2010.11

津品生活

TIANJIN PLUS

Your Guide to the City

Life at the Astor

Meet Antoni von Planta, F&B Director, Astor Hotel

12 Best Museums in Town
16 2010 European F&B Celebration Evening
31 AEON Mall Comes to TEDA
66 Hanoi: Vietnam's Vibrant Capital

ISSN 2076-3743

Sheraton
Tianjin
HOTEL
天津喜来登大酒店

Thanksgiving Dinner Buffet

感恩节自助晚宴

Enjoy traditional Thanksgiving dinner with family and friends. Sumptuous buffet featuring your favorite dishes such as roasted turkey with stuffing and smoked gravy, Chocolate pecan pie…A glass of Beaujolais Nouveau, compliment from the chef.

Date: November 25, 2010
Time: 6:00 pm - 10:00 pm
Venue: Terrace Café

RMB 318+ per person
人民币318+ 每位

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日期：2010年11月25日
时间：晚上6:00 - 晚上10:00
地点：燕园咖啡厅

For more information, please contact us at: +86 22 2731 3388 ext.1850/1852

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TIANJIN PLUS
Your guide to the City

Tianjin Plus is growing.

Full-time editors needed!

- English native speaker with experience in reporting and editing
- Basic knowledge of Chinese language & culture are a plus

If interested, please email your resume to editor@tianjinplus.com.

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Your guide to the City

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November Calendar

MON	TUE	WED	THU	FRI	SAT	SUN
L.A.B.O.X Art Exhibition 5th Avenue Min Yuan Xi Li Culture & Invention District (29-39 Changde Road) Nov. 1-30 **1**	**TICC Coffee Morning** Sheraton Hotel Tianjin **2**	 **3**	**4**	**Concert of Verdi and Puccini's Opera** Tianjin Concert Hall 19:30 +86 22 2332 0068 **Club8 China Tour** Tianjin Riff Live House **5**	**2010 Wang Jie's Tianjin Concert** Tianjin Sports Center 19:30 ¥ 280/380/580/780/980/1280/ 1680 **Sunshine-Folk Session of Su Yu** Tianjin Riff Live House **6**	 **7**
The 1th International Industrial Design Achievement Exhibition Binhai International Convention & Exhibition Centre Nov. 8-10 **8**	**9**	**10**	**"Shi Jie Guan" Wu Tiao Ren Tour Performance in Tianjin** Tianjin Riff Live House **11**	**2010 Travelling in Europe symphony concert** Tianjin Concert Hall 19:30 ¥ 50/100/180/280/380/500 +86 22 2332 0068 **12**	**13**	**New Album Release Performance By Buyi Band** 13 Club +86 136 1208 7080 **14**
 15	**16**	**17**	**TICC Monthly Lunch** Chateau 35 Win Bar & Bistro **18**	 **19**	**Skylark- Pan flutists Du Cong and Sachs Prince Du Yingjiao Concert** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/580 +86 22 2332 0068 **20**	**21**
22	 **23**	**24**	**Halloween Carnival - Amherst Saxophone Quartet Concert** Tianjin Concert Hall 19:30 ¥ 60/120/180/280/380/580 +86 22 2332 0068 **25**	**26**	**Beijing Bus trip - German Embassy Christmas Bazaar** **27**	**Wonderful Wind Music Concert** **28**
29	**30**	 L.A.B.O.X Art Exhibition Nov. 1-30				

Special Days

Nov.7	Winter begins (lì dōng)
Nov.8	Chinese Journalists' day
Nov.11	Singles'Day
Nov.14	World Diabetes Day
Nov.17	World University Students Day
Nov.25	Thanksgiving Day

If you would like us to include your event in our calendar, please send an e-mail to editor@tianjinplus.com before 15 November.

Bubbalicious Sundays @ The Westin Tianjin

Transform your Sunday! Rejuvenate with an indulgent buffet brunch and free flowing French Champagne at The Westin Tianjin and replenish the mind, body and soul, beginning November 2010.

Reservation: +86 22 2389 0168

Venue: 1st floor, Seasonal Tastes

The Westin Tianjin

No.101, Nanjing Lu, Heping District
和平区南京路101号
Tel: +86 22 2389 0088

Heavenly Indulgence at YI Hot Spring

Hyatt Regency Jing Jin City Resort and Spa opens YI outdoor hot spring, offering an array of outdoor water features such as plunge pools, water baths and jetsprays, as well as 14 fully appointed private hot spring suites and two marble bed rooms. YI aims to bring life, nourishment and healing to the mind and body. Pamper yourself with the various water features of the hot springs, and escape to the tranquility of these healing waters.

Hyatt Regency Jing Jin City Resort and Spa

No. 8, Zhujiang Road, Zhouliang Zhuang, Baodi, Tianjin
宝坻区周良庄珠江大道8号
Tel: +86 22 5921 1234

Limitless Robatayaki & Teppanyaki– Kushi Grill

Come and indulge in Kushi's Robatayaki & Teppanyaki items specially prepared by our passionate chefs, and free flowing Tsingtao beer, for RMB 166* per person

Available until 30th November 2010

Dinner: 1730hrs -2230hrs

Venue: Kushi Grill 2F Radisson Plaza Hotel Tianjin

*Prices are subject to 15% service charge

Reservation: +86 22 2457 8888 ext. 3623

Radisson Plaza Hotel Tianjin

No. 66, Xinkai Lu, Hedong District
河东区新开路66号
Tel: +86 22 2457 8888

Tianjin International Community Center Christmas Ball 2010

Date: Saturday 4th December

Time: 6:30pm – 12:30am

Venue: Sheraton Hotel Grand Ballroom

Address: Zi Jin Shan Road, Hexi District

Live Band

RMB 450 per person

(inclusive: dinner, wine, beer)

Tickets are non refundable

All proceeds to nominated Charities

Ticket inquires: ticc_09@hotmail.com

TICC

Sheraton Tianjin HOTEL
天津喜来登大酒店

Tianjin Urban Planning Museum

Yes, it does exist!

The Tianjin Urban Planning Museum is an architectural wonder relatively unknown to expatriates, or it has simply been neglected. To help you locate it (you've probably seen it a thousand times before), the museum is the first building on the right side of the road you encounter when you arrive at the Italian District, from Bei'an Bridge. It strikingly differs from the overall supposedly Italian architecture of the area. The Planning Museum is modern, edgy and it proudly introduces the urban, completely renovated and sustainably developed side of Tianjin.

What can you expect from the museum? Not advisable for an inexperienced Chinese language student going alone, the museum portrays all the interesting steps in Tianjin's urban development, and most of all, its accomplishments. The museum focuses on the intrinsic complexity of the transportation planning service and how it evolved from a port city, hundreds of years ago, to the first rate railway system, the use of the Haihe River for commerce, the state-of-the-art underground, the new airport, and of course the latest pride, the train station. All of these are comprehensive landmarks of the city's growth.

One of the curious aspects inside is the way in which technology, architecture and urbanism are related to the city's history and shape, with none of them neglected. Perhaps one of the most interesting sections is an entire area dedicated to the architectural shape of the city throughout history. It features buildings that made it legendary, that carved what it is today, such as The Astor Hotel, the first banks in Jiefang Bei Lu, the temples, and old traditional company buildings. You can even see an unrecognisable Wang Hai Lou church with fishing boats calmly dancing in the river in front of it, in the beginning of the 1800s.

The museum is ultra-modern inside and out. The black glass walls create a modern and welcoming environment with interactive screens scattered around. These will help you understand more about the city's urban planning (even if you could always swear it didn't exist), its history and evolution.

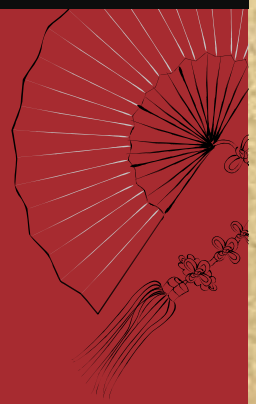
Tianjin Urban Planning Museum
The junction of Bei'an Dao and Bo'ai Dao, Hebei District
Tel: +86 22 2445 6501
天津市规划展览馆
河北区博爱道和北安道交口

Othello

Shakespeare's masterpiece "Othello" was brought to Tianjin by the famous touring company TNT Theatre Britain, with a lively performance true to the 17th century classic that needs no adaptation or modernization to capture today's audiences. The manner in which the director kept faith with the original text is evidence of the real star of the play: Shakespeare himself.

In the performance, close attention to the audio effects was displayed, with live music played by the actors themselves, with classical music and a touch of jazz, while the visual effects were simple and effective to let the imagination create drama in the dark streets of Venice. As the play proceeded, the scenery was moved by the actors to create the ambience.

Based primarily on the universal theme of love, the play focuses on the lives of three characters, Othello, Iago and Desdemona. Love is shown in the play in two contrasting ways: the beautiful pure love shown in Desdemona and the jealousy and hatred that changed the love of Othello. Meanwhile. ambition in Iago's character, caught in his hate of Othello and Cassio, causes him to plot to ruin both their lives and involves all central characters to achieve it, causing suffering and death of many of them. The audience couldn't help but be enchanted by the way the actors allowed the powerful but painful drama of "Othello" to take them to the world of William Shakespeare.



Cultural Tianjin

Best Museums in Town

They are there one day and the next no one has ever even heard of them. This phenomenon is not unusual in Tianjin. Someone mentions a museum to you, you decide to embrace the embryonic cultural side of the city and visit its museums. But sometimes, you embark on your cultural rendezvous and when you get there you are coldly greeted by a closed door and a cold feeling of anonymity from the locals. "What happened to the museum?" you ask, and you get in return an apathetic "Wo zenme zhidao?" After realizing the ridiculousness of the question, since no one has ever noticed it, which was probably the cause of its disappearance, you ask yourself "What is happening to Tianjin's cultural and artistic panorama?" It seems like nothing much is happening. Nevertheless, there will always be the restless ones who love to dig, who love the mind clearance you can only find in a good museum, the warmth of a shared walk through canvas of history, the glory of the path of time. They will agree that although the "ghost museum" phenomenon does tend to irritate, we have to recognize that in Tianjin the main priority doesn't concern exhibitions or openings, it concerns economic development, an unfortunate necessary evil for the time being.

However, if Tianjin is only now starting to take the first steps into a museum culture, we should be positive and keep supporting the development of the arts. If you haven't had the time to do so yet, here are a few good suggestions for a stroll.

China House Museum

瓷房子博物馆

This is a colourful wonder that can be found in the picturesque intersection of a thousand streets close to Binjiang Dao. It is decorated with ancient furniture and its walls have altogether 400 million pieces of antique porcelain, 20 tons of natural crystals, 300 white marbles, jade figurines and rare jewels. They all date from the most emblematic periods of Chinese history, from Han, Yuan, Ming, Qing, etc.

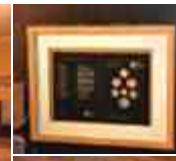
No. 72, Chifeng Dao, Heping District
和平区赤峰道72号
+86 22 2314 6666
¥ 35

Chinese Museum of Finance

中国金融博物馆

Recently opened, this museum tells you all about life in Tianjin, its historical and social evolution, through the eyes of finance. Boring? Not a bit! Full of interesting information from centuries distant to the present day, the museum stands in Jiefang Bei Lu, which in the 1930s used to be known as the Chinese Wall Street. Full of interesting facts and curiosities, it shows you how art and wars were influenced by the will of visionary families. We would say that this is one of the most cared-for museums, where you can even find guides that speak English!

No. 29, Jiefang Bei Lu, Heping District 和平区解放北路29号 +86 22 2835 9685 ¥10



Tianjin Princess Residence Museum
天津格格府典藏博物馆

Also known as Gege Fu, this is probably the most curious of them all. Right in Gulou, the heart of Tianjin's ancient centre, Gege Fu revives Tianjin's greatest treasures dating as far back as the memory can count: jades, bronzes, ceramics, calligraphy. The museum was formerly the house of Princess Derling, the personal translator of Empress Cixi. Daughter of a wealthy Manchu diplomat, the princess spoke eight languages and travelled all over the world. Her eclectic taste can be seen in the house. Besides the cultural richness in Chinese pieces, it also houses French and Japanese artefacts. This is the only privately-owned museum in Tianjin, belonging to the famous Tianjin actress Zang Xiuyun, who has brought to light some of the accomplishments in Chinese art with a very personal, altruistic effort.

No. 30-32, Gulou Nan Jie, Nankai District 南开区鼓楼南街30-32号 +86 22 2727 7755 ¥10

The Astor Hotel Museum
天津利顺德大饭店博物馆

A homage to Tianjin's history, The Astor Hotel Museum is a wonderful walk through palpable history. The hotel has been, since the time of its construction in the late 18th century, a landmark in Tianjin's social scene. Politicians, Peking opera kings, movie stars, emperors and empresses all stayed between the walls of the most cherished place in all the British Concession. The museum allows you to have a sample of life at the time, especially with the recreation of old rooms and the ballroom; even the silverware dates back as far as the hotel itself.

(Inside The Astor Hotel Tianjin), No. 33, Tai'er Zhuang Lu, Heping District
和平区台儿庄路33号（天津利顺德大饭店内）

+86 22 2331 1688

Tianjin Museum
天津博物馆

Common sense would expect it to be one of the best museums in town. It might be, if you have a very specific ceramics taste and you speak fluent Chinese. Although the museum is probably the least prepared to welcome visitors from other countries, it still is a beautiful space with a unique energy. The collections focus mainly on perfect ceramics mostly from Ming and Qing dynasties.

No. 31, Youyi Lu, Hexi District 河西区友谊路31号 +86 22 5879 3000 ¥Free

2010 European Food & Beverage Celebration Evening

On 15th of October at Raffles Hotel, the Food and Beverage Festival organised by the European Chamber of Commerce took place. It was a night of fraternization between the participant members of the chamber, such as Airbus, Siemens, Vestas, Goglio, Alcan, Ipsen and so on. Upon arrival, all guests had their pictures taken in the entrance of the ballroom, which were later used by appointed judges to decide the best dressed man and woman of the evening. In commemoration of the 10th anniversary of the chamber in Tianjin, a cake was cut by the Chairman of the Chamber, Eric Bouteiller. Lucky draws were also held during the evening, awarding wines offered by Business Tianjin magazine, and other prizes provided by business partners.

In the buffet, traditional dishes from a diverse number of countries in the European Union, such as Italy, France, Germany, Denmark, Spain and Greece, were beautifully served, whilst Torres Wine from Spain filled the guests' glasses all night long: for many it was a taste of home to lighten the spirits.

To top off the evening, Mrs. Derede and her husband played hit music from the 80s to chart songs of the moment, as couples let their hair down by dancing along.

Dr. Eric Bouteiller (local chair & GM of Ipsen) and his wife

Gilles Desesquelles (board member & GM of Airbus) and his wife

Winners of best-dressed women competition (from Airbus and Gurit)

Mr. Morten Stenkilde from NovoNordisk, winner of 1st lucky draw prize value at rmb15388

Jimmy Teo (Radisson) & Snow Bai (Airbus)

Winners of best-dressed men competition (both from Airbus, GM and his staff)

Siemens friends

EUCCC team

Laine Maturana (Tianjin Plus)

Business Tianjin Team

Family picture – Gruit

LUMEX people

Mr. Dorino Moret (GM of Zanussi) and his wife

Mrs Klenoid and her friend

Airbus people

Gentlemen, Airbus big family

Legal Limits

How to buy a scooter in Tianjin

Tianjin offers many modes of transport, but there is one way that is fast, convenient and cheap. You may have never considered this option, but it is worth thinking about an electric scooter. They're legal in Tianjin, while motorcycles are not. The process of buying a scooter is simple and only takes up to a couple days.

You should:

1. Visit shops and compare prices and specifications.
2. Select the scooter you wish to purchase.
3. Test ride the scooter.
4. Fill out the license application form.
5. Give the completed form and copy of your ID (usually your passport) to seller.
6. Come back to dealer at a specified time (usually less than two days) and pay for scooter and license plate.
7. Enjoy!

The process is simple, but comparing scooters needs a little know-how. The minimal features that should be compared are price, battery life, lights, brakes and seat comfort.

Prices of electric scooters have vary widely, according to your requirements and scooter size. You can usually buy a mini-scooter the length of a bicycle or a full-size scooter which is larger than a bicycle but smaller than a motorcycle. The brand, quality and size will cost you from 1500–8000CNY. The scooter usually pays for itself within a year, however, with the saving on taxi fares.

Your scooter will provide hours of relatively fast transportation throughout the city. However, your scooter's most valuable component is what will determine how far and how long you can go. Be sure to enquire about the number of hours between charges, the distance per charge and how long it takes to charge the battery. Most batteries can take you at least 20 kilometres and need more than three hours to fully charge.

At night, different bikes offer different types of lighting. With your scooter, three options are generally available. From least to most expensive they are incandescent, fluorescent and LED. Incandescent light usually provides dim lighting at short distances and does not perform well in cold weather. Fluorescent lights have a longer life span, but brightness is still lacking. LED lights are bright, all-weather and (inevitably!) expensive.

For brakes, you will be able to select between drum brakes and squeeze brakes. The drum brakes apply a beating pressure on the wheel to bring the scooter to a halt. The squeeze brakes apply continuous pressure on the wheel by gripping the sides. Squeeze brakes are less expensive but the usage life is shorter. Drum brakes are a nice feature but will cost a little more.

Finally, you should consider investing in a good seat. A seat can come in hard plastic, soft plastic or customized materials. Mini-scooters usually come with hard plastic seats. If you request a soft plastic seat, they usually provide more comfort at a higher price. Full-size scooters usually have customized material seats that allow for a long relaxing ride. Be sure to sit and bounce on the seat to get a realistic feeling of your riding experience.

With these tips, you should be able to travel around Tianjin in good time and at a great cost. Happy riding!

Trivia Quiz

Ali Jalali
28, Iran
Master Student
in Industrial Design,
Tianjin University

Favourite place to grab a bite. That Thai restaurant YY Beer House. The food is spicy, the kind that makes you cry!

Where do you spend your kuais at night?
Alibaba, Helen's, and my dorm at Tianjin University Liu Yuan, it's always full of people.

Is it better to go out on a Friday or a Saturday night?
Fridays because it's more crowded. And also, girls prefer to go out on Friday's (laughs).

Favourite things to do when you have free time?
I like to go out and take photos, especially in the countryside. I usually grab my bike, ride it for one hour in any direction outside the city, and become acquainted with the other reality. It's really interesting.

Do you prefer sports on TV or do you practice any?
I go to the gym everyday and do some lifting.

Where do you and your friends usually hang out?
The Spot Café and one area at the TV Tower near the lake.

What's the perfect spot in Tianjin? The countryside. People are genuine and innocent over there.

Where do you usually go on a date? Are you conventional or do you have your tricks? I like to walk and get to know the person. I don't have a special spot.

What's playing on your iPod?
I like to listen to Persian songs, mainly instrumental.

What book are you reading?
Fiesta, by Ernest Hemingway. I like to read novels and mythology related books, sometimes Persian too.

Strangest thing you've seen in town. People's relationships are very shallow. They're hardly ever deep.

Last movie you watched. I was watching Spring, Summer, Fall, Winter… and Spring, directed by Kim Ki-duk.

What are the worst and best things about Tianjin?
The worst is the lack of cultural life, museums, arts galleries, etc. And it's also hard to find someone to just walk and talk. The best is Tianjin's people. They're kind and polite. There are a lot of foreigners, which means different cultures, different points of view.

Marina Netovich
24, Ukranian
English Teacher

The best restaurant in Tianjin.
A nice place called Lumiere.

Favourite drink.
I would say the Mojito at Pepper Bar.

Favourite place to spend your kuais?
Binjiang Dao, of course!

Favourite shop.
Zara and H&M.

Favourite place to hang with friends.
Helen's. But it used to be Aibaba.

Where would you like to be taken on a date? The Italian District. The riverbank, the walks, the gardens, and the buildings make it the perfect romantic spot.

Reading anything interesting?
The Idiot, by Fyodor Dostoyevsky.

Last movie you watched?
The Shelter.

Currently playing in your iPod.
I Love the Way You Lie, by Rihanna.

Strangest thing you've seen in town.
Expats are getting crazy here (and not in a good way).

Worst and best about Tianjin?
The worst is the pollution, of course. The best is the friends you make here. But the real ones, not those you say hello to and nominate themselves friends.

If you would like to participate in our next Trivia Quiz, please send an e-mail to **editor@tianjinplus.com**, before 15 Nov.

Apples and Oranges

Helping our kids make good decisions

Helping our kids make good decisions is the responsibility of every parent and guardian. Every day, whether we like it or not, our kids are making judgments. They make small decisions such as how to greet people. Do they greet people with respect, without respect or maybe not at all? Children also make big decisions in their daily lives: for instance, which friends to hang out with and the habits they would like to develop.

There are many ways for us to teach our children how to make decisions, but the Triple DA Cycle, a six-step decision making process is one method of helping build good decision making skills into our children.

The first step is for the child to understand the dilemma. What is the problem or situation where a decision needs to be made? You can build into the child the need to identify situations that require a decision. Simple examples include what to eat for lunch or whether to attend class.

The second step is to understand alternatives The child should be able to identify obvious and creative options for resolving the problem identified in step one. If the situation was to decide what to eat, noticeable choices could be the school cafeteria's selections of the day Creative choices could include bringing food from home or trading lunches with a classmate.

The third and fourth steps are to help the child understand the advantages and disadvantages of each choice. It is important that the child understands that most situations have no perfect result. As the child's parent or guardian, aid them in this task by asking questions that lead to careful thought and discovery. "How would you feel if you chose to skip lunch because you thought the food was bad?" The four W-questions (who, what, when and why) plus how are good catalyst for the comparative process.

The fifth step is to make a decision. The decision can be supported by the parent, but the child should feel that they were a major part of the decision making process and the final decision maker. Before finalising the decision make sure that your child understands what are the immediate and long-term results of their choice. Short role-plays or discussions help children to understand consequences.

The sixth step of acceptance brings closure to the cycle. The child and parent should come to terms that a decision has been made and will be done. Help children understand that taking responsibility for one's choices is important. Blaming others if situations do not go according to plan is not practical. If the result is not optimal, begin the process again with the updated dilemma. If the result is something that the child and parent/guardian is able to live with, move to the next choice and apply the cycle once again.

The six-step Triple DA Cycle, can be summarised as:

- Dilemma
- Alternatives
- Disadvantage -
- Advantage
- Decision
- Acceptance

Your child will make small and large, good and bad decisions throughout their childhood. If you give your child a solid base to make them, they will have greater resources to call upon when the time comes.

Owner, KK Fang

AI COFFEE ER

埃 | 尔 | 咖 | 啡

A new and nifty coffee haven

A franchise of AI Coffee ER based in Seattle, USA, AI Coffee ER Tianjin opened for business on 26 September. It has a cozy environment with soft-cushioned red and white sofas, flat screen TVs showing music videos from Mariah Carey to Queen to Michael Jackson, lovely décor with bookshelves fastened on crisp white walls, magazines and free wireless internet, friendly staff attentive to your beck and call, and most importantly good coffee and scrumptious food… ladies and gentlemen, AI Coffee ER Tianjin has arrived!

This new and nifty coffee haven located in Magnetic Plaza is a great place to unwind after a long, stressful day, when one wants a place to just sit around and think, or to hang out with friends while sipping any coffee one is in the mood for. Latte? Coffee choices are ample, from classic to iced, with prices ranging from CNY23-36. Espresso-based coffees come with creative designs emblazoned on top - so before sipping your espresso, take a good look and remember that it's made especially for you!

The place also offers a wide range of food and drinks, emphasising European or Mediterranean flavours – main courses, pasta, pizza, salads, sandwiches, snacks, milkshakes and what have you, even wine! (Did I hear someone say Black Label?)

One delectable dish is the Grilled Beef Tenderloin Marinade with Red Wine (CNY 98) which comes with black pepper sauce and a potato hobo pack on the side, flavourful and good enough for one to say "mmm!" at every bite. Another must-try is the succulent Grilled Lamb Chop (CNY 128) which is superb in both presentation and taste.

Aside from items listed on the menu, AI Coffee ER also offers seasonal specials; remember to ask the staff about them. Whether you're a coffee lover or just a fan of a pleasant environment to unwind, AI Coffee ER might just be the perfect place for you.

4-1-8, A3, Magnetic Plaza
Business Street, Binshui Xi Dao
Nankai District
南开区宾水西道奥城商业街
A3 4-1-8商铺

+86 22 5811 2628

10:00 - 22:00

Need more coffee?
Present this coupon and your next cup of coffee is for FREE!
Promo ends Dec 30, 2010

Life at the Astor

Meet Antoni von Planta, F&B Director, The Astor Hotel Tianjin

You have already worked in some of the world's most desirable destinations, such as Spain. How easy was the transition to Tianjin? Nine years ago I did an internship at the Peninsula in Beijing, so I always had an interest in coming back. The working culture in Europe is very different from the one in China. Here we might have more people working but we also have more procedures. And China hasn't yet fully developed the service culture. We still have to prepare workers in how to behave and how to solve problems quickly, whereas in Europe this notion is already deeply rooted. In Tianjin, managing situations isn't so obvious and intuitive. We're still developing the Starwood notion of care for guests, care for associates, care for business and care for the community.

So is The Astor planning to have an active role in Tianjin's community? That's one major part of all Starwood property, to be involved in community actions. The Astor Hotel is part of the city's history - somehow it's a symbol of Tianjin which leads us to be even more active. It actually makes it better to work here, you breathe tradition, and it's not just another modern hotel. In Tianjin, it's a landmark and it feels great to be part of this project.

When exactly did your career start? What led you to Food and Beverage? I like to be with friends at home, to host for them. I always liked cooking and good wines. With time I entered the trade and I realized that Food & Beverage is the most complete part of a hotel. You're involved with finance, marketing & strategies, and HR.

What are the highlights of working at a Luxury Collection Hotel? The Luxury Collection is about historical icons, each one with a unique identity. We have a classical environment here; the kind you can't find anywhere else in Tianjin, I'd say. The motto in a Luxury Collection is to be indigenous, exceptional, and overall an experience. For instance, in our fine dining restaurant the food is western but we are recreating historical menus from the beginning of the 20th century, enjoyed by Puyi, the last emperor of China, or by President Hoover.

I think what makes The Astor Hotel unique is its history in time and connection to the city and somehow the country's fate. In a country everybody can copy everything, it makes you feel proud and it is also quite amusing to know, that this you won't be able to reproduce it. You can build many Westins, Sheratons, Le Méridien, but there is and will be only one The Astor Hotel, a Luxury Collection Hotel.

What best describes the type of cuisine you have at The Astor Hotel? We have classic French cuisine. The menus are all written in French and English. Traditionally French was always the cuisine language. The hotel is English, and so we also have English traditional Yorkshire gastronomy. Our idea was to go back to the roots of The Astor. We have recreated a whole experience even with the original silverware. And at our Chinese restaurant we try to have traditional Tianjin food, it's our commitment to be indigenous. We plan to have good quality local ingredients and promote Chinese products.

What unique treats do you have for the Astor's guests in your wine cellar? We have some great, expensive French wine that can't be found in town. We're talking about wine that's considered the best in the world like Château Pétrus, from Bordeaux.

How can a normal day of your life in Tianjin be described? The hotel just opened which means this is a very complicated period. So I basically get up and work all day long. When I go home I watch a movie, read, and spend time with my girlfriend. Sometimes I go out; every now and then I get off work and go out for a drink.

What food can always be found in your home? My girlfriend takes care of that now. But of course we always have Swiss cheese, which we buy in Mighty Deli. It's called Gruyère which is the best cheese in the world! I also have quite a lot of chocolate at home.

A Touch of Bali at the Westin Tianjin

Featuring the delicacies of the islands of the Gods from October 15th - 24th at the Westin Tianjin, a culinary tour of the three head Chefs from the Westin Resort Nua Dua Bali is being held at four Starwood Hotels in China. The tropical tastes of Indonesia can be experienced in the special flavours of coconut milk, nutmeg and lemon grass that characterize the dishes and are prominent in the island. Traditional dishes such as the salad of green papaya and chicken, and the abundance of seafood, give the menu the authenticity and uniqueness of Bali.

These foods show the essence of Bali, a tropical island which due to its location and natural resources carries a history of occupation and colonization by many nations. This reflects not only in its exotic culture but also in its cuisine, with curry introduced by Indians, the Chinese influence in the presence of rice, a touch of indigenous ingredients, while western influences complete the base of their culinary inspirations.

The Westin Tianjin presents its event "A Touch of Bali" with performances, lucky draws and Balinese shoulder massage to relieve the tensions and refresh the bodies and minds of the Hotel's Guests. Masseurs from Bali have been specially brought to the event together with the three head chefs of the Westin Resort Nusa Dua. The opportunity to nourish your body and soul with the exotic flavours and culture of Bali are featured at the 1st floor, Seasonal Tastes of The Westin Tianjin, located on Nanjing Road right in the heart of the city.

For more information please visit: *www.westin.com/tianjin* or email to: *marketing.tianjin@westin.com*

RAFFLES HOTEL 50th floor Bar CITY SPACE

Up in the sky

Situated on the top floor of Raffles Hotel, the City Space bar is proud to call itself the highest bar in Tianjin. The fantastic view of Tianjin is the central piece of décor which gives it a feeling not found elsewhere, while it also possesses a private cigar bar featuring famous cigar brands for those who wish to have a more private conversation between puffs. With décor designed with an upscale atmosphere for the city's movers and shakers, City Space exudes elegance and style. Oversized chess pieces and pink lamps create the atmosphere in the bar, which is usually attended by a select group of businessmen.

Every Friday night till 10p.m., a trendy ladies night takes place in the bar, while once a month, in association with the Tianjin Project a house and electro party is organised with many DJs from the project playing to stir up the night.

The creativity of Raffles Hotel's bartenders is long established, as for example in the Singapore Sling cocktail, a creation of the Raffles Hotel in Singapore. As a Raffles Hotel tradition, the bars signature drink is called a Tianjin Sling in homage to the city.

The bar's elegance and charm is raised even higher when Mrs. Derede and her husband Augustin step up on the stage, the potent voice of Derede harmonizing with Augustin's Saxophones. Their repertoire has a little of everything, from jazz to R&B via classical and Latin songs. When asked about the guests' all time favourites, neither hesitated in answering, "Hotel California, no matter the nationality most guests seem to ask for the song!" The couple have been in China since June this year and came specially to play in the Raffles Hotel; they both have an extensive involvement with music, which has now brought them to Tianjin. Their music can be appreciated in City Space from Saturdays to Thursdays, from 20:30 to 22:30.

Tune with Beauty

A Hair Goddess

What do women worry the most when winter comes and they look at their hair? Hair damage of course! "Cold" and "dry" are words our follicles don't usually appreciate much. And in Tianjin you always have to add the unfortunate factor of pollution.

So what to do to keep your hair glowing, no matter what problems it might have to overcome?

1. Use the appropriate type of shampoo and conditioner for your hair daily, from the same brand.
2. Avoid washing your hair with hot water.
3. Never sleep with your hair wet, even if a little. Dandruff is always a risk.
4. Never go outside with your hair wet. You might break it.
5. Protect yourself with hats, but make sure they're not tight or overused; your hair needs to breathe, too!
6. Never use rubber bands and such when you go to sleep.

Trends

Bobs and fringes are it! Wavy and volume are also coming back. For colouring, stylists prefer deep brunette and auburn. Go check it out!

Tips

- For shiny hair, you can mix lemon juice with water.
- For healthy and dandruff free hair, you can use olive oil. Apply it all over your hair and leave it for 30 minutes. Don't forget to shampoo it after! The results might take time, but they're very effective.

TJ+ Hair Stylist

Cooler than Cool Carol

Nowadays, many western working women prefer short haircuts. It transmits a more skilled image, which is key to boosting these women's confidence.

Carol is a businesswoman and Chinese student from Brazil who sometimes needs to be a chameleon, due to her busy lifestyle. Her job and her studies demand that she needs a haircut that makes her look professional during working hours, while she likes to look edgy when she's enjoying her leisure time.

After a first check on Carol's hair, Andy was glad to see he was dealing with healthy, soft hair. Ultimately, this translates in easier hair to shape and style. After he met Carol, he felt she needed a cut that would enhance her height and natural beauty, and which would also reflect the appearance of a strong, independent woman.

Andy's procedure was:

- Divide the hair in several sections and start cutting from the back in spiky ends, giving it a feather-like look;
- Cut it from the front to the back, diagonally, boosting the trendy effect;
- After the pointy cut, apply red highlights, making her hair look amazingly cool;
- Style.

The final look was edgy and modern, and Carol was glowing with her new hairstyle. It's perfect for meetings with clients, sending a responsible yet up-to-date image, and is ideal for shaping according to the social occasion.

Million Dollar Diary by Lady Joy

Last month I was amply watered and well fed - good food and drink was the order of the month, you might say.

The Lobby Bar opened on the 8th September and is located on the 1st floor of Hotel Nikko, Tianjin. A tranquil lounge with comfortable sofas makes it perfect for business meetings during the day, while it turns into a bar with a Filipino band in a relaxed atmosphere for the evening.

There are four signature cocktails which all feature an original Japanese ingredient. 'Mr Dear Ernest' contains shiso (herbal leaf),vodka, lime juice and sugar syrup; 'From Another Angle' contains potato shochu (distilled liquor), Cointreau, lemon juice and salt; 'Split Personality' contains plum wine (a Japanese aperitif), Campari and grapefruit juice; and finally, the aptly named cocktail for this season, 'Autumn Leaves' contains dry sake (a Japanese bitters), sweet vermouth and angostura.

You can try any of these cocktails, and of course many others, at the opening promotions until the end of November. This includes 'Happy Hour', with buy one and get one free, Monday–Friday, 5.30pm to 1.00am, and 'Ladies Night' every Friday and Saturday, with rock bottom prices at just RMB15 for a daily selection of house cocktails or mocktails for ladies with companions.

Chateau 35 is a uniquely decorated wine bar and bistro, with rich ruby red velvet thrown armchairs, accompanied with square or circular tables, standing on a solid wooden floor. They specialise in educating both Chinese and foreigners about wine. They have approximately fifty different types of wine from all over the world with prices ranging from RMB158 to RMB2000 a bottle.

The most popular wine is the 'Two Oceans' from South Africa, available in both red and white to suit your preference. So I decided to sample the white. It smelt fruity, fresh and light and wasn't too sweet, with no dry residual after taste, just right to neutralise the palette. At RMB40 per glass, it is the cheapest on offer and personally I think that it's great value for money!

Special on-going promotions include a 'Monthly Selection' of two wines previously selected at Chateau 35's in-house wine tasting event. Speaking of which, their wine tasting event takes place on the first Friday of every month, where for RMB100 you can sample four or five wines complemented by some nibbles with a wine connoisseur – not bad! I hope that I can attend one of these events in the not too distant future, as I like to have a glass of wine now and again and it would be nice to learn more than the general rules (you know, red wine with meat and white wine for fish and so on).

Finally, I concluded last month by attending the European Chamber of Commerce's 'European Food and Beverage Celebration Evening'. It was an evening of food prepared by a European chef, together with the assistance of wine and beer connoisseurs in the Grand Ballroom of Raffles Tianjin hotel.

The evening kicked-off at 6.30pm with pre-dinner drinks, where everyone mingled with a glass of wine in one hand and a name card in the other. By 7.30pm everyone had been ushered to their seats and was listening to the opening speech, which was followed by dinner at 8.00pm, the highlight of the evening.

Dinner was a lavish buffet of both hot and cold foods. There was a French corner, which included 16 dishes. I sampled the salad nicoise and the vanilla crème brulee, one of my favourite desserts. I sampled rather more from the Italian corner, a mozzarella, olive and tomato salad, with chopped basil, olive oil and balsamic dressing, chicken Florentine, with a cheese and tomato sauce – that was delicious! - a small amount of beef lasagne, and my favourite fish, slow roasted salmon, cooked with caramelised tomatoes.

"Any room for any more?" I can hear you ask! Well, let me tell you there was also a German corner, a few dishes from Greece, Spain and Ireland. And let's not forget the British corner: how could I not sample some home roasted prime rib with rosemary jus, which was just heavenly! The only thing which was missing was the roast potatoes and Yorkshire pudding; if you're British, you'll know what I'm talking about!

I was really looking forward to sampling the apple and cinnamon crumble, but I think it had all gone by the time I got round to it, so I settled for a mini tiramisu and panna cota with red berries compote – which I must admit was wonderful.

What can I say, except the obvious - there was lots and lots of good quality food to feast upon! It probably sounds as if I have been overindulging, but I can honestly say that all that I have described to you were deliberately in very small portions, as I believe that you can sometimes have too much of a good thing – nevertheless, this event was a true celebration of great food and drink

Next time I'll be out and about eating and drinking ("So what's new?", I hear you say!) or perhaps shopping and attending the most happening fashion events in town. If you know about anything that's happening which you think that I should not miss, why not drop me a line?

See you next month…....

Lady Joy x

World Hello Day

For the past 38 years, World Hello Day has been celebrated on the 21st November throughout the world. You can join too by simply saying "hello" to a minimum of ten people during that day.

This day is obviously a natural consequence of the importance of personal communication in achieving peace. The initiative was created by Brian and Michael Cormack, as a result of the Yom Kippur War. Wouldn't it be just great if world leaders could communicate instead of engaging in new conflicts? Well, do your share if you're in the mood. Happy World Hello Day!

Singles Day

Happy Singles Day! I guess for most people, hearing this sentence would be a perfectly justifiable "Get lost!" situation. Of course, there are also those alone by choice. And China likes to celebrate them all: the happily single and the sometimes-kind-of-bitter singleton. It happens on the 11th of November (11/11), resembling none other than lonely sticks! That's why the day is known as Guang Gun Jie (光棍节), or the bar sticks holiday. Honestly, happy or unhappy, a day in the year that calls single people bar sticks should also be a free-pass to anger release! Single or taken, just enjoy the day: who knows if you'll still a bar stick by the end of it?

First Real Mall in TEDA

Good news spreads like wildfire. Expats talk to fellow expats, raving about the first real mall in TEDA. "Have you been to Aeon?" they excitedly ask friends just back from their holidays. Having opened during the October break, the mall is creating a buzz among foreigners and locals alike, hungry for a hang-out and pining for shopping options galore.

Located beside TEDA football stadium and Decathlon shopping centre, the humongous structure is a typical stand-alone mall with an expansive parking lot and a lay-out reminiscent of mega malls and hypermarkets. One Canadian visitor commented that previously, the existing alternatives in TEDA were just big stores with shops and restaurants that you had to inconveniently weave in and out of the building to reach. In a real mall, you can easily reach everything from the internal corridor.

For food lovers, a wide selection is available in the Restaurant Street on the first floor and the food court on the second, with Chinese, Japanese, Korean, and other Asian food, and the customary Western offerings of McDonalds, KFC and Pizza Hut. Under one big roof, you can both do your grocery shopping, and go through a wide array of electronics, appliances, furniture, clothes, gifts, and beauty products – both staples and luxuries that you don't really need but which you desire. One such store that expertly whets the consumer's appetite carries Apple iPads, laptops and iPods.

There are movie theaters on the third floor with an impressive, swanky ticket lobby; but the popcorn is still sweet, as opposed to the salty that we foreigners prefer. At the time we went, there were still no English movies being shown, though the manager said there soon would be.

Aeon mall, like so many Chinese places, is very baby- and child-friendly, with free strollers for kids to pretend that they're driving their own car. The bathrooms have diaper-changing areas and there's even a toilet stall equipped with a folding chair to put the baby. For parents seeking activities for their little ones, there's a play area and arcade on the second floor of the Jusco Department store.

The first floor and most of the second are filled with shops open for business while the third floor, except for the cinema, is still a work in progress. We look forward to there being coffee shops and book shops too, and hope they carry English books as well! Truly in TEDA, things can only get better and better.

TRADITIONAL CHINESE MEDICINE

CUPPING

Ever seen red, circular marks on the necks, backs or other body parts of Chinese people? The marks you see are left from cups that are used in traditional Chinese medicine (TCM).

So what is cupping?

Cupping is an ancient technique where a vacuum is created in a cup through heat or suction and then placed on your skin. The vacuum then draws up the underlying tissue, forming a blood stasis. To create the low air pressure inside the cup, it is either heated inside with an open flame or bathed in hot scented oils, before being placed upon the skin. When the air cools down inside the cup, the skin is drawn inside as the cup contracts.

Drawing up the skin in cupping is believed to stimulate the blood flow, balance and realign the flow of "qi", break up obstructions, and draw toxins out of the body. The traditional therapy was developed to open up the meridians (lines through which energy travels in your body). Cupping is one form of deep tissue massage; in China, it's commonly used to treat respiratory conditions (asthma, bronchitis, etc.), arthritis, gastrointestinal disorders, and certain types of pain by relaxation of the muscles.

The original materials used included horn, pottery, bamboo, and bronze, but these have now replaced by glass and plastic cups as well as mechanical suction pumps, or a rubber cup that squeezes the air out.

Archeologists discovered evidence of cupping in China dating back to 1,000 B.C. Chinese medical books written during the Tang and Qing dynasties describe the method in great detail.

So, the skin marks you might have noticed on a Chinese friend or colleague depend on the kind of treatment they have received. The marking can range from a simple red ring that will disappear quickly to deeper bruises that will leave you with a red circle for a couple of weeks. The longer the treatment, the more of a mark is created. However, it looks more painful than it is; treatments usually do not inflict anything more than a slight discomfort when the cups are taken off.

Want to see for yourself? To do it "old school", try one of the bathing houses in Tianjin, like Tianjin's Shared Happiness Bathing Garden (同福浴園), or use the established TEDA Cardiovascular Hospital or First Teaching Hospital of Tianjin University of Chinese Medicine.

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Bakeries & Desserts

Alice Bakery
-2F, Land Share Shopping Street
Tianjin Concert Hall
Xiao Bai Lou, Heping District
Tel: +86 22 8568 7170
美厨娘坊
和平区小白楼音乐厅朗香街广场负2层

Bengons
Tong'an Xinli, no. 20, Tong'an Dao
Heping District
Tel: +86 22 2351 9666
宾果士
和平区同安道20号同安新里

Cold Stone Creamery
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1576
酷聖石冰淇淋
和平区南京路189号津汇广场负1层

Gang Gang Delicatessen
1F, Somerset Olympic Tower
No. 126, Chengdu Dao, Heping District
Tel: +86 22 2334 5716
和平区成都道126号奥林匹克大厦1层

Kissling Bakery
No. 33, Zhejiang Lu, Heping District
Tel: +86 22 2330 0330
起士林食品公司
和平区浙江路33号

Kiss'n Bake
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1616
凯丝恩贝
和平区南京路189号津汇广场负1层

Paris Baguette
-1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8258
巴黎贝甜
和平区南京路128号乐宾百货负1层

Sun Sweet
1F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9299
圣思威特
和平区解放北路津湾广场6区1层

Cantonese

Cuiheng Village
Youyi Lu Branch
1-2F, Science & Technology Building
No. 23, Youyi Lu, Hexi District
Tel: +86 22 2813 1601
翠亨邨
友谊路店：河西区友谊路23号科技咨询大厦1-2层
Weidi Dao Branch
2F, block C, Huasheng Plaza
No. 146, Weidi Dao, Hexi District
Tel: +86 22 8823 8986
围堤道店：河西区围堤道146号华盛广场C座2层

Mong Kok Café
2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9298
旺角茶餐厅
和平区解放北路津湾广场6区2层

Yue Wei Xian
No. 283-285, Hebei Lu, Heping District
Tel: +86 22 2339 8888
粤唯鲜
和平区河北路283-285号

Yue Xian Ge Restaurant
Shuiyinglan Building
Pingshan Dao, Hexi District
Tel: +86 22 2351 8999
奥鲜阁酒楼
河西区平山道水映兰底商

Chinese

Aishang 2046 Sijia Cai
No. 43, Hubei Lu, Heping District
Tel: +86 22 2339 7566
爱上2046私家菜
和平区湖北路43号

Celestial Court Chinese Restaurant
2F, Main Building
Sheraton Tianjin Hotel
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext.1825/1826
天宝阁中餐厅
河西区紫金山路喜来登大酒店主楼2楼

China Station
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
中国站
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Fortune Restaurant
2F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
富淳中餐厅
空港物流加工区中心大道55号天津滨海圣光皇冠假日酒店2层

Fountain Lounge
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
碧泉茶园
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Gui Yuan Restaurant
No. 103, Chengdu Dao, Heping District
Tel: +86 22 2339 7530
桂圆餐厅
和平区成都道103号

Jiangnan Xiao Chu
No. 151, the Junction of Guilin Lu and Chongqing Dao, Heping District
Tel: +86 22 2331 5656
江南小厨
和平区重庆道与桂林路交口151号

Shui An
1F, The Astor Hotel Tianjin
No. 33, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2331 1688 ext. 8920
水岸中餐厅
和平区台儿庄路33号天津利顺德大饭店
豪华精选酒店1层

Riverside Chinese Restaurant
3F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2211
海河轩中餐厅
河北区海河东路凤凰商贸广场
海河假日酒店3层

Tao Li Chinese Restaurant
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3561
桃李中餐厅
和平区南京路189号
天津日航酒店6层

Youth Restaurant
1F, Bldg. 1, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 5836 8081
青年餐厅
和平区解放北路津湾广场1区1层

Zen5es
4F, The Westin Tianjin
No. 101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
中国元素中餐厅
和平区南京路101号
天津君隆威斯汀酒店4层

Dumplings

Bai Jiao Yuan
Changjiang Dao Branch
Changjiang Dao, Nankai District
Tel: +86 22 2742 1177
百饺园
长江道店：南开区长江道
Pingshan Dao Branch
No. 43, Pingshan Dao, Hexi District
Tel: +86 22 2356 6120
平山道店：河西区平山道43号

Ding Tai Fung
No. 18, the junction of Zi Jin Shan Lu and Binshui Dao, Hexi District
Tel: +86 22 2813 8138
鼎泰丰
河西区宾水道与紫金山路交口18号

Go Believe
Shandong Lu Branch
No. 77, Shandong Lu, Heping District
Tel: +86 22 2730 2540
狗不理
山东路店：和平区山东路77号
Shipin Jie Branch
Shipin Jie, Heping District
Tel: +86 22 2727 1116
食品街店：和平区食品街
Shuishang Gongyuan Bei Lu Branch
Jinlong Apartments
No. 16, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2337 1999
水上北路店：
南开区水上公园北路16号津龙公寓

Fast Food

Lotteria
Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 2374 1909
乐天利
南开区宾水西道时代奥城商业广场

Macdonald's
Dagu Nan Lu Branch
Dagu Nan Lu, Hexi District
Tel: +86 22 2802 0570
麦当劳
大沽南路店：河西区大沽南路
Heping Lu Branch
No. 180, Heping Lu, Heping District
Tel: +86 22 2731 0573
和平路店：和平区和平路180号

French

La Seine
No. 50, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
赛纳河法国餐厅
河北区自由道意大利风情街50号

Saigon Court
No. 173, the junction of Xikang Lu and Chengdu Dao, Heping District
Tel: +86 22 2335 9173
贡苑法式越南餐厅
和平区成都道与西康路交口173号

German

Euro Place Restaurant & Bar
No. 2-26, Fengshui Garden
Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 8838 9578
欧之家餐吧
河西区友谊南路梅江新海湾商业广场
风水园2-26号

Ludwig 1308 Beer House
1F-2F, bldg. 5, Jinwan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9199
路德维格1308啤酒坊
和平区解放北路津湾广场5号楼1-2层

Hong Kong

B.J. Top-class Hongkong BFT
52F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 9698
香港避风塘酒楼
和平区解放北路118号信达广场52层

Hotpot

Hai Di Lao Hotpot
3F, Renren Le
No. 78, Xihu Dao, Nankai District
Tel: +86 22 8568 5886
海底捞火锅
南开区西湖道78号人人乐3层

Huo Tian Da You Hotpot
No. 99, Chengdu Dao, Heping District
Tel: +86 22 2339 4107
火天大有火锅
和平区成都道99号

Yue Wei Xian Hotpot Restaurant
No. 8, Ti Yuan Bei Dao, Hexi District
Tel: +86 22 2395 2000
粤唯鲜火锅城
河西区体院北道8号

Indian

Alibaba Indian Restaurant & Bar
2F, Sports Hotel
No. 90, Weijin Nan Lu, Nankai District
Tel: +86 22 2391 6368
阿里巴巴印度餐厅酒吧
南开区卫津南路90号体育宾馆2层

Bawarchi Indian Restaurant
No. 69, Bldg. B, Shang Gu
Tianta Lu, Nankai District
Tel: +86 22 2341 2786
芭瓦琪印度餐厅
南开区天塔路上谷商业街B座69号

Italian

B.J. Top Class
52-53F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 9698
云顶百家
和平区解放北路188号海信广场52-53层

Babela's Kitchen
2F, How Why Department Store
No. 199, Nanjing Lu, Heping District
Tel: +86 22 2782 6470
巴贝拉意式休闲餐厅
和平区南京路199号号外时尚官2层

Buitoni
No. 86, Minzu Lu, Hebei District
Tel: +86 22 2445 1592
堡康利
河北区民族路86号

Gino Restaurant
No. 231, Machang Dao, Hexi District
Tel: +86 22 2352 6530
季诺意式休闲餐厅
河西区马场道231号

Glass House
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhejiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
水晶厨房
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Prego
3F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
意大利餐厅
和平区南京路101号
天津君隆威斯汀酒店3层

Trattoria Italiana
No. 443, Tianjin Italian Style Town
Shengli Lu, Hebei District
Tel: +86 22 2446 0505
意大利人餐厅
河北区胜利路意大利风情街443号

Venezia Club
No. 48, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 8761 3413
威尼斯酒吧
河北区自由道意大利风情街48号

Japanese

Benkay Japanese Dining
5F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3558
弁慶日本料理餐厅
和平区南京路189号天津日航酒店5层

Chitose
5F, Ningfa Group
No. 21, Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2392 0287
千登世
南开区水上公园东路21号宁发集团5层

Haru Haru Japanese Restaurant
No. 50, bldg. D, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 0988
通天阁新派料理
南开区天塔道上谷商业街D座50号

Kasumi
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2322
霞日式料理
空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Kushi Grill
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
串烧
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Meshiya Hashiba
7F, Isetan, Modern Town
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2718 8385
桥场饭屋
和平区南京路108号现代城伊势丹7层

Muromachi
No. 146, Jiefang Bei Lu, Heping District
Tel: +86 22 2339 1570
室町
和平区解放北路146号

Seitaro
Sheraton Hotel Tianjin
Tel: +86 22 2335 0909
清太郎日本料理
河西区紫金山路喜来登大酒店

Wei Cai
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8251
味彩
和平区南京路128号乐宾百货7层

Korean

MIGA Korean Restaurant
No. 42, Anshan Xi Dao, Nankai District
Tel: +86 22 2742 7742
味佳韩国料理
南开区鞍山西道42号

Sorabol
No. 873, Dagu Nan Lu, Hexi District
Tel: +86 22 2833 5588
萨拉伯尔
河西区大沽南路873号

The Gimbob
(Next to E-Mart)
Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 8549 0888
南开区宾水西道时代奥城商业广场
(易买得旁)

YEZA Korean Restaurant
No. 47, bldg. C, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 1738
椰家韩餐厅
南开区天塔道上谷商业街C座47号

Muslim

Hong Qi Shun
No. 668, Dagu Nan Lu, Hexi District
Tel: +86 22 2832 8038
鸿起顺
河西区大沽南路668号

Hui Fang Lou
No. 74, Dali Dao, Heping District
Tel: +86 22 2311 6066
会芳楼
和平区大理道74号

Pizza

Galilee Pizza House
Huayuan Jiuhua Li Bazaar
Huayuan Jie, Nankai District
Tel: +86 22 2373 1366
加利利披萨店
南开区华苑街华苑久华里市场

Gold Pizza
1F, Caifu Building
Weijin Lu, Nankai District
Tel: +86 22 2304 5765
黄金比萨
南开区卫津路财富大厦1层

JPT Pizza
3F, Huaju Department Store
No. 72-74, Xikang Lu, Heping District
Tel: +86 22 8385 0182
家必得比萨店
和平区西康路72-74号华钜百货3层

Papa John's Pizza
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1616
棒约翰比萨
和平区南京路189号津汇广场负1层

Pizza Box
Fukang Garden, Nankai District
Tel: +86 22 2367 1318
比萨香西餐厅
南开区富康花园

Pizza Hill
Bldg. B, Magnetic Capital
Lingbin Lu, Nankai District
Tel: +86 22 2385 5025
天津嘉喜来比萨餐饮
南开区凌宾路时代奥城商业广场B区

Pizza Hut
-1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8268
必胜客
和平区南京路128号乐宾百货负1层

Pizza Seven
No. 146, Weidi Dao, Hexi District
Tel: +86 22 2351 4772
美闻比萨
河西区围堤道146号

Roast Duck

Jin Baiwan
No. 42, Youyi Lu, Hexi District
Tel: +86 22 2835 1000
金百万
河西区友谊路42号

Tianjin Roast Duck Restaurant
Guangdong Lu Branch
No. 139, Guangdong Lu, Hexi District
Tel: +86 22 2324 9603
天津烤鸭店
广东路店：河西区广东路139号
Liaoning Lu Branch
No. 146, Liaoning Lu, Heping District
Tel: +86 2730 3335
辽宁路店：和平区辽宁路146号

Zheng Yangchun
No. 418, Hongqi Nan Lu, Nankai District
Tel: +86 22 2367 6989
正阳春鸭子楼
南开区红旗南路418号

Seafood

Peng Tian Ge
No. 8, Hongqi Nan Lu, Nankai District
Tel: +86 22 2395 6666
鹏天阁
南开区红旗南路8号

Qi Nian Wan
No. 26, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2359 1999
祈年湾海鲜阁
南开区水上公园北路26号

Shanghai

117 Garden Villa
No. 117, the junction of Dali Dao and
Kunming Lu, Heping District
Tel: +86 22 2331 1117
117花园别墅
和平区昆明路与大理道交口117号

Gun Shi Shanghai Restaurant
No. 4, Changde Dao, Heping District
Tel: +86 22 2311 1188
滚石上海餐厅
和平区常德道4号

Shanghai Time
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2341 2341
上海年代
南开区水上公园东路

Tang Xuan Restaurant
3-4F, Tianlong Yanyi Plaza
No. 78, Jianshe Lu, Heping District
Tel: +86 22 2325 6000
唐轩酒楼
和平区建设路78号天龙演艺广场3-4层

Sichuan

Bayu Renjia
No. 33, Yichang Dao, Heping District
Tel: +86 22 2351 1818
巴渝人家
和平区宜昌道33号

Chuan Ren Bai Wei
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8238
川人百味
和平区南京路128号乐宾百货7层

South Beauty
No. 1, the junction of Youyi Bei Lu and
Machang Dao, Hexi District
Tel: +86 22 2325 9327
俏江南
河西区马场道与友谊北路交口1号

Spanish

Paelleta Spain
No. 50-52, Kaifeng Dao
Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2311 0081
百意达海鲜饭
河西区小白楼开封道50-52号

Teppanyaki

Angel Gulf Teppanyaki
1-2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9058
天使湾法式铁板烧
和平区解放北路津湾广场6区1-2层

Baiyi Teppanyaki
The junction of Xiao Zhujiang Dao and
Youyi Nan Lu, Hexi District
Tel: +86 22 2335 5588
百一铁板烧
河西区友谊南路与小珠江道交口

TAIRYU Teppanyaki
Bldg. C, 12A, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 1718
大渔铁板烧
南开区天塔道上谷商业街C座12A

Thai

Banana Leaf
Tian Di Hui Restaurant Plaza
No. 89, the junction of Qinghe Dajie and
Nan Men Wai Dajie, Heping District
Tel: +86 22 2727 5999
蕉叶国餐厅
和平区南门外大街与清和大街交口89号
天地烩美食街

Golden Elephant Thai Restaurant
No. 78, the junction of Yong'an Dao and
Guangdong Lu, Hexi District
Tel: +86 22 2328 7801
金象苑泰国餐厅
河西区广东路与永安道交口78号

YY Beer House
(Behind International Building)
No. 3, Aomen Lu, Heping District
Tel: +86 22 2339 9634
粤园泰餐厅
和平区澳门路3号(国际大厦后侧)

Turkish

Efes
7F, OLE Shopping Mall
Binjiang Dao, Heping District
Tel: +86 22 2718 3458
埃菲斯西餐厅
和平区滨江道欧乐时尚广场7层

USA

Hank's Sports Bar & Grill
No. 56, 1F, bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7997
汉克斯运动酒吧
南开区天塔道上谷商业街B座1层56号

T.G.I. Friday's
No. 7-2, Fukang Lu, Nankai District
Tel: +86 22 2300 5555
星期五餐厅
南开区复康路7-2号

Vegetarian

Kind Lotus
No. 68, the junction of Kunming Lu and
Changde Dao, Heping District
Tel: +86 22 2331 8629
并蒂莲素食餐厅
和平区常德道与昆明路交口68号

Seven Leaves Vegetarian Restaurant
2F, Yuanyang Building
Xinkai Lu, Hedong District
Tel: +86 22 2337 1479
七贝叶素餐厅
河东区新开路远洋大厦2层

Western

1863 the Dining Room
1F, The Astor Hotel Tianjin
No. 33, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2331 1688 ext. 8918
1863 至尊西餐厅
和平区台儿庄路33号天津利顺德大饭店
豪华精选酒店1层

Alibaba
Wei Hua Li Xiaoqu, Tong'an Dao
Heping District
Tel: +86 22 2351 3976
阿里巴巴
和平区同安道卫华里小区

Buddy's Café
-1F, Fu Bang Bin Yue Hotel
The junction of Hongqi Nan Lu and
Yuliang Dao, Nankai District
Tel: +86 22 5839 7299
巴蒂西餐酒吧
南开区育梁道与红旗南路交口
富邦宾悦酒店负1层

Café Venice
2F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2271
威尼斯咖啡厅
河北区海河东路凤凰商贸广场天津海河
假日酒店2层

Café@66
1F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
咖啡66
河东区新开路66号天津天诚丽笙世嘉酒店1层

Chateau35 Wine Bar & Bistro
Opposite 79, Changde Dao
(Between Kunming Lu and Yunnan Lu)
Heping District
Tel: +86 22 2331 5678
Mob: +86 159 2218 2183
古堡35西餐葡萄酒吧
和平区常德道79号对面
(昆明路与云南路之间)

Friends Restaurant and Bar
7-9, Bldg. B, Magnetic Capital
Lingbin Lu, Nankai District
Tel: +86 22 2385 5018
朋友餐厅
南开区凌宾路时代奥城商业广场B区7-9

Gold Pub
No. 109, Chengdu Dao, Heping District
Tel: +86 139 2081 6219
金德西餐体闲吧
和平区成都道109号

Greenery Café
Tian Di Hui Restaurant Plaza
Nan Men Wai Dajie, Heping District
Tel: +86 22 2734 8788
绿茵阁西餐厅
和平区南大门外大街天地烩美食街

Hamber Bar & Restaurant
No. 22, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2311 2282
汉马堡餐吧
河西区小白楼开封道22号

Helen's
No. 116, the junction of Wu Jia Yao Er Hao Lu and Heyan Dao, Hexi District
Tel: +86 22 2334 0071
和平区河沿道与吴家窑二号路116号

Kiessling Western Restaurant
No. 33, Zhejiang Lu, Heping District
Tel: +86 22 2330 0330
起士林西餐厅
和平区浙江路33号

Kokopelli
No. 6, Changdu Lu, Heping District
Tel: +86 22 2781 7172
Kokopelli餐巴
和平区昌都路6号

M Club
No. 5, Youyi Lu, Hexi District
Tel: +86 22 5818 1108
茉莉
河西区友谊路5号

Mediterranean Restaurant
Tong Lou, no. 212, Weidi Dao, Hexi District
Tel: +86 22 2351 9102
地中海边西餐厅
河西区围堤道212号佟楼

Momo @ La Villa
-1F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa负1层

Monjardin Restaurant & Bar
No. 58, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2312 1008
蒙哈丁西餐酒吧
河西区小白楼开封道58号

Ou Luo Ba Restaurant
No. 36-42, Kaifeng Dao, Xiao Bai Lou
(1902 Street), Hexi District
Tel: +86 22 2330 6178
欧罗巴西餐厅
河西区小白楼开封道36-42号

Pan Shan Grill & Wine
2F, Main Building, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext.1820
盘山葡萄酒扒房
河西区紫金山路
天津喜来登大酒店主楼2层

Provence
No. 29, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4888
普罗旺斯西餐厅
河北区自由道意大利风情街

Seasonal Tastes
1F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
"知味"全日餐厅
和平区南京路101号
天津君隆威斯汀酒店1层

Seven Days
7F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8255
日七
和平区南京路128号乐宾百货7层

Small London Restaurant
No. 73, Chengdu Dao, Heping District
Tel: +86 22 2312 8998
伦小敦西餐厅
和平区成都道73号

Spectrum All-Day Dining
7F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3570
彩西餐厅
和平区南京路189号天津日航酒店7层

Tapas
Wu Jia Yao Branch
No. 55, Wu Jia Yao Dajie, Hexi District
Tel: +86 22 2337 1456
美滋味
吴家窑店：河西区吴家窑大街55号
Magnetic Capital Branch
Bldg. A3, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5327
奥城广场点：南开区宾水西道时代奥城商业广场A3区

Terrace Cafe
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
燕园咖啡厅
河西区紫金山路天津喜来登大酒店1层

Wyndsong Restaurant
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2333
风之细语西餐厅
空港物流加工区中心大道55号天津滨海圣光皇冠假日酒店1层

Coffee Shops

31 Cups
No. 29, Changde Dao, Heping District
Tel: +86 22 2666 3131
31杯咖啡
和平区常德道29号

Ai Coffee ER
4-1-8, A3,
Magnetic Capital,
Binshui Xi Dao,
Nankai District
Tel: +86 22 5811 2628
埃尔咖啡
南开区宾水西道时代奥城商业广场A3 4-1-8商铺

Banilla Coffee
Book Building
No. 362, Dagu Nan Lu, Hexi District
Tel: +86 2306 3060
百怡咖啡
河西区大沽南路362号图书大厦

Book Coffee & Tea
23-105, Xiangxi Yuan
Shuijing Cheng
Meijiang
Hexi District
Tel: +86 22 8815 1339
布克咖啡与茶
河西区梅江水晶城
香溪园23-105

Canvas Café
Yuanyang Xin Tiandi
No. 61, Xinkai Lu, Hedong District
Tel: +86 22 6089 6520
画布咖啡西餐厅
河东区新开路61号远洋新天地

Ciao Coffee Bar
2F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8366
喜可意
和平区解放北路188号海信广场2层

Coffee Time
No. 1, the junction of Shaoxing Dao and Youyi Lu, Hexi District
Tel: +86 22 2813 4857
时光咖啡
河西区友谊路与绍兴道交口1号

Courtyard Café
The junction of Hebei Lu and
Munan Dao, Heping District
Tel: +86 22 2330 0425
庭院咖啡
和平区睦南道与河北路交口

Do Café
91-103, Tianjin Junlong Plaza
No. 99, Nanjing Lu, Heping District
Tel: +86 22 5868 3550
度
和平区南京路99号天津君隆广场91-103商铺

Harvest Book & Coffee
Room 101, gate 3, Bldg. 27
Jiuhuali Garden
No. 191, Yingshui Dao, Nankai District
Tel: +86 22 2373 3461
哈维斯特咖啡
南开区迎水道191号
久华里花园27号楼3门101室

Look! Space Coffee & Gallery
No. 64, Chongqing Dao, Heping District
Tel: +86 22 2330 1912
注意空间咖啡
和平区重庆道64号

Memory Modern Coffee
A2-07, Magnetic Capital, Binshui Xi Dao
Nankai District
Tel: +86 22 5838 7678
摩豆记忆
南开区宾水西道时代奥城商业广场A2-07

Miracle Coffee
2F, no. 2-80, Fengshui Garden
Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 8838 9285
米萝克咖啡
河西区友谊南路梅江新海湾商业广场
风水园2-80号2层

SPR Coffee
1F, Bldg. B, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5329
SPR 咖啡
南开区宾水西道时代奥城商业广场B区1层

Starbucks Coffee
Binjiang Dao Branch
1F, Hualian Building
No. 200, Binjiang Dao, Heping District
星巴克咖啡
滨江道店：和平区滨江道200号
华联商厦1层
Heping Lu Branch
1F, Parkson Department Store
No. 162, Heping Lu, Heping District
和平路店：和平区和平路162号
百盛购物中心1层
Nanjing Lu Branch
International Building
No. 75, Nanjing Lu, Heping District
南京路店：和平区南京路75号国际大厦

The Spot Cafe
(Opposite of Tianyu Hotel)
Nan Fu Fang Dajie
Diantai Dao, Heping District
Tel: +86 22 2783 7764
聚点咖啡馆
和平区电台道南浮房大街
(天宇大酒店对面)

Time Coordinate Coffee
No. 6, the junction of Hanghai Dao and Baidi Lu, Nankai District
Tel: +86 22 8789 2737
时间坐标咖啡馆
南开区白堤路与航海道交口6号

UBC Coffee
Dagu Nan Lu Branch
No. 816, Dagu Nan Lu, Hexi District
Tel: +86 22 2833 6408
上岛咖啡
大沽店：河西区大沽南路816号
Pingshan Dao Branch
No. 30, Pingshan Dao, Hexi District
Tel: +86 22 2301 6583
平山道店：河西区平山道30号
Qiongzhou Dao Branch
No. 141, the junction of Guangdong Lu and Qiongzhou Dao, Hexi District
Tel: +86 22 2326 5858
琼州道店：河西区琼州道与广东路交口141号

Tea Houses

Jin Le Tea House
2F, New Culture Garden
Rongye Dajie, Heping District
Tel: +86 22 2723 2777
金乐茶楼
和平区荣业大街新文化花园2层

Ming Hua Xin Tea House
No. 187, Chongqing Dao, Heping District
Tel: +86 22 2331 1298
茗花馨茶艺馆
和平区重庆道187号

Mingyuan Tea House
No. 42, Changde Dao, Heping District
Tel: +86 22 2331 5080
茗源咖啡
和平区常德道42号

Rose House
1-2F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 137 1882 9532
古典玫瑰园
和平区解放北路津湾广场6区1-2层

Xin Rong Tea House
No. 25, Pingshan Dao, Hexi District
Tel: +86 22 2352 4910
鑫荣茶艺馆
河西区平山道25号

Yang Lou Tea House
The junction of Kunming Lu and Chongqing Dao, Heping District
Tel: +86 22 2339 7244
洋楼茶园
和平区重庆道与昆明路交口

Zhengqinghe Zhuyeqing Tea House
No. 56, Guang Kai Er Ma Lu
Nankai District
Tel: +86 22 2741 9800
正清和竹叶青茶庄
南开区广开二马路56号

Zheng Xing De Tea House
No. 66, Tai'an Dao, Heping District
Tel: +86 22 2339 8058
正兴德茶点
和平区泰安道66号

Bars & Discos

13 Club
Tianjin Italian Style Town
Ziyou Dao, Hebei District
河北区自由道意大利风情街

1618 Club
No. 16-18, Machang Dao, Hexi District
Tel: +86 22 2373 8888
1618会所
河西区马场道16-18号

8 Bar
No. 78, Jianshe Dao, Heping District
Tel: +86 22 2330 5988
8号酒吧
和平区建设道78号

Babi Club
No. 83, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6006
芭蕉俱乐部
河西区琼州道83号

Bull's Club
No. 83, Baidi Lu, Nankai District
Tel: +86 22 8185 3333
公牛酒吧
南开区白堤路83号

Cabaret @ La Villa
1/2F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa1/2层

City Music Club
No. 64, Limin Dao, Hexi District
Tel: +86 22 8998 8833
喜地音乐酒吧
河西区利民道64号

Dazzle Lobby Lounge
1F, Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +87 22 2627 8888 ext. 2266
眩吧
河北区海河东路凤凰商贸广场
天津海河假日酒店1层

Euro Bar
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
欧罗吧
天津空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Feeling Bar
1F, Gome Building, the junction of Dagu Nanlu and Jinhe Dao, Hexi District
Tel: +86 139 2023 1836
菲林慢摇酒吧
河西区大沽南路与津河道交口
国美电器1层

Follow Bar
2F, Bolian Building
No. 155, Weijin Lu, Heping District
和平区卫津路155号博联大厦2层

Fountain Lounge Bar
Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
碧泉茶园酒吧
宝坻区周良庄珠江大道8号
京津新城凯悦酒店

Hard Rock Club
(Next to Narcissus Hotel)
Pingshan Dao, Hexi District
硬石音乐主题俱乐部
河西区平山道(天水大酒店旁)

Harry's Bar
No. 25, Youyi Lu, Hexi District
Tel: +86 22 2835 2777
哈里酒吧
河西区友谊路25号

JV'S Bar
1F, Main Building, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 1845
JV'S 酒吧
河西区紫金山路
天津喜来登大酒店主楼1层

Kaka Bar
7F, bldg. 5, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 158 2270 3454
卡卡酒吧
和平区解放北路津湾广场5号楼7层

La Playa @ La Villa
3F, La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号
广场La Villa3层

La Villa
No. 4 Square, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 0388
河北区自由道意大利风情街4号广场

Le Nest Club
No. 103, Qiongzhou Dao, Hexi District
Tel: +86 22 8381 6666
乐巢酒吧
河西区琼州道103号

Lobby Bar
2F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2355
大堂吧
空港物流加工区中心大道55号天津滨海
圣光皇冠假日酒店2层

Macchiato Live Music Bar
Music Street
The junction of Shisi Jing Lu and
Bawei Lu, Hedong District
Tel: +86 136 0206 2117
玛奇杂音乐餐吧
河东区八纬路与十四经路交口音乐街

Mayflower Bar
The junction of Zi Jin Shan Lu and
Qi Xiang Tai Lu, Hexi District
Tel: +86 22 5859 9898
五月花酒吧
河西区气象台路与紫金山路交口

Mizu Bar
5F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3555
美津酒吧
和平区南京路189号天津日航酒店5层

O'Hara's
1F, The Astor Hotel Tianjin
No. 33, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2331 1688 ext. 8919
海维林
和平区台儿庄路33号天津利顺德大饭店
豪华精选酒店1层

Pepper
3F, Bldg. B, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 5238
南开区天塔道上谷商业街B座3层

Purple Bar
2F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
葡吧
河东区新开路66号
天津天诚丽笙世嘉酒店2层

Qba Bar
2F, The Westin Tianjin
No. 101, Nanjing Lu
Heping District
Tel: +86 22 2389 0088
Q吧
和平区南京路101号
天津君隆威斯汀酒店2层

Richmond Paulaner Bar
No. 243, Xinhua Lu, Heping District
Tel: +86 22 2330 6866
和平区新华路243号

Riff Live House
No. 55, the junction of Dagu Bei Lu and
Chifeng Dao, Heping District
Tel: +86 135 0218 2204
摇滚天津俱乐部
和平区赤峰道与大沽北路交口55号

Scarlet
3F, Bolian Building
No. 155, Weijin Lu, Heping District
Tel: +86 22 2355 6223
乱世佳人
和平区卫津路155号博联大厦3层

SITONG Bar
-1F, Somerset Olympic Tower
Chengdu Dao, Heping District
Tel: +86 22 2337 7177
昔唐音乐酒吧
和平区成都道奥林匹克大厦负1层

South Park
(Opposite of Yue Wei Xian)
The junction of Munan Dao and
Hebei Lu, Heping District
Tel: +86 22 2330 0425
南方公园
和平区河北路与睦南道交口(粤唯鲜对面)

Vinchalet Café
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 2987
万喜来
和平区南京路诚基大厦第五大道商业街2层

KTV

Eastern Pearl
No. 2, Guizhou Lu, Heping District
Tel: +86 22 2781 6666
东方之珠KTV
和平区贵州路2号

Happy Party
No. 101, Nanma Lu, Nankai District
Tel: +86 22 2733 6666
快乐迪
南开区南马路101号

Holiday KTV
9F Isetan, no. 108, Nanjing Lu
Heping District
Tel: +86 139 0211 4681
好乐迪
和平区南京路108号伊势丹9F

Limited Edition KTV
No. 47, Minzu Lu, Hebei District
Tel: +86 22 2403 0888
一宫.量贩式KTV
河北区民族路47号

Party Land KTV
No. 168, Baidi Lu, Nankai District
Tel: +86 22 2300 3591
金永KTV
南开去白堤路168号

Beauty Salons

Chlitina
No. 180, the junction of Shashi Dao and
Kunming Lu, Heping District
Tel: +86 22 2335 4106
克丽缇娜护肤中心
和平区昆明路与沙市道交口180号

Natural Beauty
No. 18, Shashi Dao, Heping District
Tel: +86 22 2330 5716
自然美
和平区沙市道18号

Beauty Studios

Prince & Princess Wedding Photography Studio
Room 1301, bldg. A, Xin'an Garden
Dongma Lu, Nankai District
Tel: +86 22 2711 3988
千禧王子与公主婚纱摄影工作室
南开区东马路新安花园A座1301室

Hairdressers

AY Hairsalon
5A-01, bldg. 18,
Magnetic Capital
Binshui Xi Dao
Nankai District
Tel: +86 22 2374 1333
南开区宾水西道时代奥城商业广场18号楼5A-01

Culture of Beauty
2F, Diwu Da Dao Plaza, Chengji Building
Nanjing Lu, Heping District
Tel: +86 22 2331 7473
(Closed on Wednesday)
美学文化
和平区南京路
诚基大厦第五大道商业街2层

Degen Beauty Salon
-1F, The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1066
德根形象公社
和平区南京路189号津汇广场负1层

Feeling Salon
No. 17, Zhejiang Lu, Heping District
Tel: +86 22 2331 6856
千沐风
和平区浙江路17号

Joy Forever Hair Atelier
No.1, 2F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2374 1813
久爱美发
南开区宾水西道时代奥城商业广场A4区2层1号

K&J Hair Club
No. 6, 1F, bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5382
K&J发吧
南开区宾水西道时代奥城商业广场A4区1层6号

Sanbaili Rong Yuan
The junction of Xiaguang Dao and
Shiying Lu, Nankai District
Tel: +86 22 2392 3617
三佰理容院
南开区士英路与霞光道交口

TiTi Professional Hair
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2731 1512
佑村造型
和平区南京路209号
吉利大厦米莱欧百货1层

Winter Rain Studio
No. 99, the junction of Rong'an Dajie
and Rongye Dajie, Nankai District
Tel: +86 22 2723 5348
冬雨造型
南开区荣业大街与荣安大街交口99号

Massages

A Sen Da Mutong Xiyu Zhongxin
No. 22, Pukou Dao, Hexi District
Tel: +86 22 2313 5080
阿森大木桶洗浴中心
河西区浦口道22号

Degen
Bldg. 19-1-111, Magnetic Capital
Apartments
Binshui Xi Dao, Nankai District
Tel: +86 22 8378 8522
德根
南开区宾水西道时代奥城商业广场酒店
公寓19-1-111座

Forest Massage Salon
Room 04-303, Bldg. A, SOHO Gongshe
Century City, Hei Niu Cheng Dao
Hexi District
Tel: +86 22 8829 8330
森林按摩中心
河西区黑牛城道
世纪城SOHO工社A座04-303室

Huali Massage Center
No. 11, Luoyang Dao, Heping District
Tel: +86 22 2332 2636
花利足疗保健中心
和平区洛阳道11号

Zheng Kang Blind Massage Center
Bldg. 3, gate 1, suite 101
Tongda Shangcheng
Lishui Dao, Hexi District
Tel: +86 22 8826 1604
正康盲人按摩中心
河西区澧水道通达尚城101室1门3号楼

Spas

Dikara Spa
Step into the realm of sheer indulgence...'Dikara Spa'"
4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888 ext. 3910
迪卡拉水疗中心
河东区新开路66号
天津天诚丽笙世嘉酒店4层

Heavenly Spa by Westin
6F, The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
威斯汀天梦水疗
和平区南京路101号
天津君隆威斯汀酒店6层

I Spa
6F, Hotel Nikko
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
泰美好
和平区南京路189号日航酒店6层

Milky Spa
Room 602, door 2, Bldg. C
Frienship Building, Youyi Lu, Hexi District
Tel: +86 22 2827 3456
河西区友谊路友谊大厦C座2门602室

Oasis SPA at Sheraton
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2227
喜来登绿洲
河西区紫金山路天津喜来登大酒店1层

Tea Tree Spa
1F, Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888 ext. 2400
茶树水疗中心
空港物流加工区中心大道55号
天津滨海圣光皇冠假日酒店1层

Tattoo Studios

Ink Tattoo
No. 111, Shanxi Lu, Heping District
Tel: +86 22 8999 0001
墨颜刺青
和平区山西潞111号

Xiao Jian Tattoo
No. 70, Hebei Lu, Heping District
Tel: +86 22 2721 6203
小健刺青
和平区和北路70号

Xiao Lu Tattoo
5F, no. 211, Maigo
Binjiang Dao, Heping District
Tel: +86 137 5243 1941
小路の入れ墨
和平区滨江道麦购体闲广场211号5层

Yoga

Hotel Nikko Tianjin Yoga
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext.3290
天津日航酒店瑜珈
和平区南京路189号天津日航酒店6层

Yunshui Yoga Club
2F, Bldg. 8, Yangguang Apartment
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2338 1002
云水瑜珈会馆
南开区水上公园东路阳光公寓8号楼2层

Dental Clinics

Aichi International Dental Center
4F, Huaju Department Store
No. 72-74, Xikang Lu, Heping District
Tel: +86 22 8568 5606
爱齿口腔医疗中心
和平区西康路72-74号华拒百货4层

Tianjin Dental Hospital
No. 75, Dagu Lu, Heping District
Tel: +86 22 2711 9191
天津口腔医院
和平区大沽路75号

Tianjin Xinaichi International Dental Clinic
No. 84, TEDA Garden
Jiulong Lu, Hexi District
Tel: +86 22 2328 5556
天津欣爱齿口腔医院
河西区九龙路泰达园号84

Hospitals

Binhu Hospital of Chinese Traditional Medicine
(Next to IG Supermarket)
Huanhu Nan Li, Ti Yuan Bei, Hexi District
Tel: +86 22 2330 0706
滨湖中医医院
河西区体院北环湖南里（津工超市旁）

Tianjin Aimin Diet Hospital
No. 34, Youyi Lu, Hexi District
Tel: +86 22 2813 0596
天津爱民减肥医院
河西区友谊路34号

Tianjin Chest Hospital
No. 70, Xi'an Dao, Heping District
Tel: +86 22 2314 7057
天津胸科医院
和平区西安道70号

Tianjin Children's Hospital
No. 225, Machang Dao, Hexi District
Tel: +86 22 2351 85305
儿童病专科医院
河西区马场道225号

Tianjin Chinese Traditional Medicine Center
No. 314, Anshan Xi Dao, Nankai District
Tel: +86 22 2743 2297
天津中医医学中心
南开区鞍山西道314号

Tianjin Eye Hospital
No. 4, Gansu Lu, Heping District
Tel: +86 22 2731 3336
天津市眼科医院
和平区甘肃路4号

Tianjin First Central Hospital
No. 24, Fukang Lu, Nankai District
Tel: +86 22 2362 6249
天津第一中心医院
南开区复康路24号

Tianjin Hexi Evercare Medical Special Hospital
No. 13, Wu Jia Yao Dajie, Hexi District
Tel: +86 22 2355 0363
天津河西伊美尔医疗美容专科医院
河西区吴家窑大街13号

Tianjin Hospital
No. 406, Jiefang Nan Lu, Hexi District
Tel: +86 22 2830 8891
天津医院
河西区解放南路406号

Tianjin Huaxia Hospital
No. 25, Hei Niu Cheng Dao, Hexi District
Tel: +86 22 2823 0188
天津华夏医院
河西区黑牛城道25号

Tianjin International SOS Clinic
1F, Sheraton Hotel
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2352 0143
天津国际（SOS）紧急救援诊所
河西区紫金山路天津喜来登大酒店公寓楼1层

Tianjin International Travel Healthcare Center
No. 6, the junction of Tai'er Zhuang Lu and Pukou Dao, Hexi District
Tel: +86 22 8332 6942
天津国际旅行卫生保健中心
河西区浦口道与台儿庄路交口6号

Tianjin Medical University Cancer Institute and Hospital
Ti Yuan Bei, Huanhu Xi Dao, Hexi District
Tel: +86 22 2334 0123
肿瘤医院 (天津医科大学附属肿瘤医院)
河西区环湖西路体院北

Tianjin Medical University General Hospital
No. 154, Anshan Dao, Heping District
Tel: +86 22 6036 2636
天津医科大学总医院
和平区鞍山道154号

Tianjin Ren'ai Hospital
No. 181, Weiguo Dao, Hedong District
Tel: +86 22 2457 8955
天津仁爱医院
河东区卫国181号

Tianjin Wuzhou Gynecology Hospital
No. 67, Zi Jin Shan Lu, Hexi District
Tel: +86 22 5867 7999
天津五洲妇科医院
河西区紫金山路67号

Tianjin Yitai Reproductive Specialist Hospital
No. 90, Changjiang Dao, Nankai District
Tel: +86 22 2711 3333
天津怡泰生殖专科医院
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北京市朝阳区光华路1号北京嘉里中心B29
邮编100020

Pharmacies

Heping Pharmacy
No. 185, Weijin Lu, Heping District
Tel: +86 22 2337 2514
和平药店
和平区卫津路185号

Golf Clinic/Pro Shop

Golf Clinic/LAB/Golf Fitness/Pro Shop/ Golf Club Coupons
B2, Huaqiao Building, no. 92-1
Nanjing Ku, Heping District
Tel: +86 22 2392 1936
+86 22 2331 8407
Fax: +86 22 2392 1937
E-mail: kwisunkim@hotmail.com
吉恩吉高尔夫诊断中心
和平区南京路92号增1号华侨大厦B2

Golf Clubs

Aroma (Tianjin) Golf Club
Green base, Guangang Senlin Park
Dagang District
Tel: +86 22 6328 5000
阿罗马(天津)高尔夫俱乐部
大港区官港森林公园绿化基地处

Fortune Lake Golf Club
Jinwang Lu, Jinghai Zhen
Tel: +86 22 6850 5299
天津松江团泊湖高尔夫球会
静海县津王路

Regal Rivera Golf Club
Jingjin New Town
No. 1, Zhujiang Nan Lu, Baodi District
Tel: +86 22 2966 9266
帝景高尔夫俱乐部
宝坻区珠江南路1号京津新城

Tianjin International Hot Spring Golf Club
No. 5, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 2489 0391
天津国际温泉高尔夫俱乐部
空港物流加工区中心大道5号

Tianjin Pearl Beach International Golf Country Club
Yingcheng Hu, Hangu District
Tel: +86 22 6720 1818
天津龙海国际高尔夫乡村俱乐部
汉沽区营城湖

Yang Liu Qing Golf Club
Yijing Lu, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2792 2792
杨柳青高尔夫俱乐部
西青区杨柳青镇一经路立交桥北

Gyms

Alex Fitness Club
(Next to Modern Women Center)
3-4F, 8 Miles New Culture Plaza
Nankai District
Tel: +86 22 8988 8809
天贝武老爱健身俱乐部
南开区八里台新文化广场3-4层
(旁妇女活动中心旁)

GLO Fitness & Health Club
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕 - 健康中心
和平区南京路189号天津日航酒店6层

International Building Fitness Center
3F, International Building
No. 75, Nanjing Lu, Heping District
Tel: +86 22 2330 6666
国际大厦健身中心
和平区南京路75号国际大厦3层

Powerhouse GYM
Xiao Bai Lou Branch
Binjiang Shopping Center, Kaifeng Dao
Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2302 2008
宝力豪健身俱乐部
小白楼店：河西区小白楼开封道
滨江购物中心
Binshui Xi Dao Branch
Binshui Xi Dao, Nankai District
Tel: +86 22 2338 2008
宾水西道店：南开区宾水西道

Sheraton Hotel Fitness Center
Inside Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388 ext. 2228
喜来登健身美容中心
河西区紫金山路天津喜来登饭店内

Start Point Fitness Club
5F, New World of Friendship Building
No. 208, Binjiang Dao, Heping District
Tel: +86 22 2331 8222
起点健身俱乐部
和平区滨江道208号友谊新天地5层

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Code: AC101101

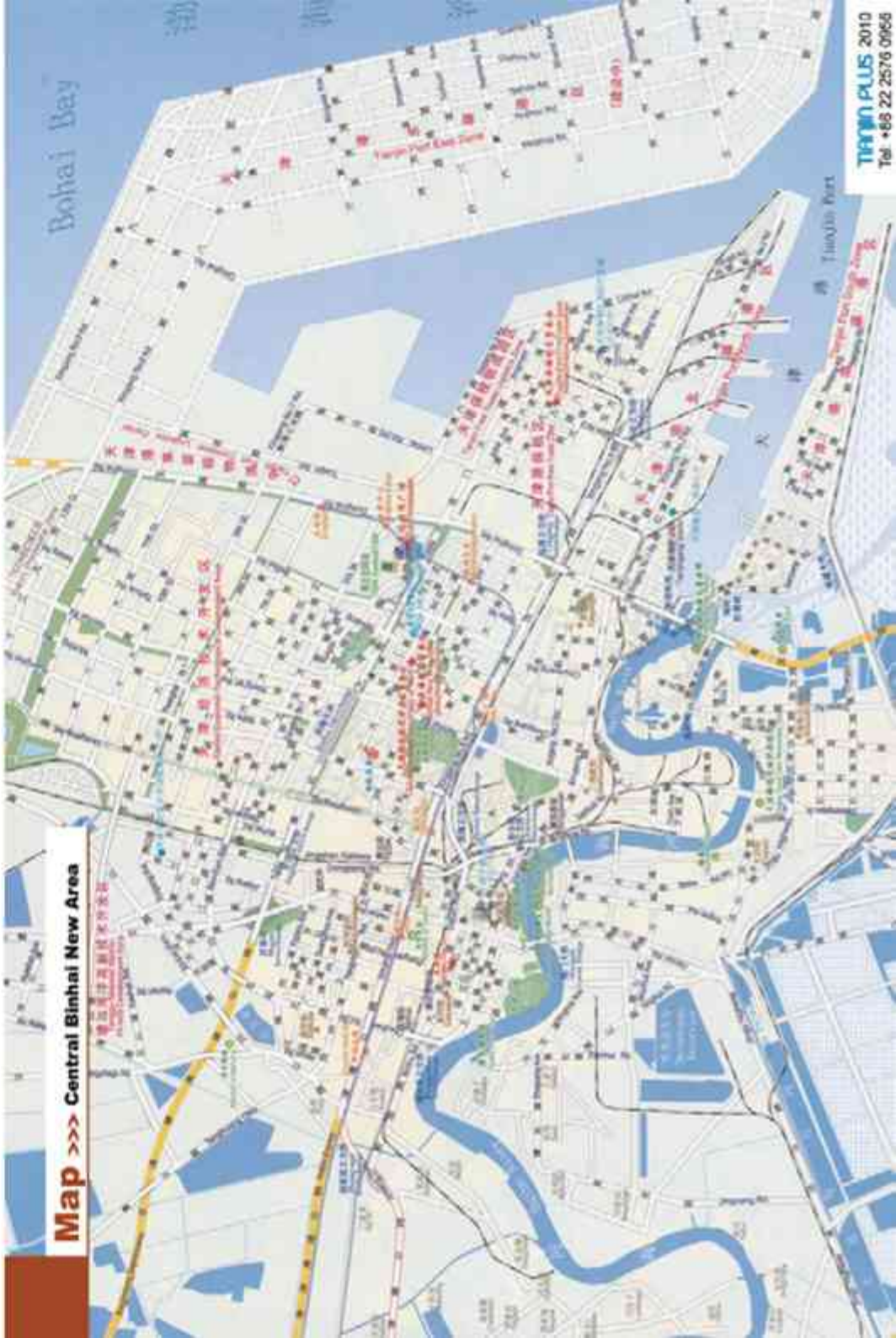
JOB DESCRIPTION:
- Expense reimbursement including checks, signatures, payroll
- Receive payments by cash, check, credit cards, vouchers, automatic debits or T/T
- Issue receipts, refunds, credits or change due to customers
- Petty cash custodian
- Verify the accuracy, truth and completeness of vouchers
- Provide financial analysis and report to management
- Responsible for inventory and fixed assets management
- Keep financial files well-organized

WHO WE ARE LOOKING FOR:
- Working experience at a related position is preferred
- Familiar with MS Office
- Good command of English
- Proactive, open-minded and a quick learner

Waiter/Waitress
服务生
Code: WA101101

JOB DESCRIPTION:
- Ordinary service of the restaurant

WHO WE ARE LOOKING FOR:
- Relevant work experience is preferred
- Hard worker, adapting to flexible work time
- Outgoing, friendly and polite
- Strong sense of customer service



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Tel: +86 22 2781 6644
舞蹈健身中心
卫津路店：南开区卫津路财富大厦B座805室
Hei Niu Cheng Dao Branch
23F, room 1003, door 3, bldg. B03, SOHO Gongshe, Century City
Hei Niu Cheng Dao, Hexi District
Tel: +86 22 8829 8330
黑牛城道店：河西区黑牛城道世纪城SOHO工社B03座3门1003室23层

Tudor Gymnasium Club
8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部
和平区解放北路118号信达广场8层

Westin WORKOUT®
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天津君隆威斯汀酒店5层

Outdoor Clubs

Able Outdoor
1F, Bldg. A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5007
全能户外俱乐部
南开区宾水西道时代奥城商业广场A4区1层

Y. Q. B. Outdoor Sports Club
No. 400, Anshan Xi Dao, Nankai District
Tel: +86 22 2737 3435
坚石游骑兵户外动物俱乐部
南开区鞍山西道400号

Swimming Pools

GLO Fitness & Health Club Swimming Pool
6F, Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888 ext. 3290
焕 - 健康中心游泳池
和平区南京路189号天津日航酒店6层

Indoor Swimming Pool
4F, Health Club
Holiday Inn Tianjin Riverside Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888 ext. 2318
室内游泳池
河北区海河东路凤凰商贸广场
天津海河假日酒店4层

Sheraton Hotel Tianjin Swimming Pool
1F, Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登酒店游泳池
河西区紫金山路天津喜来登大酒店1层

Swimming Pool at Radisson Plaza Hotel Tianjin
4F, Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
河东区新开路66号
天津天诚丽笙世嘉酒店4层

Swimming Pool by Westin
5F, The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
威斯汀室内游泳池
和平区南京路101号
天津君隆威斯汀酒店5层

Tudor Gymnasium Club Swimming Pool
8F, Center Plaza
No. 118, Jiefang Bei Lu, Heping District
Tel: +86 22 5829 8731
都铎健身俱乐部游泳池
和平区解放北路118号信达广场8层

Tennis Courts

Tianjin People's Stadium Tennis Court
The junction of Chengdu Dao and Guizhou Lu, Heping District
Tel: +86 22 2339 0979
人民体育馆网球场
和平区贵州路与成都道交口

Tianjin Tennis Centre
No. 9, Fukang Lu, Nankai District
Tel: +86 22 2359 1964
天津市网球中心
南开区复康路9号

Decoration

Deng Fa Zhuang Shi Cheng
No. 873, Dagu Nan Lu, Hexi District
Tel: +86 22 2828 9718
登发装饰城
河西区大沽南路873号

Dick's Home Decoration Shop
1F, Bldg. B, Rainbow Furniture City
Behind Zhong Huanxian Rainbow Garden
Changjiang Dao, Nankai District
Tel: +86 22 2763 5886
迪克家私专卖店
南开区长江道中环线长虹公园对面长虹家具城B区1层

Home Basix
No. 1476, Fu Li Cheng Tian Xue Yuan
Nancheng Jie, Nankai District
Tel: +86 22 2726 6108
百事克居家超市
南开区南城街富力城天霖园1476号底商

Life Shop
-2F, Land Share Shopping Street
Tianjin Concert Hall
Xiao Bai Lou, Heping District
Tel: +86 22 8811 6487
品生活
和平区小白楼音乐厅朗香街广场负2层

Perfect Life
-1F, Land Share Shopping Street
Tianjin Concert Hall
Xiao Bai Lou, Heping District
Tel: +86 22 2330 9379
完美生活
和平区小白楼音乐厅朗香街广场负1层

This Life
-2F, Land Share Shopping Street
Tianjin Concert Hall
Xiao Bai Lou, Heping District
Tel: +86 22 2311 2900
爱丽思生活馆
和平区小白楼音乐厅朗香街广场负2层

Maccaline
No. 29, Hei Niu Cheng Dao, Hexi District
Tel: +86 22 8831 0888
红星美凯龙国际家居广场
河西区黑牛城道 29 号

Mingjia Decoration City
No. 59, Jintang Lu, Hedong District
Tel: +86 22 2402 1616
名家装饰城
河东区津塘路59号

The Home Depot
No. 228, Hongqi Lu, Nankai District
Tel: +86 22 8761 3636
家得宝
南开区红旗路228号

Electrical Appliances

Buynow Mall
No. 366, Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7666
百脑汇
南开区鞍山西道366号

Core Mall
No. 259, Anshan Xi Dao, Nankai District
Tel: +86 22 2305 9000
时代数码广场
南开区鞍山西道259号

Cybermart Digital Square
No. 381, Anshan Xi Dao, Nankai District
Tel: +86 22 2746 9951
赛博数码广场
南开区鞍山西道381号

Gome
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and Jiefang Nan Lu, Hexi District
Tel: +86 22 5866 3111
国美电器
河西区解放南路与大沽南路交口

Su Ning
No. 88, Zhongshan Lu, Hexi District
Tel: +86 22 2629 1502
苏宁电器
河北区中山路88号

House Services

Butler Wing
No. 17, Tai'er Zhuang Lu, Heping District
Tel: +86 138 2118 6363
管家婆
和平区台儿庄路17号

Sunshine Jiaxin Cleaning Service Co., Ltd.
Room 427, Bldg. C, Yunlang Building
No. 149, Weijin Lu, Heping District
Tel: +86 22 2353 5103
阳光嘉信保洁服务有限公司
和平区卫津路149号云琅大厦C座427室

Tianjin LeBaiBang Family Service Limited Company
1-1-1204, Lida Bolan Apartment, Hei Niu Cheng Dao, Hexi District
Tel: +86 22 2395 3196 +86 136 8218 2319 (English)
乐百邦家政服务有限公司
河西区黑牛城道立达博兰公寓增1-1-1204
www.lbblife.com
Services: Live-in nanny, infants' nurse, window cleaner, hourly worker, accompanied Shopping, nurse practitioner for the old and the disable, etc.

Tianjin Shuimeilian House Cleaning Service
No. 904, Bldg. B, Caifu Building
No. 43, Weijin Lu, Heping District
Tel: +86 22 2781 9805
天津睡美莲家政服务
和平区卫津路43号财富大厦B座904号

Laundry

Cheng Wu Laundry
No. 4, Hualong Dao, Hedong District
Tel: +86 22 2441 7616
诚屋洗衣
河东区华龙道4号

Fornet
No. 58, Xikang Lu, Heping District
Tel: +86 22 2333 2888
福奈特
和平区西康路58号

Ilsa Laundry
Room 101, A-2, Cuihu Hot Spring Garden
Xiaguang Dao, Nankai District
Tel: +86 22 8575 4846
伊尔萨洗衣店
南开区霞光道翠湖温泉花园A-2 101室

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L.A.B.O.X Art Exhibition is themed by "City, Architecture, & Space", displaying more than 300 art works by pioneer designers from Beijing and Tianjin. It expresses the new times in the traditional and modern culture of cities, by means of spatial sculpture, painting, photography works and image Art.

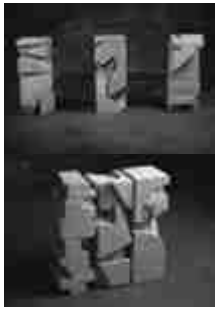
Organizer: Tianjin Historic Architecture Classification Ltd.

Cooperation partner: Central Academy of Fine Arts (CAFA)

Date: 1-30 November

Venue: 5th Avenue, Min Yuan Xi Li Culture & Invention District (No. 29-39, Changde Road) 五大道民园西里文化创意街区 (常德道29-39号，近桂林路口)

Tickets: Free



Hotels

★★★★★ 5 Stars

Crowne Plaza Tianjin Binhai
No. 55, Zhongxin Da Dao
Airport Industrial Park
Tel: +86 22 5867 8888
天津滨海圣光皇冠假日酒店
空港物流加工区中心大道55号

Golden Crown Hotel
No. 18, Nanjing Lu, Hexi District
Tel: +86 22 2303 8866
金皇大酒店
河西区南京路18号

Golden Ocean Hotel
No. 338, Nanjing Lu, Nankai District
Tel: +86 22 2746 6666
金泽大酒店
南开区南京路338号

Harbor Centre Hotel
No. 240, Zhangzi Zhong Lu
Heping District
Tel: +86 22 8331 0888
港湾中心酒店
和平区张自忠路240号

Holiday Inn Tianjin Riverside
Phoenix Shopping Mall
Haihe Dong Lu, Hebei District
Tel: +86 22 2627 8888
天津海河假日酒店
河北区海河东路凤凰商贸广场

Hotel Nikko Tianjin
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 8888
天津日航酒店
和平区南京路189号

Hyatt Regency Jing Jin City Resort & Spa
No. 8, Zhujiang Da Dao
Zhouliang Zhuang, Baodi District
Tel: +86 22 5921 1234
京津新城凯悦酒店
宝坻区周良庄珠江大道8号

Radisson Plaza Hotel Tianjin
No. 66, Xinkai Lu, Hedong District
Tel: +86 22 2457 8888
天津天诚丽笙世嘉酒店
河东区新开路66号

Raffles Tianjin Hotel
No. 219, Nanjing Lu, Heping District
Tel: +86 22 2321 5888
天津莱佛士酒店
和平区南京路219号

Renaissance Tianjin Hotel
No. 105, Jianshe Lu, Heping District
Tel: +86 22 2302 6888
天津滨江万丽酒店
和平区建设路105号

Sheraton Hotel Tianjin
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
天津喜来登大酒店
河西区紫金山路

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆
南开区复康路7号

The Astor Hotel Tianjin
A Luxury Collection Hotel
No. 33, Tai'er Zhuang Lu
Heping District
Tel: +86 22 2331 1688
天津利顺德大饭店豪华精选酒店
和平区台儿庄路33号

The Westin Tianjin
No.101, Nanjing Lu, Heping District
Tel: +86 22 2389 0088
天津君隆威斯汀酒店
和平区南京路101号

Tian Bao International Hotel
No. 368, Jingmen Da Dao
Baoshui District
Tel: +86 22 2576 1588
天津天保国际酒店
保税区京门大道368号

Tianjin Saixiang Hotel
No. 8, Meiyuan Lu, Huayuan Industrial Area, Nankai District
Tel: +86 22 2376 8888
天津赛象酒店
南开区华苑产业区梅苑路8号

★★★★ 4 Stars

Best Western Byronn Hotel Tianjin
No. 90, Xi'er Dao, Airport Industrial Park
Tel: +86 22 8486 0000
Global free reservation telephone: 0800 0013 1779
天津空港白云酒店
空港物流加工区西二道90号

Crystal Palace Hotel Tianjin
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
天津水晶宫饭店
河西区友谊路28号

Geneva Hotel
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2835 2222
津利华酒店
河西区友谊路32号

Jinbin International Hotel
No. 135, Anshan Dao, Heping District
Tel: +86 22 8331 1818
晋滨国际大酒店
和平区鞍山道135号

Tianyu Hotel
No. 19, Diantai Dao, Heping District
Tel: +86 22 2360 3388
天津天宇大酒店
和平区电台道19号

★★★ 3 Stars

East Asia Hotel
No. 41, Hanyang Dao, Heping District
Tel: +86 22 2783 8888
东亚大酒店
和平区汉阳道41号

Friendship Hotel
No. 94, Nanjing Lu, Heping District
Tel: +86 22 2331 5334
友谊宾馆
和平区南京路94号

Fulan Te Hotel
No. 231, Xinhua Lu, Heping District
Tel: +86 22 83326398
富蓝特大酒店
和平区新华路231号

Liulin Hotel
Dagu Nan Lu, Hexi District
Tel: +86 22 2812 4848
柳林宾馆
河西区大沽南路

Ocean Hotel Tianjin
1F, Guidu Building
No. 89, Yingkou Dao, Heping District
Tel: +86 22 2331 4107
天津远洋宾馆
和平区营口道89号贵都大厦1层

Tianjin First Hotel
No. 158, Jiefang Bei Lu, Heping District
Tel: +86 22 8824 3372
第一饭店
和平区解放北路158号

Apartments

Astor Apartment
No. 32, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2303 2888
利顺德公寓
和平区台儿庄路32号

Crystal Palace Hotel Apartment
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6666
水晶宫饭店公寓
河西区友谊路28号

Sheraton Apartment
Zi Jin Shan Lu, Hexi District
Tel: +86 22 2731 3388
喜来登公寓
河西区紫金山路

Somerset Olympic Tower
No. 126, Chengdu Dao, Heping District
Tel: +86 22 2335 5888
天津盛捷奥林匹克大厦服务公寓
和平区成都道126号

Somerset Youyi
No. 35, Youyi Road, Hexi District
Tel: +86 22 2810 7888
天津盛捷友谊服务公寓
河西区友谊路35号

TEDA International Club Tianjin
No. 7, Fukang Lu, Nankai District
Tel: +86 22 5869 5555
天津泰达国际会馆公寓
南开区复康路7号

Tianjin Centre Residences
No. 219, Nanjing Lu, Heping District
Tel: +86 22 5868 2888
天津中心公寓
和平区南京路219号

Art Galleries

Dongrui Art Gallery
No. 25, Zhejiang Lu, Heping District
Tel: +86 22 2330 3499
冬蕊艺术画廊
和平区浙江路25号

Hui Tai Art Centre
3F, bldg. E, Art Building
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2339 7759
汇泰艺术中心
和平区台儿庄路6号院艺术区E座3层

No. 6 Art Gallery
No. 6, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2332 2195
六号院艺术馆
和平区台儿庄路6号

Tianjin Academy of Fine-Arts
No. 4, Tianwei Lu, Hebei District
Tel: +86 22 2624 1540
天津美院美术馆
河北区天纬路4号

Tianjin Art Gallery
Wenlian Building
No. 237, Xinhua Lu, Heping District
Tel: +86 22 2330 4156
天津美术展览馆
和平区新华路237号文联大楼

Western Shore Art Gallery
No. 3, the junction of Machang Dao and Youyi Bei Lu, Hexi District
Tel: +86 22 2326 3515
西岸艺术馆
河西区友谊北路与马场道交口3号

Yang Liu Qing New Year Pictures Workshop
Room 102, door 4, Bldg. 17, Shiji Xinyuan
Yang Liu Qing Zhen
Tel: +86 22 2739 4834
杨柳青年画作坊
杨柳青镇世纪新苑17号楼4门102室

Billiard

Ju Chuan Billiards Town
No. 16, Diantai Dao, Heping District
巨川台球城
和平区电台道16号

Bowling

Pilibao Bowling Center
5F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0958
霹雳保保龄中心
南开区东马路138号新世界百货5层

Tianma Entertainment City Bowling Alley
10F, Jili Building
Nanjing Lu, Heping District
Tel: +86 22 2722 1086
天马娱乐城保龄球场
和平区南京路吉利大厦10层

Xiaoxian Dao Bowling Center
No. 18, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2391 1555
消闲岛保龄中心
河西区环湖中路18号

Museums

China House Museum
No. 72, Chifeng Dao, Heping District
Tel: +86 22 2314 6666
瓷房子博物馆
和平区赤峰道72号

Chinese Museum of Finance
No. 29, Jiefang Bei Lu, Heping District
Tel: +86 22 2835 9685
中国金融博物馆
和平区解放北路29号

Folklore Museum
No. 80, Ancient Culture Street
Nankai District
Tel: +86 22 2727 5062
民俗博物馆
南开区古文化街80号

Memorial Hall to Zhou Enlai and Deng Yingchao
Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2359 2257
周恩来邓颖超纪念馆
南开区水上公园北路

Natural History Museum
No. 206, Machang Dao, Hexi District
Tel: +86 22 2334 7988
自然博物馆
河西区马场道206号

The Astor Hotel Tianjin Museum
(Inside The Astor Hotel Tianjin)
No. 33, Tai'er Zhuang Lu, Heping District
Tel: +86 22 2331 1688
天津利顺德大饭店博物馆
和平区台儿庄路33号（天津利顺德大饭店内）
(Closed on Tuesday)

Tianjin Museum
No. 31, Youyi Lu, Hexi District
Tel: +86 22 5879 3000
(Closed on Monday)
天津博物馆
河西区友谊路31号

Tianjin Princess Residence Museum
No. 30-32, Gulou Nan Jie, Nankai District
Tel: +86 22 2727 7755
天津格格府典藏博物馆
南开区鼓楼南街30-32号

Tianjin Urban Planning Museum
The junction of Bei'an Dao and Bo'ai Dao, Hebei District
Tel: +86 22 2445 6501
天津市规划展览馆
河北区博爱道和北安道交口

Yang Liu Qing Museum
No. 47, Guyi Jie, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2739 1617
杨柳青博物馆
西青区杨柳青镇估衣街47号

Parks

Binhai Aircraft Carrier Theme Park
Ba Gua Tan, Yingcheng Zhen
Hangu District
Tel: +86 22 5991 8888 / 8007
滨海航母主题公园
汉沽区营城镇八卦滩

Changhong Park
Huanghe Dao, Nankai District
长虹公园
南开区黄河道

Er Gong Park
Guanhua Lu, Hedong District
二宫公园
河东区光华路

Hedong Park
No. 120, Chenglin Dao, Hedong District
河东公园
河东区程林庄道120号

Jin Gang Park
No. 286, Zhongshan Lu, Hebei District
金钢公园
河北区中山路286号

Munan Park
The junction of Yunnan Lu to the northeast, Kunming Lu to the southwest, Munan Dao to the southeast and Dali Dao to the northwest, Heping District
睦南公园
和平区大理道(北西), 睦南道(南东), 昆明路(西南), 云南路(东北)

Nan Cui Ping Park
Binshui Xi Dao, Nankai District
南翠屏公园
南开区宾水西道

The People's Park
No. 29, Huizhou Dao, Hexi District
Tel: +86 22 2324 0371
人民公园
河西区徽州道29号

Tianjin Botanical Garden
North No. 7 Bridge, Outer Ring
Cao Zhuangzi, Zhongbei Zhen
Xiqing District
Tel: +86 22 2794 8011
天津植物园
西青区中北镇曹庄子外环线7号桥北

Tianjin Water Park
No. 33, Shuishang Gongyuan Bei Lu
Nankai District
Tel: +86 22 2335 0095
天津水上公园
南开区水上公园北路33号

Tianjin Zoo
Shuishang Gongyuan Dong Lu
Nankai District
Tel: +86 22 2391 5066
天津动物园
南开区水上公园东路

Zhongshan Park
No. 286, Zhongshan Lu, Hebei District
中山公园
河北区中山路286号

Theatres and Cinemas

Binhu Theatre
No. 6, Huanhu Zhong Lu, Hexi District
Tel: +86 22 2335 2226
滨湖剧院
河西区环湖中路6号

Imax China Film
3F, bldg. 6, Jin Wan Plaza
Jiefang Bei Lu, Heping District
Tel: +86 22 2321 9060
中影国际影城
和平区解放北路津湾广场6区3层

Jinyi International Cinema
3F, Bldg. B, Magnetic Capital
No. 8, Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5088
(Every Tuesday half price)
金逸国际电影城
南开区宾水西道8号时代奥城商业广场B区3层

Land Share International Cinema
-2F, Land Share Shopping Street
Tianjin Concert Hall
Xiao Bai Lou, Heping District
Tel: +86 22 2339 3998
天影朗香国际影城
和平区小白楼音乐厅朗香街广场负2层

Paradise Cinema
No. 35, Tianjin Italian Style Town
Ziyou Dao, Hebei District
Tel: +86 22 2446 4969
天堂电影院
河北区自由道意大利风情街35号

Tianjin Concert Hall
No. 88, Jianshe Lu, Heping District
Tel: +86 22 2332 0068
天津音乐厅
和平区建设路88号

Tianjin Grand Theatre
The junction of Binshui Dao and Youyi Lu, Hexi District
Tel: +86 22 2835 6028
天津大剧院
河西区友谊路与宾水道交口

Tianjin People's Art Theatre
No. 43, Pingshan Dao, Hexi District
Tel: +86 22 2334 1090
天津人民艺术剧院
河西区平山道43号

Wanda Warner International Cinema
2F, Block E, Wanda Business Square
No. 168, Heping Lu, Heping District
Tel: +86 22 2722 6619
(Every Wednesday half price)
华纳万达影城
和平区和平路168号万达商业广场E座2层

Associations

ICCO (International Committee for Chinese Orphans)
ICCO is a volunteer organization dedicated to improving the lives of Tianjin's disabled orphans.
iccosecretary@gmail.com
www.tjicco.org

TICC (Tianjin International Community Center)
Association and meeting place for foreign passport holders and their families in Tianjin. Organize monthly coffee mornings, luncheons and social/fundraising events, supporting local charities.
ticc_09@hotmail.com
tianjin.weebly.com

Education

Chinese Language Schools

Care International Language Training
Room 1402, bldg. 3, Chengji Centre
Nanjing Lu, Heping District
Tel: +86 22 2737 3937
凯尔语言培训中心
和平区南京路诚基中心3号楼1402室

Tianjin China Cultural Institute
No. 340, Anshan Xi Dao, Nankai District
Tel: +86 22 2741 3545
天津中华文化学院
南开区鞍山西道340号

TLI Language Institute in Tianjin
Room 1808, bldg. B, Sunny Square
Shiyijing Lu, Hedong District
Tel: +86 22 2421 8989
中华语文研习所
河东区十一经路三联大厦B座1808室

High/Middle Schools

Nankai High School
No. 22, Nankai Sima Lu, Nankai District
Tel: +86 22 2748 3391
南开中学
南开区南开四马路22号

No. 1 High School
No. 117, Xi'an Dao, Heping District
Tel: +86 22 2339 1126
天津第一中学
和平区西安道117号

Tianjin Experimental High School
No.1, Pingshan Dao, Hexi District
Tel: +86 22 2335 4658
天津实验中学
河西区平山道1号

Tianjin Xinhua High School
No. 99, Machang Dao, Hexi District
Tel: +86 22 8165 3068
天津新华中学
河西区马场道99号

International Schools

Cathay Future World Children's Painting Gallery
No. 3, Ti Yuan Bei, Huanhu Zhong Lu
Hexi District
Tel: +86 22 2351 6670
华夏未来
河西区环湖中路体院北3号

International Musical School of Tianjin Concert Hall
No. 88, Jianshe Lu, Heping District
Tel: +86 22 2332 0068 ext. 6010
和平区建设路88号

International School of Tianjin
Weishan Lu, Jinnan District
Tel: +86 22 2859 2001
国际学校天津分校
津南区津南微山路

King's English for Kids
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 5862 7779
皇家少儿英语
南开区宾水西道时代奥城商业广场A4

Pingu's English Tianjin Tianta Center
No. 1-9, bldg. A, Shang Gu
Tianta Dao, Nankai District
Tel: +86 22 2341 7272
南开区天塔道上谷商业街A座1-9号

Tianjin International School
No. 1, Meiyuan Lu, Huayuan Industrial Area, Nankai District
Tel: +86 22 8371 0900
天津国际学校
南开区华苑产业区梅苑路1号

Tianjin Rego International School
No. 38, Huandao Xi Lu, Meijiang Nan
Hexi District
Tel: +86 22 8816 1180
天津瑞金国际学校
河西区梅江南环岛西路38号

Wellington College International Tianjin
No. 1, Yide Dao, Hongqiao District
天津惠灵顿国际学校
红桥区义德道1号

Kindergartens

Amy Baby Early Education Centre
2-141-1, Meijiang New Bay Plaza
Youyi Nan Lu, Hexi District
Tel: +86 22 2373 0000
艾米国际教育
河西区友谊南路
梅江新海湾商业广场2-141-1

Hopeland International Kindergarten & Day Care Centre
No. 46, Xiaguang Dao, Weijin Nan Lu
Nankai District
Tel: +86 22 2392 3803
华兰国际幼稚园
南开区卫津南路霞光道46号

Primary Schools

Tianjin Primary School
No. 977, Dagu Nan Lu, Hexi District
Tel: +86 22 8832 0569
天津小学
河西区大沽南路977号

Tianjin Zhongshan Primary School
No. 1, Ti Yuan Bei, Huanhu Zhong Dao
Hexi District
Tel: +86 22 2335 8273
天津中山小学
河西区体院北环湖中道1号

Universities

German Language Centre, Tianjin Foreign Studies University
Bldg. 3, Tianjin Foreign Studies University
No. 177, Machang Dao, Hexi District
Tel: +86 22 2326 5642
天津外国语学院 歌德语言中心
河西区马场道117号天津外国语学院3号楼

Nankai University
No. 94, Weijin Lu, Nankai District
Tel: +86 22 2350 1583
南开大学
南开区卫津路94号

Raffles Design Institute, Tianjin
Block H, no. 28, Jinjing Lu, Xiqing District
Tel: +86 22 2378 9535 ext. 502
天津莱佛士设计学院
西青区津静路28号H座

Tianjin Foreign Studies University
No. 117, Machang Dao, Hexi District
Tel: +86 22 2326 2460
天津外国语学院
河西区马场道117号

Tianjin Medical University
No. 22, Qi Xiang Tai Lu, Heping District
Tel: +86 22 2354 2621
天津医科大学
和平区气象台路22号

Tianjin Normal University
No. 241, Weijin Lu, Hexi District
Tel: +86 22 2354 0091
天津师范大学
河西区卫津南路241号

Tianjin Polytechnic University
No. 63, Chenglin Dao, Hedong District
Tel: +86 22 2452 8022
天津工业大学
河东区成林道63号

Tianjin University
No. 92, Weijin Lu, Nankai District
Tel: +86 22 2740 7575
天津大学
南开区卫津路92号

Tianjin University of Finance and Economics
No. 25, Zhujiang Dao, Hexi District
Tel: +86 22 2817 1399
天津财经大学
河西区珠江道25号

Tianjin University of Science and Technology
No. 22, Qi Xiang Tai Lu, Heping District
Tel: +86 22 6027 3336
天津科技大学
河西区大沽南路1038号

Tianjin University of Traditional Chinese Medicine
No. 312, Anshan Xi Dao, Nankai District
Tel: +86 22 2748 6658
天津中医学院
南开区鞍山西道312号

Exhibition Centre

Tianjin International Exhibition Center
No. 32, Youyi Lu, Hexi District
Tel: +86 22 2801 2988
天津国际会展中心
河西区友谊路32号

Library

Tianjin Library
No. 15, Fukang Lu, Nankai District
Tel: +86 22 2362 0082
天津图书馆
南开区复康路15号

Real Estate

Century 21 Real Estate
No. 58, Youyi Lu, Hexi District
Tel: +86 22 2836 8821
21世纪不动产
河西区友谊路58号

Sumimoto Real Estate
2-2-1901, Chengji Center, Heping District
Tel: +86 22 2316 1511
住友不动产
和平区诚基中心2-2-1901

Sunco
No. 6, Munan Dao, Hexi District
Tel: +86 22 2312 9913
顺驰
河西区睦南道6号

Tianjin Centaline Property Consultants Co., Ltd.
No. 9-128, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 139 2044 9150
天津中原物业顾问有限公司
南开区宾水西道时代奥城商业广场9-128号

Tianjin Dongyang Real Estate Development Company
19-920, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 131 3215 9487
天津东洋房地产经纪有限公司
南开区宾水西道时代奥城商业广场19-920

Tianjin Shengyida Real Estate Consultant
Room 101, E-7, Rome Garden
Yong'an Dao, Hexi District
Tel: +86 22 2324 6098
天津圣义达房地产咨询有限公司
河西区永安道罗马花园E-7101室

Relocation Companies

E-Smart Relocation Consultants Co., Ltd.
19B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2836 0997
天津市伊斯玛特房地产服务有限公司
河西区宾水道15号紫金花园2座19B

LC Relocation C21
Office 708, Galaxy Mansion
No. 68, Yuexiu Lu, Hexi District
Tel: +86 138 2099 1956
河西区越秀路68号银河大厦708室

Royal Relocation Consultants
20B, Bldg. 2, Zijin Garden
No. 15, Binshui Dao, Hexi District
Tel: +86 22 2813 6943
荣联房地产服务有限公司
河西区宾水道15号紫金花园2座20B

Vanguard Relocation Business Co., Ltd.
1F, Sale and Rental Centre
Huasheng Plaza
Weidi Dao, Hexi District
Tel: +86 22 8823 8855
万家房地产经营有限公司
河西区围堤道华盛广场租售中心1层

Travel Agencies

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TRAVELLING WAS NEVER THIS EXCITING
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info@thestarstravel.com
or call +86 159 22 000 555

The Stars Travel
Tianjin's travel agency specializing in tourism for foreigners
Tel: +86 131 0210 7700
E-mail: info@thestarstravel.com

China Youth Travel Agency
2F, New Culture Garden
Rongye Dajie, Heping District
Tel: +86 22 2731 6688
中国青年旅行社
和平区荣业大街新文化花园2层

Classical Holiday Travel Service
27F, Block B, Triumphal Arch Building
No. 66, Nanjing Lu, Hexi District
Tel: +86 22 2302 1813
经典假期旅行社
河西区南京路66号凯旋门大厦B座27层

Tianjin China International Travel Service (CITS)
No. 22, Youyi Lu, Hexi District
Tel: +86 22 2810 9123
天津中国国际旅行社
河西区友谊路22号

Tianjin China Travel Service
No. 16, Pingshan Dao, Hexi District
Tel: +86 22 2430 1330
天津市中国旅行社
河西区平山道16号

Tianjin CITIC International Travel Co., Ltd.
No. 2, Zhengzhou Dao, Heping District
Tel: +86 22 2316 1795
天津中信国际旅行社有限公司
和平区郑州道2号

Tianjin Daya Travel Service
Office 616, Buynow Mall
Anshan Xi Dao, Nankai District
Tel: +86 22 5869 7537
天津大亚旅行社
南开区鞍山西道百脑汇科技大厦616室

Tianjin Kanghui Travel Service
Room 1701, Xinhua Building
Xinhua Lu, Heping District
Tel: +86 22 2313 3872
天津康辉旅行社
和平区新华路新华大厦1701室

Antiques & Souvenirs

Ancient Culture Street
Ancient Culture Street, Nankai District
古文化街
南开区古文化街

Drum Tower
Drum Tower, Nankai District
鼓楼
南开区鼓楼

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳道古物市场
和平区沈阳道

Department Stores & Shopping Malls

8 Miles New Culture Plaza
No. 109, Weijin Nan Lu, Heping District
Tel: +86 22 2351 3366
八里台新文化广场
和平区卫津南路109号

Binjiang Shopping Center
No. 29, Kaifeng Dao
Xiao Bai Lou (1902 Street) , Hexi District
Tel: +86 22 2330 6218
滨江购物中心
河西区小白楼开封道29号

Far Eastern Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2727 1688
远东百货
和平区南京路128号

Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8888
海信广场
和平区解放路188号

How Why
No. 199, Nanjing Lu, Heing District
号外时尚馆
和平区南京路199号

International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2781 4108
国际商场
和平区南京路211号

Isetan
Block C, Modern Town
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹
和平区南京路108号现代城 C区

Jin Wan Plaza
Jiefang Bei Lu, Heping District
津湾广场
和平区解放北路

Maigo
No. 211, Binjiang Dao, Heping District
Tel: +86 22 2711 8861
麦购休闲广场
和平区滨江道211号

New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 1858
新安购物广场
南开区东马路138号

OLE Shopping Plaza
No. 300, Binjiang Dao, Heping District
Tel: +86 22 2723 0333
欧乐时尚广场
和平区滨江道300号

Parkson Shopping Centre
No. 162, Heping Lu, Heping District
Tel: +86 22 8558 6688
百盛购物广场
和平区和平路162号

Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2718 8080
乐宾百货
和平区南京路128号

The Exchange
No. 189, Nanjing Lu, Heping District
Tel: +86 22 8319 1818
津汇广场
和平区南京路189号

Tianjin Quanye Bazaar
No. 290, Heping Lu, Heping District
Tel: +86 22 2730 3771
天津劝业场
和平区和平路290号

Tianjin Friendship Department Store
No. 21, Youyi Lu, Hexi District
Tel: +86 22 6086 0000
天津友谊商厦
河西区友谊路21号

Bookstores

Hai Guang Si Book City
Xindu Building, Hai Guang Si, Weijin Lu
Nankai District
Tel: +86 22 2777 8505
海光寺书城
海光寺卫津路新都大厦

Tianjin Book Building
No. 362, Dagu Nan Lu, Hexi District
Tel: +86 22 2306 2335
天津图书大厦
河西区大沽南路362号

Tianjin Dong Bei Jiao Xinhua Bookstore
No. 2, the junction of Dongma Lu and
Dong Bei Jiao Bei Lu, Nankai District
Tel: +86 22 2727 3467
天津东北角新华书店
南开区东北角北马路与东马路交口2号

Tonglou Foreign Languages Bookstore
No. 184, Machang Dao, Hexi District
Tel: +86 22 2335 8058
佟楼外文书店
河西区马场道184号

Clothing Stores

Baby Shop
A4, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 2385 5117
婴之宝
南开区宾水西道时代奥城商业广场A4

Fudeng Qipao Store
No. 110-1, Ancient Culture Street
Nankai District
Tel: +86 22 2725 0912
福登旗袍店
南开区古文化街110-1号

Gucci
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8138
古琦
和平区解放北路188号海信广场1层

Milano Luxury
2F, Bldg. A, International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2782 3302
华丽米兰
和平区南京路211号国际商场A座2层

Promod
1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
波芒得
和平区南京路128号乐宾百货1层

Uniqlo
1F, Bdlg. A, International Department Store
No. 211, Nanjing Lu, Heping District
Tel: +86 22 2783 2789
优衣库
和平区南京路211号国际商场A座1层

Zara
1-2F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 1917
飒拉
和平区南京路209号
吉利大厦米莱欧百货1-2层

Health & Beauty Stores

Mannings
Milenio Store
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2722 0346
万宁
米莱欧店：和平区南京路209号吉利大厦米莱欧百货1层
Robbinz Department Store
1F, Robbinz Department Store
No. 128, Nanjing Lu, Heping District
Tel: +86 22 2716 8136
乐宾百货店：和平区南京路128号乐宾百货1层

Sephora Tianjin Milenio Store
1F, Milenio, Jili Building
No. 209, Nanjing Lu, Heping District
Tel: +86 22 2721 0571
丝芙兰天津米莱欧店
和平区南京路209号
吉利大厦米莱欧百货1层

Watsons
1F, New World Shopping Centre
No. 138, Dongma Lu, Nankai District
Tel: +86 22 8734 0922
屈臣氏
南开区东马路138号新安购物广场1层

International Products Stores

7-Eleven
No. 29, Binjiang Shopping Center
Kaifeng Dao
Xiao Bai Lou (1902 Street), Heping District
Tel: +86 22 2330 5040
和平区小白楼开封道滨江购物中心29号

BuyUs International Inc.
Room 819, F-South Bldg., High-Tech Info Square
No. 8, Huatian Dao, Huayuan Industrial Park, Nankai District
Tel: +86 22 2370 7382
南开区华苑产业区华天道8号
海泰信息广场F南座819室

Le Select
No. 24, Kaifeng Dao, Xiao Bai Lou (1902 Street), Hexi District
Tel: +86 22 2311 1778
西来克红酒体验吧
河西区小白楼开封道24号

Mighty Deli
No. 8, Huanhu Zhong Dao, Hexi District
Tel: +86 22 2352 6766
美琪食品
河西区环湖中道8号

Jewellery and Watches Stores

Rolex
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8121
劳力士
和平区解放北路188号海信广场1层

Swarovski
1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2319 8108
施华洛世奇水晶轩
和平区解放北路188号海信广场1层

Music Stores

Gold Music
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 139 2083 2047
金色琴行
河东区八纬路与十四经路交口音乐街

Highway Musical Co., Ltd.
New World of Friendship Building
No. 65-10, Binjiang Dao, Heping District
Tel: +86 22 2721 6267
海巍乐器有限公司
和平区滨江道65-10号友谊新天地

Madame Liu
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 130 0135 5443
刘继红
河东区八纬路与十四经路交口音乐街

Ming Ren Musical Instruments
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 133 0202 1299
鸣人乐器
河东区八纬路与十四经路交口音乐街

Philharmonic Sound
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2326 0913
爱乐之声
河东区八纬路与十四经路交口音乐街

Spin Guitar
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2412 9490
森格乐器
河东区八纬路与十四经路交口音乐街

Tongchun Zhishu
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2305 3377
同春制书
河东区八纬路与十四经路交口音乐街

Zhang's Musical Instruments
Music Street
The junction of Shisi Jing Lu and Bawei Lu, Hedong District
Tel: +86 22 2728 9866
乐器张
河东区八纬路与十四经路交口音乐街

Tianjin Art Stores

Clay Figure Zhang
No. 17, Gu Wenhua Jie, Nankai District
Tel: +86 22 2727 5081
泥人张
南开区古文化街17号

Wei Kite
2F, East Wing, Gulou Bei Jie
Nankai District
Tel: +86 22 2728 0650
风筝魏
南开区鼓楼北街东侧2层

Yang Liu Qing New Year Pictures
Mingqing Jie, Yang Liu Qing Zhen
Xiqing District
Tel: +86 22 2739 8205
杨柳青年画
西青区杨柳青镇明清街

Markets

Shenyang Antiques Market
Shenyang Dao, Heping District
沈阳古物市场
和平区沈阳道

Ningfa Li Food Market
Shiying Lu, Nankai District
宁发菜市场
南开区仕英路

Shu Guang Li Market
The junction of Jianshan Lu and
Hei Niu Cheng Dao, Hexi District
曙光里市场
河西区黑牛城道与尖山路交口

Xinxing Food Market
Tong'an Dao, Heping District
新兴菜市场
和平区同安道

Yong'an Food Market
Yong'an Dao, Hexi District
永安菜市场
河西区永安道

Supermarkets

Carrefour
Longcheng Store
No. 138, Dongma Lu
Nankai District
Tel: +86 22 2726 9696
家乐福
龙城店：南开区东马路138号
Hai Guang Si Store
No. 302, Nanjing Lu
Nankai District
Tel: +86 22 2721 0850
海光寺店：南开区南京路302号

Century Mart
No. 60, Guangdong Lu
Hexi District
Tel: +86 22 2324 1688
世纪联华超市
河西区广东路60号

Crystal Palace Supermarket
No. 28, Youyi Lu, Hexi District
Tel: +86 22 2835 6888
水晶宫超市
河西区友谊路28号

E-Mart Supercenter
Magnetic Plaza Store
The junction of Lingbin Lu
and Binshui Xi Dao, Nankai District
Tel: +86 22 5869 1234
易买得超市奥城店
南开区宾水西道与凌宾路交口

Hisense Supermarket
-1F, Hisense Plaza
No. 188, Jiefang Bei Lu, Heping District
Tel: +86 22 2373 1998
海信超市
和平区解放北路188号海信广场负1层

Isetan Supermarket
-1F, Isetan
No. 108, Nanjing Lu, Heping District
Tel: +86 22 2722 1111
伊势丹超市
和平区南京路108号伊势丹负1层

METRO Supermarket
No. 75, Xiqing Dao, Hongqiao District
Tel: +86 22 2732 8888
麦德隆超市
红桥区西青道75号

Tesco Supermarket
No. 60, Youyi Bei Lu, Hexi District
Tel: +86 22 5879 4300
乐购
河西区友谊北路60号

Vanguard Supermarket
No. 98, Qi Xiang Tai Lu, Heping District
华润万家
和平区气象台路98号

Wal-Mart
Hedong Store
The junction of Xinkai Lu and Huachang
Dajie, Hedong District
Tel: +86 22 2433 2599
沃尔玛超市
河东店：河东区华昌大街与新开路交口
Heping Store
No. 66, Fu'an Dajie, Heping District
Tel: +86 22 5829 2955
和平店：和平区福安大街66号

Wine Stores

Cave d'Emma
No. 35, Changde Dao, Heping District
Tel: +86 22 2339 1935
酒窖
和平区常德道35号

Madame He Imported Wine & Beer
No. 291, Nan Men Wai Dajie
Heping District
Tel: +86 22 2697 8079
何夫人进口酒水专卖店
和平区南门外大街291号

Teresa Fine Wines
A1-12, Magnetic Capital
Binshui Xi Dao, Nankai District
Tel: +86 22 8833 3237
珊珊清品酒屋
南开区宾水西道时代奥城商业广场A1-12

Churches

St. Joseph's Cathedral
No. 9, Xining Dao, Heping District
西开教堂
和平区西宁道9号
Roman Catholic English Mass
Every Sunday 11:30
Facebook: Our Lady of China
Yahoo Group: OLCTJ

Shanxi Road Church
No. 62, Shanxi Lu, Heping District
Tel: +86 22 2730 2758
基督教会山西路堂
和平区山西潞62号

Mosques

Tianjin Great Mosque
No. 8, in front of the Xiaohuo Xiang
Temple, Xibei Jiao, Hongqiao District
清真大寺
红桥区西北角小伙巷大寺前8号

Temples

Temple of Compassion
No. 40, Tianwei Lu, Hebei District
Tel: +86 22 2626 1768
大悲禅院
河北区天纬路40号

Queen of Heaven Temple
Ancient Culture Street, Nankai District
天后宫
南开区古文化街

Temple of Solidarity Joy
No. 41, Cheng Nei Wu Ding Jie, Ji Xian
Tel: +86 22 2914 2907
独乐寺
蓟县城内武定街41号

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Bakeries

Bread Cake
No. 29, 3rd Avenue, TEDA
Tel: +86 22 8576 4910
津乐园饼业有限公司
开发区第三大街29号

Bread & Sliced
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2716
面包房
开发区第一大街86号
天津滨海假日酒店11层

Craft Gourmet
1F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽美食阁
开发区第二大街29号
天津万丽泰达酒店及会议中心1层

Felicity
Back street of King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5517
飞利西蒂
开发区第三大街32号
鸿泰仟佰汇商业广场后街

Maky Bakery
No. 27, 3rd Avenue, TEDA
Tel: +86 22 6620 8462
米旗
开发区第三大街27号

Brazilian

Salsa Churrasco
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
巴西烧烤餐厅
开发区第一大街86号
天津滨海假日酒店11层

Cantonese

Dilong Cantonese Restaurant
Binhai Development Building
No. 42, 2nd Avenue, TEDA
Tel: +86 22 6628 5222
帝龙粤鲜楼
开发区第二大街42号滨海发展大厦底商

Chinese

Seaport Well-known Restaurant
No. 33, 2nd Avenue, TEDA
Tel: +86 22 5981 5988
海港世家大酒楼
开发区第二大街33号

Wan Li Chinese Restaurant
2F, Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6750
万丽轩中餐厅
开发区第二大街29号
天津万丽泰达酒店及会议中心2层

Warner Chinese Restaurant
2F, Warner International Golf Club
No.1, Nanhai Lu, TEDA
Tel: +86 22 2532 6009
华纳中餐厅
开发区南海路1号华纳高尔夫俱乐部2层

Yue Chinese Restaurant
2F, Sheraton Tianjin
Binhai Hotel
No. 50, 2nd Avenue, TEDA
Tel: +86 6528 8888
ext. 6220/6222
采悦轩中餐厅
天津经济技术开发区
第二大街50号
天津滨海喜来登酒店2层

Zen Chinese Restaurant
Citizen Plaza
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号市民广场

Zhou Ji
TEDA New Field
No. 12, Nanhai Lu, TEDA
Tel: +86 22 6628 1989
周记名都
开发区南海路12号泰达新天地

Dumpling

Bai Jiao Yuan
No. 27, Bldg. A, Guoxin Building
Zhangwang Lu, 2nd Avenue, TEDA
Tel: +86 22 6202 1188
百饺园
开发区第二大街展望路国信大厦A座27号

Fast Food

McDonald's
No. 888, Shanghai Dao, Tanggu District
Tel: +86 22 2587 6265
麦当劳
塘沽区上海道888号

Indian & Thai

Sawasdee Thai & Indian Food
No. 1-4-7, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 6629 2120
萨瓦哩泰国餐厅
开发区第三大街32号
鸿泰仟佰汇商业广场1-4-7号

Italian

Bene Italian Kitchen
2F, Sheraton Tianjin Binhai Hotel
No. 50, 2nd Avenue, TEDA
Tel: +86 6528 8888 ext. 6230/6232
班妮意大利餐厅
天津经济技术开发区第二大街50号
天津滨海喜来登酒店2层

Japanese

Mayfair Hotel Japanese Restaurant
Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店日料厅
开发区黄海路10号

Qingshui Mu
(Next to Beautiful China Building)
1st Avenue, TEDA
Tel: +86 22 2528 1020
清水木
开发区第一大街(美华大厦旁)

Rengaya
(Next to Friendship Store)
No. 19, Huanghai Lu, TEDA
Tel: +86 22 2532 4574
炼瓦家
开发区黄海路19号(友谊名都旁)

Sake'n Sushi Bar
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2730
寿司吧
开发区第一大街86号
天津滨海假日酒店11层

Seitaro
Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9522
清太郎日本料理
开发区第三大街世纪新村

Taishi–tei Japanese Restaurant
Pengren Yuan
No. 31-3, 3rd Avenue, TEDA
Tel: +86 22 6200 1656
太子亭
开发区第三大街蓬仁园31-3号

Tokugawa
No. 34, 1st Avenue, TEDA
Tel: +86 22 2528 0807
德川日本料理
开发区第一大街34号

Wangshui
B2, Perfect Garden
No. 18, Huanghai Lu, TEDA
Tel: +86 22 6620 8595
望水餐饮
开发区黄海路18号博美园底商B2

Yinghua House
Bldg. C, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 0992
樱花屋
开发区第三大街32号
鸿泰仟佰汇商业广场C座

Pizza

JPT Pizza
No. 32, 3rd Avenue, TEDA
Tel: +86 22 2587 6868
家必得比萨店
开发区第三大街32号

Papa John's
No. 566, Bldg. E
Juchuan Jin Hai'an Building
Shanghai Dao, Tanggu District
Tel: +86 22 2530 4862
棒约翰
塘沽区上海道巨川金海岸E区566号

Pizza Hut
No. 453, Juchuan Jin Hai'an Building
Jiefang Lu, Tanggu District
Tel: +86 22 2530 0242
必胜客
塘沽区解放路巨川金海岸商界453号

Roast Duck

Jin Bai Wan
No. 581, Xingang Lu, Tanggu District
Tel: +86 22 2579 9888
金百万
塘沽区新港路581号

Sichuan

Red House
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 9438
红房子酒店
开发区黄海路88号

Teppanyaki

Baiyi Teppanyaki
No. 2-1-6, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5488
百一铁板烧
开发区第三大街32号鸿泰仟佰汇商业广场2-1-6号

Jin Shi Teppanyaki
No. 11, Nanhai Lu, TEDA
Tel: +86 22 6621 9555
金狮铁板烧
开发区南海路11号

Qiyo Teppanyaki
Fortune City Plaza
No. 25-26, 3rd Avenue, TEDA
Tel: +86 22 2532 6633
清友铁板烧
开发区第三大街25-26号财富星座

Yupin Teppanyaki Restaurant
Royal Palace
No. 10, 2nd Avenue, TEDA
Tel: +86 22 6621 8038
御品法式铁板烧
开发区第二大街10号御景园

Western

Brasserie Restaurant
Renaissance Tianjin TEDA
Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 3711
万丽西餐厅
开发区第二大街29号天津万丽泰达酒店及会议中心

Delights Restaurant & Bar
The junction of Huanghai Lu and
2nd Avenue, TEDA
Tel: +86 22 6620 9874
狄拉西餐厅
开发区第二大街与黄海路交口

Feast All Day Dining Restaurant
1F, Sheraton Tianjin Binhai Hotel
No. 50, 2nd Avenue, TEDA
Tel: +86 6528 8888 ext. 6210
盛宴全日制西餐厅
天津经济技术开发区第二大街50号
天津滨海喜来登酒店1层

Parrot Restaurant & Bar
No. 88, Huanghai Lu, TEDA
Tel: +86 22 6620 1663
鹦鹉西餐厅酒吧
开发区黄海路88号

Western Oriental Restaurant
4F, No. 8, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6629 5525
哇餐厅
开发区第三大街32号
鸿泰仟佰汇商业广场8号4层

Coffee Shops

1st Avenue Café
11F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2740
第一大道咖啡厅
开发区第一大街86号
天津滨海假日酒店11层

Manabe Coffee
No. 108, Cuiheng Plaza – West Wing
3rd Avenue, TEDA
Tel: +86 22 6629 1611
真锅咖啡
开发区第三大街翠亨广场东部108号

SPR Coffee
No. 3, Hongda Jie, TEDA
Tel: +86 22 6629 2566
SPR 咖啡
开发区宏达街3号

Starbucks Coffee
Tanggu Branch
C102, Juchuan Jin Hai'an Building
No. 453, Jiefang Lu, Tanggu District
Tel: +86 22 2589 3409
星巴克咖啡
塘沽店：塘沽区解放路453号巨川金海岸商界C102
TEDA Branch
No. 19, Huanghai Lu, TEDA
泰达店：开发区黄海路19号

UBC Coffee
No. 39-10, 3rd Avenue, TEDA
Tel: +86 22 6620 9522
上岛咖啡
开发区第三大街39-10号

Tea House

Aiwan Ting Tea House
1F, Section F, Century Village
3rd Avenue, TEDA
Tel: +86 22 6529 9541
爱晚亭茶苑
开发区第三大街世纪新村

Bars & Discos

668 Club
No. 338, Jiefang Lu, Tanggu District
Tel: +86 22 2588 3316
沸点668慢摇
塘沽区解放路338号

Babi Club
No. 39, Cuiheng Plaza
3rd Avenue, TEDA
Tel: +86 22 6629 1188
芭比俱乐部
开发区第三大街翠亨广场39号

Dublin Irish Pub
No. 137, 3rd Avenue, TEDA
Tel: +86 22 6629 2963
督伯林爱尔兰西餐吧
开发区第三大街137号

Eden Club
4F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6638 9999
夜殿酒吧
开发区第三大街32号鸿泰仟百汇商业广场4层

Happy Soho Live Music & Dance Bar
(Opposite of Central Hotel)
No. 16, Fortune Plaza
Third Avenue, TEDA
Tel: +86 22 2532 2078
欢乐苏荷酒吧
开发区第三大街财富星座16号
(中心酒店对面)

Island Bar & Grill
The junction of 3rd Avenue and Huanghai Lu, TEDA
Tel: +86 22 6620 9531
环岛酒吧
开发区黄海路与第三大街交口

Jacky's Pub
2nd Avenue, TEDA
Tel: +86 22 6629 9197
开发区第二大街

O'Leary Irish Pub
1F, Ginza Building
No. 35, 2nd Avenue, TEDA
Tel: +86 22 6628 0333
欧莱瑞爱尔兰西餐吧
开发区第二大街35号银座大厦1楼

Renaissance Lounge
Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
万丽泰达酒店酒廊
开发区第二大街29号
天津万丽泰达酒店及会议中心

Somewhere Else Bar
No. 103, Jiafu Yuan
Zhangwang Lu, 2nd Avenue, TEDA
上尉酒吧
开发区第二大街展望路加孚园底商103号

TEDA Bar
1F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888 ext. 6722
泰达酒吧
开发区第二大街29号
万丽泰达酒店及会议中心1层

Tropicana 22 Lounge
22F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2761
热情22酒廊
开发区第一大街86号
天津滨海假日酒店11层

W&H Pub
2nd Avenue, TEDA
Tel: +86 22 2529 3628
韦哈酒吧
开发区第二大街

YOYO Club
No. 98, Huanghai Lu, TEDA
Tel: +86 136 7208 8855
YOYO 酒吧
开发区黄海路98号

KTV

Eastern Pearl
No. 507, Jiefang Lu, Tanggu District
Tel: +86 22 2586 2222
东方之珠KTV
塘沽区解放路507号

Beauty Salon

Natural Beauty
1F, Pengren Garden
3rd Avenue, TEDA
Tel: +86 22 6620 2169
自然美
开发区第三大街蓬仁园1层

Massages

Orchid Massage and Nail Spa
Bldg. 3, Bomei Yuan
No. 18, Huanghai Lu, TEDA
Tel: +86 22 2532 2311
兰轩美甲休闲
开发区黄海路18号博美园底商3号楼

Timeless Foot Massage
2F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6621 1111
康足会所
开发区第三大街32号
鸿泰仟佰汇商业广场2层

Spas

Blu Spa
No.10, Huanghai Lu, TEDA
Tel: +86 22 2528 1352
Blu Spa 会所
开发区黄海路10号

Sukhothai Yue Spa
11, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店11层

Touch Spa
2F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6570 9504
开发区第二大街29号
天津万丽泰达酒店及会议中心

Yue Spa
15F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
开发区第一大街86号
天津滨海假日酒店15层

Dental Clinic

Aichi International Dental Center
Cuiheng Plaza
No. 211, 3rd Avenue, TEDA
Tel: +86 22 6629 1079
爱齿口腔医疗中心
开发区第三大街211号翠亨广场

Hospitals

TEDA Hospital
No. 65, 3rd Avenue, TEDA
Tel: +86 22 6520 2000
泰达医院
开发区第三大街65号

TEDA International Cardiovascular Hospital
No. 61, 3rd Avenue, TEDA
Tel: +86 22 6520 8888
泰达国际心血管病医院
开发区第三大街61号

Western Hospital
1F, Jiafu Garden, 2nd Avenue, TEDA
Tel: +86 22 6620 8676
名医会馆
开发区第二大街加孚园底商

Electrical Appliances

Gome
No. 94, Shanghai Dao, Tanggu District
Tel: +86 22 2586 3727
国美电器
塘沽区上海道94号

Su Ning
2F, New Ocean Century Building
No. 29, Hebei Lu, Tanggu District
Tel: +86 22 2586 3477
苏宁电器
塘沽区河北路29号新洋世纪商厦2层

Laundry

CAS Laundry
(Behind Renaissance Tianjin TEDA Hotel)
Fada Jie, TEDA
Tel: +86 22 6621 6367
美国CAS 国际干洗店
开发区发达街(万丽酒店后面)

Fornet
Taifeng Jia Yuan
No. 112, 4th Avenue, TEDA
Tel: +86 22 2532 5353
福奈特
开发区第四大街112号泰丰家园底商

Jie Li Te Laundry
S-028, Royal Palace
2nd Avenue, TEDA
Tel: +86 22 6539 1273
洁利特洗染中心
开发区第二大街御景园底商S-028号

Hotels

★★★★★ 5 Stars

Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388
天津滨海假日酒店
开发区第一大街86号

Holiday Inn Express Tianjin Binhai
TEDA Fashion Plaza
No. 11, Aoyun Lu, TEDA
Tel: +86 22 5988 8999
天津滨海快捷假日酒店
开发区奥运路11号泰达时尚广场

Renaissance Tianjin TEDA Convention Centre Hotel
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
天津万丽泰达酒店及会议中心
开发区第二大街29号

Sheraton Tianjin Binhai Hotel
No. 50, 2nd Avenue, TEDA
Tel: +86 22 6528 8888
Fax: +86 22 6528 8899
天津滨海喜来登酒店
天津经济技术开发区第二大街50号

TEDA International Hotel & Club
No. 8, 2nd Avenue, TEDA
Tel: +86 22 2532 6000
泰达国际酒店暨会馆
开发区第二大街8号

Tianjin Ruiwan Hotel
No. 2527, Yihao Lu, Xingang
Tanggu District
Tel: +86 22 2578 0001
天津瑞湾酒店
塘沽区新港一号路2527号

★★★★ 4 Stars

Baiyun Hotel
No. 12, the junction of Fada Jie and Nanhai Lu, TEDA
Tel: +86 22 6620 8888
白云酒店
开发区南海路与发达街交口12号

D. D. Center
No. 26, Jieda Lu, 3rd Avenue, TEDA
Tel: +86 22 2532 0088
大地中心酒店
开发区第三大街捷达路26号

Mayfair Hotel
No. 10, Huanghai Lu, TEDA
Tel: +86 22 2528 1000
美华酒店
开发区黄海路10号

TEDA Center Hotel
No. 16, 3rd Avenue, TEDA
Tel: +86 22 2520 6788
泰达中心酒店
开发区第三大街16号

Tianjin East Harbour Hotel
No. 31, 3rd Avenue, TEDA
Tel: +86 22 2529 1111
天津滨海东方商务酒店
开发区第三大街31号

Tianjin Easy Hotel
No. 17, the junction of Nanhai Lu and 3rd Avenue, TEDA
Tel: +86 22 6625 1111
天津怡家时尚酒店
开发区第三大街与南海路交口17号

Tianjin Elegance Hotel
Bldg. A, Fanglin TEDA Garden
3rd Avenue, TEDA
Tel: +86 22 5981 1111
天津惠中酒店
开发区第三大街芳林泰达园A座

Victory Hotel
No. 1369, Jintang Gong Lu
Tanggu District
Tel: +86 22 2534 4783
胜利宾馆
塘沽区津塘公路1369号

★★★ 3 Stars

Hotel Ibis Tianjin TEDA
No. 30, 3rd Avenue, TEDA
Tel: +86 22 5981 5100
天津泰达宜必思酒店
开发区第三大街30号

Juchua Holiday Inn
No. 4, Jiefang Lu, Tanggu District
Tel: +86 22 2589 8866
巨川假日酒店
塘沽区解放路4号

Art Gallery

TEDA Contemporary Art Museum
No. 39, Huanghai Lu, TEDA
Tel: +86 22 5982 9590
泰达当代艺术博物馆
开发区黄海路39号

Cinema

Hongtai Movie City
4F, King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6622 0886
鸿泰影城
开发区第三大街32号鸿泰仟佰汇商业广场4层

Parks

Hebin Park
Zhongxin Bei Lu, Tanggu District
河滨公园
塘沽区中心北路

Taifeng Park
4th Avenue, TEDA
泰丰公园
开发区第四大街

The Bund Park
Shanghai Dao, Tanggu District
外滩公园
塘沽区上海道

Education

International Schools

TEDA International School
No. 72, 3rd Avenue, TEDA
Tel: +86 22 6622 6158
泰达国际学校
开发区第三大街72号

Tianjin TEDA Maple Leaf International School
No. 71, 3rd Avenue, TEDA
Tel: +86 22 6622 6888
天津泰达枫叶国际学校
开发区第三大街71号

Kindergartens

Gymboree Play & Music
2F, bldg. 1, Golden Street Center
Zhongxin Bei Lu, Tanggu District
Tel: +86 22 6636 7699
金宝贝
塘沽区中心北路阳光金地中心1号楼2层

Universities

TEDA College of Nankai University
No. 23, 3rd Avenue, TEDA
Tel: +86 22 6622 9400
南开大学泰达学院
开发区第三大街23号

Exhibition Centre

Tianjin Binhai International Convention & Exhibition Center
5th Avenue, TEDA
Tel: +86 22 6530 2888
天津滨海国际会展中心
开发区第五大街

Library

TEDA Library
No. 21, Hongda Jie, TEDA
Tel: +86 22 2520 3122
泰达图书馆
开发区宏达街21号

Real Estate

Ane Househunting & Consultant Co., Ltd.
Fanglin TEDA Garden
No. 3, Hongda Jie, TEDA
Tel: +86 22 6629 2345
安逸房地产信息咨询有限公司
开发区宏达街3号芳林泰达园

Century Home Service
Bldg. E7, Room A503
Binhai Finance Zone
No. 20, Guangchang Dong Lu, TEDA
Tel: +86 22 6623 9596
天津世嘉行地产顾问有限公司
开发区广场东路20号
滨海金融街E7A区A503室

Joanna Real Estate
Room 104, bldg. E4C
Binhai Finance Zone
No. 20, Guangchang Dong Lu, TEDA
Tel: +86 22 6628 3456
嘉园置地房地产经纪有限公司(天津分公司)
开发区广场东路20号
滨海金融街E4C区104室

Tianjin TEDA Henry Rental & Real Estate Service
Block E, Fanglin TEDA Garden
No. 3, Honda Jie, 3rd Avenue, TEDA
Tel: +86 22 6629 2233
天津开发区亨利商务信息咨询有限公司
开发区第三大街宏达街3号
芳林泰达园E座底商

Travel Agency

Tianjin China International Travel Service (CITS)
Room 104, west bldg.
No. 39, 3rd Avenue, TEDA
Tel: +86 22 6629 0560
天津中国国际旅行社
开发区第三大街39号西区104室

Department Stores & Shopping Malls

Citizen Plaza
No. 86, 1st Avenue, TEDA
市民广场
开发区第一大街86号

Cuiheng Plaza
3rd Avenue, TEDA
翠亨广场
开发区第三大街

Fortune City Plaza
No. 28, 3rd Avenue, TEDA
Tel: +86 22 6621 8022
财富星座
开发区第三大街28号

Juchuan Jin Hai'an Building
Shanghai Dao, Tanggu District
巨川金海岸
塘沽区上海道

King Buyer Shopping Mall
No. 32, 3rd Avenue, TEDA
Tel: +86 22 6622 0886
鸿泰仟佰汇商业广场
开发区第三大街32号

TEDA Friendship Department Store
The junction of Huanghai Lu and 2nd Avenue, TEDA
泰达友谊商厦
开发区第二大街与黄海路交口

Clothing Store

Decathlon TEDA
No. 19, Aoyun Lu, TEDA
Tel: +86 22 6628 5788
迪卡侬天津泰达店
开发区奥运路19号

Supermarkets

E-Mart Supercenter
Xiugu Business Center
No. 1168, Jintang Gong Lu
Tanggu District
Tel: +86 22 5982 1234
易买得超市
塘沽区津塘公路1168号秀谷商业广场

Jia Shun Supermarket
1F, Youyi Mingdu Department Store
No. 19, Huanghai Lu, 2nd Avenue, TEDA
Tel: +86 22 6620 1930
佳顺自选店
开发区第二大街黄海路19号友谊名都1层

Natural Farmers Market
No. 123-129, junction of 4th Avenue and Taifeng Lu, TEDA
Tel: +86 22 6200 3688
邑农达超市
开发区泰丰路与第四大街交口123-129号

Opus Food & Wine Cellar
Fanglin TEDA Garden
The junction of 3rd Avenue and Nanhai Lu, TEDA
Tel: +86 22 5981 5646
欧宝酒苑
开发区南海路与第三大街交口芳林泰达园

Times Grocery Store
S-018, Royal Palace
2nd Avenue, TEDA
Tel: +86 22 5981 1208
时代杂货商店
开发区第二大街景园邸3期高层底墒S-018

Golf Club

Tianjin Warner International Golf Club
No. 1, Nanhai Lu, TEDA
Tel: +86 22 2532 6009
天津华纳高尔夫俱乐部
开发区南海路1号

Gyms

Champs Elysees
2F, Renaissance Tianjin TEDA Hotel & Convention Centre
No. 29, 2nd Avenue, TEDA
Tel: +86 22 6621 8888
香榭丽舍健身俱乐部
开发区第二大街29号
天津万丽泰达酒店及会议中心2楼

Holiday Inn Binhai Hotel Fitness Center
15F, Holiday Inn Binhai Tianjin
No. 86, 1st Avenue, TEDA
Tel: +86 22 6628 3388 ext. 2960
天津滨海假日酒店健身中心
开发区第一大街86号
天津滨海假日酒店15层

Outdoor Club

Tianjin Freetrek Outdoor Sports Club
No. 1038, Jintang Gong Lu
Tanggu District
Tel: +86 22 2582 9366
天津自由行户外俱乐部
塘沽区津塘公路1038号

Hanoi

"Vietnam's Vibrant Capital"

Vietnam is a country steeped in history, and the ancient capital of Hanoi is a living testament. Surviving the imperial rule of various colonial powers, the people are proud and strong willed, yet still inviting and friendly to tourists. It's a city so diverse and surrounded by such gorgeous countryside that the possibilities are virtually endless.

"Finding your way in the Old Quarter"

The soul of the city is the Old Quarter, a twisted maze of narrow streets which are aptly named, in Vietnamese, after the product that is sold there. You will find yourself surrounded by huge plush animals on one block (Toy Street), trying to tame your sweet tooth on Hang Duong (Sugar Street) or encountering an ominous feeling on Lo Su (Coffin Street). The Old Quarter is the ideal place for tourists to congregate. Cheap guesthouses are abundant, and Hoan Kiem Lake draws crowds of locals and backpackers alike. If you feel daring enough to rent a motorbike, you can try and navigate your way through the tangled spaghetti bowl of traffic, but Hanoi is small enough to walk or catch a ride on a motorbike taxi for about CNY 10.

The city is a haven for "foodies," with local favorites available at nondescript street-side restaurants. You can pull up a tiny plastic stool and feast on a savory bowl of pho, or share a big plate of bun cha and banh cuon (stuffed meat pies and rice paper rolls) with your friends. Every table will have a pungent bottle of nuoc mam (fish sauce); use this with vigor to add a dash of saltiness to any dish. A meal at a local eatery will cost less than CNY 15.

"Vietnam's Cultural Heart"

The history of Vietnam and Hanoi is long and bears the scars of a sordid but resolute history. Ho Chi Minh is venerated almost as a demi-god, which is evident from his embalmed corpse on display at the Ho Chi Mihn Mausoleum. The Vietnamese gather here to pay homage to "Uncle Ho" and you can do the same, provided you adhere to the strict conduct guidelines while queuing.

In addition to catching an eerie glimpse at the pickled remains of the nation's forefather, you can also have a look at The Temple of Literature, which pays respect to the long history of Vietnamese intellectuals, or The Museum of Ethnology, for a look at cultural relics dating back thousands of years. Watching traditional Vietnamese water puppets (CNY 20) may seem a bit campy, but is a must-do if you have the chance.

"Day Trips from Hanoi"

The most coveted getaways outside of the city are Ha Long Bay and Sa Pa. Both are unforgettable places that can be enjoyed if you can avoid common tourist traps. Ha Long Bay is about 170km East of Hanoi, and forms the gateway to the South China Sea. Huge limestone karst formations dominate the dramatic seascape. Opportunities for kayaking and rock climbing exist, although the difficulty is finding a tour that can keep you distant from the hordes of tourists. This is one trip that is worth breaking your budget to ensure you aren't being herded along with hundreds of other spendthrifts. CNY 300 will get you a budget tour with a suitably poor experience. Spending upwards from CNY 700-1000 will ensure an more memorable visit overall and more luxurious accommodations.

Sa Pa is a mountain region bordering Southern China that's famous for its rolling hills, terraced rice fields and minority villages. It is isolated, so getting there requires an overnight sleeper. When you arrive in the morning, expect the vultures to be circling and trying to lure you into a big group tour. The best scenario is to track down an English speaking Black Hmong villager. They are easy to spot because of their traditional indigo clothing, and for about CNY 35 you will be able to do a family home stay and experience what life is like for these indigenous people. You can check with local tour offices for deeper exploration into Sa Pa, as there are plenty of opportunities for trekking, caving, or a climb up Mount Fansipan for adventure seekers that want to take a shot at Vietnam's highest summit.

Hanoi is a raucous and captivating place, where the past is trying to merge with the future. The people will harass you and charm you almost simultaneously, and possibilities for adventure and entertainment will send you away with lifelong memories.

Jiuzhaigou

Fairyland of Earth

Jiuzhaigou houses probably one of the most stunning natural attractions of China. Located in the Minshan Mountain range of the Eastern Himalayas, in Northern Sichuan, Jiuzhaigou translates as "Valley of Nine Villages" which refers to the huge Tibetan community occupying the 620 square kilometres of mountain valleys.

There are reasons why you would be deterred from visiting Jiuzhaigou. For one, it takes more than a 10-hour bus ride from Sichuan's capital Chengdu to reach Jiuzhaigou; and with the area's peak of 4,764 metres above sea level, altitude sickness is possible. Also, Jiuzhaigou National Park ticket isn't cheap and once inside, you'd be touring with many other eager travelers – blocking your way, making uninvited appearances in your photographs or grabbing your spot for a good camera angle. With all these, one would ask, "Is it really worth the trouble, time, money, to visit?" Let me help you figure it out – Jiuzhaigou wouldn't be called "Fairyland of Earth" for nothing.

Jiuzhaigou National Park

A minute after all of us in the shuttle bus were seated, we gasped as we passed Mirror Lake. Wow! Serene and pristine in the morning hour, reflections of the surrounding mountains in the lake painted a picture of perfection that only nature can offer. Our shuttle bus guide pointed out that Mirror Lake is one of the places where famous Chinese director Zhang Yimou shot scenes of his film Hero.

A treat of nature at its finest, Jiuzhaigou National Park is a nature park of staggering beauty, famous for its multi-level waterfalls, colourful lakes and stunning mountains. Mirror Lake may have been the first to take my breath away, but it certainly wasn't the last. Jiuzhaigou's beauty makes you take a second deep look, and a third, until you find yourself clicking away at your camera, hundreds of times, or more!

The main road of the park has available shuttle buses to transport visitors from one scenic route to another. A network of boardwalks is there for those who like to take their time in the park, and walking trails beginning at the north of Sparkling Lake allow one to wander through the forest, tour the lakes and take a close look at the waterfalls.

The park consists of four valleys – Ri Ze, Ze Cha Wa, Zha ru and Shu Zheng - all of which boast lush trees, dazzling blue and green lakes and enchanting waterfalls; they're a treat for nature lovers and photographers alike.

Highlights

The Mirror Lake of Ri Ze Valley is just the tip of the iceberg when visiting Jiuzhaigou. In Ri Ze Valley, one can also meander through the Virgin Forest where an array of flora and fauna is visible, enjoy the serenity of grass groves in semi-swamp Grass Lake or get a perfect photo angle of Pearl Shoals Fall.

Five Flower Lake is a crowd favorite at Ri Ze Valley, considered "a photographer's heaven and a painter's nightmare", this gorgeous colourful lake is a result of different types of algae and lake-bottom travertine formed from unevenly distributed submerged plants. The intense color of the waters, the criss-crossed formation of fallen tree trunks, and the serenity of surrounding trees make Five Flower Lake a scenic spot all on its own.

Shu Zheng Valley displays the azure-blue colours of Sparkling Lake, the weeds and shrubs of Bonsai Shoal, the bountiful waters of Nou Ri Lang Falls and the colorful prayer flags of Shu Zheng Village, among others.

Situated next to the fork in the road (towards Virgin Forest on the right and Long Lake on the left), Ze Cha Wa Village has nicely decorated Tibetan homes and many travelers love to stop there for a cup of Yak Butter Tea. Also located in Ze Cha Wa Valley is the Five Colour Pond flaunting another color riot like Five Flower Lake. The pond is also a result of various algae and travertine sedimentation on its uneven bed.

Prayer wheels and stupas decorate Zhuru Valley where a Tibetan monastery and Zha Yi Zha Ga sacred mountain are found. After a nature-filled day, my amazement of this "Fairyland of Earth" continued as I found myself dining and dancing with the Tibetans of Zhuru Valley, and to my surprise, they even made me wear a Tibetan traditional dress. I was stoked!

So, who cares about the over 10-hour bus ride, or the pricey ticket when one will be rewarded with the beauty of nature and a cultural wonder? This mix of Tibetan customs and Himalayan backdrop elevated Jiuzhaigou to the list of UNESCO World Heritage Site in 1992 – I'm sure you'll agree!

THE ASTOR HOTEL TIANJIN MUSEUM

Tianjin's Exciting History

The Astor Hotel Tianjin opened doors in August embellishing the city once again. Listed in 1996 as a national cultural heritage site, the hotel is nothing other than one of Tianjin's greatest landmarks. It's impossible to dissociate it from the time foreigners started settling in Tianjin, more than 100 years ago and the establishment of the concessions.

The Astor Hotel Tianjin Museum is homage to the belle époque in town. It's a journey through the hotel's existence and the significance it has had in Tianjin society. More than a just a five star hotel, the museum shows us exactly how history from 1883 the present day was and still is carved by their walls, in Tianjin.

The museum stands inside the hotel; if you want, you can book an English guide in advance who will explain aspects of importance. When you arrive, you'll first see the unusual and picturesque Otis elevator, the first of its kind in China. The adjacent stairway will take you to the underground level. Not exactly a stairway to heaven but for the city's historians it might as well be, since the walls display dozens of postcards, some even produced as the hotel was being built, and a few collected from former guests all over the world.

The museum is divided to nine areas, showing you the history of the hotel and the city. First you see a magnificent British-style canvas of the first Astor Hotel. It was originally built in 1886 and at the time was a countryside haven surrounded by gardens, green landscapes and the Haihe River. The museum shows how, along with Tianjin's development and ascent of foreign social life, it was also refurbished several times along its more than 100 years of life. The last one happened in 2010, with the addition of seven storeys to the original construction. The façade of the Astor is still the same as it was during its construction, an exhilarating face of a long, joyous life.

Next on your walk through history will be a cosy recreation of an old hotel room and the ballroom. Believe it or not, the genuine furniture was kept all these years and the overwhelming majority of chinaware (including silver) and furniture are original! The recreated decor shows you an exquisite, elegant hotel, like nothing ever seen before in northern China. Some of these outstanding artefacts were brought from Europe, primarily England, and are in the classic renaissance style.

Another curious aspect of the museum is the relationship of the hotel and the city's social life. The Astor was the place to be, and this tradition is now being revived. The number of celebrities and influential personalities that walked through the old Jiefang Bei Lu's doors is nothing short of awesome. Herbert Hoover found his harbour at the Astor when he was still a US general, in the beginning of the 20th century. The famous governor of the city Li Hongzhang was also an assiduous visitor, and the former Prime Minister Zhou Enlai stayed there too. In the heart of the British Concession, the Astor was constantly holding banquets and parties for its most distinguished guests such as the Chinese Peking Opera singer Mei Lanfang.

And the number of genuine curious items never seems to end! A day book from 1946 where a guest at The Astor in the summer of 2010 found her great-grandmother's name. The gramophone is also a wonder, much appreciated by Puyi and his wife, and also the marvelous piano.

Faithful to the notion of tradition, some of the old restaurant menus from the 1930s are today displayed in the hotel's Fine Dining Room 1863. This means that anyone visiting the museum can have a taste of a refined menu shared even by presidents.

From generals to emperors and empresses, performing artists to politicians, history at The Astor Hotel Tianjin and its museum never ceases. Proof of it is the continuity of its legacy as the finest and most exquisite social meeting point in town.

The Astor Hotel Tianjin Museum
(Inside The Astor Hotel Tianjin)
No. 33, Tai'er Zhuang Lu, Heping District
Tel: +86 22 (2331 1688)
天津利顺德大饭店博物馆
和平区台儿庄路33号（天津利顺德大饭店内）
(Closed on Tuesdays)

Haihe River
海河

The "Mother River" of Tianjin, the Haihe covers 300,000 square kilometres. It is appreciated for its natural beauty and historical importance.

Former Residence of Liang Qichao
梁启超故居

Idealist of the Chinese Bourgeois Movement, Liang was one of the greatest scholars and journalists in China. The residence is homage to his memory, with a vast collection of literature, illustrations and photographs.

No. 44-46, Minzu Lu, Hebei District
河北区民族路44-46号

+86 22 2445 0856

Tue-Sun, 09:00 - 17:00

¥ 10CNY

690 (07:00-17:00 1.5CNY)
27 (05:00-23:10 1.5CNY)

Temple of Compassion
大悲禅院

Dating from the Qing Dynasty, it is the biggest Buddhist temple in Tianjin and also an important activity centre for Buddhism. It became well-known for offering sacrifices to the bones of Xuang Zang, a Tang Dynasty monk.

No. 40, Tianwei Lu, Hebei District
河北区天纬路40号

+86 22 2626 1768

Daily, 09:00 - 16:30

¥ 5CNY

904 (06:00-21:00 1.5CNY)
863 (06:00-21:00 1.5CNY)
878 (06:00-21:00 1.5CNY)

The Observation Wheel Tianjin Eye
天津之眼天摩天轮

The world's only gigantic Ferris wheel built over a bridge. With a 110-metre diametre, it will lift visitors 120 metres above the ground.

Over The Yongle Bridge
Haihe River, Hebei District
河北区海河三岔河口永乐桥

+86 22 2628 8830

Daily, 09:30 - 21:30

¥ 50CNY

12 (05:15-23:00 1.5CNY)
878 (06:00-21:00 1.5CNY)
904 (06:00-21:00 1.5CNY)

Tianjin Italian Style Town
意大利风情街

The only well-preserved quarter of Italian architecture outside Italy. A walk in history and culture, presenting truly Mediterranean buildings.

Former Italian Concession Area
Hebei District 河北区意大利风情街

Daily

¥ Free

50 (05:00-22:20 1.5CNY)
634 (06:00-21:00 1.5CNY)
832 (06:30-21:30 2CNY)
676 (06:00-21:00 1.5CNY)

Tianjin Train Station
天津站

First built in 1888 and recently renewed, this is the terminus station for the state-of-the-art Beijing-Tianjin Intercity Rail. The area around the train station is particularly preserved and romantic during night time.

No. 1, Xinwei Lu, Hebei District
河北区新纬路1号

+86 22 6053 6053

www.tjhcz.com.cn

Daily

¥ Free

27 (05:00-23:10 1.5CNY)
28 (07:00-17:00 1.5CNY)
689 (06:00-19:00 2.5CNY)

Binjiang Dao
滨江道

Tianjin's busiest and most prosperous shopping street with the highest concentration of top department stores, both modern and traditional.

Binjiang Dao, Heping District
和平区滨江道

Daily

¥ Free

606 (06:30-22:00 1.5CNY)
669 (06:30-19:00 2CNY)
865 (06:00-21:00 1.5CNY)
867 (06:15-21:30 2CNY)
901 (06:00-21:30 1.5CNY)

China House Museum
瓷房子博物馆

Homage to Chinese culture, the house was built with millions of ancient porcelain flakes. The perfect place to appreciate Chinese porcelain bows and marble sculptures.

No. 72, Chifeng Dao
Heping District 和平区赤峰道72号

+86 22 2712 3366

Daily, 10:00 - 17:00

¥ 35CNY

865 (06:00-21:00 1.5CNY)
863 (06:00-21:00 1.5CNY)
681 (06:00-22:00 1.5CNY)
606 (06:30-22:00 1.5CNY)

Chinese Museum of Finance
中国金融博物馆

Displays the history of currency and the relation of finance, art, history and technological evolution. Most of the artefacts are genuine, some dating from 2000BC.

No. 29, Jiefang Bei Lu, Heping District 和平区解放北路29号

+86 22 2835 9685

From Tuesday to Sunday
14:00 - 22:00

¥ 10CNY

50 (05:00-22:20 1.5CNY)
650 (06:30-21:30 1.5CNY)
13 (05:00-23:00 1CNY)
858 (06:30-21:30 2CNY)

Dagu Bridge
大沽桥

Composed of two arches, one larger than the other, symbolizing the sun and the moon. The design is usually referred to as an "unparalleled combined tie beam arch".

Dagu Qiao, Haihe River
Heping District 和平区海河大沽桥

868 (06:00-21:15 1.5CNY)
901 (07:00-17:00 1.5CNY)

Food Street
食品街

With more than 100 restaurants, it offers an exquisite mixture of several types of cuisine and architecture.

Bldg. D, Shipin Jie, Qinghe Jie
Heping District 和平区清河街食品街D座

+86 22 5899 7866

www.shipinjie.com

Daily, 24h

¥ Free

606 (06:30-22:00 1.5CNY)
634 (06:00-21:00 1.5CNY)
659 (05:20-18:00 6CNY)
675 (06:15-21:30 1.5CNY)

Garden of Serenity
静园

Former residence of the last Chinese Emperor, Puyi. The Emperor named it Jing Yuan, literally "quiet" in Chinese, following his intention of revitalising the Qing Empire.

No. 70, Anshan Dao, Heping District
和平区鞍山道70号

Tue-Sun, 09:30-11:30
14:00 - 16:00

¥ 20CNY

865 (06:00-21:00 1.5CNY)
840 (06:15-20:30 1.5CNY)
643 (06:15-21:30 1.5CNY)
50 (05:00-22:20 1.5CNY)

Golden Street (Heping Lu)
金街（和平路）

The intersection of Binjiang Dao and Heping Lu forms the most prosperous trade area in Tianjin.

Heping Lu, Heping District
和平区和平路

+86 22 2339 6209

www.tjejj.com.cn

Daily

Free

50 (05:30-23:00 1.5/2CNY)
593 (06:30-22:40 2CNY)

Jiefang North Road
解放北路

An open-air museum for architecture, housing dozens of well-preserved European-style buildings. One of the city's most sophisticated and elegant areas and a landmark in Tianjin's modern history.

Jiefang Bei Lu, Heping District
和平区解放北路

Daily

Free

50 (05:00-22:20 1.5CNY)
650 (06:30-21:30 1.5CNY)
13 (05:00-23:00 1CNY)
858 (06:30-21:30 2CNY)

Jin Wan Plaza
天津津湾广场

A square for entertainment. Shopping, dining and movies are available in an outstanding setting facing the river, the train station on the other side, also neighboured by the one of Tianjin's architectural pinnacles Jiefang Bridge.

Jiefang Bei Lu, Heping District
和平区解放北路

Daily

Free

50 (05:00-22:20 1.5CNY)
650 (06:30-21:30 1.5CNY)
13 (05:00-23:00 1CNY)
858 (06:30-21:30 2CNY)

Shenyang Antiques Market
沈阳道古物市场

Near Heping Lu, it stands out in one of the busiest commercial areas of the city. The market is a great opportunity to acquire Chinese antiques or simply admire them.

Shenyang Dao, Heping District
和平区沈阳道

Daily, 09:00 - 18:00

Free

821 (06:00-20:00 1.5CNY)

St. Joseph's Cathedral
西开教堂

Constructed in 1917 by French missionaries, it is today the residence of the Bishop of Tianjin. It is the biggest church in Tianjin, located in the heart of the city.

No. 9, Xining Dao, Heping District
和平区西宁道9号

Mon-Fri, 05:00 - 16:30
Weekends, 05:00 - 20:00
Weekly Mass Mon-Sat, 06:00 - 07:00
Sun, 06:00 - 07:30, 10:00 - 11:30,
11:30 (Mass in English), 15:00 - 19:00

Free

50 (05:00-22:20 1.5CNY)
901(06:00-21:30 1.5CNY)
865 (06:00-21:00 1.5CNY)

Natural History Museum
自然博物馆

Specializes in collections of fossils, housing more than 38,000 specimens. It also has a permanent marine exhibition and relaxing green gardens.

No. 206, Machang Dao, Hexi District
河西区马场道206号

+86 22 2335 8031

www.tjnhm.org

Tue-Sun, 09:00 - 16:30

20CNY

95 (05:00-22:40 1.5/2CNY)
855 (06:00-22:00 1.5CNY)
14 (04:50-23:00 1.5CNY)

People's Park
人民公园

Famous for entertainment for all ages. There's a playground for children, an aviary, a temple, luxurious gardens and pavilions.

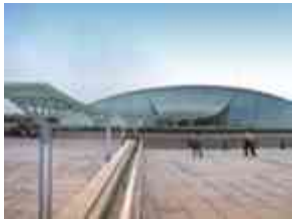
No. 29, Huizhou Dao, Hexi District
河西区徽州道33号

+86 22 2324 0371

Daily, 06:00-22:00

Free

803 (06:00-22:00 1.5CNY)
511 (06:30-19:30 5CNY)



Tianjin Museum
天津博物馆

A vast collection of ancient Chinese fine arts, as well as ancient and modern historical relics.

No. 31, Youyi Lu, Hexi District
河西区友谊路31号

+86 22 5879 3000

www.tjbwg.com

Tue-Sun, 09:00 -16:30

Free

619 (06:00-22:00 1.5CNY)
800 (05:50-22:00 1.5/2CNY)
912 (06:00-21:45 1.5CNY)

Tianjin TV Tower
天塔

At 415.2m, this is the second highest tower in Asia and the fourth in the world. The rotating restaurant and the viewing hall on top allow a great bird's eye view over the city.

No. 1, Weijin Nan Lu, Hexi District
河西区卫津南路1号

+86 22 2334 3557

www.lotour.com/member/sight/6379/

Nov-Apr, 08:30 - 21:30
May-Oct, 08:30 -22:00

50CNY, 118CNY (meal included)

859 (05:55-21:00 1.5CNY)
832 (06:30-21:30 2CNY)
628 (06:00-21:10 1.5CNY)
686 (06:00-21:00 1.5CNY)

Wu Da Dao
五大道

Originally the centre of the British concession, the five streets shaped the area's development. European architecture abounds.

Machang Dao, Munan Dao, Dali Dao, Chongqing Dao and Chegdu Dao, Hexi District
河西区成都道, 重庆道, 大理道, 睦南道, 马场道

Daily Free

951 (07:00-20:30 1.5CNY)
906 (06:30-21:00 1.5CNY)
685 (06:15-21:00 1.5CNY)
13 (05:00-23:00 1CNY)

Exit at Xiao Bai Lou

Ancient Culture Street
古文化街

Tianjin's famous shopping street, recreating an ancient Chinese town. Purchase or simply admire China's cultural treasures: calligraphy, jade, antiques, paper-cutting, clay figures and plenty more.

Ancient Culture Street Nankai District
南开区古文化街

Daily, 09:00 - 17:00

Free

836 (06:30-21:00 1.5CNY)
609 (06:00-22:00 1.5CNY)
681 (06:00-22:00 1.5CNY)
693 (06:00-21:00 1.5CNY)

Clay Figure Zhang
泥人张

Prestigious 180-year-old Tianjin traditional folk art.

No. 17, Ancient Culture Street
Nankai District 南开区古文化街17号

+86 22 2727 5081

Daily, 09:00 - 18:00

Free

836 (06:30-21:00 1.5CNY)
609 (06:00-22:00 1.5CNY)
681 (06:00-22:00 1.5CNY)
693 (06:00-21:00 1.5CNY)

Drum Tower
鼓楼

One of Tianjin's three treasures, characterized by strong architectural and decorative features from the Ming and Qing dynasties. The heart of ancient Tianjin city.

Drum Tower, Nankai District
南开区鼓楼

Daily, 09:00 - 17:00

¥ Free

855 (06:00-22:00 1.5CNY)
675 (06:15-21:30 1.5CNY)
642 (06:30-21:00 1.5CNY)
634 (06:00-21:00 1.5CNY)

Queen of Heaven Temple
天后宫

One of the three Mazu Temples in the world, tribute to the Goddess of the Sea. It is also the Folk Custom Museum of Tianjin.

Ancient Culture Street
Nankai District南开区古文化街

Daily, 09:00 - 16:45

¥ 6CNY

836 (06:30-21:00 1.5CNY)
609 (06:00-22:00 1.5CNY)
681 (06:00-22:00 1.5CNY)
693 (06:00-21:00 1.5CNY)

Tianjin Olympic Center Stadium
奥林匹克中心体育场

Specially constructed for the 2008 Olympic Games, with a seating capacity of 60,000.

Binshui Xi Dao, Nankai District
南开区宾水西道

09:00 -22:00

901 (07:00-17:00 1.5CNY)
685 (06:00-21:00 1.5CNY)
963 (06:30-20:45 1.5CNY)

Tianjin Princess Residence Museum
天津格格府典藏博物馆

House of Yu Derling during the Qing Dynasty. She was the interpreter of empress Dowager Cixi. Today it's owned by the famous actress Zang Xiuyun, it houses a spectacular collection of ceramics and bronzes.

No. 30-32, Gulou Nan Jie, Nankai District 南开区鼓楼南街30-32号

+86 22 2727 7755

Daily, 08:30-17:00 ¥10CNY

855 (06:00-22:00 1.5CNY)
675 (06:15-21:30 1.5CNY)

Water Park
水上公园

Divided in 9 islands and 3 lakes. It is famous for its beauty and lush landscapes. You can find Chinese traditional pavilions, gardens, bridges, pagodas and lakes.

No. 33, Shuishang Gongyuan Bei Lu, Nankai District
南开区水上公园北路33号

+86 22 2335 0095

www.tjwaterpark.com.cn

Daily, 06:00-19-00 ¥ Free

685 (06:15-21:00 1.5CNY)
879 (06:00-21:00 1.5CNY)
12 (05:15-23:00 1.5CNY)

Music Street
音乐街

Tianjin's recently built street entirely dedicated to music. Guitars, pianos, saxophones, and much more. It is also the house of Tianjin Conservatory of Music and Tianjin Music School.

The junction of Shisi Jing Lu and Bawei Lu, Hedong District
河东区八纬路与十四经路交口

Daily

¥ Free

643 (06:20-21:30 1.5CNY)
676 (06:00-21:30 1.5CNY)
862 (06:30-21:30 1.5CNY)

Tianjin Great Mosque
清真大寺

Originally built in the early stage of the Qing Dynasty and reconstructed over the centuries, the Mosque is a beautiful display of art and architecture within a religious space.

No. 8, in front of the Xiaohuo Xiang Temple, Xibei Jiao Hongqiao District 红桥区西北角小伙巷大寺前8号

Daily

¥ Free

962 (06:00-21:00 1.5CNY)
153 (05:30-22:40 2CNY)
31 (07:30-11:00 1CNY)

Guyi Street 估衣街

Originally built during the Yuan Dynasty (1271-1368), the street was remodeled and rebuilt in 2009. The name originally means Ancient Clothing and nowadays houses Tianjin's most traditional and ancient businesses.

Guyi Jie, Hongqiao District
红桥区估衣街

Daily

¥ Free

161 (05:30-18:00 6CNY)
37 (05:15-23:15 1.5/2CNY)
906 (05:55-21:00 1.5CNY)

Binhai Aircraft Carrier Theme Park
滨海航母主题公园

Seven-square-kilometre military theme park featuring tours, role playing, survival training, leisure, activities and film shooting.

Baguatan, Yingchengzhen
Hangu District 汉沽区营城镇八卦滩

+86 22 5991 8888 / 8007

www.binhaipark.cn

Dec- Feb, 09:00 - 17:00
Mar- Nov, 09:00 - 17:30
High season weekends, 09:00 - 18:00
May Day & National Day, 09:00 -18: 30

¥ Full price: 110CNY
Discount price: 55CNY

133 (06:00-18:40 4.5CNY)

Dagu Fort
大沽炮台

Originally built during the Ming Dynasty, it was expanded during the 19th century to protect Beijing. Listed as an important historical site under State protection, it is considered by Tianjin locals as one of the city's three treasures.

Tanggu District 塘沽区

Daily, 08:00 -17:00

¥ 10CNY

936 (06:30-21:00 1.5CNY)

Tanggu Bund
塘沽外滩

Part of the project to invigorate Haihe River in Tanggu District. It offers a modern city life with entertainment, dining and shopping.

The bank opposite Waitan Garden Haihe River, Tanggu District
塘沽海河外滩公园对岸

¥ 25CNY

151 (05:15-18:00 5CNY)

(Zhong Shan Men):
Exit at Yanghuo Market (Tanggu) 5CNY and then take 834 or 108

(Tanggu): 834 (06:15-21:00 1.5CNY), 108 (06:00-21:00 1.5CNY)

Tanggu Museum
塘沽博物馆

Depiction of Tanggu's history through photographs and paintings.

Hebin Park, Zhongxin Lu
Tanggu District
塘沽区中心路河滨公园

+86 22 2586 2720

Daily, 10:00-16:00

¥ Free

151 (05:15-18:00 5CNY)
621 (06:00-20:45 6CNY)

(Zhong Shan Men):
Exit at Yanghuo Market (Tanggu) 5CNY and then take 834 or 108

Temple of Chaoyin
潮音寺

Built during the early 15th century (Ming Dynasty), it is one of the few temples that face east. It is also famous for being the only place in Tanggu District where the public can enjoy ancient relics.

Xigu, Tanggu District 塘沽区西沽

Daily, 08:00-18:00

¥ 3CNY

617 (06:20-20:30, 1.5CNY)
110 (06:00-21:00 1.5CNY)

Yanghuo Market
洋货市场

The proper market to stroll and find all sorts of products. Prepare yourself to bargain.

No. 7, Fushun Dao, Tanggu District 塘沽区抚顺道7号

Daily

¥ Free

605 (06:00-17:30 5CNY)
651 (06:00-18:00 6CNY)

Caozhuang Flower Market
曹庄花卉市场

The largest flower market in northern China. A worthy visit to a market of blending perfumes and colours.

North No. 7 Bridge, Outer Ring Cao Zhuangzi, Zhongbei Zhen Xiqing District
西青区中北镇曹庄子外环线7号桥北

Daily, 08:00-17:00

¥ Free

645 (05:00-22:50 1.5CNY)

Former Residence of Huo Yuanjia
霍元甲故居

Known for his passion for martial arts and patriotism, Huo was the founder of the Martial Arts Sports Association. His house portrays elements of local lifestyle at the time.

Xiao Nanhe Cun, Nanhe Xian Xiqing District
西青区南河镇小南河村

+86 22 2398 9632

Daily, 09:00 - 17:00

¥ 10CNY

157 (06:00-18:15 2CNY)

Shi Family Grand Courtyard
石家大院

A piece of history belonging to the fourth son of one of the eight great Chinese masters. It is said to be northern China's first mansion. The imperial and southern-style gardens are particularly sumptuous.

Yuehe Bridge, Yang Liu Qing Zhen Xiqing District 西青区杨柳青镇御河桥

+86 22 2739 1618

Daily, 09:00 - 16:30

¥ Full price: 20CNY
Discount price: 10CNY

824 (06:30-19:30 3CNY)
175 (06:30-18:40 3CNY)

Tianjin Botanical Garden
天津热带植物园

40,000 square metres of tropical plants and animals, waterfalls, a Dai nationality village, and much more. Simulations of tropical environments, such as thundering or climate changes.

Near Caozhuang Flower Market 曹庄花卉市场近旁
(see Caozhuang Flower Market)

+86 22 2794 8011

Daily

¥ 50CNY

645 (05:00-22:50 1.5CNY)

Yang Liu Qing
杨柳青

Characterized by the remarkable preservation, it was originally the house of a prosperous 19th century merchant. It is known for its intersections of courtyards, and its own theatre and school.

Li Jiao Qiao Bei, Yijing Lu Yang Liu Qing Zhen, Xiqing District
西青区杨柳青镇一经路立交桥北

+86 22 2792 2792

Daily, 09:00 - 19:00

¥ Free

153 (05:30-22:40 2CNY)
164 (06:52-18:30 2CNY)
672 (06:30-19:00 3CNY)

Huangyaguan Section of the Great Wall
黄崖关长城

Originally built during the Qi Dynasty, it is located in an abrupt mountain range north of Tianjin.

30km north of Ji Xian 蓟县北30公里

+86 22 2271 8718

Daily, 09:00 - 17:00

¥ 50CNY

Train: 7142 (Tianjin – Ji Xian 07:36 - 10:29 8CNY); 7141 (Ji Xian – Tianjin 14:54 - 17:34 8CNY)

Jianchang Dao Bus Station (建昌道客运站) (06:30-17:00 20CNY)

Nine Dragons Mountain National Forest Park
九龙山国家森林公园

Ancient royal leisure gardens and mountains for Qing Dynasty emperors, it has 2,126 hectares of luxurious landscape.

Chuanfang Yu, 20km east of Ji Xian 蓟县东20公里穿芳峪

+86 22 2974 2069

www.jlspark.com

Daily ¥ 40CNY

Train: 7142 (Tianjin – Ji Xian 07:36 - 10:29 8CNY); 7141 (Ji Xian – Tianjin 14:54 - 17:34 8CNY)

Jianchang Dao Bus Station (建昌道客运站) (06:30-17:00 20CNY)

Pan Mountain
盘山

Famous for its high peaks, unique rock formations, clear streams and vibrant landscapes.

15km northwest of Ji Xian 蓟县西北15公里

+86 22 2982 1235

Daily

¥ 20CNY

Train: 7142 (Tianjin – Ji Xian 07:36 - 10:29 8CNY); 7141 (Ji Xian – Tianjin 14:54 - 17:34 8CNY)

Jianchang Dao Bus Station (建昌道客运站) (06:30 - 17:00 20CNY)

Temple of Solidarity Joy
独乐寺

With more than 1000 years of history, the temple is now considered a historical relic. Having survived 28 earthquakes, it still maintains its ancient architectural features.

No. 41, Cheng Nei Wu Ding Jie Ji Xian 蓟县城内武定街41号

+86 22 2914 2907

www.dulesi.com

Daily, 08:30 - 17:00 ¥ 40CNY

Train: 7142 (Tianjin – Ji Xian 07:36 - 10:29 8CNY); 7141 (Ji Xian – Tianjin 14:54 - 17:34 8CNY)

Jianchang Dao Bus Station (建昌道客运站) (06:30-17:00 20CNY)

Dongli Lake Langju Hot Spring Happy Valley
东丽湖朗距温泉欢乐谷

A land of aquatic amusement! Open 24h a day, this is the ideal place for a fun and animated retreat.

North of Dongli Zhiguang Da Dao Dongli Lake Tourist Resort, Dongli District 近郊东丽区东丽湖旅游度假区东丽之光大道北

+86 22 2652 2028

Daily, 24h

¥ 128CNY

462 (07:30-18:00 10CNY)
516 (07:30-17:30 5CNY)
690 (07:00-17:00 5CNY)

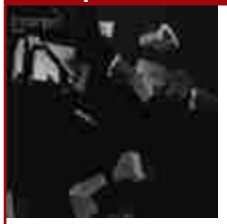
Gospel

Mavis Staples – *You Are Not Alone (2010)*

Mavis Staples is one of the legendary voices of gospel and soul, although many think that she was one of the greatest divas ever that skipped the attention of broader audiences. The Rock and Roll Hall of Fame inductee launches one of her best albums ever, vibrant and triumphant. The album evolves around an intimate powerful crescendo, with outstanding interpretations of songs by Pop Staples and Allen Toussaint, amongst others.

Rock

Interpol – *Interpol (2010)*



One of the most acclaimed rock bands in the planet, New York's Interpol have sold-out many concert halls, with reviews applauding everything they do. This eponymous work is their fourth album, where they've re-invented their art, layering it in intensity and depth. Interpol is probably their darkest and most emotional work, with tunes touching the hypnotic.

France – *Babies*

Original Title: Bébé(s)

Genre: Documentary

Year: 2010

Director: Thomas Balmès

Four babies in four different countries. They are Ponijao from Namibia, Bayarjargal from Mongolia, Mari from Japan, and Hattie from the US. Balmès spent a year in the life of these four babies from different corners of the world, from their birth to their first steps. The movie shows us how different cultures love and nurture their babies with what is available to them. His intention was never to exploit poverty but rather to see a common denominator in all of these families: love and attention. There's no story and no rehearsed lines; it's a walk through innocence, focusing simply a shared humanity.

Brasil – *Elite Squad 2*

Original Title: Tropa de Elite 2

Genre: Action

Year: 2010

With: Wagner Moura, Maria Ribeiro, Milhem Cortaz, Seu Jorge, Tainá Müller, André Ramiro

Director: José Padilha

We've been waiting and waiting for this movie! Portraying the hard, cold reality of the Rio de Janeiro slums, Elite Squad 2 focuses on the genius of Capitão Nascimento to increase and clean the BOPE (Batalhão de Operações Policiais Especiais – special operations police squad) and to exterminate crime from the slums. Sounds pretty conventional? There's nothing conventional about Brazilian slums or the way BOPE acts. BOPE are war machines that call themselves "skulls", and this time they're fighting a war against crime and the famous Brazilian system.

Tour Around Europe (Volta Europa) – *True Colours of the Old Continent*

They started out saying, "Either we go to Vietnam and start discovering Southeast Asia, or we discover Europe". They are two Portuguese, Tânia and Miguel, and one could best describe their motto as "Now I'm here, now I'm there". A few months back, to support Braga (Portugal) European Youth Capital 2012, they decided to check out the cultured old continent.

Over ninety days, and sponsored by giants like Nikon and Media Markt, they took pieces of Portugal throughout Europe, encountering the great, the spectacular, the bizarre in Europe and its boiling cultural enthusiasm. If you check their website, you'll find what Europeans love about themselves is the pride of being active, of questioning, of having an overwhelming cultural and ethnic diversity. From Turkey to Serbia, the UK, Germany, Holland, in ninety days they visited an outstanding 28 cities! They went to the London Naked Bike Race and they saw the peculiarities of the Turkish Riviera. They climbed the luxurious landscapes of the Austrian Alps and rode picturesque bikes in Amsterdam. When northern Europe became too cold and rainy, they decided to detour and visit Morocco, right in the middle of Ramadan! And best is the quality of the art photography, which is simply mind-blowing. They show you a Europe not just about fashion stores and hip restaurants, but a Europe of thought, a continent at times decrepit, but never forgetting its history. When asked what city rocked your mind Miguel said "Berlin, the coolest city in Europe, is the place where all human nature comes to be a part of the rule- breaking contemporary art world," whereas Tânia said she would live in Rotterdam at anytime "where you can grab your bike and wonder throughout the most spectacular and don't-be-boring-architecture in Europe."

After three months of airports, concerts, art exhibits, train stations, couch surfing, odd-looking food, sleep-deprivation, cool people, and much more, they launched some intriguing activities related to the project. First, they auctioned a spectacular, and increasingly rare, piece of the Berlin Wall to the person that would guess how many kilometres they did during this trip. (17.463!) Then they created turmoil in Braga with the project "Hey man, just go to Barcelona". Each participant wrote on a balloon what their dream trip is, the answers ranging from casual to freaky! The balloons were all attached in a string creating an inspiring effect in a very blue sky. The winner got two roundtrip tickets to Barcelona!

Visit http://*www.voltaeuropa.com* and join their page on Facebook www.facebook.com/voltaeuropa to stay in touch with their new projects. And if you're thinking, "Oh my, this isn't for me, what about my job?" Well dear friend, 9am-6pm satisfies most of us, but there's absolutely nothing wrong with seizing the world outside the office. It just makes me think, wake up Tianjin!

Useful Info

Four seasons

Spring	Summer
Mar.to May Windy, Dry	Jun.to Aug. Less rain, Hot
7.2°C - 19.1°C	21.2°C - 30.8°C
Light and convenient coat, thin sweater.	Light and thin coat, sun-proof hat, rain gear.
Autumn	**Winter**
Sep.to Nov. Bright, Sunny	Dec.to Feb. Humid, Rainy
7.2°C - 19.1°C	-6.7°C - 2.6°C
Light and convenient coat, thin sweater.	Sweater, cold-resisting overcoat.

Tianjin Province Map

Transportation

Airport
Tianjin Binhai International Airport Inquiry Service: +86 22 2490 6363

Taxi
Tianjin Haihe Taxi Company Service: +86 22 2635 2844

Metro
Tianjin Metro Service: +86 22 6028 6777

Light Rail
Tianjin North Railway Station Ticket Service: +86 22 2618 1162
Tianjin Light Rail Station Service: +86 22 6570 1111

Bus
Long-distance Bus Station Service: +86 22 2727 0168
Tianjin to Beijing Airport Shuttle Bus Inquiry Service: +86 22 2305 0530

Airports & Airlines

Beijing Capital International Airport 北京首都国际机场: +86 10 6454 1100 www.bcia.com.cn
Tianjin Binhai International Airport 天津滨海国际机场: +86 22 2490 6363

National
Air China 中国国际航空: +86 4008 100 999 www.airchina.com
China Southern Airlines 中国南方航空: +86 10 95539 www.flychinasouthern.com
Hainan Airlines海南航空: +86 0180 5408 58583 global.hnair.com
Okay Airways奥凯航空: +86 10 5175 0000 www.okair.net

International
Air Canada加拿大航空: +86 400 811 2001 www.aircanada.com
Air France法国航空: +86 4008 808 808 www.airfrance.com
British Airways英国航空: +86 800 7440 031 www.britishairways.com
Cathay Pacific国泰航空: +86 400 888 6628 www.cathaypacific.com
Emirates阿联酋航空: +86 10 5108 8696 www.emirates.com
Finnair芬兰航空: +86 10 6512 7180 www.finnair.com
Japan Airlines日本航空: +86 400 888 0808 www.jal.com
KLM-Royal Dutch Airlines荷兰皇家航空: +86 400 880 822 www.klm.com
Korean Air大韩航空: +86 400 658 8888 www.koreanair.com
Lufthansa德国汉莎航空: +86 10 6468 8838 www.lufthansa.com
Qantas澳洲航空: +86 400 888 0089 www.qantas.com.au
Qatar Airways卡塔尔航空: +86 10 5923 5100 www.qatarairways.com
Singapore Airlines新加坡航空: +86 10 6505 2233 www.singaporeair.com
Swiss Air: +86 10 8454 0180 www.swiss.com
Thai Airways International泰国国际航空: +86 10 8515 0088 www.thaiairways.com
United Airlines联合航空: +86 800 810 8282 www.united.com

Area Codes

China Area Code: 0086
Beijing City Area Code: 10
Tianjin City Area Code: 22

Emergency Numbers

Fire: 119
First Aid: 120
Police Service: 110
Postal Service: 11185
Time: 117
Traffic accident: 122
Weather: 12121

Courier

DHL 800 810 8000 | FedEx Express 800 810 2338 | TNT 800 820 9868 | 安迅捷 400 678 9000

Chinese Visa Applications

Beijing Exit & Entry Administration of the Public Security Bureau
No. 2, An Ding Men Dong Dajie, Dongcheng District
Beijing
Tel: +86 10 8402 0101
北京市公安局出入境管理处
东城区安定门东大街2号
Mon - Sat, 08:30-16:30

Tianjin Municipal Public Security Bureau

Exit and Entry Administration Center
No. 19, Shou'an Jie, Hebei District, Tianjin
Tel: +86 22 2445 8825
天津市公安局出入境管理局
天津市河北区建国道寿安街19号
Mon - Thu, 09:00-11:30; 13:30-17:00
Fri, 09:00-11:30; 13:30-16:00

Hong Kong

The Commissioner's Office of China's Foreign Ministry in the Honk Kong SAR
7F, Lower Block, China Resources Building, No. 26, Harbor Road, Wanchai, Hong Kong SAR
Tel: +852 3413 2424
中华人民共和国外交部驻香港特别行政区特派员公署
香港湾仔区港湾道26号华润大厦低座7层
Mon - Fri (except HK public holidays), 09:00-12:00; 14:00-17:00

Embassies

Australia
No. 21, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 5139 4000
澳大利亚大使馆
北京市朝阳区三里屯东直门外大街21号
www.china.embassy.gov.au

Canada
No. 19, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 5140 4111
加拿大大使馆
北京市朝阳区三里屯东直门外大街19号
www.canada.org.cn

Colombia
No. 34, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 10 6532 3377
哥伦比亚大使馆
北京市朝阳区光华路34号
www.embcolch.org.cn

Denmark
No. 1, Dongwu Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 8532 9900
丹麦王国大使馆
北京市朝阳区三里屯东五街1号
www.ambbeijing.um.dk/en

France
No. 3, Dongsan Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 8532 8080
法国大使馆
北京市朝阳区三里屯东三街3号
www.ambafrance-cn.org

Germany
No. 17, Dong Zhi Men Wai Dajie
Sanlitun, Chaoyang District, Beijing
Tel: +86 10 8532 9000
德国大使馆
北京市朝阳区三里屯东直门外大街17号
www.peking.diplo.de

Italy
No. 2, Dong'er Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 6532 2187
意大利大使馆
北京市朝阳区三里屯东二街2号
www.ambpechino.esteri.it

Japan
No. 7, Ritan Lu, Jian Guo Men Wai
Chaoyang District, Beijing
Tel: +86 10 6532 2187
日本大使馆
北京市朝阳区建国门外日坛路7号
www.cn.emb-japan.go.jp

Philippines
No. 23, Xiushui Bei Jie
Jian Guo Men Wai
Chaoyang District, Beijing
Tel: +86 10 6532 1872
菲律宾大使馆
北京市朝阳区建国门外秀水北街23号

Russia
No. 4, Beizhong Jie, Dong Zhi Men
Chaoyang District, Beijing
Tel: +86 10 6532 1381
俄罗斯大使馆
北京市朝阳区东直门北中街4号
www.russia.org.cn/chn

Saudi Arabia
No. 1, Beixiao Jie, Sanlitun
Chaoyang District, Beijing
Tel: +86 10 6532 5325
沙特阿拉伯大使馆
北京市朝阳区三里屯北小街1号

South Korea
No. 20, Dongfang Dong Lu
Chaoyang District, Beijing
Tel: +86 10 8531 0700
韩国大使馆
北京市朝阳东方东路20号
www.china.koreanembassy.cn

Spain
No. 9, Sanlitun Lu, Chaoyang District
Beijing
Tel: +86 10 6532 3629
西班牙大使馆
北京市朝阳区三里屯路9号
www.embassyofspain.cn

United Kingdom
No. 11, Guanghua Lu
Chaoyang District, Beijing
Tel: +86 10 5192 4000
英国大使馆
北京市朝阳区光华路11号
www.ukinchina.fco.gov.uk/zh

United States of America
No. 55, An Jia Lou Lu
Chaoyang District, Beijing
Tel: +86 10 6532 3831
美国大使馆
北京市朝阳区安家楼路55号
www.chinese.usembassy-china.org.cn

Transportation >>>International Flights

From Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	17:05	21:15	TG615	1234567
Dubai	23:55	04:20(+1)	EK307	1234567
Frankfurt	10:30	14:30	LH721	1234567
Hanoi	15:45	18:20	VN901	.23.567
Helsinki	10:55	14:25	AY052	1234567
Hong Kong	10:00	13:35	CX347	1234567
Istanbul	23:55	05:30(+1)	TK0021	123.56.
London	11:15	15:10	BA0038	12.4.67
Los Angeles	21:00	18:00	CA983	1234567
Paris	12:50	17:30	AF125	1234567
San Francisco	16:00	12:40	CA985	1234567
Seoul *	11:45	14:40	KE852	1234567
	14:00	17:00	KE856	1.3.5.7
	21:10	00:15(+1)	KE854	1234567
Singapore	00:45	07:00	SQ801	1234567
Tel Aviv	22:00	02:55(+1)	LY096	.2.4..7
Tokyo	16:40	21:00	JL024	1234567
Vancouver	15:50	11:50	CA991	1234567

To Beijing

DEST	DEP	ARR	Flight No	Days
Bangkok	10:10	15:50	TG614	1234567
Dubai	04:10	15:10	EK306	1234567
Frankfurt	17:20	08:30(+1)	LH720	1234567
Hanoi	10:10	14:45	VN900	.23.567
Helsinki	18:05	06:55(+1)	AY051	1234567
Hong Kong	17:00	20:20	CX312	1234567
Istanbul	23:45	14:00(+1)	TK0020	12.45.7
London	16:30	09:30(+1)	BA0039	12..567
Los Angeles	01:40	05:20	CA984	1234567
Paris	19:00	10:50(+1)	AF126	1234567
San Francisco	14:50	17:55(+1)	CA986	1234567
Seoul *	09:15	10:25	KE851	1234567
	11:40	12:50	KE855	1.3.5.7
	19:00	20:10	KE853	1234567
Singapore	08:45	14:55	SQ802	1234567
Tel Aviv	21:55	13:30(+1)	LY095	1.4..6.
Tokyo	10:30	13:35	JL023	1234567
Vancouver	13:50	16:15(+1)	CA992	1234567

From Tianjin

DEST	DEP	ARR	Flight No	Days
Hong Kong	08:35	11:50	KA1103	1234567
Seoul *	13:10	15:55	KE806	1234567
Nagoya	13:00	16:50	JL840	1234567
Kuala Lumpur	15:50	22:15	D7 2613	1.3.567

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Hong Kong	12:50	16:00	KA1104	1234567
Seoul *	10:35	11:30	KE805	1234567
Nagoya	09:40	11:50	JL841	1234567
Kuala Lumpur	08:30	14:35	D7 2612	1.3.567

* Flights from Beijing/Tianjin to Seoul, from Seoul to Beijing/Tianjin provided by Korean Air.
Schedules are subject to government approval and may be changed without prior notice.

Airline Code

AC Air Canada	EK Emirates	LH Lufthansa	SK Scandinavian Airlines
AF Air France	EY Etihad Airways	LY El Al Airlines	SQ Singapore Airlines
AY Finnair	ET Ethiopian Airlines	MS Egypt Airlines	SU Aeroflot Airlines
BA British Airways	JL Japan Airlines	NH All Nippon Airways	TG Thai Airways International
CA Air China	KA Dragon Air	NZ Air New Zealand	TK Turkish Airlines
CX Cathay Pacific	KE Korean Air	QF Qantas Airways	UA United Airlines
CZ China Southern Airlines	KL KLM-Royal Dutch Airlines	QR Qatar Airways	UL Sri Lanka Airlines
D7 Air Asia			

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

Transportation >>>Domestic Flights

From Tianjin

DEST	DEP	ARR	Flight No	Days
Changsha	08:05	10:15	CA1467	1234567
Chengdu	13:00	15:30	8L9976	123.567
Chongqing	11:20	13:50	HU6238/PN6238	1234567
Dalian	11:35	12:20	GS7579/HU7579	1234567
Fuzhou	08:05	11:50	MF8138	1.3.5.7
Guangzhou	13:35	16:25	HU7201	1234567
Guilin	18:00	20:40	BK2819	.2.4.6.
Haikou	09:50	14:30	GS7561/HU7561	.2.4.67
Hangzhou	13:50	15:30	MF8377	1234567
Harbin	07:00	08:50	BK2821	1..45.7
Huhhot	14:00	15:10	GS7468/HU7468	1234567
Kunming	07:05	11:55	BK2847	1234567
Nanjing	14:55	16:30	FM9291	123.567
Qingdao	08:20	09:10	GS7575/HU7575	1234567
Sanya	17:15	20:50	MU9159/FM9159	1234567
Shanghai	08:05	10:05	GS7205/HU7205	1234567
Shenyang	11:05	12:20	3U8861	1234567
Shenzhen	16:30	19:25	ZH9936	1234567
Taiyuan	11:30	12:30	GS6601/HU6601	1234567
Wuhan	07:50	09:40	GS6695/HU6695	1234567
Xiamen	14:30	17:10	MF855	1234567
Xi'an	08:10	09:45	GS7465/HU7465	1234567
Zhang Jia Jie	18:30	20:40	BK2813	1..4.6.
Zhengzhou	12:55	14:20	GS6609/HU6609	1.3.5..

To Tianjin

ORIGIN	DEP	ARR	Flight No	Days
Changsha	21:10	23:10	BK2812	1.3.5..
Chengdu	09:35	11:55	8L9975	1234.67
Chongqing	08:15	10:30	HU6237/PN6237	1234567
Dalian	20:20	21:10	GS7580/HU7580	1234567
Fuzhou	09:00	13:00	MF8137	1234567
Guangzhou	08:25	11:15	CZ3133	.23.567
Guilin	21:30	00:05(+1)	BK2820	.2.4.6.
Haikou	15:20	19:50	GS7562/HU7562	.2.4.67
Hangzhou	22:10	23:50	MF8378	1234567
Harbin	09:30	11:25	BK2822	1..45.7
Huhhot	09:05	10:10	GS7467/HU7467	1234567
Kunming	07:35	11:55	8L9975	1234.67
Nanjing	21:55	23:20	FM9292	0.234567
Qingdao	09:50	10:45	GS7576/HU7576	1234567
Sanya	21:50	01:15(+1)	FM9160	1234567
Shanghai	10:55	12:45	GS7206/HU7206	1234567
Shenyang	13:05	14:25	3U8862	1234567
Shenzhen	12:50	15:50	ZH9935	1234567
Taiyuan	15:45	16:45	GS6602/HU6602	1234567
Wuhan	20:05	21:45	GS6696/HU6696	1234567
Xiamen	13:45	16:15	MF856	1234567
Xi'an	15:40	17:10	GS7466/HU7466	1234567
Zhang Jia Jie	21:30	23:40	BK2814	1..4.6.
Zhengzhou	20:10	21:30	GS6610/HU6610	1.3.5..

Airline Code

3U Sichuan Airlines	FM Shanghai Airlines	JD Deer Air	PN West Air
8L Lucky Air	GS Grand China	MF Xiamen Airlines	SC Shangdong Airlines
BK Okay Airways	HO Juneyao Airlines	MU China Eastern Airlines	VD Kunpeng Airlines
CA Air China	HU Hainan Airlines	NS Northeast Airlines	ZH Shenzhen Airlines
CZ China Southern Airlines			

(1=Mon, 2=Tue, 3=Wed, 4=Thu, 5=Fri, 6=Sat, 7=Sun)

Transportation >>> Tianjin ↔ Beijing Train

Tianjin - Southern Beijing

Train	Depart	Arrive	Train	Depart	Arrive	Train	Depart	Arrive
C2002	06:25	06:55	C2032	10:50	11:20	C2064	17:05	17:35
C2202	06:40	07:15	C2034	11:10	11:40	C2066	17:15	17:45
C2004	06:55	07:25	C2036	11:35	12:05	C2068	17:45	18:15
C2006	07:10	07:40	C2038	12:00	12:30	C2210	18:15	18:50
C2008	07:25	07:55	C2040	12:30	13:00	C2070	18:30	19:00
C2010	07:45	08:15	C2042	13:20	13:50	C2072	18:40	19:10
C2012	07:55	08:25	C2206	13:30	14:05	C2074	19:00	19:30
C2014	08:20	08:50	C2044	13:50	14:20	C2076	19:10	19:40
C2016	08:35	09:05	C2046	14:00	14:30	C2078	19:20	19:50
C2018	08:45	09:15	C2048	14:25	14:55	C2080	19:45	20:15
C2272	08:55	09:25	C2050	14:50	15:20	C2082	20:35	21:05
C2020	09:20	09:50	C2052	15:05	15:35	C2212	21:00	21:35
C2022	09:30	10:00	C2054	15:20	15:50	C2084	21:15	21:45
C2024	09:55	10:25	C2056	15:35	16:05	C2086	21:25	21:55
C2026	10:05	10:35	C2058	15:55	16:25	C2088	21:35	22:05
C2204	10:15	10:50	C2060	16:20	16:50	C2090	21:55	22:25
C2028	10:30	11:00	C2208	16:30	17:05	C2282	22:05	22:35
C2030	10:40	11:10	C2062	16:45	17:15	C2092	22:15	22:45
						C2094	22:45	23:15

Southern Beijing - Tianjin

Train	Depart	Arrive	Train	Depart	Arrive	Train	Depart	Arrive
C2001	06:35	07:05	C2031	11:30	12:00	C2063	17:25	17:55
C2003	07:00	07:30	C2033	11:45	12:15	C2065	17:40	18:40
C2005	07:10	07:40	C2035	11:55	12:25	C2067	17:50	18:20
C2271	07:20	07:50	C2037	12:15	12:45	C2069	18:00	18:30
C2007	07:30	08:00	C2205	12:55	13:30	C2071	18:20	18:50
C2009	07:45	08:15	C2039	13:15	13:45	C2209	18:30	19:05
C2011	08:00	08:30	C2041	13:40	14:10	C2073	19:05	19:35
C2013	08:10	08:40	C2043	13:50	14:20	C2075	19:15	19:45
C2015	08:45	09:15	C2045	14:10	14:40	C2077	19:40	20:10
C2201	08:55	09:30	C2047	14:45	15:15	C2079	19:50	20:20
C2017	09:10	09:40	C2049	15:00	15:30	C2081	20:05	20:35
C2019	09:30	10:00	C2051	15:10	15:40	C2281	20:25	20:55
C2021	09:40	10:10	C2053	15:20	15:50	C2083	20:45	21:15
C2023	09:55	10:25	C2207	15:40	16:15	C2211	21:15	21:50
C2025	10:05	10:35	C2055	16:20	16:50	C2085	21:40	22:10
C2027	10:15	10:45	C2057	16:30	17:00	C2087	22:20	22:50
C2203	10:30	11:05	C2059	16:40	17:10	C2089	22:30	23:00
C2029	10:55	11:25	C2061	16:55	17:25	C2093	23:00	23:30

Tanggu - Southern Beijing

Train	Depart	Arrive
C2272	08:29	09:25
C2292	09:29	10:25
C2274	12:14	13:10
C2276	13:44	14:40
C2286	15:45	16:43
C2294	16:34	17:30
C2278	18:14	19:10
C2280	19:59	20:55
C2282	21:39	22:35

Southern Beijing - Tanggu

Train	Depart	Arrive
C2271	07:20	08:14
C2291	08:05	08:59
C2273	10:45	11:39
C2275	12:35	13:29
C2285	14:30	15:25
C2293	15:20	16:14
C2295	15:55	16:49
C2277	16:55	17:49
C2297	17:55	18:49
C2279	18:50	19:44
C2281	20:25	21:19

Wuqing - Southern Beijing

Train	Depart	Arrive
C2202	06:52	07:15
C2232	08:12	08:35
C2204	08:32	08:55
C2206	09:32	09:55
C2208	10:47	11:10
C2210	11:42	12:05
C2212	13:22	13:45
C2214	14:32	14:55
C2234	15:37	16:00
C2216	15:47	16:10
C2218	16:27	16:50
C2224	17:42	18:05
C2220	17:52	18:15
C2222	20:07	20:30

Southern Beijing - Wuqing

Train	Depart	Arrive
C2201	06:45	07:05
C2203	08:15	08:35
C2205	08:40	09:00
C2207	09:10	09:30
C2209	09:50	10:10
C2211	11:25	11:45
C2213	13:40	14:00
C2223	13:45	14:05
C2231	14:50	15:10
C2215	16:15	16:35
C2217	17:20	17:40
C2219	18:25	18:45
C2221	19:45	20:05
C2233	20:15	20:35

Beijing-Tianjin Bullet (C) Train Ticket Price:
First class: 69CNY
Second class: 58CNY

Beijing-Tanggu Bullet (C) Train Ticket Price:
Luxury class: 118CNY
First class: 84CNY
Second class: 70CNY

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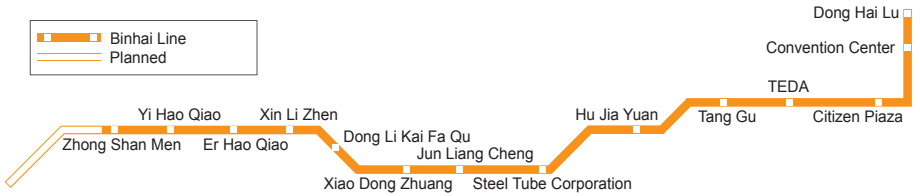
Tianjin — Light Rail



Tianjin — Subway

Tianjin — Taxi

km	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
¥	8	9.7	11.4	13.1	14.8	16.5	18.2	19.9	20.8	25	27.6	30.1	32.7	35.2	37.8	40.3	42.9	45.4

TIANJIN - BEIJING AIRPORT SHUTTLE BUS — Bus

¥ 70 (one way)

Tianjin - Beijing Airport Terminals 2/3

04:00-18:00
Runs every 45 minutes
Tian Huan Distance Bus Passenger Station
The junction of Hongqi Lu and Anshan Xi Dao
天环客运站 鞍山西道与红旗路交口
+86 1686 8999

Beijing Airport Terminals 2/3 - Tianjin

07:00, 08:00, 09:00
Then every 30 minutes until 23:00
Exit on the 1st floor at Gate 11/
Terminal 2 and Gate3/Terminal 3
+86 10 6455 8718

TEDA - BEIJING AIRPORT SHUTTLE BUS — Bus

¥ 80 (one way)

TEDA - Beijing Airport Terminals 2/3

06:30-19:30, runs every hour
1st Avenue, TEDA
开发区第一大街
+86 22 6620 5188

Beijing Airport Terminals 2/3 - TEDA

10:00-22:00, runs every hour
Exit on the 1st floor at Gate 11/
Terminal 2 and Gate3/Terminal 3
+86 10 6455 8718

Visiting the Fragrant Hills 游香山

How to pronounce each tone:

- — = monotone, flat tone
- ˇ = fluttering tone, like a ball that bounces and rises, or a frog's croak
- ˊ = rising tone, like a question in English
- ˋ = falling tone, like a direct command

Let's go to the Fragrant Hills tomorrow to enjoy the red leaves, shall we?
我们(1) 明天(2) 去 香山(3) 观赏(4) 红叶(5) 吧?
wǒmen míngtiān qù XiāngShān guānshǎng hóngyè ba?

We can catch a bus in the downtown area to Fragrant Hills Park. It's very convenient.
在 市区 乘 公交车(6) 可以 直达 香山 公园, 很 方便(7)。
zài shìqū chéng gōngjiāochē kěyǐ zhídá XiāngShān GōngYuán, Hěn fāngbiàn.

Autumn is the most beautiful season of the year in Beijing!
秋季(8) 是 北京 一年 中 最美 的 季节!
qiūjì shì běijīng yīnián zhōng zuì měi de jìjié!

You'd better wear sports shoes, because we'll climb the hills.
你 最好 穿上 运动鞋(9), 因为(10) 要 爬山(11)。
nǐ zuìhǎo chuānshàng yùndòngxié, yīnwéi yào páshān.

Yes, there's little pollution and lots of greenery there, so the air is fresh.
对, 那里 污染(12) 少, 植物(13) 多, 空气(14) 特别 好。
Duì, nàlǐ wūrǎn shǎo, zhíwù duō, kōngqì tèbié hǎo.

Now many city dwellers go to climb the Fragrant Hills on weekends for exercise.
现在 许多 市民 周末 都 去 爬 香山, 锻炼 身体(15)。
xiànzài xǔduō shìmín zhōumò dōu qù pā XiāngShān, duànliàn shēn tǐ.

We should go climb the Fragrant Hills often to keep fit, too.
我们 也 应该 经常 去 爬香山, 保持 身体 健康(16)。
wǒmén yě yīnggāi jīngcháng qù pá Xiāngshān, bǎochí shēntǐ jiākāng.

Vocabulary

(1) 我们	wǒmen	we	(9) 运动鞋	yùndòngxié	sports shoes
(2) 明天	míngtiān	tomorrow	(10) 因为	yīnwéi	because
(3) 香山	Xiāngshān	Fragrant Hills	(11) 爬山	páshān	climb the hills
(4) 观赏	guānshǎng	enjoy	(12) 污染	wūrǎn	pollution
(5) 红叶	hóngyè	red leaves	(13) 植物	zhíwù	greenery
(6) 乘公交车	chéng gōngjiāochē	catch a bus	(14) 空气	kōngqì	air
(7) 方便	fāngbiàn	convenient	(15) 锻炼身体	duànliàn shēntǐ	do exercise
(8) 秋季	qiūjì	autumn	(16) 健康	jiànkāng	healthy

If you meet any problems in learning Chinese, please send us an email at editor@tianjinplus.com
We'll do our best to help you. See you next month.

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Sudoku

How to Play:
Fill the empty boxes in such a way that all rows and columns and each 3x3 grid should contain digits 1-9 only one time.

3			5		7			4
9		1		3		6		
		5			2		7	3
4	3			5	6	9		
		2	9			7		
		7		4			6	8
6	5		1			2		
		9		2		4		6
2			8		9			7

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Raffles Tianjin
Themed Buffet (October-November)

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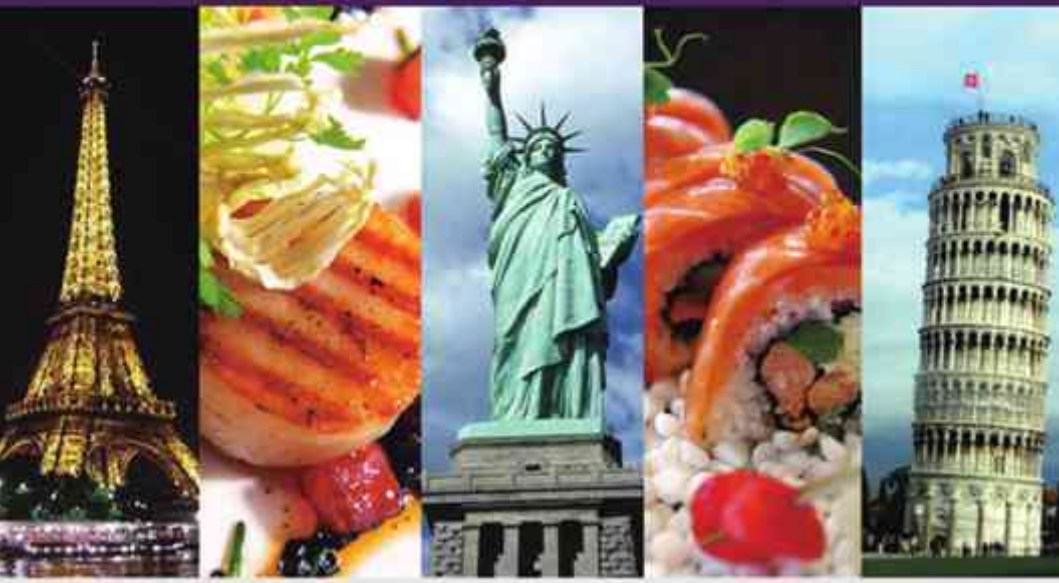
TIANJIN CHINA
天津萊佛士酒店



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Buy two dinner for adult and receive the third dinner FREE!

Including free flow of soft drinks, local beer and house wines.

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Tuesday: American favorites
Wednesday: Asian Delights
Thursday: A Taste of Italy

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Prices subject to applicable 15% service charge
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