai District
Tel: +86 22 2395 6666
鹏天阁
南开区红旗南路8号

Qi Nian Wan
No. 26, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2359 1999
祈年湾海鲜阁
南开区水上公园北路26号

Shanghai

117 Garden Villa
No. 117, the junction of Dali Dao and
Kunming Lu, Heping District
Tel: +86 22 2331 1117
117花园别墅
和平区昆明路与大理道交口117号

Gun Shi Shanghai Restaurant
No. 4, Changde Dao, Heping District
Tel: +86 22 2311 1188
滚石上海餐厅
和平区常德道4号

Shanghai Time
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2341 2341
上海年代
南开区水上公园东路

Tang Xuan Restaurant
3-4F, Tianlong Yanyi Plaza
No. 78, Jianshe Lu, Heping District
Tel: +86 22 2325 6000
唐轩酒楼
和平区建设路78号天龙演艺广场3-4层

Sichuan

Bayu Renjia
No. 33, Yichang Dao, Heping District
Tel: +86 22 2351 1818
巴渝人家
和平区宜昌道33号

Chuan Ren Bai Wei
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8238
川人百味
和平区南京路128号乐宾百货7层

South Beauty
No. 1, the junction of Youyi Bei Lu and
Machang Dao, Hexi District
Tel: +86 22 2325 9327
俏江南
河西区马场道与友谊北路交口1号

Spanish

Paelleta Spain
No. 50-52, Kaifeng Dao
Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2311 0081
百意达海鲜饭
河西区小白楼开封道50-52号

Teppanyaki

Angel Gulf Teppanyaki
1-2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9058
天使湾法式铁板烧
和平区解放北路津湾广场6区1-2层

Baiyi Teppanyaki
The junction of Xiao Zhujiang Dao and
Youyi Nan Lu, Hexi District
Tel: +86 22 2335 5588
百一铁板烧
河西区友谊南路与小珠江道交口

TAIRYU Teppanyaki
Bldg. C, 12A, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 1718
大渔铁板烧
南开区天塔道上谷商业街C座12A

Thai

Banana Leaf
Tian Di Hui Restaurant Plaza
No. 89, the junction of Qinghe Dajie and
Nan Men Wai Dajie, Heping District
Tel: +86 22 2727 5999
蕉叶国餐厅
和平区南门外大街与清和大街交口89号
天地烩美食街

Golden Elephant Thai Restaurant
No. 78, the junction of Yong'an Dao and
Guangdong Lu, Hexi District
Tel: +86 22 2328 7801
金象苑泰国餐厅
河西区广东路与永安道交口78号

YY Beer House
(Behind International Building)
No. 3, Aomen Lu, Heping District
Tel: +86 22 2339 9634
粤园泰餐厅
和平区澳门路3号(国际大厦后侧)

Turkish

Efes
7F, OLE Shopping Mall
Binjiang Dao, Heping District
Tel: +86 22 2718 3458
埃菲斯西餐厅
和平区滨江道欧乐时尚广场7层

USA

Hank's Sports Bar & Grill
No. 56, 1F, bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7997
汉克斯运动酒吧
南开区天塔道上谷商业街B座1层56号

T.G.I. Friday's
No. 7-2, Fukang Lu, Nankai District
Tel: +86 22 2300 5555
星期五餐厅
南开区复康路7-2号

Vegetarian

Kind Lotus
No. 68, the junction of Kunming Lu and
Changde Dao, Heping District
Tel: +86 22 2331 8629
并蒂莲素食餐厅
和平区常德道与昆明路交口68号

Seven Leaves Vegetarian Restaurant
2F, Yuanyang Building
Xinkai Lu, Hedong District
Tel: +86 22 2337 1479
七贝叶素餐厅
河东区新开路远洋大厦2层

Western

Alibaba
Wei Hua Li Xiaoqu, Tong'an Dao
Heping District
Tel: +86 22 2351 3976
阿里巴巴
和平区同安道卫华里小区

Barcelona Western Food Restaurant
No. 10, Binyou Dao, Hexi District
Tel: +86 22 2837 3207
巴塞罗那西餐厅
河西区宾友道10号

Café Venice
2F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2271
威尼斯咖啡厅
河北区海河东路凤凰商贸广场天津海河
假日酒店2层

Café@66
1F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
咖啡66
河东区新开路66号天津天诚丽笙世嘉酒店1层

Chateau35 Wine Bar & Bistro
Opposite 79, Changde Dao
(Between Kunming Lu and Yunnan Lu)
Heping District
Tel: +86 22 2331 5678
Mob: +86 159 2218 2183
古堡35西餐葡萄酒吧
和平区常德道79号对面
(昆明路与云南路之间)
www.chateau35.com

Friends Restaurant and Bar
7-9, Bldg. B, Magnetic Capital
Lingbin Lu, Nankai District
Tel: +86 22 2385 5018
朋友餐厅
南开区凌宾路时代奥城商业广场B区7-9

Gold Pub
No. 109, Chengdu Dao, Heping District
Tel: +86 139 2081 6219
金德西餐体闲吧
和平区成都道109号

Greenery Café
Tian Di Hui Restaurant Plaza
Nan Men Wai Dajie, Heping District
Tel: +86 22 2734 8788
绿茵阁西餐厅
和平区南大门外大街天地烩美食街

Hamber Bar & Restaurant
No. 22, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2311 2282
汉马堡餐吧
河西区小白楼开封道22号

Kiessling Western Restaurant
No. 33, Zhejiang Lu, Heping District
Tel: +86 22 2330 0330
起士林西餐厅
和平区浙江路33号

Kokopelli
No. 6, Changdu Lu, Heping District
Tel: +86 22 2781 7172
Kokopelli餐巴
和平区昌都路6号

M Club
No. 5, Youyi Lu, Hexi District
Tel: +86 22 5818 1108
茉莉
河西区友谊路5号

Mediterranean Restaurant
Tong Lou, no. 212, Weidi Dao, Hexi District
Tel: +86 22 2351 9102
地中海边西餐厅
河西区围堤道212号佟楼

Momo @ La Villa
-1F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa负1层

Monjardin Restaurant & Bar
No. 58, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2312 1008
蒙哈丁西餐酒吧
河西区小白楼开封道58号

Ou Luo Ba Restaurant
No. 36-42, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2330 6178
欧罗巴西餐厅
河西区小白楼开封道36-42号

Pan Shan Grill & Wine
2F, Main Building, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext.1820
盘山葡萄酒扒房
河西区紫金山路
天津喜来登大酒店主楼2层

Provence
No. 29, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4888
普罗旺斯西餐厅
河北区自由道意大利风情街

Seasonal Tastes
1F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
"知味"全日餐厅
和平区南京路101号
天津君隆威斯汀酒店1层

Seven Days
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
日七
和平区南京路128号乐宾百货7层

Small London Restaurant
No. 73, Chengdu Dao, Heping District
Tel: +86 22 2312 8998
伦小敦西餐厅
和平区成都道73号

Spectrum All-Day Dining
7F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3570
彩西餐厅
和平区南京路189号天津日航酒店7层

Tapas
Wu Jia Yao Branch
No. 55, Wu Jia Yao Dajie, Hexi District
Tel: +86 22 2337 1456
美滋味
吴家窑店：河西区吴家窑大街55号
Magnetic Capital Branch
Bldg. A3, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5327
奥城广场点：南开区宾水西道时代奥城商业广场A3区

Terrace Cafe
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
燕园咖啡厅
河西区紫金山路天津喜来登大酒店1层

Wyndsong Restaurant
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2333
风之细语西餐厅
空港物流加工区中心大道55号天津滨海圣光皇冠假日酒店1层

Coffee Shops

31 Cups
No. 29, Changde Dao, Heping District
Tel: +86 22 2666 3131
31杯咖啡
和平区常德道29号

Amor Coffee
No. 22, Ping'an Dajie, Heping District
Tel: +86 22 2721 6586
爱念咖啡
和平区平安大街22号

Banilla Coffee
Book Building
No. 362, Dagu Nan Lu, Hexi District
Tel: +86 2306 3060
百怡咖啡
河西区大沽南路362号图书大厦

Canvas Café
Yuanyang Xin Tiandi
No. 61, Xinkai Lu, Hedong District
Tel: +86 22 6089 6520
画布咖啡西餐厅
河东区新开路61号远洋新天地

Ciao Coffee Bar
2F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8366
喜可意
和平区解放北路188号海信广场2层

Coffee Time
No. 1, the junction of Shaoxing Dao and
Youyi Lu, Hexi District
Tel: +86 22 2813 4857
时光咖啡
河西区友谊路与绍兴道交口1号

Courtyard Café
The junction of Hebei Lu and
Munan Dao, Heping District
Tel: +86 22 2330 0425
庭院咖啡
和平区睦南道与河北路交口

Harvest Book & Coffee
Room 101, gate 3, Bldg. 27
Jiuhuali Garden
No. 191, Yingshui Dao, Nankai District
Tel: +86 22 2373 3461
哈维斯特咖啡
南开区迎水道191号
久华里花园27号楼3门101室

Look! Space Coffee & Gallery
No. 64, Chongqing Dao, Heping District
Tel: +86 22 2330 1912
注意空间咖啡
和平区重庆道64号

Memory Modern Coffee
A2-07, Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 5838 7678
摩豆记忆
南开区宾水西道时代奥城商业广场A2-07

Miracle Coffee
2F, no. 2-80, Fengshui Garden
Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 8838 9285
米萝克咖啡
河西区友谊南路梅江新海湾商业广场
风水园2-80号2层

SPR Coffee
1F, Bldg. B, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5329
SPR 咖啡
南开区宾水西道时代奥城商业广场B区1层

Starbucks Coffee
Binjiang Dao Branch
1F, Hualian Building
No. 200, Binjiang Dao, Heping District
星巴克咖啡
滨江道店：和平区滨江道200号
华联商厦1层
Heping Lu Branch
1F, Parkson Department Store
No. 162, Heping Lu, Heping District
和平路店：和平区和平路162号
百盛购物中心1层
Nanjing Lu Branch
International Building
No. 75, Nanjing Lu, Heping District
南京路店：和平区南京路75号国际大厦

The Spot Cafe
(Opposite of Tianyu Hotel)
Nan Fu Fang Dajie
Diantai Dao, Heping District
Tel: +86 22 2783 7764
聚点咖啡馆
和平区电台道南浮房大街
(天宇大酒店对面)

Time Coordinate Coffee
No. 6, the junction of Hanghai Dao and
Baidi Lu, Nankai District
Tel: +86 22 8789 2737
时间坐标咖啡馆
南开区白堤路与航海道交口6号

UBC Coffee
Dagu Nan Lu Branch
No. 816, Dagu Nan Lu, Hexi District
Tel: +86 22 2833 6408
上岛咖啡
大沽店：河西区大沽南路816号
Pingshan Dao Branch
No. 30, Pingshan Dao, Hexi District
Tel: +86 22 2301 6583
平山道店：河西区平山道30号
Qiongzhou Dao Branch
No. 141, the junction of Guangdong Lu
and Qiongzhou Dao, Hexi District
Tel: +86 22 2326 5858
琼州道店：河西区琼州道与广东路交口
141号

Tea Houses

Jin Le Tea House
2F, New Culture Garden
Rongye Dajie, Heping District
Tel: +86 22 2723 2777
金乐茶楼
和平区荣业大街新文化花园2层

Ming Hua Xin Tea House
No. 187, Chongqing Dao, Heping District
Tel: +86 22 2331 1298
茗花馨茶艺馆
和平区重庆道187号

Mingyuan Tea House
No. 42, Changde Dao, Heping District
Tel: +86 22 2331 5080
茗源咖啡
和平区常德道42号

Rose House
1-2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 137 1882 9532
古典玫瑰园
和平区解放北路津湾广场6区1-2层

Xin Rong Tea House
No. 25, Pingshan Dao, Hexi District
Tel: +86 22 2352 4910
鑫荣茶艺馆
河西区平山道25号

Yang Lou Tea House
The junction of Kunming Lu and
Chongqing Dao, Heping District
Tel: +86 22 2339 7244
洋楼茶园
和平区重庆道与昆明路交口

Zhengqinghe Zhuyeqing Tea House
No. 56, Guang Kai Er Ma Lu
Nankai District
Tel: +86 22 2741 9800
正清和竹叶青茶庄
南开区广开二马路56号

Zheng Xing De Tea House
No. 66, Tai'an Dao, Heping District
Tel: +86 22 2339 8058
正兴德茶点
和平区泰安道66号

Bars & Discos

13 Club
Tianjin Italian Style Town
Ziyou Dao, Hebei District
河北区自由道意大利风情街

1618 Club
No. 16-18, Machang Dao, Hexi District
Tel: +86 22 2373 8888
1618会所
河西区马场道16-18号

8 Bar
No. 78, Jianshe Dao, Heping District
Tel: +86 22 2330 5988
8号酒吧
和平区建设道78号

Babi Club
No. 83, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6006
芭茈俱乐部
河西区琼州道83号

Bull's Club
No. 83, Baidi Lu, Nankai District
Tel: +86 22 8185 3333
公牛酒吧
南开区白堤路83号

Cabaret @ La Villa
1/2F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa1/2层

City Music Club
No. 64, Limin Dao, Hexi District
Tel: +86 22 8998 8833
喜地音乐酒吧
河西区利民道64号

Dazzle Lobby Lounge
1F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +87 22 2627 8888 ext. 2266
眩吧
河北区海河东路凤凰商贸广场
天津海河假日酒店1层

Euro Bar
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
欧罗吧
天津空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Feeling Bar
1F, Gome Building, the junction of Dagu Nanlu and Jinhe Dao, Hexi District
Tel: +86 139 2023 1836
菲林慢摇酒吧
河西区大沽南路与津河道交口
国美电器1层

Follow Bar
2F, Bolian Building
No. 155, Weijin Lu, Heping District
和平区卫津路155号博联大厦2层

Fountain Lounge Bar
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
碧泉茶园酒吧
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Hard Rock Club
(Next to Narcissus Hotel)
Pingshan Dao, Hexi District
硬石音乐主题俱乐部
河西区平山道(天水大酒店旁)

Harry's Bar
No. 25, Youyi Lu, Hexi District
Tel: +86 22 2835 2777
哈里酒吧
河西区友谊路25号

JV'S Bar
1F, Main Building, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 1845
JV'S 酒吧
河西区紫金山路
天津喜来登大酒店主楼1层

La Playa @ La Villa
3F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa3层

La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号广场

Le Nest Club
No. 103, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6666
乐巢酒吧
河西区琼州道103号

Lobby Bar
2F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
大堂吧
空港物流加工区中心大道55号天津滨海
圣光皇冠假日酒店2层

Macchiato Live Music Bar
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 136 0206 2117
玛奇杂音乐餐吧
河东区八纬路与十四经路交口音乐街

Mayflower Bar
The junction of Zi Jin Shan Lu and Qi Xiang Tai Lu, Hexi District
Tel: +86 22 5859 9898
五月花酒吧
河西区气象台路与紫金山路交口

Mizu Bar
5F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3555
美津酒吧
和平区南京路189号天津日航酒店5层

Nic Club
No. 143, Munan Dao, Heping District
Tel: +86 159 2207 0904
泥Club
和平区睦南道143号

Pepper
3F, Bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 5238
南开区天塔道上谷商业街B座3层

Purple Bar
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
葡吧
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Qba Bar
2F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
Q吧
和平区南京路101号
天津君隆威斯汀酒店2层

Richmond Paulaner Bar
No. 243, Xinhua Lu, Heping District
Tel: +86 22 2330 6866
和平区新华路243号

Riff Live House
No. 55, the junction of Dagu Bei Lu and Chifeng Dao, Heping District
Tel: +86 135 0218 2204
摇滚天津俱乐部
和平区赤峰道与大沽北路交口55号

Scarlet
3F, Bolian Building
No. 155, Weijin Lu, Heping District
Tel: +86 22 2355 6223
乱世佳人
和平区卫津路155号博联大厦3层

SITONG Bar
-1F, Somerset Olympic Tower
Chengdu Dao, Heping District
Tel: +86 22 2337 7177
昔唐音乐酒吧
和平区成都道奥林匹克大厦负1层

Vinchalet Café
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 2987
万喜来
和平区南京路诚基大厦第五大道商业街2层

KTV

Eastern Pearl
No. 2, Guizhou Lu, Heping District
Tel: +86 22 2781 6666
东方之珠KTV
和平区贵州路2号

Happy Party
No. 101, Nanma Lu, Nankai District
Tel: +86 22 2733 6666
快乐迪
南开区南马路101号

Holiday KTV
9F Isetan, no. 108, Nanjing Lu
Heping District
Tel: +86 139 0211 4681
好乐迪
和平区南京路108号伊势丹9F

Limited Edition KTV
No. 47, Minzu Lu, Hebei District
Tel: +86 22 2403 0888
一宫.量贩式KTV
河北区民族路47号

Party Land KTV
No. 168, Baidi Lu, Nankai District
Tel: +86 22 2300 3591
金永KTV
南开去白堤路168号

Beauty Salons

Chlitina
No. 180, the junction of Shashi Dao and Kunming Lu, Heping District
Tel: +86 22 2335 4106
克丽缇娜护肤中心
和平区昆明路与沙市道交口180号

Natural Beauty
No. 18, Shashi Dao, Heping District
Tel: +86 22 2330 5716
自然美
和平区沙市道18号

Hairdressers

AY Hairsalon
5A-01, bldg. 18, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2374 1333
南开区宾水西道时代奥城商业广场18号楼5A-01

Culture of Beauty
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 7473
(Closed on Wednesday)
美学文化
和平区南京路
诚基大厦第五大道商业街2层

Degen Beauty Salon
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1066
德根形象公社
和平区南京路189号津汇广场负1层

Feeling Salon
No. 17, Zhejiang Lu, Heping District
Tel: +86 22 2331 6856
千沐风
和平区浙江路17号

Joy Forever Hair Atelier
No.1, 2F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2374 1813
久爱美发
南开区宾水西道时代奥城商业广场A4区2层1号

K&J Hair Club
No. 6, 1F, bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5382
K&J发吧
南开区宾水西道时代奥城商业广场A4区1层6号

Sanbaili Rong Yuan
The junction of Xiaguang Dao and Shiying Lu, Nankai District
Tel: +86 22 2392 3617
三佰理容院
南开区士英路与霞光道交口

TiTi Professional Hair
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2731 1512
佑村造型
和平区南京路209号
吉利大厦米莱欧百货1层

Winter Rain Studio
No. 99, the junction of Rong'an Dajie and Rongye Dajie, Nankai District
Tel: +86 22 2723 5348
冬雨造型
南开区荣业大街与荣安大街交口99号

Massages

A Sen Da Mutong Xiyu Zhongxin
No. 22, Pukou Dao, Hexi District
Tel: +86 22 2313 5080
阿森大木桶洗浴中心
河西区浦口道22号

Degen
Bldg. 19-1-111, Magnetic Capital Apartments
Binshui Xi Dao, Nankai District
Tel: +86 22 8378 8522
德根
南开区宾水西道时代奥城商业广场酒店公寓19-1-111座

Forest Massage Salon
Room 04-303, Bldg. A, SOHO Gongshe
Century City, Hei Niu Cheng Dao
Hexi District
Tel: +86 22 8829 8330
森林按摩中心
河西区黑牛城道
世纪城SOHO工社A座04-303室

Huali Massage Center
No. 11, Luoyang Dao, Heping District
Tel: +86 22 2332 2636
花利足疗保健中心
和平区洛阳道11号

Zheng Kang Blind Massage Center
Bldg. 3, gate 1, suite 101
Tongda Shangcheng
Lishui Dao, Hexi District
Tel: +86 22 8826 1604
正康盲人按摩中心
河西区澧水道通达尚城101室1门3号楼

Spas

Dikara Spa
Step into the realm of sheer indulgence...'Dikara Spa'"
4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888 ext. 3910
迪卡拉水疗中心
河东区新开路66号
天津天诚丽笙世嘉酒店4层

Heavenly Spa by Westin
6F, The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
威斯汀天梦水疗
和平区南京路101号
天津君隆威斯汀酒店6层

I Spa
6F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
泰美好
和平区南京路189号日航酒店6层

Milky Spa
Room 602, door 2, Bldg. C
Frienship Building, Youyi Lu, Hexi District
Tel: +86 22 2827 3456
河西区友谊路友谊大厦C座2门602室

Oasis SPA at Sheraton
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2227
喜来登绿洲
河西区紫金山路天津喜来登大酒店1层

Tea Tree Spa
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2400
茶树水疗中心
空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Yoga

Hotel Nikko Tianjin Yoga
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext.3290
天津日航酒店瑜珈
和平区南京路189号天津日航酒店6层

Yunshui Yoga Club
2F, Bldg. 8, Yangguang Apartment
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2338 1002
云水瑜珈会馆
南开区水上公园东路阳光公寓8号楼2层

Dental Clinics

Aichi International Dental Center
4F, Huaju Department Store
No. 72-74, Xikang Lu, Heping District
Tel: +86 22 8568 5606
爱齿口腔医疗中心
和平区西康路72-74号华拒百货4层

Tianjin Dental Hospital
No. 75, Dagu Lu, Heping District
Tel: +86 22 2711 9191
天津口腔医院
和平区大沽路75号

Tianjin Xinaichi International Dental Clinic
No. 84, TEDA Garden
Jiulong Lu, Hexi District
Tel: +86 22 2328 5556
天津欣爱齿口腔医院
河西区九龙路泰达园号84

Hospitals

Binhu Hospital of Chinese Traditional Medicine
(Next to IG Supermarket)
Huanhu Nan Li, Ti Yuan Bei, Hexi District
Tel: +86 22 2330 0706
滨湖中医医院
河西区体院北环湖南里（津工超市旁）

Tianjin Aimin Diet Hospital
No. 34, Youyi Lu, Hexi District
Tel: +86 22 2813 0596
天津爱民减肥医院
河西区友谊路34号

Tianjin Chest Hospital
No. 70, Xi'an Dao, Heping District
Tel: +86 22 2314 7057
天津胸科医院
和平区西安道70号

Tianjin Children's Hospital
No. 225, Machang Dao, Hexi District
Tel: +86 22 2351 85305
儿童病专科医院
河西区马场道225号

Tianjin Chinese Traditional Medicine Center
No. 314, Anshan Xi Dao, Nankai District
Tel: +86 22 2743 2297
天津中医医学中心
南开区鞍山西道314号

Tianjin Eye Hospital
No. 4, Gansu Lu, Heping District
Tel: +86 22 2731 3336
天津市眼科医院
和平区甘肃路4号

Tianjin First Central Hospital
No. 24, Fukang Lu, Nankai District
Tel: +86 22 2362 6249
天津第一中心医院
南开区复康路24号

Tianjin Hexi Evercare Medical Special Hospital
No. 13, Wu Jia Yao Dajie, Hexi District
Tel: +86 22 2355 0363
天津河西伊美尔医疗美容专科医院
河西区吴家窑大街13号

Tianjin Hospital
No. 406, Jiefang Nan Lu, Hexi District
Tel: +86 22 2830 8891
天津医院
河西区解放南路406号

Tianjin Huaxia Hospital
No. 25, Hei Niu Cheng Dao, Hexi District
Tel: +86 22 2823 0188
天津华夏医院
河西区黑牛城道25号

Tianjin International SOS Clinic
1F, Sheraton Hotel Apartment
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2352 0143
河西区紫金山路
天津喜来登大酒店公寓楼1层

Tianjin International Travel Healthcare Center
No. 6, the junction of Tai'er Zhuang Lu and Pukou Dao, Hexi District
Tel: +86 22 8332 6942
天津国际旅行卫生保健中心
河西区浦口道与台儿庄路交口6号

Tianjin Medical University Cancer Institute and Hospital
Ti Yuan Bei, Huanhu Xi Dao, Hexi District
Tel: +86 22 2334 0123
肿瘤医院 (天津医科大学附属肿瘤医院)
河西区环湖西路体院北

Tianjin Medical University General Hospital
No. 154, Anshan Dao, Heping District
Tel: +86 22 6036 2636
天津医科大学总医院
和平区鞍山道154号

Tianjin Ren'ai Hospital
No. 181, Weiguo Dao, Hedong District
Tel: +86 22 2457 8955
天津仁爱医院
河东区卫国181号

Tianjin Wuzhou Gynecology Hospital
No. 67, Zi Jin Shan Lu, Hexi District
Tel: +86 22 5867 7999
天津五洲妇科医院
河西区紫金山路67号

Tianjin Yitai Reproductive Specialist Hospital
No. 90, Changjiang Dao, Nankai District
Tel: +86 22 2711 3333
天津怡泰生殖专科医院
南开区长江道90号

Map >>> Tianjin Municipality

Map >>> Central Binhai New Area

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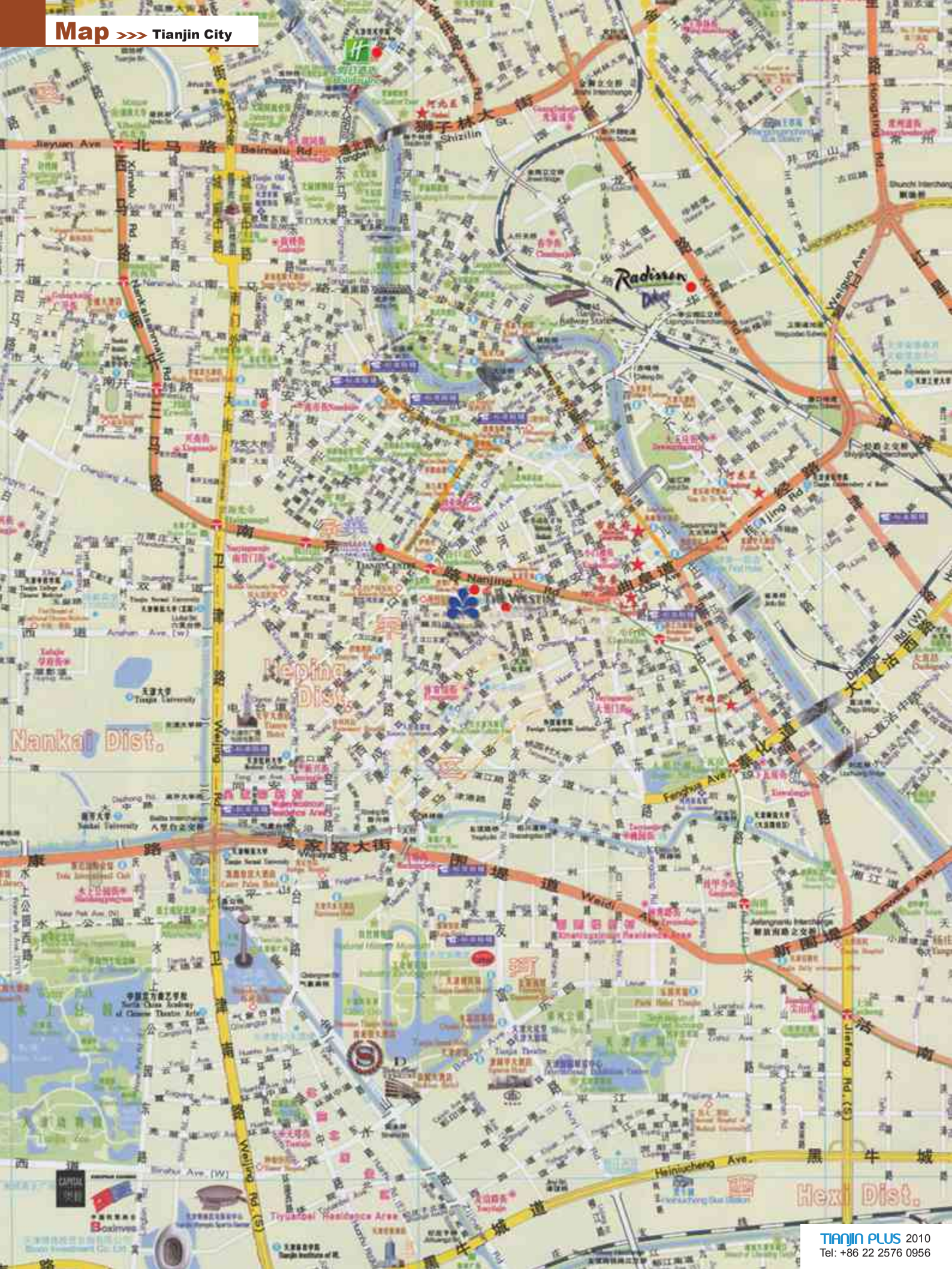
Tel : +86 22 2391 7700 Fax : +86 22 2391 0555
E-mail : csc@boxinves.com

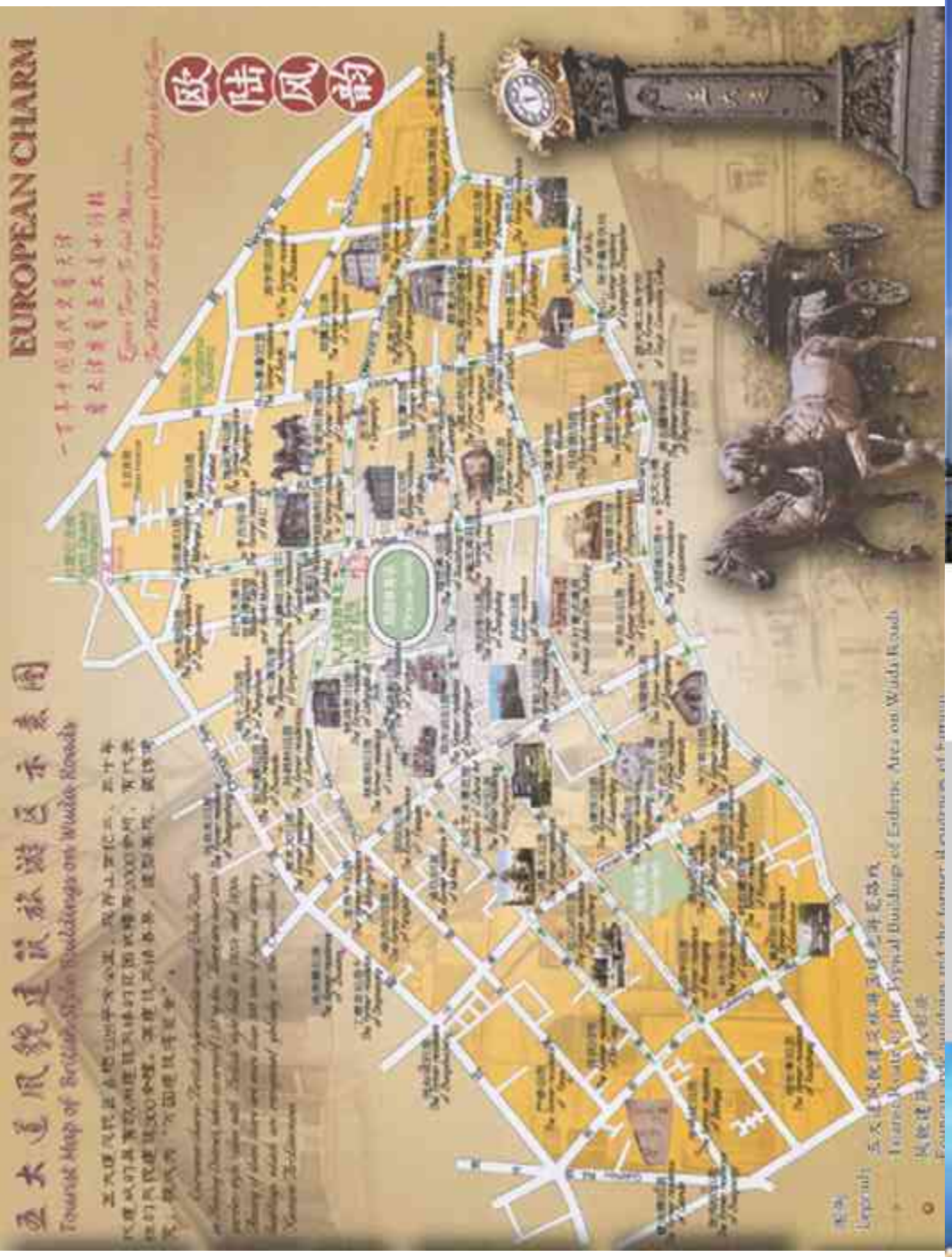
Map >>> Tianjin City



TIANJIN PLUS 2010
Tel: +86 22 2576 0956

津湾广场
JIN WAN PLAZA

- 世纪动感地带(2F) Century Arcade House
- 金湾领城私人会所(3-4F) Jinwan Qincheng Private Club
- 金湾晶港港式酒楼(4-5F) Jinwan Jinggang Hong Kong Restaurant
- 咔咔时尚酒吧(6-7F) Kaka Fashion Bar
- 1F-4F B1, B2 (Parking)
- 1F-7F B1, B2 (Parking)
- 中影·国际影城(3-4F) Zhongying International Cinema
- 满树游艺(2F) Man Shu Game Center
- 延悦韩式烤肉(2F) Yan Yuan Korean B.B.Q.
- 海河栈(2F) Haihe Inn
- 九华体检中心(6F) Jiuhua Physical Examination Center
- 1F-3F B2 (Parking)
- 1F-2F B2, B2 (Parking)
- 1F-7F B2, B2 (Parking)
- 1F-7F B2, B2 (Parking)
- 花样年滑经典海源火锅(4F) Hua Yang Nian Hua Hot Pot
- 1F-4F B1, B2 (Parking)
- 1F-4F B1, B2 (Parking)
- 1F-7F B1, B2 (Parking)
- 1F-4F
- 1F-4F B1, B2 (Parking)
- 灵酷特意式餐厅(1-2F) Ling Ku Te Italian Restaurant
- 古典玫瑰园(1-2F) ROSE HOUSE
- 大成家(1-2F) Da Cheng Jia Restaurant
- 真锅咖啡(1-2F) Zhenguo Café
- 1308酒吧坊(1-2F) 1308 Beer Bar
- 天使湾法式铁板烧(1-2F) Angel Gulf Teppan Yaki
- 津湾国菜(1-3F) Jinwan Restaurant
- 青年餐厅 Youth Restaurant
- 狗不理(1-2F) Go Believe
- 津湾大戏院 Jinwan Theater
- Bldg.4
- Bldg.5
- 亚马逊巴西烤肉(1F) Amazon Brazilian B.B.Q.
- 章鱼小丸子(1F) Japanese Octopus Balls
- 金钞邮票 Jinshi Postage Stamp
- 狗不理 Go Believe
- Bldg.2
- 聚福汇(1-2F,4F)
- 中信银行 China Citic Bank
- Bldg.3
- 泰诺意式休闲餐厅(1F) Geno Café
- 旺角茶餐厅(1-2F) Mong Kok Café
- 金禾湾超市(1F) Jin He Wan Supermarket
- 天绿回转寿司(1F) Tianlv Sushi
- Bldg.6
- 莫扎克酒吧(1F) Morakot Club
- 双圣冰激凌(1F) Sunsweet Ice Cream
- 大道场日式中华料理(1F) Da Dao Chang Japanese – Chinese Restaurant
- 香港六福火锅(1F) Hong Kong Liufu Hot Pot
- 和福坊面馆(1F) He Xi Fang Noodle Restaurant
- 中福在线(1F) Zhongfu Online
- 宴宾餐厅 Yiyan Restaurant
- 宝成华藏(1F) Bao Cheng Hua Zang Shop
- 繁花商务会所(1-7F) Fan Hua Business Club
- B1
- B2
- B3
- B4



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or call +86 159 22 000 555

Golf Clinic/Pro Shop

G&G Golf Clinic/ Pro shop/ Club Fitting
Tianjin Sports Center, Binshui Xi Dao
Nankai District
Tel: +86 22 2392 1936/7
+86138 2059 7784 (Coach)
体育中心高尔夫
南开区宾水西道体育中心内

Golf Clubs

Aroma (Tianjin) Golf Club
Green base, Guangang Senlin Park
Dagang District
Tel: +86 22 6328 5000
阿罗马(天津)高尔夫俱乐部
大港区官港森林公园绿化基地处

Fortune Lake Golf Club
Jinwang Lu, Jinghai Zhen
Tel: +86 22 6850 5299
天津松江团泊湖高尔夫球会
静海县津王路

Regal Rivera Golf Club
Jingjin New Town
No. 1, Zhujiang Nan Lu, Baodi District
Tel: +86 22 2966 9266
帝景高尔夫俱乐部
宝坻区珠江南路1号京津新城

Tianjin International Hot Spring Golf Club
No. 5, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 2489 0391
天津国际温泉高尔夫俱乐部
空港物流加工区中心大道5号

Tianjin Pearl Beach International Golf Country Club
Yingcheng Hu, Hangu District
Tel: +86 22 6720 1818
天津龙海国际高尔夫乡村俱乐部
汉沽区营城湖

Yang Liu Qing Golf Club
Yijing Lu, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2792 2792
杨柳青高尔夫俱乐部
西青区杨柳青镇一经路立交桥北

Gyms

Alex Fitness Club
(Next to Modern Women Center)
3-4F, 8 Miles New Culture Plaza
Nankai District
Tel: +86 22 8988 8809
天贝武老爱健身俱乐部
南开区八里台新文化广场3-4层
(旁妇女活动中心旁)

GLO Fitness & Health Club
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕 - 健康中心
和平区南京路189号天津日航酒店6层

International Building Fitness Center
3F, International Building
No. 75, Nanjing Lu, Heping District
Tel: +86 22 2330 6666
国际大厦健身中心
和平区南京路75号国际大厦3层

Powerhouse GYM
Xiao Bai Lou Branch
Binjiang Shopping Center, Kaifeng Dao
Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2302 2008
宝力豪健身俱乐部
小白楼店：河西区小白楼开封道
滨江购物中心
Binshui Xi Dao Branch
Binshui Xi Dao, Nankai District
Tel: +86 22 2338 2008
宾水西道店：南开区宾水西道

Sheraton Hotel Fitness Center
Inside Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2228
喜来登健身美容中心
河西区紫金山路天津喜来登饭店内

Start Point Fitness Club
5F, New World of Friendship Building
No. 208, Binjiang Dao, Heping District
Tel: +86 22 2331 8222
起点健身俱乐部
和平区滨江道208号友谊新天地5层

Tina Dancing Class
Weijin Lu Branch
Room 805, bldg. B, Caifu Building
Weijin Lu, Nankai District
Tel: +86 22 2781 6644
舞蹈健身中心
卫津路店：南开区卫津路财富大厦B座805室
Hei Niu Cheng Dao Branch
23F, room 1003, door 3, bldg. B03,
SOHO Gongshe, Century City
Hei Niu Cheng Dao, Hexi District
Tel: +86 22 8829 8330
黑牛城道店：河西区黑牛城道世纪城SOHO工社B03座3门1003室23层

Tudor Gymnasium Club
8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部
和平区解放北路118号信达广场8层

Westin WORKOUT®
5F, The Westin Tianjin
No. 101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
威斯汀健身馆®
和平区南京路101号
天津君隆威斯汀酒店5层

Outdoor Clubs

Able Outdoor
1F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5007
全能户外俱乐部
南开区宾水西道时代奥城商业广场A4区1层

Y. Q. B. Outdoor Sports Club
No. 400, Anshan Xi Dao, Nankai District
Tel: +86 22 2737 3435
坚石游骑兵户外动物俱乐部
南开区鞍山西道400号

Swimming Pools

GLO Fitness & Health Club Swimming Pool
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕 - 健康中心游泳池
和平区南京路189号天津日航酒店6层

Indoor Swimming Pool
4F, Health Club
Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2318
室内游泳池
河北区海河东路凤凰商贸广场
天津海河假日酒店4层

Sheraton Hotel Tianjin Swimming Pool
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登酒店游泳池
河西区紫金山路天津喜来登大酒店1层

Swimming Pool at Radisson Plaza Hotel Tianjin
4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
河东区新开路66号
天津天诚丽笙世嘉酒店4层

Swimming Pool by Westin
5F, The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
威斯汀室内游泳池
和平区南京路101号
天津君隆威斯汀酒店5层

Tudor Gymnasium Club Swimming Pool
8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部游泳池
和平区解放北路118号信达广场8层

Tennis Courts

Tianjin People's Stadium Tennis Court
The junction of Chengdu Dao and
Guizhou Lu, Heping District
Tel: +86 22 2339 0979
人民体育馆网球场
和平区贵州路与成都道交口

Tianjin Tennis Centre
No. 9, Fukang Lu, Nankai District
Tel: +86 22 2359 1964
天津市网球中心
南开区复康路9号

Decoration

Deng Fa Zhuang Shi Cheng
No. 873, Dagu Nan Lu, Hexi District
Tel: +86 22 2828 9718
登发装饰城
河西区大沽南路873号

Dick's Home Decoration Shop
1F, Bldg. B, Rainbow Furniture City
Behind Zhong Huanxian Rainbow Garden
Changjiang Dao, Nankai District
Tel: +86 22 2763 5886
迪克家私专卖店
南开区长江道中环线长虹公园对面长虹家具城B区1层

Maccaline
No. 29, Hei Niu Cheng Dao, Hexi District
Tel: +86 22 8831 0888
红星美凯龙国际家居广场
河西区黑牛城道 29 号

Mingjia Decoration City
No. 59, Jintang Lu, Hedong District
Tel: +86 22 2402 1616
名家装饰城
河东区津塘路59号

The Home Depot
No. 228, Hongqi Lu, Nankai District
Tel: +86 22 8761 3636
家得宝
南开区红旗路228号

Electrical Appliances

Buynow Mall
No. 366, Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7666
百脑汇
南开区鞍山西道366号

Core Mall
No. 259, Anshan Xi Dao, Nankai District
Tel: +86 22 2305 9000
时代数码广场
南开区鞍山西道259号

Cybermart Digital Square
No. 381, Anshan Xi Dao, Nankai District
Tel: +86 22 2746 9951
赛博数码广场
南开区鞍山西道381号

Gome
The junction of Dagu Nan Lu
and Jiefang Nan Lu, Hexi District
Tel: +86 22 5866 3111
国美电器
河西区解放南路与大沽南路交口

Su Ning
No. 88, Zhongshan Lu, Hexi District
Tel: +86 22 2629 1502
苏宁电器
河北区中山路88号

House Services

Butler Wing
No. 17, Tai'er Zhuang Lu, Heping District
Tel: +86 138 2118 6363
管家婆
和平区台儿庄路17号

Sunshine Jiaxin Cleaning Service Co., Ltd.
Room 427, Bldg. C, Yunlang Building
No. 149, Weijin Lu, Heping District
Tel: +86 22 2353 5103
阳光嘉信保洁服务有限公司
和平区卫津路149号云琅大厦C座427室

Tianjin LeBaiBang Family Service Limited Company
1-1-1204, Lida Bolan Apartment
Hei Niu Cheng Dao, Hexi District
Tel: +86 22 2395 3196 +86 136 8218 2319 (English)
乐百邦家政服务有限公司
河西区黑牛城道立达博兰公寓增1-1-1204
www.lbblife.com
Services: Live-in nanny, infants' nurse, window cleaner, hourly worker, accompanied Shopping, nurse practitioner for the old and the disable, etc.

Tianjin Shuimeilian House Cleaning Service
No. 904, Bldg. B, Caifu Building
No. 43, Weijin Lu, Heping District
Tel: +86 22 2781 9805
天津睡美莲家政服务
和平区卫津路43号财富大厦B座904号

Laundry

Cheng Wu Laundry
No. 4, Hualong Dao, Hedong District
Tel: +86 22 2441 7616
诚屋洗衣
河东区华龙道4号

Fornet
No. 58, Xikang Lu, Heping District
Tel: +86 22 2333 2888
福奈特
和平区西康路58号

Ilsa Laundry
Room 101, A-2, Cuihu Hot Spring Garden
Xiaguang Dao, Nankai District
Tel: +86 22 8575 4846
伊尔萨洗衣店
南开区霞光道翠湖温泉花园A-2 101室

Jiayi Furniture Market 加宜家居

Making Yourself at Home

There is no place like home. The Bai Huo Da Lou area of Tianjin has one of the city's greatest furniture markets just around the corner. Jiayi Furniture Market located on the commercial street of Nan Men Wai Dajie offers a wide range of interior decorating needs.

Jiayi has four floors packed with a variety of products to allow any home owner or renter to be satisfied. Jiayi provides over fourteen main categories to easily lead customers to their area of possible purchase. If looking for modern or classical, European or American, living room or dining room, this furniture market has it all.

If in need of furniture for outside the home, Jiayi has vendors dedicated to office furniture. Browse office equipment, desks and tools to make any office layout have a professional touch.

Most inter-city furniture markets focus on home and office commodities, but reserve a tiny amount of space for the growing little people. Jiayi has children merchandise located throughout the second and third floors.

Transportation options are plentiful with ten public buses (172, 628, 635, 640, 676, 837, 840, 849, 855, 961) bringing you to the front door. Belonging to a well-known area taking a taxi is very practical and a spacious parking lot makes taking a personal vehicle convenient and safe.

Go to Jiayi Furniture to find your feeling of home.

No. 7, Nan Men Wai Dajie
Heping District
和平区南门外大街7号
+86 22 2733 2733
09:00 – 17:00

Hotels

5 Stars

Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888
天津滨海圣光皇冠假日酒店
空港物流加工区中心大道55号

Golden Crown Hotel
No. 18, Nanjing Lu, Hexi District
Tel: +86 22 2303 8866
金皇大酒店
河西区南京路18号

Golden Ocean Hotel
No. 338, Nanjing Lu, Nankai District
Tel: +86 22 2746 6666
金泽大酒店
南开区南京路338号

Harbor Centre Hotel
No. 240, Zhangzi Zhong Lu
Heping District
Tel: +86 22 8331 0888
港湾中心酒店
和平区张自忠路240号

Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888
天津海河假日酒店
河北区海河东路凤凰商贸广场

Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
天津日航酒店
和平区南京路189号

Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
京津新城凯悦酒店
宝坻区周良庄珠江大道8号

Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
天津天诚丽笙世嘉酒店
河东区新开路66号

Raffles Tianjin Hotel
No. 219, Nanjing Lu, Heping District
Tel: +86 22 2321 5888
天津莱佛士酒店
和平区南京路219号

Renaissance Tianjin Hotel
No. 105, Jianshe Lu, Heping District
Tel: +86 22 2302 6888
天津滨江万丽酒店
和平区建设路105号

Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
天津喜来登大酒店
河西区紫金山路

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆
南开区复康路7号

THE WESTIN TIANJIN 天津君隆威斯汀酒店

The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
天津君隆威斯汀酒店
和平区南京路101号

Tian Bao International Hotel
No. 368, Jingmen Da Dao
Baoshui District
Tel: +86 22 2576 1588
天津天保国际酒店
保税区京门大道368号

Tianjin Saixiang Hotel
No. 8, Meiyuan Lu, Huayuan Industrial Area, Nankai District
Tel: +86 22 2376 8888
天津赛象酒店
南开区华苑产业区梅苑路8号

4 Stars

Best Western Byronn Hotel Tianjin
No. 90, Xi'er Dao, Airport Industrial Park
Tel: +86 22 8486 0000
Global free reservation telephone: 0800 0013 1779
天津空港白云酒店
空港物流加工区西二道90号

Crystal Palace Hotel Tianjin
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
天津水晶宫饭店
河西区友谊路28号

Geneva Hotel
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2835 2222
津利华酒店
河西区友谊路32号

Jinbin International Hotel
No. 135, Anshan Dao, Heping District
Tel: +86 22 8331 1818
晋滨国际大酒店
和平区鞍山道135号

Jun Yue Hotel
No. 16, Guizhou Lu, Heping District
Tel: +86 22 2308 8888
君悦酒店
和平区贵州路16号

Tianyu Hotel
No. 19, Diantai Dao, Heping District
Tel: +86 22 2360 3388
天津天宇大酒店
和平区电台道19号

3 Stars

East Asia Hotel
No. 41, Hanyang Dao, Heping District
Tel: +86 22 2783 8888
东亚大酒店
和平区汉阳道41号

Friendship Hotel
No. 94, Nanjing Lu, Heping District
Tel: +86 22 2331 5334
友谊宾馆
和平区南京路94号

Fulan Te Hotel
No. 231, Xinhua Lu, Heping District
Tel: +86 22 83326398
富蓝特大酒店
和平区新华路231号

Liulin Hotel
Dagu Nan Lu, Hexi District
Tel: +86 22 2812 4848
柳林宾馆
河西区大沽南路

Ocean Hotel Tianjin
1F, Guidu Building
No. 89, Yingkou Dao, Heping District
Tel: +86 22 2331 4107
天津远洋宾馆
和平区营口道89号贵都大厦1层

Tianjin First Hotel
No. 158, Jiefang Bei Lu, Heping District
Tel: +86 22 8824 3372
第一饭店
和平区解放北路158号

Apartments

Astor Apartment
No. 32, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2303 2888
利顺德公寓
和平区台儿庄路32号

Crystal Palace Hotel Apartment
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
水晶宫饭店公寓
河西区友谊路28号

Sheraton Apartment
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登公寓
河西区紫金山路

SOMERSET SERVICED RESIDENCE 盛捷服务公寓

Somerset Olympic Tower
No. 126, Chengdu Dao, Heping District
Tel: +86 22 2335 5888
天津盛捷奥林匹克大厦服务公寓
和平区成都道126号

Somerset Youyi
No. 35, Youyi Road, Hexi District
Tel: +86 22 2810 7888
天津盛捷友谊服务公寓
河西区友谊路35号

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆公寓
南开区复康路7号

Tianjin Centre Residences
No. 219, Nanjing Lu, Heping District
Tel: +86 22 5868 2888
天津中心公寓
和平区南京路219号

Art Galleries

Dongrui Art Gallery
No. 25, Zhejiang Lu, Heping District
Tel: +86 22 2330 3499
冬蕊艺术画廊
和平区浙江路25号

Hui Tai Art Centre
3F, bldg. E, Art Building
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2339 7759
汇泰艺术中心
和平区台儿庄路6号院艺术区E座3层

No. 6 Art Gallery
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2332 2195
六号院艺术馆
和平区台儿庄路6号

Tianjin Academy of Fine-Arts
No. 4, Tianwei Lu, Hebei District
Tel: +86 22 2624 1540
天津美院美术馆
河北区天纬路4号

Tianjin Art Gallery
Wenlian Building
No. 237, Xinhua Lu, Heping District
Tel: +86 22 2330 4156
天津美术展览馆
和平区新华路237号文联大楼

Western Shore Art Gallery
No. 3, the junction of Machang Dao and Youyi Bei Lu, Hexi District
Tel: +86 22 2326 3515
西岸艺术馆
河西区友谊北路与马场道交口3号

Yang Liu Qing New Year Pictures Workshop
Room 102, door 4, Bldg. 17, Shiji Xinyuan
Yang Liu Qing Zhen
Tel: +86 22 2739 4834
杨柳青年画作坊
杨柳青镇世纪新苑17号楼4门102室

Billiard

Ju Chuan Billiards Town
No. 16, Diantai Dao, Heping District
巨川台球城
和平区电台道16号

Bowling

Pilibao Bowling Center
5F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0958
霹雳保保龄中心
南开区东马路138号新世界百货5层

Tianma Entertainment City Bowling Alley
10F, Jili Building
Nanjing Lu, Heping District
Tel: +86 22 2722 1086
天马娱乐城保龄球场
和平区南京路吉利大厦10层

Xiaoxian Dao Bowling Center
No. 18, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2391 1555
消闲岛保龄中心
河西区环湖中路18号

Museums

China House Museum
No. 72, Chifeng Dao, Heping District
Tel: +86 22 2314 6666
瓷房子博物馆
和平区赤峰道72号

Folklore Museum
No. 80, Ancient Culture Street
Nankai District
Tel: +86 22 2727 5062
民俗博物馆
南开区古文化街80号

Memorial Hall to Zhou Enlai and Deng Yingchao
Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2359 2257
周恩来邓颖超纪念馆
南开区水上公园北路

Natural History Museum
No. 206, Machang Dao, Hexi District
Tel: +86 22 2335 1895
自然博物馆
河西区马场道206号

Tianjin Art Museum
No. 12, Chengde Dao, Heping District
Tel: +86 22 2339 1127
天津艺术博物馆
和平区承德道12号

Tianjin Museum
No. 31, Youyi Lu, Hexi District
Tel: +86 22 5879 3000
(Closed on Monday)
天津博物馆
河西区友谊路31号

Tianjin Princess Residence Museum
No. 30-32, Gulou Nan Jie, Nankai District
Tel: +86 22 2727 7755
天津格格府典藏博物馆
南开区鼓楼南街30-32号

Tianjin Science & Technology Museum
No. 94, Longchang Lu, Hexi District
Tel: +86 22 2832 0315
(Closed on Monday)
天津科技馆
河西区隆昌路94号

Tianjin Urban Planning Museum
The junction of Bei'an Dao and Bo'ai Dao, Hebei District
Tel: +86 22 2445 6501
天津市规划展览馆
河北区博爱道和北安道交口

Wu Da Dao Historical Museum
Minyuan Dalou
Chongqing Dao, Heping District
Tel: +86 22 2330 2419
五大道历史博物馆
和平区重庆道民园大楼

Yang Liu Qing Museum
No. 47, Guyi Jie, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2739 1617
杨柳青博物馆
西青区杨柳青镇估衣街47号

Parks

Binhai Aircraft Carrier Theme Park
Ba Gua Tan, Yingcheng Zhen
Hangu District
Tel: +86 22 5991 8888 / 8007
滨海航母主题公园
汉沽区营城镇八卦滩

Changhong Park
Huanghe Dao, Nankai District
长虹公园
南开区黄河道

Er Gong Park
Guanhua Lu, Hedong District
二宫公园
河东区光华路

Hedong Park
No. 120, Chenglin Dao, Hedong District
河东公园
河东区程林庄道120号

Jin Gang Park
No. 286, Zhongshan Lu, Hebei District
金钢公园
河北区中山路286号

Munan Park
The junction of Yunnan Lu to the northeast, Kunming Lu to the southwest, Munan Dao to the southeast and Dali Dao to the northwest, Heping District
睦南公园
和平区大理道(北西), 睦南道(南东), 昆明路(西南), 云南路(东北)

The People's Park
No. 29, Huizhou Dao, Hexi District
Tel: +86 22 2324 0371
人民公园
河西区徽州道29号

Tianjin Botanical Garden
North No. 7 Bridge, Outer Ring
Cao Zhuangzi, Zhongbei Zhen
Xiqing District
Tel: +86 22 2794 8011
天津植物园
西青区中北镇曹庄子外环线7号桥北

Tianjin Water Park
No. 33, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2335 0095
天津水上公园
南开区水上公园北路33号

Tianjin Zoo
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2391 5066
天津动物园
南开区水上公园东路

Zhongshan Park
No. 286, Zhongshan Lu, Hebei District
中山公园
河北区中山路286号

Theatres and Cinemas

Binhu Theatre
No. 6, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2335 2226
滨湖剧院
河西区环湖中路6号

Imax China Film
3F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9060
中影国际影城
和平区解放北路津湾广场6区3层

Jinyi International Cinema
3F, Bldg. B, Magnetic Capital
No. 8, Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5088
(Every Tuesday half price)
金逸国际电影城
南开区宾水西道8号时代奥城商业广场B区3层

Paradise Cinema
No. 35, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4969
天堂电影院
河北区自由道意大利风情街35号

Tianjin Concert Hall
No. 88, Jianshe Lu, Heping District
Tel: +86 22 2332 0068
天津音乐厅
和平区建设路88号

Tianjin Grand Theatre
The junction of Binshui Dao and Youyi Lu, Hexi District
Tel: +86 22 2835 6028
天津大剧院
河西区友谊路与宾水道交口

Tianjin People's Art Theatre
No. 43, Pingshan Dao, Hexi District
Tel: +86 22 2334 1090
天津人民艺术剧院
河西区平山道43号

Wanda Warner International Cinema
2F, Block E, Wanda Business Square
No. 168, Heping Lu, Heping District
Tel: +86 22 2722 6619
(Every Wednesday half price)
华纳万达影城
和平区和平路168号万达商业广场E座2层

Education

Chinese Language Schools

Care International Language Training
Room 1402, bldg. 3, Chengji Centre
Nanjing Lu, Heping District
Tel: +86 22 2737 3937
凯尔语言培训中心
和平区南京路诚基中心3号楼1402室

Tianjin China Cultural Institute
No. 340, Anshan Xi Dao, Nankai District
Tel: +86 22 2741 3545
天津中华文化学院
南开区鞍山西道340号

TLI Language Institute in Tianjin
Room 1808, bldg. B, Sunny Square
Shiyijing Lu, Hedong District
Tel: +86 22 2421 8989
中华语文研习所
河东区十一经路三联大厦B座1808室

High/Middle Schools

Nankai High School
No. 22, Nankai Sima Lu, Nankai District
Tel: +86 22 2748 3391
南开中学
南开区南开四马路22号

No. 1 High School
No. 117, Xi'an Dao, Heping District
Tel: +86 22 2339 1126
天津第一中学
和平区西安道117号

Tianjin Experimental High School
No.1, Pingshan Dao, Hexi District
Tel: +86 22 2335 4658
天津实验中学
河西区平山道1号

Tianjin Xinhua High School
No. 99, Machang Dao, Hexi District
Tel: +86 22 8165 3068
天津新华中学
河西区马场道99号

International Schools

Cathay Future World Children's Painting Gallery
No. 3, Ti Yuan Bei, Huanhu Zhong Lu
Hexi District
Tel: +86 22 2351 6670
华夏未来
河西区环湖中路体院北3号

International Musical School of Tianjin Concert Hall
No. 88, Jianshe Lu, Heping District
Tel: +86 22 2332 0068 ext. 6010
和平区建设路88号

International School of Tianjin
Weishan Lu, Jinnan District
Tel: +86 22 2859 2001
国际学校天津分校
津南区津南微山路

King's English for Kids
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 5862 7779
皇家少儿英语
南开区宾水西道时代奥城商业广场A4

Pingu's English Tianjin Tianta Center
No. 1-9, bldg. A, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7272
南开区天塔道上谷商业街A座1-9号

Tianjin International School
No. 1, Meiyuan Lu, Huayuan Industrial Area, Nankai District
Tel: +86 22 8371 0900
天津国际学校
南开区华苑产业区梅苑路1号

Tianjin Rego International School
No. 38, Huandao Xi Lu, Meijiang Nan
Hexi District
Tel: +86 22 8816 1180
天津瑞金国际学校
河西区梅江南环岛西路38号

Wellington College International Tianjin
No. 1, Yide Dao, Hongqiao District
天津惠灵顿国际学校
红桥区义德道1号

Kindergartens

Amy Baby Early Education Centre
2-141-1, Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 2373 0000
艾米国际教育
河西区友谊南路
梅江新海湾商业广场2-141-1

Hopeland International Kindergarten & Day Care Centre
No. 46, Xiaguang Dao, Weijin Nan Lu
Nankai District
Tel: +86 22 2392 3803
华兰国际幼稚园
南开区卫津南路霞光道46号

Primary Schools

Tianjin Primary School
No. 977, Dagu Nan Lu, Hexi District
Tel: +86 22 8832 0569
天津小学
河西区大沽南路977号

Tianjin Zhongshan Primary School
No. 1, Ti Yuan Bei, Huanhu Zhong Dao
Hexi District
Tel: +86 22 2335 8273
天津中山小学
河西区体院北环湖中道1号

Universities

German Language Centre, Tianjin Foreign Studies University
Bldg. 3, Tianjin Foreign Studies University
No. 177, Machang Dao, Hexi District
Tel: +86 22 2326 5642
天津外国语学院 歌德语言中心
河西区马场道117号天津外国语学院3号楼

Nankai University
No. 94, Weijin Lu, Nankai District
Tel: +86 22 2350 1583
南开大学
南开区卫津路94号

Raffles Design Institute, Tianjin
Block H, no. 28, Jinjing Lu, Xiqing District
Tel: 400 688 7300
天津莱佛士设计学院
西青区津静路28号H座

Tianjin Foreign Studies University
No. 117, Machang Dao, Hexi District
Tel: +86 22 2326 2460
天津外国语学院
河西区马场道117号

Tianjin Medical University
No. 22, Qi Xiang Tai Lu, Heping District
Tel: +86 22 2354 2621
天津医科大学
和平区气象台路22号

Tianjin Normal University
No. 241, Weijin Lu, Hexi District
Tel: +86 22 2354 0091
天津师范大学
河西区卫津南路241号

Tianjin Polytechnic University
No. 63, Chenglin Dao, Hedong District
Tel: +86 22 2452 8022
天津工业大学
河东区成林道63号

Tianjin University
No. 92, Weijin Lu, Nankai District
Tel: +86 22 2740 7575
天津大学
南开区卫津路92号

Tianjin University of Finance and Economics
No. 25, Zhujiang Dao, Hexi District
Tel: +86 22 2817 1399
天津财经大学
河西区珠江道25号

Tianjin University of Science and Technology
No. 22, Qi Xiang Tai Lu, Heping District
Tel: +86 22 6027 3336
天津科技大学
河西区大沽南路1038号

Tianjin University of Traditional Chinese Medicine
No. 312, Anshan Xi Dao, Nankai District
Tel: +86 22 2748 6658
天津中医学院
南开区鞍山西道312号

Exhibition Centre

Tianjin International Exhibition Center
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2801 2988
天津国际会展中心
河西区友谊路32号

Library

Tianjin Library
No. 15, Fukang Lu, Nankai District
Tel: +86 22 2362 0082
天津图书馆
南开区复康路15号

Real Estate

Century 21 Real Estate
No. 58, Youyi Lu, Hexi District
Tel: +86 22 2836 8821
21世纪不动产
河西区友谊路58号

Sumimoto Real Estate
2-2-1901, Chengji Center, Heping District
Tel: +86 22 2316 1511
住友不动产
和平区诚基中心2-2-1901

Sunco
No. 6, Munan Dao, Hexi District
Tel: +86 22 2312 9913
顺驰
河西区睦南道6号

Tianjin Centaline Property Consultants Co., Ltd.
No. 9-128, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 139 2044 9150
天津中原物业顾问有限公司
南开区宾水西道时代奥城商业广场9-128号

Tianjin Dongyang Real Estate Development Company
19-920, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 131 3215 9487
天津东洋房地产经纪有限公司
南开区宾水西道时代奥城商业广场19-920

Tianjin Shengyida Real Estate Consultant
Room 101, E-7, Rome Garden
Yong'an Dao, Hexi District
Tel: +86 22 2324 6098
天津圣义达房地产咨询有限公司
河西区永安道罗马花园E-7101室

Relocation Companies

E-Smart Relocation Consultants Co., Ltd.
19B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2836 0997
天津市伊斯玛特房地产服务有限公司
河西区宾水道15号紫金花园2座19B

LC Relocation C21
Office 708, Galaxy Mansion
No. 68, Yuexiu Lu, Hexi District
Tel: +86 138 2099 1956
河西区越秀路68号银河大厦708室

Royal Relocation Consultants
20B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2813 6943
荣联房地产服务有限公司
河西区宾水道15号紫金花园2座20B

Vanguard Relocation Business Co., Ltd.
1F, Sale and Rental Centre
Huasheng Plaza
Weidi Dao, Hexi District
Tel: +86 22 8823 8855
万家房地产经营有限公司
河西区围堤道华盛广场租售中心1层

Travel Agencies

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or call +86 159 22 000 555

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Tianjin's travel agency specializing in tourism for foreigners
Tel: +86 131 0210 7700
E-mail: info@thestarstravel.com

China Youth Travel Agency
2F, New Culture Garden
Rongye Dajie, Heping District
Tel: +86 22 2731 6688
中国青年旅行社
和平区荣业大街新文化花园2层

Classical Holiday Travel Service
27F, Block B, Triumphal Arch Building
No. 66, Nanjing Lu, Hexi District
Tel: +86 22 2302 1813
经典假期旅行社
河西区南京路66号凯旋门大厦B座27层

Tianjin China International Travel Service (CITS)
No. 22, Youyi Lu, Hexi District
Tel: +86 22 2810 9123
天津中国国际旅行社
河西区友谊路22号

Tianjin China Travel Service
No. 16, Pingshan Dao, Hexi District
Tel: +86 22 2430 1330
天津市中国旅行社
河西区平山道16号

Tianjin CITIC International Travel Co., Ltd.
No. 2, Zhengzhou Dao, Heping District
Tel: +86 22 2316 1795
天津中信国际旅行社有限公司
和平区郑州道2号

Tianjin Daya Travel Service
Office 616, Buynow Mall
Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7537
天津大亚旅行社
南开区鞍山西道百脑汇科技大厦616室

Tianjin Kanghui Travel Service
Room 1701, Xinhua Building
Xinhua Lu, Heping District
Tel: +86 22 2313 3872
天津康辉旅行社
和平区新华路新华大厦1701室

Antiques & Souvenirs

Ancient Culture Street
Ancient Culture Street, Nankai District
古文化街
南开区古文化街

Drum Tower
Drum Tower, Nankai District
鼓楼
南开区鼓楼

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳道古物市场
和平区沈阳道

Department Stores & Shopping Malls

8 Miles New Culture Plaza
No. 109, Weijin Nan Lu, Heping District
Tel: +86 22 2351 3366
八里台新文化广场
和平区卫津南路109号

Binjiang Shopping Center
No. 29, Kaifeng Dao
Xiao Bai Lou (1902 Street) , Hexi District
Tel: +86 22 2330 6218
滨江购物中心
河西区小白楼开封道29号

Far Eastern Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2727 1688
远东百货
和平区南京路128号

Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8888
海信广场
和平区解放路188号

How Why
No. 199, Nanjing Lu, Heing District
号外时尚馆
和平区南京路199号

International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2781 4108
国际商场
和平区南京路211号

Isetan
Block C, Modern Town
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹
和平区南京路108号现代城 C区

Jin Wan Plaza
Jiefang Bei Lu, Heping District
津湾广场
和平区解放北路

Maigo
No. 211, Binjiang Dao, Heping District
Tel: +86 22 2711 8861
麦购体闲广场
和平区滨江道211号

New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 1858
新安购物广场
南开区东马路138号

OLE Shopping Plaza
No. 300, Binjiang Dao, Heping District
Tel: +86 22 2723 0333
欧乐时尚广场
和平区滨江道300号

Parkson Shopping Centre
No. 162, Heping Lu, Heping District
Tel: +86 22 8558 6688
百盛购物广场
和平区和平路162号

Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2718 8080
乐宾百货
和平区南京路128号

The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1818
津汇广场
和平区南京路189号

Tianjin Quanye Bazaar
No. 290, Heping Lu, Heping District
Tel: +86 22 2730 3771
天津劝业场
和平区和平路290号

Tianjin Friendship Department Store
No. 21, Youyi Lu, Hexi District
Tel: +86 22 6086 0000
天津友谊商厦
河西区友谊路21号

Tianjin Quanye Bazaar
No. 290, Heping Lu, Heping District
Tel: +86 22 2730 3771
天津劝业场
和平区和平路290号

Bookstores

Hai Guang Si Book City
Xindu Building, Hai Guang Si, Weijin Lu
Nankai District
Tel: +86 22 2777 8505
海光寺书城
海光寺卫津路新都大厦

Tianjin Book Building
No. 362, Dagu Nan Lu, Hexi District
Tel: +86 22 2306 2335
天津图书大厦
河西区大沽南路362号

Tianjin Dong Bei Jiao Xinhua Bookstore
No. 2, the junction of Dongma Lu and
Dong Bei Jiao Bei Lu, Nankai District
Tel: +86 22 2727 3467
天津东北角新华书店
南开区东北角北马路与东马路交口2号

Tonglou Foreign Languages Bookstore
No. 184, Machang Dao, Hexi District
Tel: +86 22 2335 8058
佟楼外文书店
河西区马场道184号

Clothing Stores

Baby Shop
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5117
婴之宝
南开区宾水西道时代奥城商业广场A4

Fudeng Qipao Store
No. 110-1, Ancient Culture Street
Nankai District
Tel: +86 22 2725 0912
福登旗袍店
南开区古文化街110-1号

Gucci
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8138
古琦
和平区解放北路188号海信广场1层

Milano Luxury
2F, Bldg. A, International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2782 3302
华丽米兰
和平区南京路211号国际商场A座2层

Promod
1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
波芒得
和平区南京路128号乐宾百货1层

Uniqlo
1F, Bdlg. A, International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2783 2789
优衣库
和平区南京路211号国际商场A座1层

Zara
1-2F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 1917
飒拉
和平区南京路209号
吉利大厦米莱欧百货1-2层

Health & Beauty Stores

Mannings
Milenio Store
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2722 0346
万宁
米莱欧店：和平区南京路209号吉利大厦米莱欧百货1层
Robbinz Department Store
1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8136
乐宾百货店：和平区南京路128号乐宾百货1层

Sephora Tianjin Milenio Store
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 0571
丝芙兰天津米莱欧店
和平区南京路209号
吉利大厦米莱欧百货1层

Watsons
1F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0922
屈臣氏
南开区东马路138号新安购物广场1层

International Products Stores

7-Eleven
No. 29, Binjiang Shopping Center
Kaifeng Dao
Xiao Bai Lou (1902 Street), Heping District
Tel: +86 22 2330 5040
和平区小白楼开封道滨江购物中心29号

BuyUs International Inc.
Room 819, F-South Bldg., High-Tech Info Square
No. 8, Huatian Dao, Huayuan Industrial Park, Nankai District
Tel: +86 22 2370 7382
南开区华苑产业区华天道8号
海泰信息广场F南座819室

Kalosi Coffee
A1, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2338 8891
卡洛西咖啡
南开区宾水西道时代奥城商业广场A1

Le Select
No. 24, Kaifeng Dao, Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2311 1778
西来克红酒体验吧
河西区小白楼开封道24号

Madame He Imported Wine & Beer
No. 291, Nan Men Wai Dajie
Heping District
Tel: +86 22 2697 8079
何夫人进口酒水专卖店
和平区南门外大街291号

Miel Household Goods
A77, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 137 5202 2380
蜜迩家居用品
南开区宾水西道时代奥城商业广场A77

Teresa Fine Wines
A1-12, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 8833 3237
珊珊清品酒屋
南开区宾水西道时代奥城商业广场A1-12

Tianjin Fu Shi-Song
(Apple Authorised Reseller)
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5072
天津富士松 (苹果授权经销商)
南开区宾水西道时代奥城商业广场A4

Vajra
1F, E-Mart, A1-20, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5020
吉恒精品
南开区宾水西道时代奥城商业广场A1-20
易买得1层

Jewellery and Watches Stores

Rolex
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8121
劳力士
和平区解放北路188号海信广场1层

Swarovski
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8108
施华洛世奇水晶轩
和平区解放北路188号海信广场1层

Music Stores

Gold Music
Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 139 2083 2047
金色琴行
河东区八纬路与十四经路交口音乐街

Highway Musical Co., Ltd.
New World of Friendship Building
No. 65-10, Binjiang Dao, Heping District
Tel: +86 22 2721 6267
海巍乐器有限公司
和平区滨江道65-10号友谊新天地

Madame Liu
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 130 0135 5443
刘继红
河东区八纬路与十四经路交口音乐街

Ming Ren Musical Instruments
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 133 0202 1299
鸣人乐器
河东区八纬路与十四经路交口音乐街

Philharmonic Sound
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2326 0913
爱乐之声
河东区八纬路与十四经路交口音乐街

Spin Guitar
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2412 9490
森格乐器
河东区八纬路与十四经路交口音乐街

Tongchun Zhishu
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2305 3377
同春制书
河东区八纬路与十四经路交口音乐街

Zhang's Musical Instruments
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2728 9866
乐器张
河东区八纬路与十四经路交口音乐街

Tianjin Art Stores

Clay Figure Zhang
No. 17, Gu Wenhua Jie, Nankai District
Tel: +86 22 2727 5081
泥人张
南开区古文化街17号

Wei Kite
2F, East Wing, Gulou Bei Jie
Nankai District
Tel: +86 22 2728 0650
风筝魏
南开区鼓楼北街东侧2层

Yang Liu Qing New Year Pictures
Mingqing Jie, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2739 8205
杨柳青年画
西青区杨柳青镇明清街

Markets

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳古物市场
和平区沈阳道

Ningfa Li Food Market
Shiying Lu, Nankai District
宁发菜市场
南开区仕英路

Shu Guang Li Market
The junction of Jianshan Lu and Hei Niu Cheng Dao, Hexi District
曙光里市场
河西区黑牛城道与尖山路交口

Xinxing Food Market
Tong'an Dao, Heping District
新兴菜市场
和平区同安道

Yong'an Food Market
Yong'an Dao, Hexi District
永安菜市场
河西区永安道

Supermarkets

Carrefour
Longcheng Store
No. 138, Dongma Lu
Nankai District
Tel: +86 22 2726 9696
家乐福
龙城店：南开区东马路138号
Hai Guang Si Store
No. 302, Nanjing Lu
Nankai District
Tel: +86 22 2721 0850
海光寺店：南开区南京路302号

Century Mart
No. 60, Guangdong Lu
Hexi District
Tel: +86 22 2324 1688
世纪联华超市
河西区广东路60号

Crystal Palace Supermarket
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6888
水晶宫超市
河西区友谊路28号

E-Mart Supercenter
Magnetic Plaza Store
The junction of Lingbin Lu and Binshui Xi Dao
Nankai District
Tel: +86 22 5869 1234
易买得超市奥城店
南开区宾水西道
与凌宾路交口

Hisense Supermarket
-1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2373 1998
海信超市
和平区解放北路188号海信广场负1层

Isetan Supermarket
-1F, Isetan
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹超市
和平区南京路108号伊势丹负1层

METRO Supermarket
No. 75, Xiqing Dao, Hongqiao District
Tel: +86 22 2732 8888
麦德隆超市
红桥区西青道75号

Vanguard Supermarket
No. 98, Qi Xiang Tai Lu, Heping District
润万家
和平区气象台路98号

Wal-Mart
Hedong Store
The junction of Xinkai Lu and Huachang Dajie, Hedong District
Tel: +86 22 2433 2599
沃尔玛超市
河东店：河东区华昌大街与新开路交口
Heping Store
No. 66, Fu'an Dajie, Heping District
Tel: +86 22 5829 2955
和平店：和平区福安大街66号

Listing Index
TEDA & TANGGU

Home 64
- Electrical Appliances
- Laundry

Restaurants 62-63
- Bakeries
- Brazilian
- Cantonese
- Chinese
- Dumpling
- Fast Food
- Indian & Thai
- Japanese
- Pizza
- Roast Duck
- Sichuan
- Teppanyaki
- Western

Hotels 65
- 5 Stars
- 4 Stars
- 3 Stars

Recreation 66
- Art Gallery
- Cinema
- Parks

Services 66
- Education
  - International Schools
  - Kindergartens
  - Universities
- Exhibition Centre
- Library
- Real Estate
- Travel Agency

Coffee Shops & Tea House 63
- Coffee Shops
- Tea House

Nightlife 64
- Bars & Discos
- KTV

Shopping 67
- Department & Shopping Malls
- Supermarkets

Health & Beauty 64
- Beauty Salons
- Massages
- Spas
- Dental Clinic
- Hospitals

Sports 67
- Golf Club
- Gyms
- Outdoor Club

Bakeries

Bread Cake
No. 29, 3rd Avenue, TEDA
Tel: +86 22 8576 4910
津乐园饼业有限公司
开发区第三大街29号

Bread & Sliced
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2716
面包房
开发区第一大街86号
天津滨海假日酒店11层

Craft Gourmet
1F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽美食阁
开发区第二大街29号
天津万丽泰达酒店及会议中心1层

Felicity
Back street of King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5517
飞利西蒂
开发区第三大街32号
鸿泰仟佰汇商业广场后街

Maky Bakery
No. 27, 3rd Avenue, TEDA
Tel: +86 22 6620 8462
米旗
开发区第三大街27号

Brazilian

Salsa Churrasco
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
巴西烧烤餐厅
开发区第一大街86号
天津滨海假日酒店11层

Cantonese

Dilong Cantonese Restaurant
Binhai Development Building
No. 42, 2nd Avenue, TEDA
Tel: +86 22 6628 5222
帝龙粤鲜楼
开发区第二大街42号滨海发展大厦底商

Chinese

Seaport Well-known Restaurant
No. 33, 2nd Avenue, TEDA
Tel: +86 22 5981 5988
海港世家大酒楼
开发区第二大街33号

Wan Li Chinese Restaurant
2F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6750
万丽轩中餐厅
开发区第二大街29号
天津万丽泰达酒店及会议中心2层

Warner Chinese Restaurant
2F, Warner International Golf Club
No.1, Nanhai Lu, TEDA
Tel: +86 22 2532 6009
华纳中餐厅
开发区南海路1号华纳高尔夫俱乐部2层

Yujia Dazhaimen
The Junction of Hangzhou Dao and
Chezhan Bei Lu, Tanggu District
Tel: +86 22 2581 8808
渔家大宅门
塘沽区车站北路与杭州道交口

Zen Chinese Restaurant
Citizen Plaza
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号市民广场

Zhou Ji
TEDA New Field
No. 12, Nanhai Lu, TEDA
Tel: +86 22 6628 1989
周记名都
开发区南海路12号泰达新天地

Dumpling

Bai Jiao Yuan
No. 27, Bldg. A, Guoxin Building
Zhangwang Lu, 2nd Avenue, TEDA
Tel: +86 22 6202 1188
百饺园
开发区第二大街展望路国信大厦A座27号

Fast Food

Macdonald's
No. 888, Shanghai Dao, Tanggu District
Tel: +86 22 2587 6265
麦当劳
塘沽区上海道888号

Indian & Thai

Sawasdee Thai & Indian Food
No. 1-1-7, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 132 0755 9181(English & Thai)
+86 150 2214 0351(English & Indian)
萨瓦哩泰国餐厅
开发区第三大街32号鸿泰仟佰汇商业广场
1-1-7号

Japanese

Ginga
No. 31, 3rd Avenue, TEDA
Tel: +86 22 6200 1656
银贺日本料理
开发区第三大街31号

Kuinoi
(Next to KFC)
King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6529 8581
云井日本料理店
开发区第三大街32号
鸿泰仟佰汇商业广场(肯德基旁)

Mayfair Hotel Japanese Restaurant
Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店日料厅
开发区黄海路10号

Qingshui Mu
(Next to Beautiful China Building)
1st Avenue, TEDA
Tel: +86 22 2528 1020
清水木
开发区第一大街(美华大厦旁)

Rengaya
(Next to Friendship Store)
No. 19, Huanghai Lu, TEDA
Tel: +86 22 2532 4574
炼瓦家
开发区黄海路19号(友谊名都旁)

Sake'n Sushi Bar
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2730
寿司吧
开发区第一大街86号
天津滨海假日酒店11层

Seitaro
Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9522
清太郎日本料理
开发区第三大街世纪新村

Taishi–tei Japanese Restaurant
Pengren Yuan
No. 31-3, 3rd Avenue, TEDA
Tel: +86 22 6200 1656
太子亭
开发区第三大街蓬仁园31-3号

Tokugawa
No. 34, 1st Avenue, TEDA
Tel: +86 22 2528 0807
德川日本料理
开发区第一大街34号

Wangshui
B2, Perfect Garden
No. 18, Huanghai Lu, TEDA
Tel: +86 22 6620 8595
望水餐饮
开发区黄海路18号博美园底商B2

Yinghua House
Bldg. C, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 0992
樱花屋
开发区第三大街32号
鸿泰仟佰汇商业广场C座

Pizza

JPT Pizza
No. 32, 3rd Avenue, TEDA
Tel: +86 22 2587 6868
家必得比萨店
开发区第三大街32号

Papa John's
No. 566, Bldg. E
Juchuan Jin Hai'an Building
Shanghai Dao, Tanggu District
Tel: +86 22 2530 4862
棒约翰
塘沽区上海道巨川金海岸E区566号

Pizza Hut
No. 453, Juchuan Jin Hai'an Building
Jiefang Lu, Tanggu District
Tel: +86 22 2530 0242
必胜客
塘沽区解放路巨川金海岸商界453号

Roast Duck

Jin Bai Wan
No. 581, Xingang Lu, Tanggu District
Tel: +86 22 2579 9888
金百万
塘沽区新港路581号

Sichuan

Dilong Cantonese Flavor Restaurant
Binhai Development Building
No. 42, 2nd Avenue, TEDA
Tel: +86 22 6628 5222
天津帝龙餐饮发展有限公司
开发区第二大街42号滨海发展大厦底商

Red House
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 9438
红房子酒店
开发区黄海路88号

Teppanyaki

Baiyi Teppanyaki
No. 2-1-6, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5488
百一铁板烧
开发区第三大街32号鸿泰仟佰汇商业广场2-1-6号

Jin Shi Teppanyaki
No. 11, Nanhai Lu, TEDA
Tel: +86 22 6621 9555
金狮铁板烧
开发区南海路11号

Qiyo Teppanyaki
Fortune City Plaza
No. 25-26, 3rd Avenue, TEDA
Tel: +86 22 2532 6633
清友铁板烧
开发区第三大街25-26号财富星座

Yupin Teppanyaki Restaurant
Royal Palace
No. 10, 2nd Avenue, TEDA
Tel: +86 22 6621 8038
御品法式铁板烧
开发区第二大街10号御景园

Western

Brasserie Restaurant
Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽西餐厅
开发区第二大街29号天津万丽泰达酒店及会议中心

Delights Restaurant & Bar
The junction of Huanghai Lu and
2nd Avenue, TEDA
Tel: +86 22 6620 9874
狄拉西餐厅
开发区第二大街与黄海路交口

German Lowenbrau Restaurant & Bar
2F, Citizen Plaza
No. 86, 1st Avenue, TEDA
Tel: +86 22 6622 5129
菜运宝西餐啤酒吧
开发区第一大街86号市民广场2层

Parrot Restaurant & Bar
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 1663
鹦鹉西餐厅酒吧
开发区黄海路88号

Western Oriental Restaurant
4F, No. 8, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5525
哇餐厅
开发区第三大街32号
鸿泰仟佰汇商业广场8号4层

Coffee Shops

1st Avenue Café
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
第一大道咖啡厅
开发区第一大街86号
天津滨海假日酒店11层

Manabe Coffee
No. 108, Cuiheng Plaza – West Wing
3rd Avenue, TEDA
Tel: +86 22 6629 1611
真锅咖啡
开发区第三大街翠亨广场东部108号

SPR Coffee
No. 3, Hongda Jie, TEDA
Tel: +86 22 6629 2566
SPR 咖啡
开发区宏达街3号

Starbucks Coffee
Tanggu Branch
C102, Juchuan Jin Hai'an Building
No. 453, Jiefang Lu, Tanggu District
Tel: +86 22 2589 3409
星巴克咖啡
塘沽店：塘沽区解放路453号巨川金海岸商界C102
TEDA Branch
No. 19, Huanghai Lu, TEDA
泰达店：开发区黄海路19号

UBC Coffee
No. 39-10, 3rd Avenue, TEDA
Tel: +86 22 6620 9522
上岛咖啡
开发区第三大街39-10号

Tea House

Aiwan Ting Tea House
1F, Section F, Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9541
爱晚亭茶苑
开发区第三大街世纪新村

Bars & Discos

668 Club
No. 338, Jiefang Lu, Tanggu District
Tel: +86 22 2588 3316
沸点668慢摇
塘沽区解放路338号

Babi Club
No. 39, Cuiheng Plaza
3rd Avenue, TEDA
Tel: +86 22 6629 1188
芭比俱乐部
开发区第三大街翠亨广场39号

Dublin Irish Pub
No. 137, 3rd Avenue, TEDA
Tel: +86 22 6629 2963
督伯林爱尔兰西餐吧
开发区第三大街137号

Eden Club
4F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6638 9999
夜殿酒吧
开发区第三大街32号鸿泰仟百汇商业广场4层

Island Bar & Grill
The junction of 3rd Avenue and Huanghai Lu, TEDA
Tel: +86 22 6620 9531
环岛酒吧
开发区黄海路与第三大街交口

Jacky's Pub
2nd Avenue, TEDA
Tel: +86 22 6629 9197
开发区第二大街

O'Leary Irish Pub
1F, Ginza Building
No. 35, 2nd Avenue, TEDA
Tel: +86 22 6628 0333
欧莱瑞爱尔兰西餐吧
开发区第二大街35号银座大厦1楼

Renaissance Lounge
Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
万丽泰达酒店酒廊
开发区第二大街29号
天津万丽泰达酒店及会议中心

Somewhere Else Bar
No. 103, Jiafu Yuan
Zhangwang Lu, 2nd Avenue, TEDA
上尉酒吧
开发区第二大街展望路加乎园底商103号

TEDA Bar
1F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6722
泰达酒吧
开发区第二大街29号
万丽泰达酒店及会议中心1层

Tropicana 22 Lounge
22F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2761
热情22酒廊
开发区第一大街86号
天津滨海假日酒店11层

W&H Pub
2nd Avenue, TEDA
Tel: +86 22 2529 3628
韦哈酒吧
开发区第二大街

YOYO Club
No. 98, Huanghai Lu, TEDA
Tel: +86 136 7208 8855
YOYO 酒吧
开发区黄海路98号

KTV

Eastern Pearl
No. 507, Jiefang Lu, Tanggu District
Tel: +86 22 2586 2222
东方之珠KTV
塘沽区解放路507号

Beauty Salon

Natural Beauty
1F, Pengren Garden
3rd Avenue, TEDA
Tel: +86 22 6620 2169
自然美
开发区第三大街蓬仁园1层

Massages

Orchid Massage and Nail Spa
Bldg. 3, Bomei Yuan
No. 18, Huanghai Lu, TEDA
Tel: +86 22 2532 2311
兰轩美甲休闲
开发区黄海路18号博美园底商3号楼

Timeless Foot Massage
2F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6621 1111
康足会所
开发区第三大街32号
鸿泰仟佰汇商业广场2层

Spas

Blu Spa
No.10, Huanghai Lu, TEDA
Tel: +86 22 2528 1352
Blu Spa 会所
开发区黄海路10号

Sukhothai Yue Spa
11, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店11层

Touch Spa
2F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6570 9504
开发区第二大街29号
天津万丽泰达酒店及会议中心

Yue Spa
15F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店15层

Dental Clinic

Aichi International Dental Center
Cuiheng Plaza
No. 211, 3rd Avenue, TEDA
Tel: +86 22 6629 1079
爱齿口腔医疗中心
开发区第三大街211号翠亨广场

Hospitals

TEDA Hospitals
No. 65, 3rd Avenue, TEDA
Tel: +86 22 6520 2000
泰达医院
开发区第三大街65号

TEDA International Cardiovascular Hospital
No. 61, 3rd Avenue, TEDA
Tel: +86 22 6520 8888
泰达国际心血管病医院
开发区第三大街61号

Western Hospital
1F, Jiafu Garden, 2nd Avenue, TEDA
Tel: +86 22 6620 8676
名医会馆
开发区第二大街加乎园底商

Electrical Appliances

Gome
No. 94, Shanghai Dao, Tanggu District
Tel: +86 22 2586 3727
国美电器
塘沽区上海道94号

Su Ning
2F, New Ocean Century Building
No. 29, Hebei Lu, Tanggu District
Tel: +86 22 2586 3477
苏宁电器
塘沽区河北路29号新洋世纪商厦2层

Laundry

CAS Laundry
(Behind Renaissance Tianjin TEDA Hotel)
Fada Jie, TEDA
Tel: +86 22 6621 6367
美国CAS 国际干洗店
开发区发达街(万丽酒店后面)

Fornet
Taifeng Jia Yuan
No. 112, 4th Avenue, TEDA
Tel: +86 22 2532 5353
福奈特
开发区第四大街112号泰丰家园底商

Jie Li Te Laundry
S-028, Royal Palace
2nd Avenue, TEDA
Tel: +86 22 6539 1273
洁利特洗染中心
开发区第二大街御景园底商S-028号

Hotels

★★★★★ 5 Stars

Dosen Residences
TEDA Fashion Plaza
Aoyun Lu, TEDA
Tel: +86 22 6628 5656
德圣公馆
开发区奥运路泰达时尚广场

Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
天津滨海假日酒店
开发区第一大街86号

Holiday Inn Express Tianjin Binhai
TEDA Fashion Plaza
No. 11, Aoyun Lu, TEDA
Tel: +86 22 5988 8999
天津滨海快捷假日酒店
开发区奥运路11号泰达时尚广场

Renaissance Tianjin TEDA Convention Centre Hotel
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
天津万丽泰达酒店及会议中心
开发区第二大街29号

TEDA International Hotel & Club
No. 8, 2nd Avenue, TEDA
Tel: +86 22 2532 6000
泰达国际酒店暨会馆
开发区第二大街8号

Tianjin Ruiwan Hotel
No. 2527, Yihao Lu, Xingang
Tanggu District
Tel: +86 22 2578 0001
天津瑞湾酒店
塘沽区新港一号路2527号

★★★★ 4 Stars

Baiyun Hotel
No. 12, the junction of Fada Jie and Nanhai Lu, TEDA
Tel: +86 22 6620 8888
白云酒店
开发区南海路与发达街交口12号

D. D. Center
No. 26, Jieda Lu, 3rd Avenue, TEDA
Tel: +86 22 2532 0088
大地中心酒店
开发区第三大街捷达路26号

Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店
开发区黄海路10号

TEDA Center Hotel
No. 16, 3rd Avenue, TEDA
Tel: +86 22 2520 6788
泰达中心酒店
开发区第三大街16号

Tianjin East Harbour Hotel
No. 31, 3rd Avenue, TEDA
Tel: +86 22 2529 1111
天津滨海东方商务酒店
开发区第三大街31号

Tianjin Easy Hotel
No. 17, the junction of Nanhai Lu and 3rd Avenue, TEDA
Tel: +86 22 6625 1111
天津怡家时尚酒店
开发区第三大街与南海路交口17号

Tianjin Elegance Hotel
Bldg. A, Fanglin TEDA Garden
3rd Avenue, TEDA
Tel: +86 22 5981 1111
天津惠中酒店
开发区第三大街芳林泰达园A座

Victory Hotel
No. 1369, Jintang Gong Lu
Tanggu District
Tel: +86 22 2534 4783
胜利宾馆
塘沽区津塘公路1369号

★★★ 3 Stars

Hotel Ibis Tianjin TEDA
No. 30, 3rd Avenue, TEDA
Tel: +86 22 5981 5100
天津泰达宜必思酒店
开发区第三大街30号

Juchua Holiday Inn
No. 4, Jiefang Lu, Tanggu District
Tel: +86 22 2589 8866
巨川假日酒店
塘沽区解放路4号

Today's International Hotel
No. 1661, Xingang Erhao Lu
Tanggu District
Tel: +86 22 2578 9999
今天国际酒店
塘沽区新港二号路1661号

Zhongtai Hotel
No. 588, Heping Lu, Tanggu District
Tel: +86 22 6527 1788
中泰酒店
塘沽区和平路588号

Art Gallery

TEDA Contemporary Art Museum
No. 39, Huanghai Lu, TEDA
Tel: +86 22 5982 9590
泰达当代艺术博物馆
开发区黄海路39号

Cinema

Hongtai Movie City
4F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6622 0886
鸿泰影城
开发区第三大街32号鸿泰仟佰汇商业广场4层

Parks

Hebin Park
Zhongxin Bei Lu, Tanggu District
河滨公园
塘沽区中心北路

Taifeng Park
4th Avenue, TEDA
泰丰公园
开发区第四大街

The Bund Park
Shanghai Dao, Tanggu District
外滩公园
塘沽区上海道

Education

International Schools

TEDA International School
No. 72, 3rd Avenue, TEDA
Tel: +86 22 6622 6158
泰达国际学校
开发区第三大街72号

Tianjin TEDA Maple Leaf International School
No. 71, 3rd Avenue, TEDA
Tel: +86 22 6622 6888
天津泰达枫叶国际学校
开发区第三大街71号

Kindergartens

Gymboree Play & Music
2F, bldg. 1, Golden Street Center
Zhongxin Bei Lu, Tanggu District
Tel: +86 22 6636 7699
金宝贝
塘沽区中心北路阳光金地中心1号楼2层

Universities

TEDA College of Nankai University
No. 23, 3rd Avenue, TEDA
Tel: +86 22 6622 9400
南开大学泰达学院
开发区第三大街23号

Exhibition Centre

Tianjin Binhai International Convention & Exhibition Center
5th Avenue, TEDA
Tel: +86 22 6530 2888
天津滨海国际会展中心
开发区第五大街

Library

TEDA Library
No. 21, Hongda Jie, TEDA
Tel: +86 22 2520 3122
泰达图书馆
开发区宏达街21号

Real Estate

Ane Househunting & Consultant Co., Ltd.
Fanglin TEDA Garden
No. 3, Hongda Jie, TEDA
Tel: +86 22 6629 2345
安逸房地产信息咨询有限公司
开发区宏达街3号芳林泰达园

Century Home Service
Bldg. E7, Room A503,
Binhai Finance Zone
No. 20, Guangchang Dong Lu, TEDA
Tel: +86 22 6623 9596
天津世嘉行地产顾问有限公司
开发区广场东路20号
滨海金融街E7A区A503室

Joanna Real Estate
Room 104, bldg. E4C
Binhai Finance Zone
No. 20, Guangchang Dong Lu, TEDA
Tel: +86 22 6628 3456
嘉园置地房地产经纪有限公司(天津分公司)
开发区广场东路20号
滨海金融街E4C区104室

Tianjin TEDA Henry Rental & Real Estate Service
Block E, Fanglin TEDA Garden
No. 3, Honda Jie, 3rd Avenue, TEDA
Tel: +86 22 6629 2233
天津开发区亨利商务信息咨询有限公司
开发区第三大街宏达街3号
芳林泰达园E座底商

Travel Agency

Tianjin China International Travel Service (CITS)
Room 104, west bldg.
No. 39, 3rd Avenue, TEDA
Tel: +86 22 6629 0560
天津中国国际旅行社
开发区第三大街39号西区104室

Department Stores & Shopping Malls

Citizen Plaza
No. 86, 1st Avenue, TEDA
市民广场
开发区第一大街86号

Cuiheng Plaza
3rd Avenue, TEDA
翠亨广场
开发区第三大街

Fortune City Plaza
No. 28, 3rd Avenue, TEDA
Tel: +86 22 6621 8022
财富星座
开发区第三大街28号

Juchuan Jin Hai'an Building
Shanghai Dao, Tanggu District
巨川金海岸
塘沽区上海道

King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6622 0886
鸿泰仟佰汇商业广场
开发区第三大街32号

TEDA Friendship Department Store
The junction of Huanghai Lu and 2nd Avenue, TEDA
泰达友谊商厦
开发区第二大街与黄海路交口

Clothing Store

Decathlon TEDA
No. 19, Aoyun Lu, TEDA
Tel: +86 22 6628 5788
迪卡侬天津泰达店
开发区奥运路19号

Supermarkets

E-Mart Supercenter
Xiugu Business Center
No. 1168, Jintang Gong Lu
Tanggu District
Tel: +86 22 5982 1234
易买得超市
塘沽区津塘公路1168号秀谷商业广场

Jia Shun Supermarket
1F, Youyi Mingdu Department Store
No. 19, Huanghai Lu, 2nd Avenue, TEDA
Tel: +86 22 6620 1930
佳顺自选店
开发区第二大街黄海路19号友谊名都1层

Natural Farmers Market
No. 123-129, junction of 4th Avenue and Taifeng Lu, TEDA
Tel: +86 22 6200 3688
邑农达超市
开发区泰丰路与第四大街交口123-129号

Opus Food & Wine Cellar
Fanglin TEDA Garden
The junction of 3rd Avenue and Nanhai Lu, TEDA
Tel: +86 22 5981 5646
欧宝酒苑
开发区南海路与第三大街交口芳林泰达园

Times Grocery Store
S-018, Royal Palace
2nd Avenue, TEDA
Tel: +86 22 5981 1208
时代杂货商店
开发区第二大街景园邸3期高层底墒S-018

Golf Club

Tianjin Warner International Golf Club
No. 1, Nanhai Lu, TEDA
Tel: +86 22 2532 6009
天津华纳高尔夫俱乐部
开发区南海路1号

Gyms

Champs Elysees
2F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
香榭丽舍健身俱乐部
开发区第二大街29号
天津万丽泰达酒店及会议中心2楼

Holiday Inn Binhai Hotel Fitness Center
15F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2960
天津滨海假日酒店健身中心
开发区第一大街86号
天津滨海假日酒店15层

Outdoor Club

Tianjin Freetrek Outdoor Sports Club
No. 1038, Jintang Gong Lu
Tanggu District
Tel: +86 22 2582 9366
天津自由行户外俱乐部
塘沽区津塘公路1038号

Budapest

The Pearl of the Danube

One of the most beautiful cities in the world, Budapest is a jewel of central Europe. A union of two cities, Buda and Pest, on opposite sides of the river Danube, Budapest traces its roots back to the 9th Century, though the Romans colonised nearby Obuda centuries before.Its 20th Century history, meanwhile, encapsulates the history of Europe, from the tumults of the First World War and the subsequent fragmentation of the great Austro-Hungarian Empire, to the rise of Hitler and the Iron Curtain partition of Europe in the years after 1945. Since 1989, Budapest has been the capital of the Third Republic of Hungary.

Architecture

Much of central Budapest dates from its glory years, from the 1873 unification, when it became the second capital of the Hapsburg Empire after Vienna, until 1914. Numerous magnificent examples of Romantic architecture abound. The Parliament Building, the third-largest in the world and formerly the largest, lies on the Pest side of the banks of the River Danube. Its gothic style somewhat resembles the British Houses of Parliament, though the Hungarian Parliament has a domed rather than arching roof. St. Stephen's Basilica, which still contains the mummified, thousand year-old right hand of St. Stephen, founder of Hungary, is within easy walking distance. Castle Hill, on the Buda side, is a UNESCO World Heritage Site, as are the River Danube embankments and Andrassy Ut, which hosts spectacular Neo-renaissance mansions and townhouses featuring fine facades and interiors. It is also one of Budapest's main shopping streets, with fine cafes, restaurants, theatres, and luxury boutiques. The city is also home to the largest synagogue in Europe (Dohány Street Synagogue) and the largest medicinal baths (Széchenyi Medicinal Bath).

Spas

With the city built on the world's largest thermal water cave system, Budapest has long been a city of spas, with Roman ruins still in evidence, and some baths built during the Turkish period (1541-1686) still in operation. Some of the finest include the Gellert Baths, with its immaculately preserved Art Nouveau interior, including colourful mosaics, marble columns, stained-glass windows and statues, and the Rudas Baths. These are located in the narrow strip of land between Gellért Hill and the River Danube and feature an octagonal pool over which light is thrown from a cupola of 10m diameter, supported by eight pillars. The waters contain calcium, magnesium, hydrocarbonate, alkalis, chloride, sulphate and fluoride, and come from thermal springs with water temperature of around 38℃.

History

As suggested above, Budapest in many ways encapsulates the tumultuous history of Europe in the 20th Century. The proud second capital of the Austro-Hungarian Empire in 1914 and a major world city, by 1920 Budapest was part of a republic of a mere seven million people, having lost some nearly three-quarters of its territory. Partly destroyed by British and American air raids in 1944, Soviet troops in the bloody Battle of Budapest (ranking only behind the sieges at Leningrad and Stalingrad for loss of life) almost finished the job. Subsequently controlled by Soviet troops, Hungary became a member of the Warsaw Pact under the orbit of the Soviet Union. The Hungarian Revolution of 1956, emanating from a peaceful student protest spontaneously joined by others, disaffected with communist rule, saw a brutal put-down, with Soviet tanks sent in to quell the revolt. This alienated many who previously had been sympathetic to the USSR. Hungary's decision to open its border with Austria in 1989 was the first crack in the Iron Curtain, and one of the first parts of the chain of events which led eventually to the fall of communism throughout Eastern Europe and the USSR. Memento Park, on the outskirts of the city, contains many relics and statues of Budapest's communist period.

Today Budapest receives twenty million tourists a year and is ranked as the most liveable city in Central and Eastern Europe, and as the seventh most idyllic city in all of Europe. Its beauty and friendliness are unforgettable, and with its unique blend of old world charm and new world dynamism, Budapest is sure to take your heart.

Yellow Mountain

Anhui's Treasure

Of all the notable mountains in China, Yellow Mountain (Huang Shan) found in the south of Anhui province, is one of its treasures. Originally known as Yi Shan it was renamed Huang Shan in 747 AD in recognition of the legendary Huang Di, the reputed ancestor of the Chinese people that made magic pills for immortality in this very spot.

Transportation

Huangshan City's transportation is efficient. Upgraded airlines, railways, highways and the city transportation expedite travel.

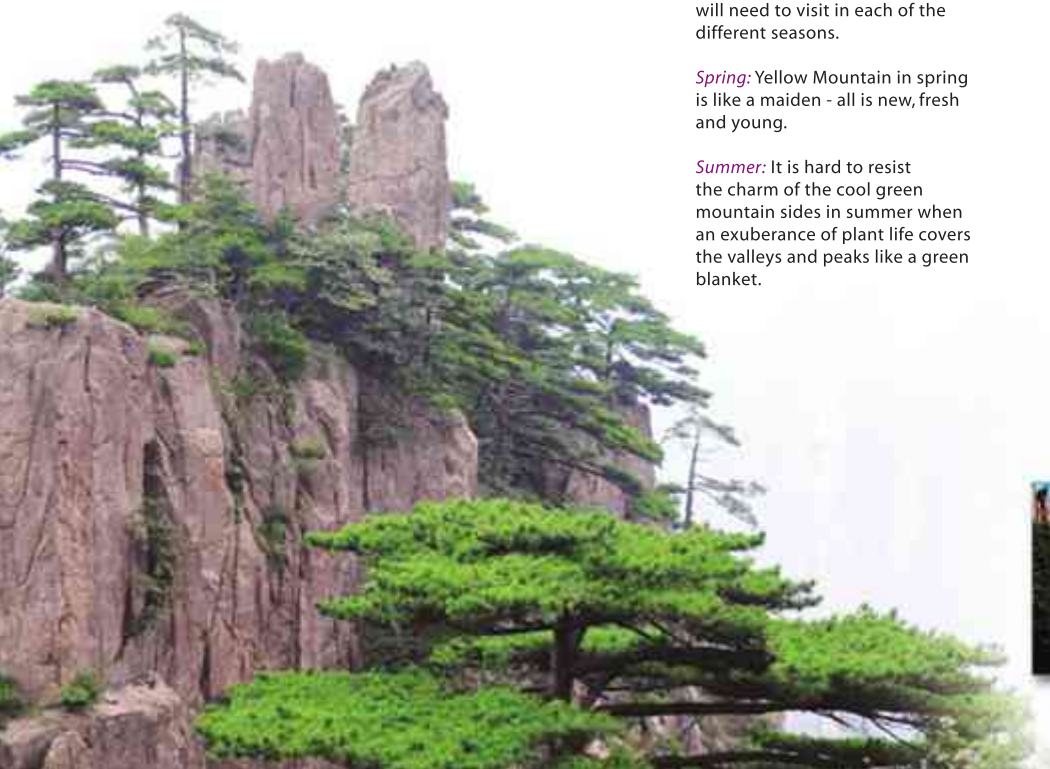
Natural Beauty

Yellow Mountain can boast not only of its magnificence but also of its abundant resources and great variety of zoological species, for which it has been listed as a World Natural and Cultural Heritage Site.

Each of the four seasons on Yellow Mountain has their respective beauty but even this can vary from day to day thanks to variations in the weather, light and shade as clouds pass overhead and even around you at various altitudes. These endless changes add to the wonder of the landscape. To appreciate the mountain fully, you will need to visit in each of the different seasons.

Spring: Yellow Mountain in spring is like a maiden - all is new, fresh and young.

Summer: It is hard to resist the charm of the cool green mountain sides in summer when an exuberance of plant life covers the valleys and peaks like a green blanket.



Autumn: Autumn on the mountain is colorful due to the blue sky, white clouds, red maples and yellow fruits.

Winter: The snowy mountain is like a crystal palace. Though winter lasts a long time, it is temperate on the mountain. A poem has it that Yellow Mountain is beautiful all year round but with the winter scenery being the best.

Four Wonders of Yellow Mountain

1. Strange Pines: View thousands of century old pine trees that take root on the clefts of rugged mountain terrain.
2. Incongruous Stones: Throughout the mountain observe the ancient steles that are the trademark of the mountain.
3. Sea of Clouds: Take a look above at the parade of clouds that will capture your imagination.
4. Hot Springs: Pamper yourself by bathing in these magical springs that are believed to have curative properties.

Food

Huang Shan food is known as Hui cuisine with more than a hundred year's history. Hui is one of the eight major cuisines of China. Local snacks include Fried Odorous Bean Curd, Yellow Crab Shell and for the courageous, Stir-fried Pond Snail.

Nightlife

Yilin Ge Tea House, Huang Shan International Hotel Dancery and 9 C Bar are just a few of must visit locations after dark.

Office: +86 22 5855 9525
Cell: +86 138 2123 1751
E-mail: citstj@public.tpt.tj.cn
Add: No. 22, Youyi Lu, Hexi District
Hours: Mon – Fri 08:30 – 17:30

Haihe River 海河

The "Mother River" of Tianjin, the Haihe covers 300,000 square kilometres. It is appreciated for its natural beauty and historical importance.

Former Residence of Liang Qichao 梁启超故居

Idealist of the Chinese Bourgeois Movement, Liang was one of the greatest scholars and journalists in China. The residence is homage to his memory, with a vast collection of literature, illustrations and photographs.

No. 44-46, Minzu Lu, Hebei District
河北区民族路44-46号

+86 22 2445 0856

Tue-Sun, 09:00 - 17:00

¥ 10CNY

Temple of Compassion
大悲禅院

Dating from the Qing Dynasty, it is the biggest Buddhist temple in Tianjin and also an important activity centre for Buddhism. It became well-known for offering sacrifices to the bones of Xuang Zang, a Tang Dynasty monk.

No. 40, Tianwei Lu, Hebei District
河北区天纬路40号

+86 22 2626 1768

Daily, 09:00 - 16:30

¥ 5CNY

The Observation Wheel Tianjin Eye
天津之眼天摩天轮

The world's only gigantic Ferris wheel built over a bridge. With a 110-meter diameter, it will lift visitors 120 meters above the ground, offering a spectacular view over the city and its surroundings.

Over The Yongle Bridge
Haihe River, Hebei District
河北区海河三岔河口永乐桥

+86 22 2628 8830

Daily, 09:30 - 21:30

¥ 50CNY

Tianjin Italian Style Town
意大利风情街

The only well-preserved quarter of Italian architecture outside Italy. A walk in history and culture, presenting truly Mediterranean buildings.

Former Italian Concession Area
Hebei District 河北区意大利风情街

Daily

¥ Free

Tianjin Train Station
天津站

First built in 1888 and recently renewed, this is the terminus station for the state-of-the-art Beijing-Tianjin Intercity Rail. The area around the train station is particularly preserved and romantic during night time.

No. 1, Xinwei Lu, Hebei District
河北区新纬路1号

+86 22 6053 6053

www.tjhcz.com.cn

Daily

¥ Free

Binjiang Dao 滨江道

Tianjin's busiest and most prosperous shopping street with the highest concentration of top department stores, both modern and traditional.

Binjiang Dao, Heping District
和平区滨江道

Daily

¥ Free

China House Museum
瓷房子博物馆

Homage to Chinese culture, the house was built with millions of ancient porcelain flakes. The perfect place to appreciate Chinese porcelain bows and marble sculptures.

No. 72, Chifeng Dao
Heping District 和平区赤峰道72号

+86 22 2712 3366

Daily, 10:00 - 17:00

¥ 35CNY

Dagu Bridge 大沽桥

Composed of two arches, one larger than the other, symbolizing the sun and the moon. The design is usually referred to as an "unparalleled combined tie beam arch".

Dagu Qiao, Haihe River
Heping District 和平区海河大沽桥

Food Street 食品街

With more than 100 restaurants, it offers an exquisite mixture of several types of cuisine, architecture and culture.

Bldg. D, Shipin Jie, Qinghe Jie
Heping District 和平区清河街食品街D座

+86 22 5899 7866

www.shipinjie.com

Daily, 24h

¥ Free

Garden of Serenity 静园

Former residence of the last Chinese Emperor, Puyi. The Emperor named it Jing Yuan, which literally means "quiet" in Chinese, following his intention of revitalizing the Qing Empire.

No. 70, Anshan Dao, Heping District
和平区鞍山道70号

Tue-Sun, 09:30-11:30
14:00 - 16:00

¥ 20CNY

Golden Street (Heping Lu)
金街（和平路）

The intersection of Binjiang Dao and Heping Lu forms the most prosperous trade area in Tianjin.

Heping Lu, Heping District
和平区和平路

+86 22 2339 6209

www.tjejj.com.cn

Daily

¥ Free

Jiefang North Road
解放北路

An open-air museum for architecture, housing dozens of well-preserved European-style buildings. One of the city's most sophisticated and elegant areas and a landmark in Tianjin's modern history.

Jiefang Bei Lu, Heping District
和平区解放北路

Daily

¥ Free

Jin Wan Plaza天津津湾广场

An entire square dedicated to entertainment. Shopping, dining and movies are available in an outstanding setting facing the river, the train station on the other side, also neighboured by the one of Tianjin's architectural pinnacles Jiefang Bridge.

Jiefang Bei Lu, Heping District
和平区解放北路

Daily

¥ Free

Shenyang Antiques Market 沈阳道古物市场

Near Heping Lu, it stands out in one of the busiest commercial areas of the city. The market is a great opportunity to acquire Chinese antiques or simply admire them.

Shenyang Dao, Heping District
和平区沈阳道

Daily, 09:00 - 18:00

¥ Free

Xikai Cathedral 西开教堂

Constructed in 1917 by French missionaries, it is today the residence of the Bishop of Tianjin. It is the biggest church in Tianjin, located in the heart of the city.

Dushan Lu, Binjiang Dao
Heping District和平区滨江道独山路

Mon-Fri, 05:00 - 16:30
Weekends, 05:00 - 20:00
Weekly Mass
Mon-Sat, 06:00 - 07:00
Sun, 06:00 - 07:30, 10:00 - 11:30, 11:30 (EN), 15:00 - 19:00

¥ Free

Natural History Museum
自然博物馆

Specializes in collections of fossils, housing more than 38,000 specimens. It also has a permanent marine exhibition and relaxing green gardens.

No. 206, Machang Dao, Hexi District
河西区马场道206号

+86 22 2335 8031

www.tjnhm.org

Tue-Sun, 09:00 - 16:30

¥ 20CNY

People's Park 人民公园

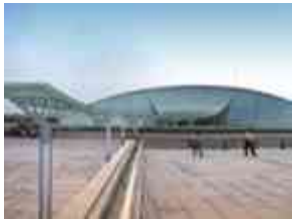
Famous for entertainment for all ages. There's a playground for children, an aviary, a temple, luxurious gardens and pavilions.

No. 29, Huizhou Dao, Hexi District
河西区徽州道33号

+86 22 2324 0371

Daily, 06:00-22:00

¥ Free



Tianjin Museum 天津博物馆

A vast collection of ancient Chinese fine arts, as well as ancient and modern historical relics.

No. 31, Youyi Lu, Hexi District
河西区友谊路31号

+86 22 5879 3000

www.tjbwg.com

Tue-Sun, 09:00 -16:30

¥ Free

Tianjin TV Tower 天塔

At 415.2m, this is the second highest tower in Asia and the fourth in the world. The rotating restaurant and the viewing hall on top allow a great bird's eye view over the city.

No. 1, Weijin Nan Lu, Hexi District
河西区卫津南路1号

+86 22 2334 3557

www.lotour.com/member/sight/6379/

Nov-Apr, 08:30 - 21:30
May-Oct, 08:30 -22:00

¥ 50CNY, 118CNY (meal included)

Wu Da Dao 五大道

Originally the centre of the British concession, the five streets shaped the area's development. European architecture abounds.

Machang Dao, Munan Dao, Dali Dao, Chongqing Dao and Chegdu Dao, Hexi District
河西区成都道, 重庆道, 大理道, 睦南道, 马场道

Daily

¥ Free

Ancient Culture Street
古文化街

Tianjin's famous shopping street, recreating an ancient Chinese town. Purchase or simply admire China's cultural treasures: calligraphy, jade, antiques, paper-cutting, clay figures and plenty more.

Ancient Culture Street Nankai District
南开区古文化街

Daily, 09:00 - 17:00

¥ Free

Clay Figure Zhang 泥人张

Prestigious Tianjin traditional folk art. This 180-year-old plastic art form consists of decorative indoor sculptures made of clay, executed with outstanding realism.

No. 17, Ancient Culture Street
Nankai District 南开区古文化街17号

+86 22 2727 5081

www.nirenzhangwr.com/english/index.htm

Daily, 09:00 - 18:00

¥ Free

Drum Tower 鼓楼

One of Tianjin's three treasures, characterized by strong architectural and decorative features from the Ming and Qing dynasties. The heart of ancient Tianjin city.

Drum Tower, Nankai District
南开区鼓楼

Daily, 09:00 - 17:00

¥ Free

Memorial of Zhou Enlai and Deng Yingchao
周邓纪念馆

Loved by the people, this memorial hall houses information about the skilled former Prime Minister Zhou and his wife Deng. All that refers to them or was created by them is documented here.

No. 1, Shuishang Lu, Nankai District
南开区水上路1号

+86 22 2352 9243

Daily, 08:30 - 16:00

¥ 10CNY

Queen of Heaven Temple
天后宫

One of the three Mazu Temples in the world, tribute to the Goddess of the Sea. It is also the Folk Custom Museum of Tianjin.

Ancient Culture Street
Nankai District南开区古文化街

Daily, 09:00 - 16:45

¥ 6CNY

Tianjin Olympic Center Stadium 奥林匹克中心体育场

Specially constructed for the 2008 Olympic Games, with a seating capacity of 60,000.

Binshui Xi Dao, Nankai District
南开区宾水西道

09:00 -22:00

Tianjin Princess Residence Museum
天津格格府典藏博物馆

During the Qing Dynasty it was the house of Yu Derling. She was the interpreter of empress Dowager Cixi. Owned by the famous actress Zang Xiuyun, it houses a spectacular collection of ceramics and bronzes.

No. 30-32, Gulou Nan Jie
Nankai District
南开区鼓楼南街30-32号

+86 22 2727 7755

Daily, 08:30-17:00

¥ 10CNY

Water Park 水上公园

Fully renovated, it is divided in 9 islands and 3 lakes. It is famous for its beauty and lush landscapes. You can find Chinese traditional pavilions, gardens, bridges, pagodas and lakes.

No. 33, Shuishang Gongyuan Bei Lu, Nankai District
南开区水上公园北路33号

+86 22 2335 0095

www.tjwaterpark.com.cn

Daily, 06:00-19-00

¥ Free

Music Street 音乐街

Tianjin's recently built street entirely dedicated to music. Guitars, pianos, saxophones, and much more. Several stores and coffee shops dedicated to this artistic environment. It is also the house of Tianjin Conservatory of Music and Tianjin Music School.

The junction of Shisi Jing Lu and Bawei Lu, Hedong District
河东区八纬路与十四经路交口

Daily

¥ Free

Tianjin Great Mosque
清真大寺

Originally built in the early stage of the Qing Dynasty and reconstructed over the centuries, the Mosque is a beautiful display of art and architecture within a religious space.

No. 8, in front of the Xiaohuo Xiang Temple, Xibei Jiao
Hongqiao District 红桥区西北角小伙巷大寺前8号

Daily

¥ Free

Guyi Street 估衣街

Originally built during the Yuan Dynasty (1271-1368), the street was remodeled and rebuilt in 2009. The name originally means Ancient Clothing and nowadays houses Tianjin's most traditional and ancient businesses.

Guyi Jie, Hongqiao District
红桥区估衣街

Daily

¥ Free

Binhai Aircraft Carrier Theme Park
滨海航母主题公园

Seven-square-kilometer military theme park featuring tours, role playing, survival training, leisure, activities and film shooting.

Baguatan, Yingchengzhen
Hangu District 汉沽区营城镇八卦滩

+86 22 5991 8888 / 8007

www.binhaipark.cn

Dec- Feb, 09:00 - 17:00
Mar- Nov, 09:00 - 17:30
High season weekends, 09:00 - 18:00
May Day & National Day, 09:00 -18: 30

¥ Full price: 110CNY
Discount price: 55CNY

Dagu Fort 大沽炮台

Originally built during the Ming Dynasty, it was expanded during the 19th century to protect Beijing. Listed as an important historical site under State protection, it is considered by Tianjin locals as one of the city's three treasures.

Tanggu District 塘沽区

Daily, 08:00 -17:00

¥ 10CNY

Tanggu Bund 塘沽外滩

Part of the project to invigorate the Haihe River in Tanggu District. Designed by world-class professionals, it offers a modern city life with entertainment, dining and shopping.

The bank opposite Waitan Garden
Haihe River, Tanggu District
塘沽海河外滩公园对岸

¥ 25CNY

Tanggu Museum
塘沽博物馆

Depiction of Tanggu's history through photographs and paintings.

Hebin Park, Zhongxin Lu
Tanggu District
塘沽区中心路河滨公园

+86 22 2586 2720

Daily, 10:00-16:00

¥ Free

Temple of Chaoyin 潮音寺

Built during the early 15th century (Ming Dynasty), it is one of the few temples that face east. It is also famous for being the only place in Tanggu District where the public can enjoy ancient relics.

Xigu, Tanggu District 塘沽区西沽
Daily, 08:00-18:00
¥ 3CNY

Yanghuo Market 洋货市场

The proper market to stroll and find all sorts of products. Prepare yourself to bargain.

No. 7, Fushun Dao, Tanggu District 塘沽区抚顺道7号
Daily
¥ Free

Caozhuang Flower Market 曹庄花卉市场

The largest flower market in northern China. A worthy visit to a market of blending perfumes and colours.

North No. 7 Bridge, Outer Ring Cao Zhuangzi, Zhongbei Zhen Xiqing District 西青区中北镇曹庄子外环线7号桥北
Daily
¥ Free

Former Residence of Huo Yuanjia 霍元甲故居

Known for his passion for martial arts and patriotism, Huo was the founder of the Martial Arts Sports Association. His house portrays elements of local lifestyle at the time.

Xiao Nanhe Cun, Nanhe Xian Xiqing District 西青区南河镇小南河村
+86 22 2398 9632
Daily, 09:00 - 17:00
¥ 10CNY

Shi Family Grand Courtyard 石家大院

A piece of history belonging to the fourth son of one of the eight great Chinese masters. It is said to be northern China's first mansion. The imperial and southern-style gardens are particularly sumptuous.

Yuehe Bridge, Yangliu Qing Zhen Xiqing District 西青区杨柳青镇御河桥
+86 22 2739 1618
Daily, 09:00 - 16:30
¥ Full price: 20CNY
Discount price: 10CNY

Tianjin Botanical Garden 天津热带植物园

40,000 square meters of tropical plants and animals, waterfalls, a Dai nationality village, and much more. Simulations of tropical environments, such as thundering or climate changes.

Near Caozhuang Flower Market 曹庄花卉市场近旁
(see Caozhuang Flower Market)
+86 22 2794 8011
Daily
¥ 50CNY

Yang Liu Qing 杨柳青

Characterized by its remarkable preservation, it was originally the house of a prosperous 19th-century merchant. It is known for its intersections of courtyards, richly decorated rooms, and its own theatre and school.

Li Jiao Qiao Bei, Yijing Lu Yang Liu Qing Zhen, Xiqing District 西青区杨柳青镇一经路立交桥北
+86 22 2792 2792
Daily, 09:00 - 19:00
¥ Free

Huangyaguan Section of the Great Wall 黄崖关长城

Originally built during the Qi Dynasty, it is located in an abrupt mountain range north of Tianjin.

30km north of Ji Xian 蓟县北30公里
+86 22 2271 8718
Daily, 09:00 - 17:00
¥ 50CNY

Nine Dragons Mountain National Forest Park 九龙山国家森林公园

Ancient royal leisure gardens and mountains for Qing Dynasty emperors, it has 2,126 hectares of luxurious landscape.

Chuanfang Yu, 20km east of Ji Xian 蓟县东20公里穿芳峪
+86 22 2974 2069
www.jlspark.com
Daily
¥ 40CNY

Pan Mountain 盘山

Famous for its high peaks, unique rock formations, clear streams and vibrant landscapes.

15km northwest of Ji Xian 蓟县西北15公里
+86 22 2982 1235
Daily
¥ 20CNY

Temple of Solidarity Joy 独乐寺

With more than 1000 years of history, the temple is now considered a historical relic. Having survived 28 earthquakes, it still maintains its ancient architectural features.

No. 41, Cheng Nei Wu Ding Jie Ji Xian 蓟县城内武定街41号
+86 22 2914 2907
www.dulesi.com
Daily, 08:30 - 17:00
¥ 40CNY

Dongli Lake Langju Hot Spring Happy Valley 东丽湖朗距温泉欢乐谷

A land of aquatic amusement! Open 24h a day, this is the ideal place for a fun and animated retreat.

North of Dongli Zhiguang Da Dao Dongli Lake Tourist Resort, Dongli District 近郊东丽区东丽湖旅游度假区东丽之光大道北
+86 22 2652 2028
Daily, 24h
¥ 128CNY

Indie

Jamie Lydell – *Compass (2010)*

The fifth studio album for the British singer is already promising to be the talk of the town among lovers of underground tunes. Produced by Beck, this album is more than the eclectic typical indie record. From R'n'B to hard rock tracks, this successfully experimental album is beautifully painted by the singer's prodigious voice.

Rap, Reggae

Nas and Damian Marley – *Distant Relatives (2010)*

Distant Relatives in an explosive mixture of one of the most cherished sons of reggae Damian Marley and the rap guru Nas. The result is a harmonious union between the artists, creating a blasting activist album with powerful lyrics and a cry for a humanitarian Africa. Produced by the Damian's elder brother, Steven Marley, it counts with the participation of Joss Stone and Dennis Brown, among others.

Rock

The Rolling Stones – *Exile on Main Street: Deluxe Edition (2010)*

The Rolling Stones are rock titans, one of the world's most famous bands. Without needing any form of introductions, the band released the deluxe edition of the 1972 album Exile on *Main Street*, perhaps one of the most loved ones ever released by the Stones. Not rich in their biggest hits, the album is great as whole and it's now a musical biography of their life as rock masters.

Soundtracks

Glee – *The Music Volume 3 (2010)*

The album features 20 new songs from the TV series that soon became a tremendous hit, with thousand of fans worldwide. This matured version of their classics includes the whole cast and the special appearance of guest star performers.

CLASH OF THE TITANS

An Epic Take on Ancient Myths

Remaking the 1981 stop-animation classic, "Clash of the Titans" takes great advantage of computer-spurred developments in special effects and continues the recent cinematic trend of envisioning fantastical myths and worlds. Opening with a female voice-over (reminiscent of Galadriel's introduction to "The Fellowship of the Ring"), the film takes us into the lurid, sensational, absurdly melodramatic world of Ancient Greek mythology. Inter-generational conflict, murder, ambition, monstrosity, rivalry and lust commingle like a post-watershed episode of "Dallas", or a Mafia clan war with added sexy bits. (Perhaps fortunately, Oedipus doesn't appear).

From Greek mythology Western civilisation, of course, derives many cultural roots. "Clash of the Titans" is set in the Greek city of Argos, where a war is about to explode between man and the gods. We are introduced to the three Olympians who battled the Titans long ago: the brothers Zeus (Liam Neeson), Poseidon (Danny Huston), and Hades (Ralph Fiennes). Hades provided the means of defeating the Titans with his creation, the Kraken. After the Titans' defeat, Zeus created humans and ruled them while Poseidon ruled the sea, but Hades, having been deceived by Zeus, was forced to rule the Underworld. Zeus and Poseidon gain power from the prayers of humans, but Hades learns he can derive power from another source: fear.

Featuring an all-star cast and mythological creatures like the winged horse Pegasus and Medusa, whose glance turns people to stone, "Clash of the Titans" is an epic tale which reintroduces the splendour of Greek mythology to modern cinema.

Temple of Compassion

Lighten Your Soul

In times of soul-searching, and when it comes to thank their ancestors for their lives, most Chinese people rely on the various Buddhist temples spread all over town. The Temple of Compassion is the main Zen Buddhist temple in Tianjin, offering pieces of peace and quiet.

Built during the Shun Zhi Period (1643-1661) of the Qing Dynasty, the temple quickly became notorious in Tianjin for the sacrifices often offered to the bones of the Tang Dynasty Buddhist monk Xuang Zang, namely his skull. This relic is presently at the Patna Museum in India. Xuang Zang was a very prominent scholar at his time for improving and intensifying the connections between spiritual China and India. He would later become the source of inspiration for the great classic *Journey to the West*.

Near the river and located in a peaceful, broad square, the temple is never too crowded to the point of making visitors feel discomfort. Divided in halls, the first thing you'll encounter with is certainly the most important. The Heavenly Kings Hall is one of the favourite destinations to pray, to centre, to become united with ones faith and simply let worries flow away. The hall has four corners: in the middle believers worship Maitreya, in the other end stands the statue of Dharmapalas Skanda, in the east and west the Four Heavenly Kings.

Whether you're a Buddhist or not, this place excels for the peace of mind it offers, a true path to zen.

No. 40, Tianwei Lu, Hebei District 河北区天纬路40号
+86 22 2626 1768 **Daily, 09:00-16:30** **¥5**

Medical Care 医疗保健

Vol.11

How to pronounce each tone:

— = monotone, flat tone
ˇ = fluttering tone, like a ball that bounces and rises, or a frog's croak
ˊ = rising tone, like a question in English
ˋ = falling tone, like a direct command

Doctor says:

Do you have any drug allergies?
你 对 什么 药物 过敏(1) 吗?
nǐ duì shénme yàowù guòmǐn ma?

How often do you have migraine attack ?
你的 偏头痛(2) 多久 犯一次(3)?
nǐde piāntóutòng duōjiǔ fànyícì?

The most common side effects of the medicine are headache and stomach pain.
这种药(4) 最常见的(5) 副作用(6)
zhèzhǒngyào zuì chángjiàn de fùzuòyòng
是 头痛(7) 和 胃痛(8)。
shì tóutòng hé wèitong.

You should take two tablets each time, three times a day for three days.
你应该(9) 每次 服 两片(10),
nǐ yīnggāi měicì fú liǎngpiàn,
一天三次(11), 连服 三天。
yìtiān sāncì, liánfú sāntiān.

Patient says:

I'd like to make an appointment to see the doctor.
我想 预约(12) 看病(13)。
wǒxiǎng yùyuē kànbìng.

I'm allergic to penicillin.
我 对 青霉素 过敏(14)。
wǒ duì qīngméisù guòmǐn.

I've been feeling sick for the past several days.
这几天来(15) 我 一直 感觉
zhèjǐtiān lái wǒ yīzhí gǎnjué
不舒服(16)。
bùshūfú.

I've been having severe pains in my stomach and now I feel nauseated.
我 肚子(21) 疼 得 很厉害(22), 现在 觉得 恶心(23)。
wǒ dǔzi téng de hěnlìhài, xiànzài juéde ěxīn.

Vocabulary

(1)	药物过敏	yàowù guòmǐn	drug allergy
(2)	偏头痛	piāntóutòng	migraines
(3)	多久犯一次	duōjiǔ fànyícì	how often do you have an attack of …
(4)	药	yào	medicine
(5)	最常见的	zuì chángjiàn	de the most common
(6)	副作用	fùzuòyòng	side effects
(7)	头痛	tóutòng	headache
(8)	胃痛	wèitong	stomach pain
(9)	应该	yīnggāi	should
(10)	每次服两片	měicì fú liǎngpiàn	take two tablets each time
(11)	一天三次	yìtiān sāncì	three times a day
(12)	预约	yùyuē	make an appointment
(13)	看病	kànbìng	see the doctor
(14)	对…过敏	duì … guòmǐn be	allergic to …
(15)	这几天来	zhèjǐtiān lái	the past several days
(16)	不舒服	bùshūfú	feel sick
(17)	比以前	bǐ yǐqián	than before
(18)	更频繁	gēng pínfán	more frequent
(19)	到目前为止	dào mùqián wéizhǐ	so far
(20)	犯了四次	fànle sìcì	had four attacks
(21)	肚子	dǔzi	stomach
(22)	疼得很厉害	téng de hěnlìhài	severe pain
(23)	觉得恶心	juéde ěxīn	feel nauseated

My migraines have been more frequent than before. I've had four attacks so far.
我 的 偏头痛 比 以前(17) 更 频繁(18)了。 到 目前为止(19) 已经 犯了 四次(20) 了。
wǒ de piāntóutòng bǐ yǐqián gēng pínfán le. dào mùqián wéizhǐ yǐjīng fànle sìcì le.

If you meet any problems in learning Chinese, please send us an email at editor@tianjinplus.com
We'll do our best to help you. See you next month.

Useful Info

Area Codes

China Area Code: 0086
Beijing City Area Code: 10
Tianjin City Area Code: 22

Emergency Numbers

Fire: 119
First Aid: 120
Police Service: 110
Postal Service: 11185
Time: 117
Traffic accident: 122
Weather: 12121

Courier

DHL 800 810 8000
FedEx 800 810 2338
TNT 800 820 9868
400 678 9000

Transportation

Bus
Long-distance Bus Station: +86 22 2727 0168
Tianjin to Beijing Airport Shuttle Bus Inquiry: +86 22 2305 0530
Tianjin Binhai International Airport Inquiry: +86 22 2490 6363
Tianjin North Railway Station Ticket Service: +86 22 2618 1162
Tianjin West Railway Station Ticket Service: +86 22 2618 2262
Tianjin Railway Station Ticket Service: +86 22 6053 6053
Tianjin Light Rail Station Service: +86 22 6570 1111
Tianjin Metro Service: +86 22 6028 6777

Railway
Tianjin North Railway Station Ticket Service: +86 22 2618 1162

Taxi
Tianjin Haihe Taxi Company: +86 22 2635 2844

Airports & Airlines

Beijing Capital International Airport 北京首都国际机场: +86 10 6454 1100 www.bcia.com.cn
Tianjin Binhai International Airport 天津滨海国际机场: +86 22 2490 6363

National
Air China 中国国际航空: +86 4008 100 999 www.airchina.com
China Southern Airlines 中国南方航空: +86 10 95539 www.flychinasouthern.com
Hainan Airlines海南航空: +86 0180 5408 58583 global.hnair.com
Okay Airways奥凯航空: +86 10 5175 0000 www.okair.net
Shandong Airlines山东航空: +86 0531 96777 www.shandongair.com.cn/en
Shanghai Airlines上海航空: +86 800 820 1018 www.shanghai-air.com
Shenzhen Airlines深圳航空: +86 95080 www.shenzhenair.com

International
Air Canada加拿大航空: +86 400 811 2001 www.aircanada.com
Air France法国航空: +86 4008 808 808 www.airfrance.com
Air New Zealand新西兰航空: +86 10 6587 0000 www.airnewzealand.com
All Nippon Airways全日本空输: +86 800 820 1122 www.ana.co.jp/asw/wws/us/e
Austrian Airlines奥地利航空: +86 10 6464 5999 www.austrian.com
British Airways英国航空: +86 800 7440 031 www.britishairways.com
Cathay Pacific国泰航空: +86 400 888 6628 www.cathaypacific.com
Dragonair港龙航空: +86 400 888 6628 www.dragonair.com
Emirates阿联酋航空: +86 10 5108 8696 www.emirates.com
Finnair芬兰航空: +86 10 6512 7180 www.finnair.com
Japan Airlines日本航空: +86 400 888 0808 www.jal.com
KLM-Royal Dutch Airlines荷兰皇家航空: +86 400 880 822 www.klm.com
Korean Air大韩航空: +86 400 658 8888 www.koreanair.com
Lufthansa德国汉莎航空: +86 10 6468 8838 www.lufthansa.com
Qantas澳洲航空: +86 400 888 0089 www.qantas.com.au
Qatar Airways卡塔尔航空: +86 10 5923 5100 www.qatarairways.com
Scandinavian Airlines北欧航空: +86 10 8527 6100 www.flysas.com
Singapore Airlines新加坡航空: +86 10 6505 2233 www.singaporeair.com
Swiss Air: +86 10 8454 0180 www.swiss.com
Thai Airways International泰国国际航空: +86 10 8515 0088 www.thaiairways.com
United Airlines联合航空: +86 800 810 8282 www.united.com

Chinese Visa Applications

Beijing Exit & Entry Administration of the Public Security Bureau
No. 2, An Ding Men Dong Dajie, Dongcheng District
Beijing
Tel: +86 10 8402 0101
北京市公安局出入境管理处
东城区安定门东大街2号
Mon - Sat, 08:30-16:30

Tianjin Municipal Public Security Bureau

Exit and Entry Administration Center
No. 19, Shou'an Jie, Hebei District, Tianjin
Tel: +86 22 2445 8825
天津市公安局出入境管理局
天津市河北区建国道寿安街19号
Mon - Thu, 09:00-11:30; 13:30-17:00
Fri, 09:00-11:30; 13:30-16:00

Hong Kong

The Commissioner's Office of China's Foreign Ministry in the Honk Kong SAR
7F, Lower Block, China Resources Building, No. 26, Harbor Road, Wanchai, Hong Kong SAR
Tel: +852 3413 2424
中华人民共和国外交部驻香港特别行政区特派员公署
香港湾仔区港湾道26号华润大厦低座7层
Mon - Fri (except HK public holidays), 09:00-12:00; 14:00-17:00

Embassies

Australia
No. 21, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 5139 4000
澳大利亚大使馆
北京市朝阳区三里屯东直门外大街21号
www.china.embassy.gov.au

Canada
No. 19, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 5140 4111
加拿大大使馆
北京市朝阳区三里屯东直门外大街19号
www.canada.org.cn

Colombia
No. 34, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 10 6532 3377
哥伦比亚大使馆
北京市朝阳区光华路34号
www.embcolch.org.cn

France
No. 3, Dongsan Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 8532 8080
法国大使馆
北京市朝阳区三里屯东三街3号
www.ambafrance-cn.org

Germany
No. 17, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 8532 9000
德国大使馆
北京市朝阳区三里屯东直门外大街17号
www.peking.diplo.de

Ireland
No. 3, Ritan Dong Jie
Chaoyang District, Beijing
Tel: +86 10 6532 2691
爱尔兰大使馆
北京市朝阳区日坛东路3号
www.embassyofireland.cn

Italy
No. 2, Dong'er Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 6532 2187
意大利大使馆
北京市朝阳区三里屯东二街2号
www.ambpechino.esteri.it

Japan
No. 7, Ritan Lu, Jian Guo Men Wai
Chaoyang District, Beijing
Tel: +86 10 6532 2187
日本大使馆
北京市朝阳区建国门外日坛路7号
www.cn.emb-japan.go.jp

New Zealand
No. 1, Ritan Dong'er Jie
Jian Guo Men Wai
Chaoyang District, Beijing
Tel: +86 10 8532 7000
新西兰大使馆
北京市朝阳区建国门外日坛东二街1号
www.nzembassy.com

Pakistan
No. 1, Dong Zhi Men Wai Dajie
Sanlitun Chaoyang District, Beijing
Tel: +86 10 6532 2504
巴基斯坦使馆
北京市朝阳区三里屯东直门外大街1号

Philippines
No. 23, Xiushui Bei Jie
Jian Guo Men Wai
Chaoyang District, Beijing
Tel: +86 10 6532 1872
菲律宾大使馆
北京市朝阳区建国门外秀水北街23号

Russia
No. 4, Beizhong Jie, Dong Zhi Men
Chaoyang District, Beijing
Tel: +86 10 6532 1381
俄罗斯大使馆
北京市朝阳区东直门北中街4号
www.russia.org.cn/chn

Saudi Arabia
No. 1, Beixiao Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 6532 5325
沙特阿拉伯大使馆
北京市朝阳区三里屯北小街1号

South Korea
No. 20, Dongfang Dong Lu
Chaoyang District, Beijing
Tel: +86 10 8531 0700
韩国大使馆
北京市朝阳东方东路20号
www.china.koreanembassy.cn

Spain
No. 9, Sanlitun Lu, Chaoyang District
Beijing
Tel: +86 10 6532 3629
西班牙大使馆
北京市朝阳区三里屯路9号
www.embassyofspain.cn

Sweden
No. 3, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 6532 2504
瑞典大使馆
北京市朝阳区三里屯东直门外大街3号
www.swedenabroad.com

United Kingdom
No. 11, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 10 5192 4000
英国大使馆
北京市朝阳区光华路11号
www.ukinchina.fco.gov.uk/zh

United States of America
No. 55, An Jia Lou Lu
Chaoyang District, Beijing
Tel: +86 10 6532 3831
美国大使馆
北京市朝阳区安家楼路55号
www.chinese.usembassy-china.org.cn

Transportation >>>International Flights

From Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	17:05	21:15	TG615	1234567
Dubai	23:55	04:15(+1)	EK307	1234567
Frankfurt	10:30	14:30	LH721	1234567
Hanoi	15:45	18:20	VN901	.23.567
Helsinki	10:55	14:25	AY052	1234567
Hong Kong	10:00	13:35	CX347	1234567
Istanbul	23:55	05:30(+1)	TK021	123.56.
London	11:15	15:10	BA0038	12.4567
Los Angeles	21:00	18:00	CA983	1234567
Paris	12:50	17:30	AF125	1234567
San Francisco	16:00	12:40	CA985	1234567
Seoul	11:50	14:55	KE852	1234567
	13:50	16:50	KE856	1.3.5.7
	21:15	00:10(+1)	KE854	1234567
Singapore	00:45	07:00	SQ801	1234567
Tel Aviv	22:00	03:55(+1)	LY096	.2.4..7
Tokyo	15:55	20:15	JL024	1234567
Vancouver	15:50	11:50	CA991	1234567

To Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	10:10	15:50	TG614	1234567
Dubai	03:55	15:10	EK306	1234567
Frankfurt	17:20	08:30(+1)	LH720	1234567
Hanoi	10:10	14:45	VN900	.2...67
Helsinki	18:05	06:55(+1)	AY051	1234567
Hong Kong	17:00	20:20	CX312	1234567
Istanbul	23:45	14:00(+1)	TK020	12.45.7
London	16:35	09:30(+1)	BA0039	1.3.567
Los Angeles	01:40	05:20(+1)	CA984	1234567
Paris	19:00	10:50(+1)	AF126	1234567
San Francisco	14:50	17:55(+1)	CA986	1234567
Seoul	09:30	10:35	KE851	1234567
	11:35	12:40	KE855	1.3.5.7
	19:00	20:05	KE853	1234567
Singapore	08:45	14:55	SQ802	1234567
Tel Aviv	22:55	13:30(+1)	LY095	1.3..6.
Tokyo	09:30	12:35	JL023	1234567
Vancouver	13:50	16:15(+1)	CA992	1234567

From Tianjin

DEST	DEP	ARR	Flight No	Days
Hong Kong	08:35	11:50	KA1103	1234567
Seoul	12:15	15:05	KE806	1234567
	18:55	21:40	KE864	1234.67
Nagoya	13:00	16:50	JL840	1234567
Kuala Lumpur	15:50	22:15	D7 2613	1.3.5.7

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Hong Kong	12:50	16:00	KA1104	1234567
Seoul	09:30	10:20	KE805	1234567
	17:05	17:55	KE863	1234.67
Nagoya	09:40	11:50	JL841	1234567
Kuala Lumpur	08:30	14:35	D7 2612	1.3.5.7

* Flights from Beijing/Tianjin to Seoul, from Seoul to Beijing/Tianjin provided by Korean Air.
Schedules are subject to government approval and may be changed without prior notice.

Airline Code

AC Air Canada	EK Emirates	LH Lufthansa	SK Scandinavian Airlines
AF Air France	EY Etihad Airways	LY El Al Airlines	SQ Singapore Airlines
AY Finnair	ET Ethiopian Airlines	MS Egypt Airlines	SU Aeroflot Airlines
BA British Airways	JL Japan Airlines	NH All Nippon Airways	TG Thai Airways International
CA Air China	KA Dragon Air	NZ Air New Zealand	TK Turkish Airlines
CX Cathay Pacific	KE Korean Air	QF Qantas Airways	UA United Airlines
CZ China Southern Airlines	KL KLM-Royal Dutch Airlines	QR Qatar Airways	UL Sri Lanka Airlines
D7 Air Asia			

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

Transportation >>>Domestic Flights

From Tianjin

DEST	DEP	ARR	Flight No	Days
Changsha	08:05	10:15	CA1467	1234567
Chengdu	13:00	15:30	8L9976	1234567
Chongqing	11:20	13:40	HU6238/PN6238	1234567
Dalian	11:40	12:30	GS7579/HU7579	1234567
Fuzhou	08:30	12:15	MF8138	1234567
Guangzhou	13:30	16:20	HU7201	1234567
Guilin	18:00	20:40	BK2819	.2...6.
Haikou	09:00	13:30	GS7561/HU7561	1234567
Hangzhou	13:40	15:30	MF8377	1234567
Harbin	07:00	08:50	BK2821	1.3.5.7
Huhhot	09:35	10:45	CA4717/SC4717	1234567
Kunming	13:00	17:30	8L9976	1234567
Nanjing	14:55	16:30	FM9291	123.567
Qingdao	08:20	09:10	GS7575/HU7575	1234567
Sanya	17:15	20:50	FM9159	1234567
Shanghai	17:15	20:50	MU9159/FM9159	1234567
Shenyang	11:05	12:20	3U8861	1234567
Shenzhen	16:30	19:25	ZH9936	1234567
Taiyuan	11:30	12:30	GS6601/HU6601	1234567
Wuhan	08:00	10:00	GS6695/HU6695	1234567
Xiamen	14:30	17:05	MF855	1234567
Xi'an	08:10	09:45	GS7465/HU7465	1234567
Zhang Jia Jie	18:30	20:40	BK2813	1.345.7
Zhengzhou	16:00	18:45	BK2831	.23456.

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Changsha	21:30	23:30	BK2812	1.3.5..
Chengdu	09:35	11:55	8L9975	1234567
Chongqing	08:10	10:30	HU6237/PN6237	1234567
Dalian	20:20	21:10	GS7580/HU7580	1234567
Fuzhou	09:00	13:00	MF8137	1234567
Guangzhou	08:25	11:15	CZ3133	1234567
Guilin	21:30	00:05(+1)	BK2820	.2...6.
Haikou	17:40	22:00	GS7562/HU7562	1234567
Hangzhou	22:00	23:50	MF8378	1234567
Harbin	09:30	11:25	BK2822	1.3.5.7
Huhhot	11:20	12:25	CA4718/SC4718	1234567
Kunming	07:35	11:55	8L9975	1234567
Nanjing	21:55	23:20	FM9292	.234567
Qingdao	09:50	10:45	GS7576/HU7576	1234567
Sanya	21:50	01:15(+1)	FM9160	1234567
Shanghai	10:55	12:45	GS7206/HU7206	1234567
Shenyang	13:05	14:25	3U8862	1234567
Shenzhen	12:50	15:50	ZH9935	1234567
Taiyuan	15:45	16:45	GS6602/HU6602	1234567
Wuhan	20:05	21:45	GS6696/HU6696	1234567
Xiamen	13:45	16:15	MF856	1234567
Xi'an	15:40	17:10	GS7466/HU7466	1234567
Zhang Jia Jie	21:30	23:40	BK2814	1.345.7
Zhengzhou	09:55	11:15	MF8155	1.34.6.

Airline Code

3U Sichuan Airlines	FM Shanghai Airlines	JD Deer Air	PN West Air
8L Lucky Air	GS Grand China	MF Xiamen Airlines	SC Shangdong Airlines
BK Okay Airways	HO Juneyao Airlines	MU China Eastern Airlines	VD Kunpeng Airlines
CA Air China	HU Hainan Airlines	NS Northeast Airlines	ZH Shenzhen Airlines
CZ China Southern Airlines			

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

Transportation >>> Tianjin ↔ Beijing Train

Tianjin - Southern Beijing — Bullet (C) Train

Train	Depart	Arrive	Train	Depart	Arrive	Train	Depart	Arrive
C2002	06:25	06:55	C2032	11:35	12:05	C2064	16:50	17:20
C2202	06:40	07:15	C2034	12:00	12:30	C2066	17:15	17:45
C2004	06:55	07:25	C2036	12:25	12:55	C2068	17:40	18:10
C2006	07:10	07:40	C2038	13:15	13:45	C2070	17:50	18:20
C2008	07:30	08:00	C2040	13:25	13:55	C2072	18:15	18:45
C2010	07:40	08:10	C2208	13:35	14:10	C2074	18:25	18:55
C2204	08:05	08:40	C2042	13:50	14:20	C2076	18:50	19:20
C2012	08:20	08:50	C2044	14:00	14:30	C2078	19:00	19:30
C2014	08:35	09:05	C2046	14:20	14:50	C2080	19:10	19:40
C2272	08:51	09:25	C2048	14:45	15:15	C2082	19:20	19:50
C2016	09:20	09:50	C2050	15:05	15:35	C2084	19:50	20:20
C2018	09:30	10:00	C2052	15:20	15:50	C2086	20:05	20:35
C2020	09:55	10:25	C2054	15:30	16:00	C2088	20:35	21:05
C2022	10:05	10:35	C2056	15:45	16:15	C2090	21:00	21:30
C2024	10:25	10:55	C2058	15:55	16:25	C2212	21:15	21:50
C2026	10:35	11:05	C2210	16:15	16:50	C2092	21:40	22:10
C2206	10:50	11:25	C2060	16:30	17:00	C2282	22:05	22:35
C2028	11:00	11:30	C2062	16:40	17:10	C2094	22:45	23:15
C2030	11:15	11:45						

Southern Beijing - Tianjin — Bullet (C) Train

Train	Depart	Arrive	Train	Depart	Arrive	Train	Depart	Arrive
C2001	06:35	07:05	C2031	11:50	12:20	C2063	17:20	17:50
C2201	06:45	07:20	C2033	12:00	12:30	C2065	17:30	18:00
C2003	06:55	07:25	C2035	12:15	12:45	C2067	17:40	18:10
C2271	07:20	07:50	C2037	13:00	13:30	C2069	17:50	18:20
C2005	07:30	08:00	C2039	13:15	13:45	C2071	18:05	18:35
C2007	07:45	08:15	C2041	13:40	14:10	C2073	18:25	18:55
C2009	08:00	08:30	C2043	14:00	14:30	C2075	19:00	19:30
C2203	08:10	08:45	C2045	14:10	14:40	C2077	19:15	19:45
C2011	08:45	09:15	C2047	14:45	15:15	C2211	19:40	20:15
C2013	08:55	09:25	C2049	14:55	15:25	C2079	19:55	20:25
C2015	09:15	09:45	C2207	15:05	15:40	C2081	20:05	20:35
C2017	09:30	10:00	C2051	15:20	15:50	C2281	20:25	20:55
C2019	09:40	10:10	C2053	15:30	16:00	C2083	20:15	20:45
C2021	09:50	10:20	C2055	15:40	16:10	C2085	20:55	21:25
C2205	10:10	10:45	C2057	15:55	16:25	C2087	21:25	21:55
C2023	10:25	10:55	C2059	16:20	16:50	C2089	21:55	22:25
C2025	10:55	11:25	C2061	16:30	17:00	C2091	22:25	22:55
C2027	11:30	12:00	C2209	16:40	17:15	C2093	23:00	23:30
C2029	11:40	12:10						

Tanggu - Southern Beijing

Train	Depart	Arrive
C2272	08:29	09:25
C2274	12:14	13:10
C2276	13:44	14:40
C2278	18:14	19:10
C2280	19:59	20:55

Southern Beijing - Tanggu

Train	Depart	Arrive
C2271	07:20	08:14
C2273	10:45	11:39
C2275	12:35	13:29
C2277	16:55	17:49
C2279	18:50	19:44

Wuqing - Southern Beijing

Train	Depart	Arrive
C2202	06:51	07:15
C2204	08:16	08:40
C2206	11:01	11:25
C2208	13:46	14:10
C2210	16:26	16:50
C2212	21:26	21:50

Southern Beijing - Wuqing

Train	Depart	Arrive
C2201	06:45	07:05
C2203	08:10	08:30
C2205	10:10	10:30
C2207	15:05	15:25
C2209	16:40	17:00
C2211	19:40	20:00

Beijing-Tianjin Bullet (C) Train
Ticket Price:
First class: 69CNY
Second class: 58CNY

Beijing-Tanggu Bullet (C) Train
Ticket Price:
Luxury class: 118CNY
First class: 84CNY
Second class: 70CNY

Please call + 86 22 6053 6053 for details.

Transportation >>> Light rail, subway, taxi, bus

Tianjin - Binhai — Light Rail

Monday - Friday Periods of Time	Monday - Friday Frequency	Saturday - Sunday Periods of Time	Saturday - Sunday Frequency
06:00 - 06:45	15	06:00 - 07:00	15
06:45 - 07:54	5 - 8	07:00 - 08:00	12
07:54 - 11:00	10 - 12	08:00 - 10:55	8 - 10
11:00 - 15:58	15	10:55 - 15:17	12 - 15
15:58 - 18:15	10 - 13	15:17 - 17:25	8 - 10
18:15 - 21:00	15	17:25 - 21:00	12 - 15

Zhong Shan Men
(TJ - Binhai) ¥6
First: 06:30
Last: 21:00

Binhai - Tianjin — Light Rail

Monday - Friday Periods of Time	Monday - Friday Frequency	Saturday - Sunday Periods of Time	Saturday - Sunday Frequency
06:00 - 07:00	15	06:00 - 07:00	15
07:00 - 08:17	8 - 10	07:00 - 10:50	10 - 12
08:17 - 10:05	11 - 13	10:50 - 12:20	15
10:05 - 15:05	15	12:20 - 14:32	12
15:05 - 17:02	10 - 12	14:32 - 17:40	8 - 10
17:02 - 17:58	5 - 8	17:40 - 18:30	12 - 13
17:58 - 18:30	10 - 12	18:30 - 21:00	15
18:30 - 21:00	15	–	–

Dong Hai Lu
(Binhai - TJ) ¥6
First: 06:30
Last: 21:00

Stops:

1. Zhong Shan Men
2. Yi Hao Qiao
3. Er Hao Qiao
4. Xin Li Zhen
5. Dong Li
6. Xiao Dong Zhuang
7. Jun Liang Cheng
8. Steel Tube Corporation
9. Hu Jia Yuan
10. Tang Gu
11. TEDA
12. Citizen Plaza
13. Convention Center
14. Dong Hai Lu

Tianjin — Subway

Stops:

1. Liu Yuan
2. Xi Heng Di
3. Guo Jiu Chang
4. Ben Xi Lu
5. Qin Jian Dao
6. Hong Hu Li
7. Xi Bei Jiao
8. Xi Nan Jiao
9. Nan Kai Er Wei Lu
10. Hai Guang Si
11. An Shang Dao
12. Ying Kou Dao
13. Xiao Bai Lou
14. Xia Wa Fang
15. Nan Lou
16. Tu Cheng
17. Chen Tang Zhuang
18. Fu Xing Men
19. Hua Shan Li
20. Cai Jing Da Xue
21. Shuang Lin

Tianjin — Taxi

km	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
¥	8	9.7	11.4	13.1	14.8	16.5	18.2	19.9	20.8	25	27.6	30.1	32.7	35.2	37.8	40.3	42.9	45.4

TIANJIN - BEIJING AIRPORT SHUTTLE BUS — Bus

¥ 70 (one way)

Tianjin - Beijing Airport Terminals 2/3
- 04:00-18:00
  Runs every 45 minutes
- Tian Huan Distance Bus Passenger Station
  The junction of Hongqi Lu and Anshan Xi Dao
  天环客运站 鞍山西道与红旗路交口
- +86 1686 8999

Beijing Airport Terminals 2/3 - Tianjin
- 07:00, 08:00, 09:00
  Then every 30 minutes until 23:00
- Exit on the 1st floor at Gate 11/ Terminal 2 and Gate3/Terminal 3
- +86 10 6455 8718

TEDA - BEIJING AIRPORT SHUTTLE BUS — Bus

¥ 80 (one way)

TEDA - Beijing Airport Terminals 2/3
- 06:30-19:30, runs every hour
- 1st Avenue, TEDA
  开发区第一大街
- +86 22 6620 5188

Beijing Airport Terminals 2/3 - TEDA
- 10:00-22:00, runs every hour
- Exit on the 1st floor at Gate 11/ Terminal 2 and Gate3/Terminal 3
- +86 10 6455 8718

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Sudoku Solution of May issue

9	4	3	7	1	8	5	2	6
5	8	7	4	6	2	9	1	3
2	6	1	3	9	5	7	4	8
4	3	9	5	2	6	8	7	1
1	5	6	8	3	7	4	9	2
8	7	2	1	4	9	3	6	5
6	1	8	9	5	4	2	3	7
7	2	4	6	8	3	1	5	9
3	9	5	2	7	1	6	8	4

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The Jazz by night
@ Cabaret on June 12th, 2010

From 8:00pm to 2:00am
Price of entrance ticket: 100 RMB including 2 cocktails prepared by our Cuban bartenders (80 RMB if the ticket is purchased in advance)

BBQ Party
@ La Playa on June, 19th, 2010

All you can eat Buffet for 198 RMB net per person
Our Charcoal grill will be running from 6:30pm to 10:30pm!
With lots of lamb koftas, Honey-glazed pork ribs, oysters, Lots of sausages, Buttered Corn on the Cob and of course a large choice of salads and desserts with free flow of draft beer!

MOMO's tapas night on June 26th, 2010

All you can eat Spanish tapas & Moroccan mint tea
A selection of 40 tapas for just 120 RMB per person
From 8:00pm till 11:00pm

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Or call: 022-26238111 / 022-26358111